

October 2024

# School Counseling Dept. Newsletter



## Welcome MPTCS Village!

Dear Village Family,

As we welcome October, we embrace the spirit of change and growth. This month, our focus is on:

- 10/7-10/11 The Week of Respect
- 10/21-10/25 School Violence Awareness Week
- 10/23-10/31 Red Ribbon Week/Drug-Free America

The School Counseling Dept. and Student Support Teams across the village will be conducting workshops, small groups and school-wide activities to bring awareness and educate our school community on these important topics.

Remember, our School Counseling team is here to support you—whether you need someone to talk to or guidance in your academic journey. Our newsletter highlights upcoming events and resources designed to promote well-being and connection in our school community. Thank you for joining us on the journey of *Preparing Students for Life's Challenges & Opportunities!*

Wishing you a fantastic month ahead!

Ms. Jean-Louis  
Dept. Chair of Guidance / School Counseling

# PAC - School Social Worker Corner

*Ms. Palmer*



- School Social Worker
- [apalmer@mptcs.org](mailto:apalmer@mptcs.org)

*“Nobody can go back and start a new beginning, but anyone can start today and make a new ending.”*



**Shoutout to all the PAC  
Staff who wore Purple  
& Teal and Green to  
Raise Awareness  
for Suicide Prevention  
and  
Mental Health!!**



# PAC School Social Worker's Corner

## Highlights from Suicide & Prevention Awareness Week



# High School - School Counselor Corner



## School Counseling Department

*Preparing Students for Life's Challenges & Opportunities!*

**MS. YOUNG**



**HELLO**



Welcome back scholars! I'm Ms. Young, and I am your School Counselor for the 2024-2025 school year. I will have grade levels 9-12, last names N-Z. This is my first year at MPTCS! I look forward to getting to know all students and parents!

## **FUN FACTS**

I have a dog named Puffy, I was a collegiate tennis player, and my favorite color is green.

## **BOOK AN APPT**



## **CONTACT ME**



[byoung@mptcs.org](mailto:byoung@mptcs.org)



973.621.0060 ext. 5321

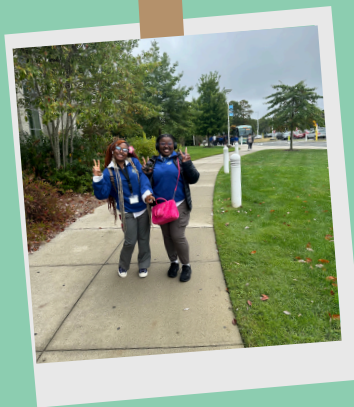
# High School - School Counselor Corner

*Mrs. Fredericks*



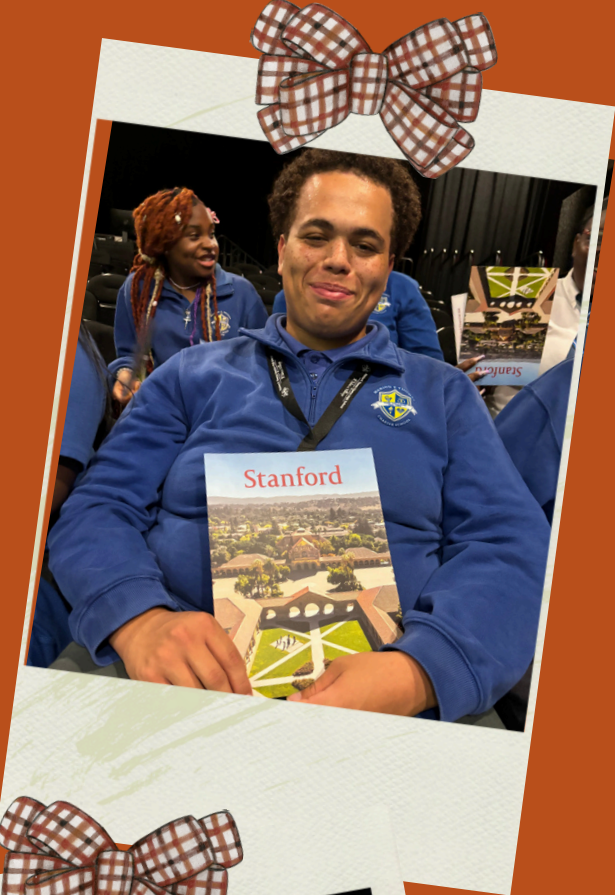
- HS - School Counselor
- 973-621-0060 x 5155
- Last Names (A-Gi)

The best preparation for tomorrow is doing  
your best today.  
-H. Jackson Brown, Jr.



## Stockton University College Tour

# Stanford University Visits MPTCHS!



# High School - School Counselor Corner



## School Counseling Department

*Preparing Students for Life's Challenges & Opportunities!*

### **MARION P. THOMAS CHARTER HIGH SCHOOL COLLEGE EXPOSURE**

#### **FALL 2024 COLLEGE TOURS**

**SEPTEMBER 26, 2024- STOCKTON UNIVERSITY**

**OCTOBER 24, 2024- DELAWARE STATE**

**OCTOBER 28, 2024- ROWAN UNIVERSITY**

**NOVEMBER 13, 2024- LINCOLN TECH**

**NOVEMBER 19, 2024-COLUMBIA UNIVERSITY**

**DECEMBER 3, 2024- UNIVERSITY OF PENNSYLVANIA**



#### **FALL 2024 COLLEGE INFO SESSIONS**

**SEPTEMBER 17, 2024 - RAMAPO UNIVERSITY**

**SEPTEMBER 24, 2024 -STANFORD UNIVERSITY**

**OCTOBER 23, 2024 - WILLIAM PATERSON UNIVERSITY**

**NOVEMBER 11, 2024- LINCOLN TECH**



#### **FALL 2024- INSTANT DECISION DAYS**

**OCTOBER 21, 2024- BLOOMFIELD COLLEGE OF MONTCLAIR STATE U**

**NOVEMBER 13, 2024- RAMAPO INSTANT DECISION DAY**

**NOVEMBER 14, 2024 - WPUNJ INSTANT DECISION DAY**

**DECEMBER 9, 2024 - KEAN UNIVERSITY**

#### **FALL 2024 COLLEGE & CAREER FAIR**

**NOVEMBER 12, 2024 - MPTCHS COLLEGE FAIR**

**NOVEMBER 21, 2024 HBCU FAIR @ KEAN UNIVERSITY**



**SIGN UP LINKS WILL BE POSTED IN THE STUDENT GOOGLE CLASSROOM!**

# K-8

# this month



# Respect WEEK



## School Counseling Department

Preparing Students for Life's Challenges & Opportunities!

Monday, 10/7

### Can't take BACK your words Day

Wear your UNIFORM backwards to show the importance of speaking kindly to others.



Thursday 10/10

### GET YOUR BLUE ON

ALL STAFF will wear blue to bring Awareness to bullying!



Tuesday 10/8

### Cultural RESPECT

Represent your culture by wearing the flag of your country.



Wednesday 10/9

### Thankful Wednesday

Let's show thankfulness to OUR SCHOOL TEAM, share a thank you note to a staff member



Friday 10/11

### FriYaY Shoutouts

Students shoutout a peer for showing a small act of kindness

The Week of Respect in 2024 will be from October 7-11. All schools in New Jersey observe the Week of Respect, which focuses on character development and bullying prevention. The Week of Respect emphasizes the importance of mutual respect between students and teachers, which is considered vital for academic and personal success. During this week, students are encouraged to support each other, creating a sense of unity within the student body. Let's show our school spirit by participating each day this week!

RESPECT

RESPECT



# STEAM - School Counselor Corner



• School Social Worker  
• [lmontes-valdez@mptcs.org](mailto:lmontes-valdez@mptcs.org)



*“Help, healing and hope are always possible.”  
-Jake Baker*



Shout out to all the STEAM Staff that wore teal to support & raise awareness about Suicide Prevention!

# HOPE

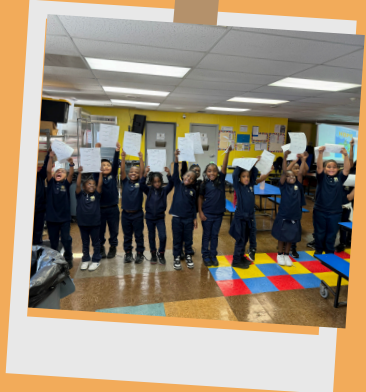
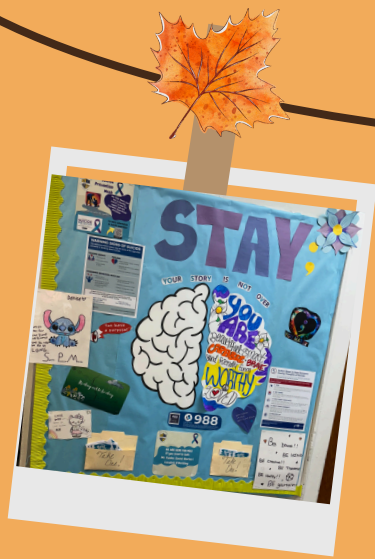


Dean Burgwyn & Dean KJ



# STEAM - School Social Worker Corner

## Social-Emotional Learning @ STEAM!



**FALL  
VIBES**

# High School - School Social Worker Corner

**ANNOUNCEMENT!**

**Shout out to all the High School Staff that wore teal or purple support & raise awareness about Suicide Prevention!**

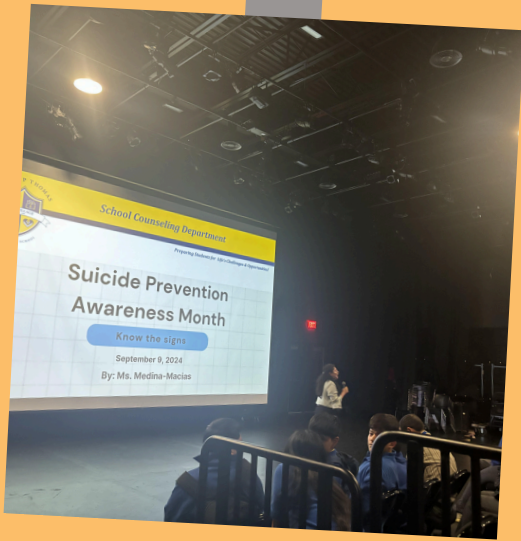


**HS - School Social Worker**

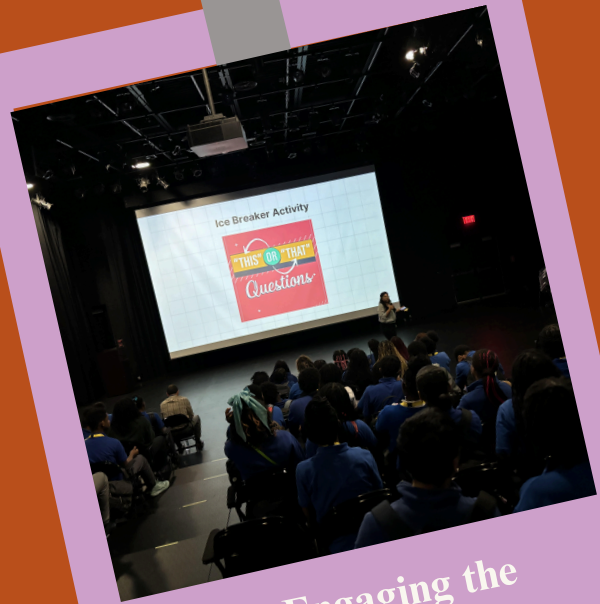


**Mental health matters**





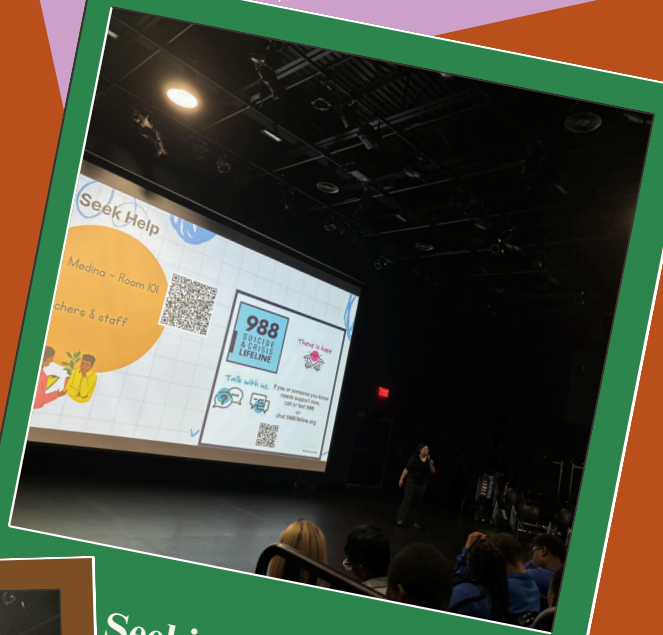
Suicide Prevention Awareness Month Presentation



Engaging the Scholars!



Reducing The Risk of Suicide Video



Seeking Help & Resources



10th Graders



# At The High School



# Respect WEEK



OCTOBER 7TH - OCTOBER 11TH

School Counseling Department

Preparing Students for Life's Challenges & Opportunities!

Monday, 10/7

## Crazy Sock Day

Scholars wear crazy socks to "sock it" to bullying!



Wednesday 10/9

## Thankful Wednesday

Let's show thankfulness to OUR SCHOOL TEAM! Share a thank you note to a staff member.



Thursday 10/10

## GET YOUR BLUE ON

ALL STAFF will wear blue to bring awareness to bullying!



Friday 10/11

## FriYaY Shout Outs

Scholars shout out a peer for showing a small act of kindness!



Tuesday 10/8

## Cultural RESPECT

Represent your culture by wearing the flag of your country!



RESPECT

RESPECT

The purpose of Respect Week is to teach students how to respect others, our school, our community, and ourselves, as well as how to prevent harassment, intimidation, and bullying situations. Let's show our school spirit by participating each day this week!





# School Counseling Department

Preparing Students for Life's Challenges & Opportunities!



## Stay Connected!



### Ms. Jean-Louis


Dept. Chair of Guidance/ School Counseling

 [vjeanlouis@mptcs.org](mailto:vjeanlouis@mptcs.org)

Location: High School / Central Office

### Mrs. Fredericks


School Counselor  
9th - 12th (A-Gi)

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Location: High School

### Ms. Young


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9th - 12th (N-Z)

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Location: High School

### Ms. Medina-Macias


School Social Worker  
9th - 12th

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Location: High School

### Ms. Montes-Valdez


School Social Worker  
PreK - 8

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Location: STEAM Academy

### Ms. Palmer

School Social Worker  
PreK - 8

 [apalmer@mptcs.org](mailto:apalmer@mptcs.org)

Location: PAC Academy