



## Cheerios™ Bowlpak Cereal 1oz

Whole Grain Oats - First Ingredient. Toasted Whole Grain Oat Cereal in ring-shaped pieces. Provides 12 vitamins and minerals, and one gram of sugar per bowlpak. No Artificial Colors & No Artificial Flavors. Gluten-Free Whole Grain. 1 oz Eq. Grain.

UNIT SIZE: 1 OZ  
CASE COUNT: 96

PRODUCT CODE: 32262000  
UPC: 016000322622  
GTIN: 10016000322629

### Nutrition Facts

Serving Size:	1 Bowl (28g)	
Amount Per Serving:	As Packaged	
<b>Calories</b>	100	
Calories From Fat	15	
<b>Total Fat</b>	2g	3%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	140mg	6%
Potassium	180mg	5%
<b>Total Carbohydrate</b>	20g	7%
Dietary Fiber	3g	11%
Soluble Fiber	1g	
Sugars	1g	
<b>Protein</b>	3g	
Vitamin A	10%	
Vitamin C	10%	
Calcium	10%	
Iron	45%	
Vitamin D	10%	
Thiamin	25%	
Riboflavin	2%	
Niacin	25%	
Vitamin B6	25%	
Folic Acid	50%	
Vitamin B12	25%	
Phosphorus	10%	
Magnesium	8%	
Zinc	25%	

Percent Daily Value (DV) are based on a 2,000 calorie diet

- Not a significant nutrient source

\* Nutritional information is subject to change. See product label to verify ingredients and allergens.

\*Do not eat raw dough or batter.

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### Ingredients

Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate, Vitamin E (mixed tocopherols) Added to Preserve Freshness, Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3



Kosher:



## Kix™ Bowlpak Cereal

Whole Grain Corn- First ingredient. Toasted corn, puffed into pieces. Kid-Tested, Mother Approved™. 0.5 oz eq grain. No Artificial Colors & No Artificial Flavors. Whole Grain.

**UNIT SIZE:** .62 OZ  
**CASE COUNT:** 96

**PRODUCT CODE:** 11942000  
**UPC:** 016000119420  
**GTIN:** 10016000119427

### Nutrition Facts

Serving Size:	1 Bowl (17g)	
Amount Per Serving:	As Packaged	
<b>Calories</b>	60	
Calories From Fat	5	
		<b>% Daily Value*</b>
<b>Total Fat</b>	0.5g	1%
<b>Saturated Fat</b>	0g	0%
<b>Trans Fat</b>	0g	
<b>Cholesterol</b>	0mg	0%
<b>Sodium</b>	100mg	4%
<b>Potassium</b>	40mg	1%
<b>Total Carbohydrate</b>	15g	5%
Dietary Fiber	2g	6%
Sugars	2g	
<b>Protein</b>	1g	
Vitamin A	6%	
Vitamin C	6%	
Calcium	8%	
Iron	25%	
Vitamin D	4%	
Thiamin	10%	
Riboflavin	10%	
Niacin	10%	
Vitamin B6	10%	
Folic Acid	25%	
Vitamin B12	10%	
Zinc	10%	

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\* - Not a significant nutrient source

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\*Do not eat raw dough or batter.

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### Ingredients

Whole Grain Corn, Corn Meal, Sugar, Corn Bran, Salt, Brown Sugar Syrup, Baking Soda, Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.



Kosher:



## Cinnamon Chex™ Bowlpak Cereal

Whole Grain Rice— First Ingredient. No high fructose corn syrup. Sweetened Rice Cereal with real cinnamon. No Artificial Colors & No Artificial Flavors. Gluten-Free. Whole Grain, 1 oz Eq Grain.

UNIT SIZE: 1 OZ  
CASE COUNT: 96

PRODUCT CODE: 38387000  
UPC: 016000383876  
GTIN: 10016000383873

### Nutrition Facts

Serving Size	1 Bowl (28g)		
Amount Per Serving:	As Packaged		
<b>Calories</b>	120		
Calories From Fat	25		
<b>Total Fat</b>	2.5g	4%	
Saturated Fat	0g	0%	
Trans Fat	0g		
<b>Cholesterol</b>	0mg	0%	
<b>Sodium</b>	170mg	7%	
<b>Potassium</b>	40mg	1%	
<b>Total Carbohydrate</b>	22g	8%	
Dietary Fiber	1g	4%	
Sugars	6g		
<b>Protein</b>	1g		
Vitamin A	8%		
Vitamin C	8%		
Calcium	8%		
Iron	40%		
Vitamin D	8%		
Thiamin	20%		
Riboflavin	20%		
Niacin	20%		
Vitamin B6	20%		
Folic Acid	45%		
Vitamin B12	20%		
Zinc	20%		

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\* - Not a significant nutrient source

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### Ingredients

Whole Grain Rice, Rice, Sugar, Canola Oil, Salt, Rice Fiber, Cinnamon, Molasses, Natural Flavor, Vitamin E (mixed tocopherols) Added to Preserve Freshness, Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.



Kosher: