

Ardsley High School



**Class of 2028 Parent
Presentation**

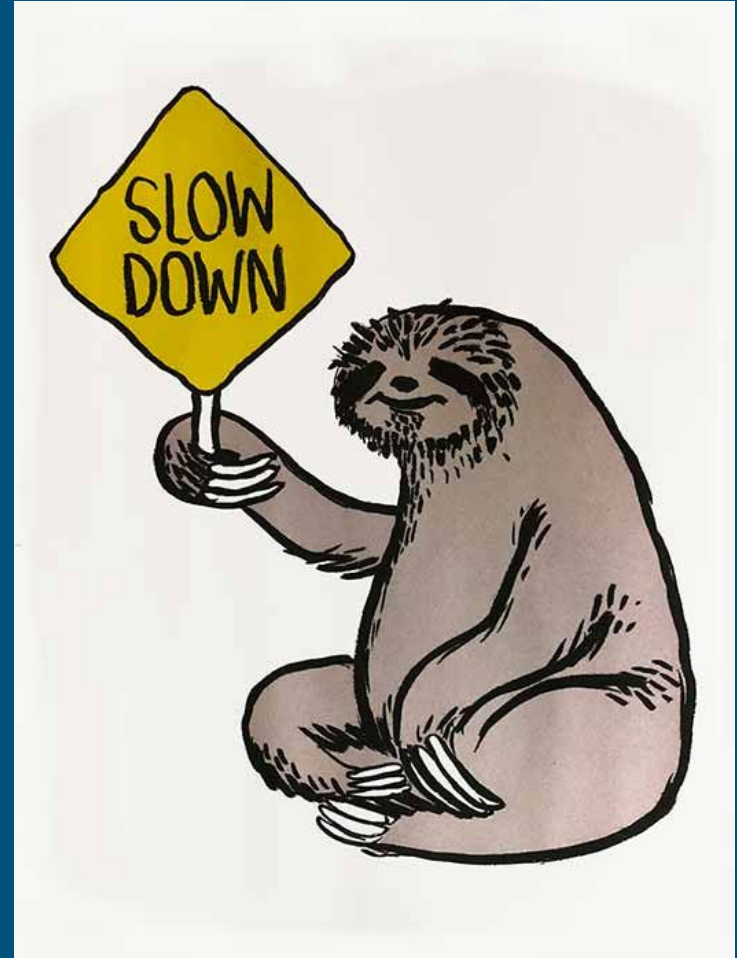
Time Flies

You are on the first step of a 4 year journey

Take it one step at a time

Think of your own high school experience

There is plenty of time to plan for the future and do not forget to let your child be a kid!



Challenging Times

Acknowledge Where
We Are Right Now

Mixture of relief, apprehension, fear,
anger and anxiety



**Ardsley High School
Bell Schedule**

	Monday - Thursday	Friday
		8:10 - 9:00 (Music Only)
Period 1	7:55 - 8:39	9:05 - 9:46
Homeroom	8:39 - 8:43	
Period 2	8:46 - 9:30	9:49 - 10:29
Period 3	9:33 - 10:17	10:32 - 11:13
Period 4	10:20 - 11:04	11:16 - 11:57
Period 5	11:07 - 11:51	12:00 - 12:41
Period 6	11:54 - 12:38	12:44 - 1:25
Period 7	12:41 - 1:25	1:28 - 2:09
Period 8	1:28 - 2:12	2:12 - 2:52
Period 9	2:15 - 2:52	

****Extra help is available Period 9 on Tuesdays, Wednesdays, and Thursdays****



Arrival, Dismissal, and More

- **Where can students go when they arrive?**
 - Library, Cafeteria, and Commons
 - Library is open at 7:00am
- **Can our students leave campus?**
 - Only 12th-grade students can leave campus
- **Dismissal**
 - Buses leave from the Commons area at 2:17pm
 - There are late buses if students stay 9th-period or for a club
 - The library is open until 4:00pm Monday-Thursday

Graduation Requirements

<u>Subject</u>	<u>Number of Credits</u>
English	4
Social Studies	4
Math	3
Science	3
Art/Music	1
Health	.5
Physical Education	2
<u>World Language</u>	<u>1</u>

Total Credits Required **22**

Regents Examinations (5)

English, Algebra, Science,
Global History, & US History



Guidance Department Eight Semester Plan

9th Grade

1st Semester

- Student Orientation to High School Life
- Early Fall: 9th Grade Parent Night
- DBT Skills taught throughout the year
- Individual meetings throughout the year
- Intro Meetings with 8th Grade (Rising 9th Grade)
- Report card/Progress Report check-ins

2nd Semester

- Winter: 8th Grade Parent Night
- Individual Student Scheduling meetings
- Report card/Progress Report check-ins
- Drug and Alcohol Prevention Presentation

10th Grade

1st Semester

- Fall: Sophomore Parent Night
- Winter: Sophomore Parent Presentation
- Report card/Progress Report check-ins
- Planning for the Future Student Presentation (Course Offerings and Pathways)

2nd Semester

- Winter: BOCES Introduction Meeting
- Naviance Introduction and Career Interest Inventory with Students
- Report card/Progress Report check-ins
- Individual Student Scheduling Meetings

11th Grade

1st Semester

- October: PSAT
- September/October: SAT/ACT Conversation
- Winter: Junior Parent Meeting
- Winter: Student Group College Meeting
- Report card/Progress Report check-ins

2nd Semester

- Individual College Planning with Students
- Post Secondary Family Planning Meetings
- Spring: The College Process for Parents of Students with Learning Differences
- Individual Student Scheduling Meetings
- Junior Jump Start Meeting for Parents
- Common App Boot Camp Meeting with Students
- Report card/Progress Report check-ins

12th Grade

1st Semester

- How to Finalize the College Application Presentation for Students
- Senior Parent Night
- Early Fall: FAFSA Night
- Individual College Meetings with Students and Families
- On-going Support for Completing and Submitting the College Application
- College Representatives Meetings
- Report card/Progress Report check-ins

2nd Semester

- Mid-year check-ins
- On-going Support for Completing and Submitting the College Application
- Individual College Meetings with Students and Families: Understanding Financial Aid and Acceptances
- Spring: Senior Exit Meetings

What's the difference?

Student Expectations

- Attendance
- Learning
- Management
- Development of skills to self-advocate
- Get involved in the AHS community





Communication

- **Students: Reach out to teachers in person, email, and period 9**
- **Parents/Caregivers: Reach out to school counselor or teacher**
- **Please refer to the [AHS Website](#) and email for information**
- **Dignity Act**
- **Anonymous Alerts**

High School Resources



Website & Handbook
Morning Announcements
9th period
Google Classroom
Writing Center
Social Studies Center
Math Center
Library
Wellness Center
YES Office
Guidance Bulletin Board
Supportive Groups

Beyond the Classroom

Extracurricular Activities

- Out of classroom Experiences
 - Duration/Commitment
 - School Related
 - Community Related
 - Summer Opportunities
 - Quality over quantity
-

Course Selection



During the Winter, students will be provided the Course Catalog

This will list all the possible courses that are projected to be offered

Students and families should get familiar of the pathways available to students

We will meet with students in early February to complete their Course Requests for the following year

Having prior knowledge of courses can help make the planning process easier

Boces



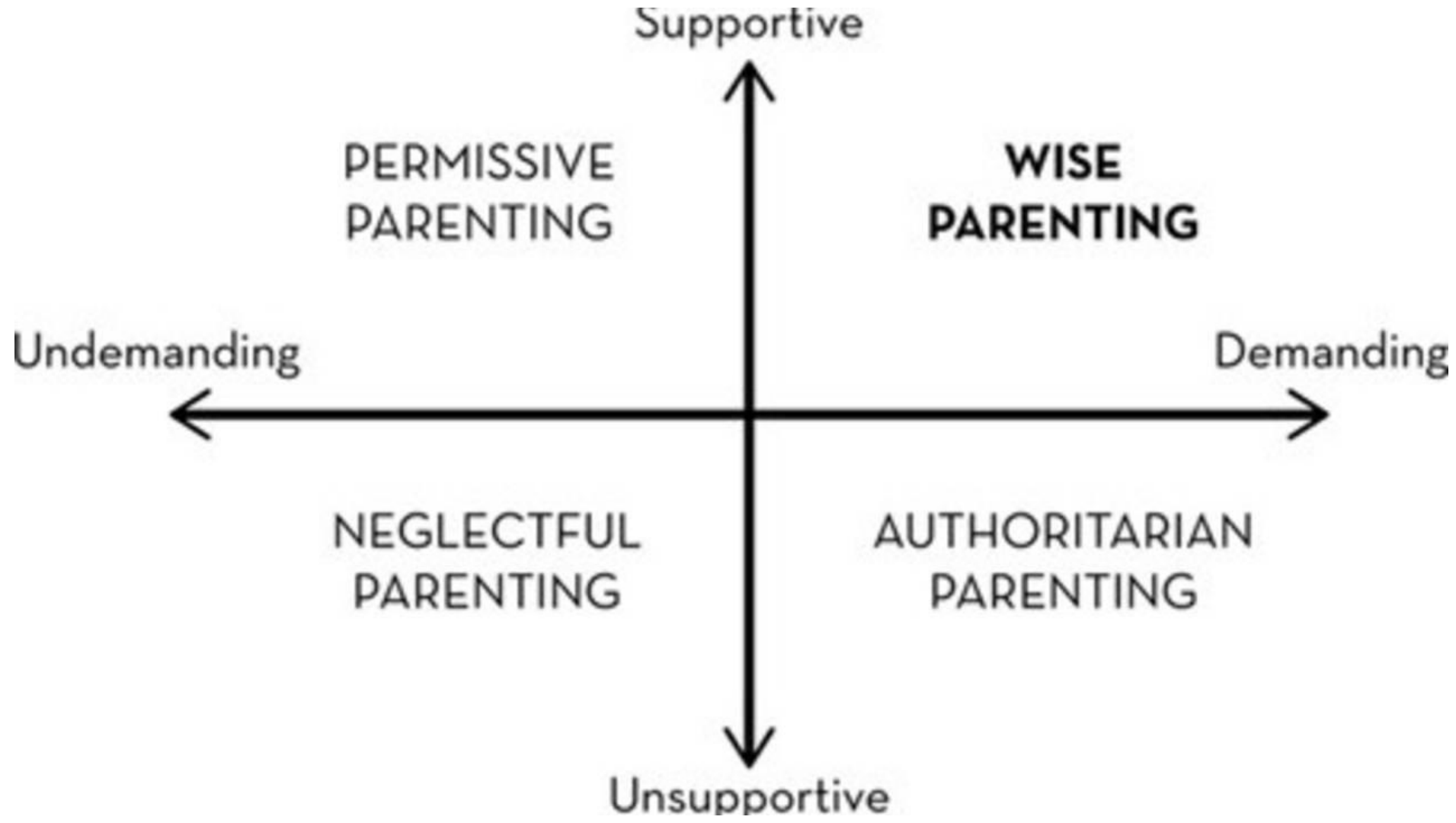
Southern Westchester BOCES collaborates with local school districts offering career and technical education

Afternoon programs are available to Junior and Senior students.

BOCES provides career/vocational training and certification

Students will earn credit toward graduation

Reach out to your School Counselor for more information



Helpful Tips

Expect Mistakes

Big Concerns/Small
Stuff

Encourage Healthy
Habits

Seek Help

Homework and Grades

Student Interests vs
Parent Involvement

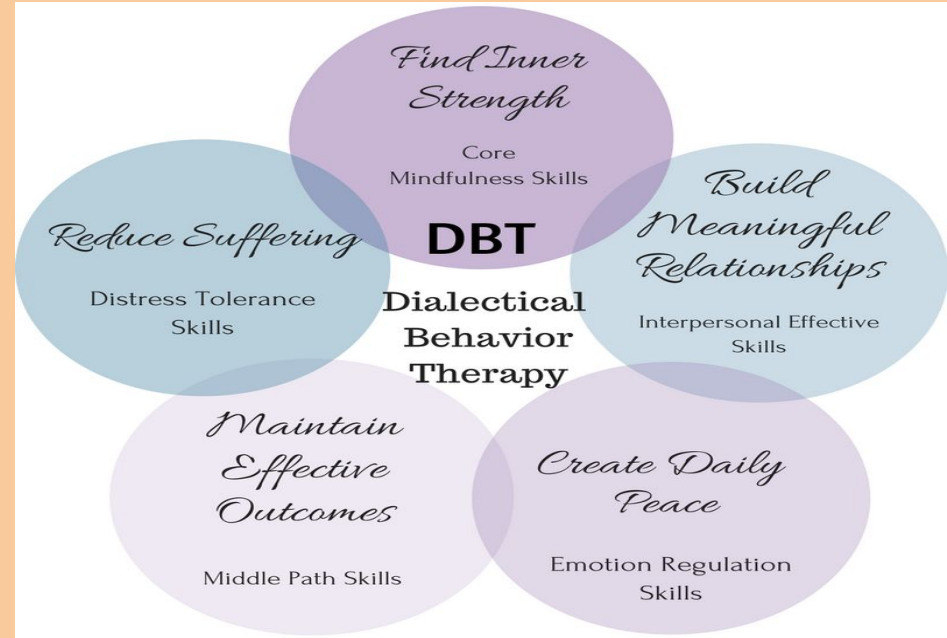
Play Time, Down Time,
Family Time (PDF)

Listen and Validate

What is DBT?

Dialectical Behavioral Therapy helps students manage emotions, improve relationships, and enhance their decision making abilities

Help adolescents develop their own toolbox of life enhancement strategies beyond the classroom



Meet the Staff

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