



LAGUNA BEACH
UNIFIED SCHOOL DISTRICT

LBUSD Student Support Services

October 10, 2024

A photograph of a group of students and a teacher walking down a set of outdoor stairs. The teacher, a woman with blonde hair and glasses, is in the center, smiling and holding a white bag. She is wearing a light-colored cardigan over a grey top. To her left, a male student in a grey t-shirt and a white cap with 'LAGUNA' on it is also smiling and holding a blue water bottle. Other students are visible on the stairs and at the top, some clapping. The background shows a residential area with houses on a hill and palm trees.

**Student Wellness Programs, Services, and Supports Update
Instructional Services**

Pre- 2017

Laguna Beach Unified Support System Prior to 2017

- 7 School Counselors
- 1 School Nurse, 4 Health Clerks
- 4 School Psychologists

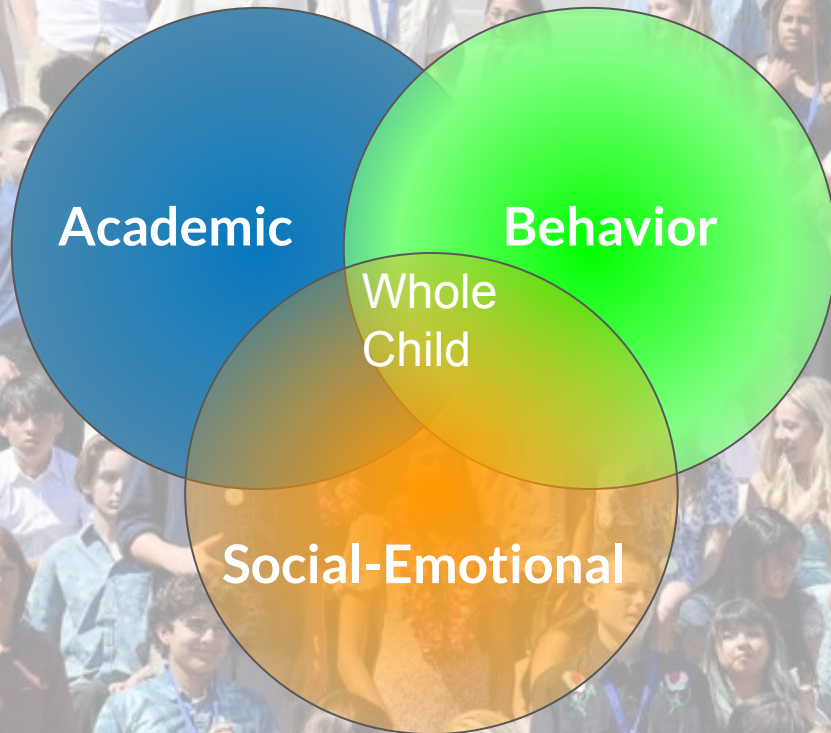
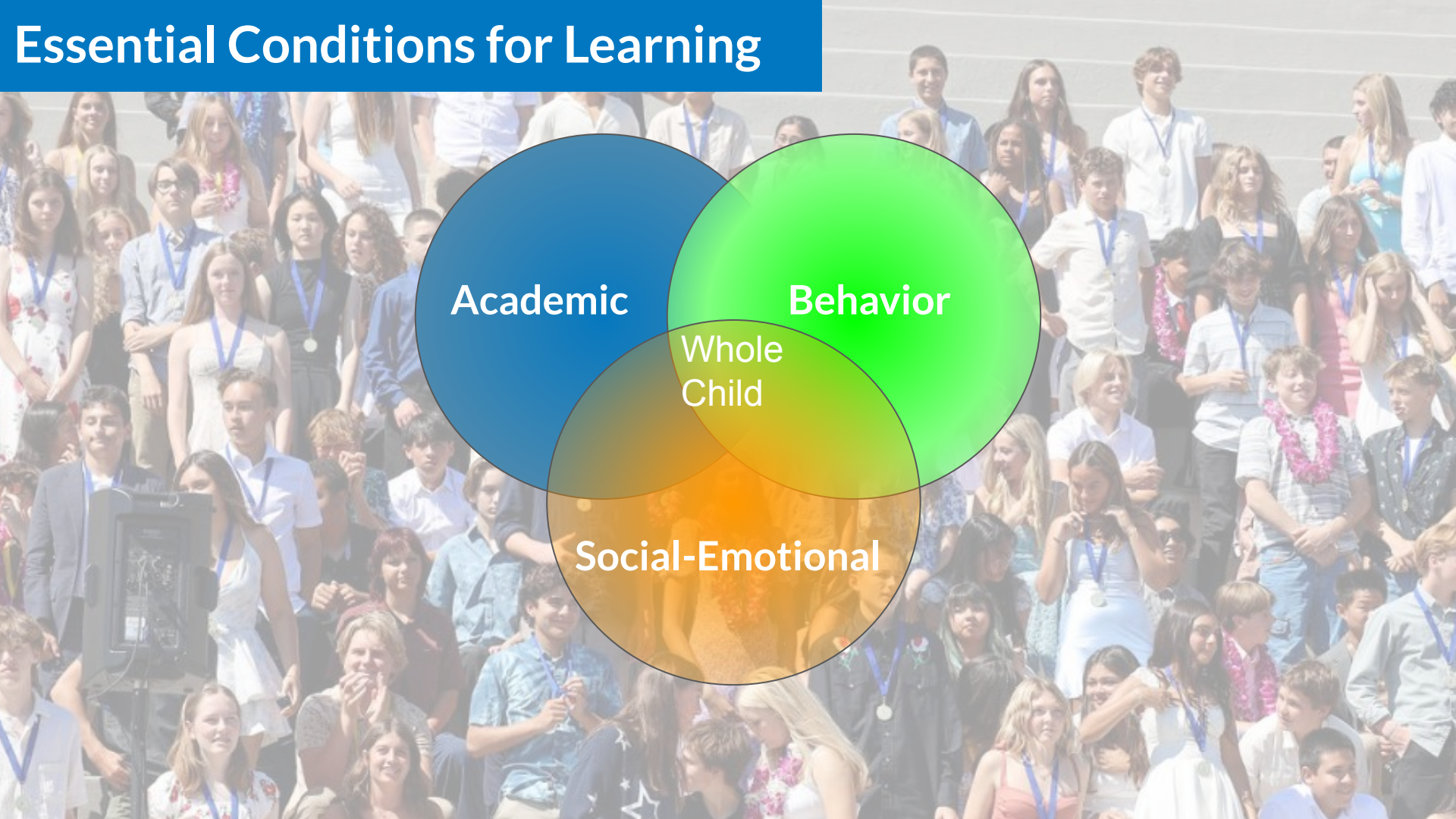
38% of
11th Graders
Reported
Chronic
Sadness

16% of
11th Graders
Considered
Suicide in
Past Year



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Essential Conditions for Learning



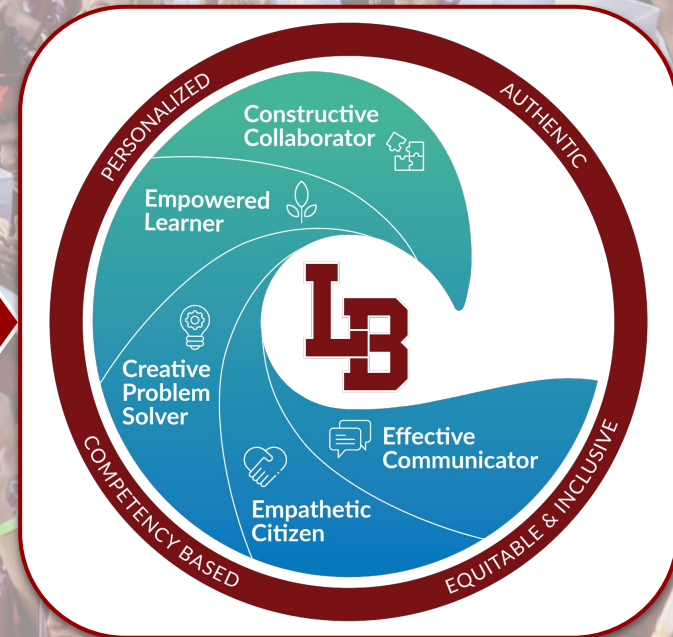
Board Vision 2017 & Beyond

Comprehensive Systems of Support

Leadership

Highly
Qualified
Specialized
Personnel

Integrated
Programs
and Services



Vision Into Action:

Investments in Highly Qualified Personnel

2024-25



1 School Counselor
(.8) Student Support Specialist
(.5) School Nurse
7-hour Health Clerk
1 School Psychologist



1 School Counselor
(.8) Student Support Specialist
(.5) School Nurse
7-hour Health Clerk
1 School Psychologist



3 School Counselors | **1: 175**
1 Student Support Specialist
(.5) School Nurse
7-hour Health Clerk
1 School Psychologist



4 School Counselors | **1: 204**
1 Student Support Specialist
(.5) School Nurse
7-hour Health Clerk
1 School Psychologist



1 Director of Social Emotional Support
1 Coordinator of Family Engagement
1 Community Liaison
(.4) Student Support Specialist (FRC)
1 Coordinator of Career Education



Wellness Support Services

- **Health and Nursing Services**
 - 190+ IEP/504 Meetings
 - Individualized Health Plans
 - AED Program and Professional Development
 - Safety Team Support
- **School Counselors**
 - Broad-based Prevention and Intervention
 - Academic, Social/Emotional, College & Career Development
- **Student Support Specialists**
 - Specialized Prevention and Intervention
 - School-based mental health specialists



Student Wellness Programs

Elementary

- School-wide SEL Curriculum
- Monthly school-wide character themes
- Small group counseling (e.g., friendship, self-regulation, etc.)
- Parent Project: Loving Solutions
- General family education and resource-sharing

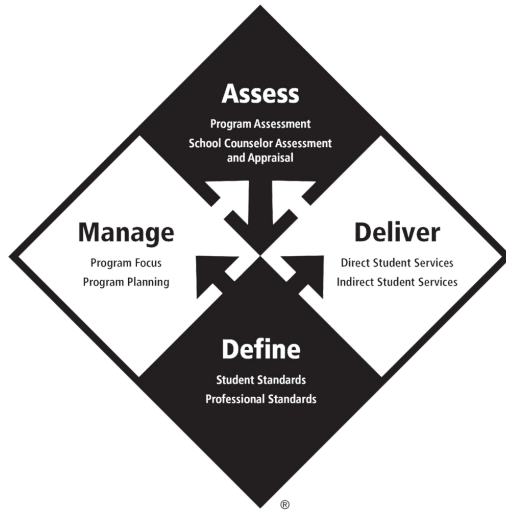
Secondary

- College and Career Planning
- Challenge Success: Supporting student wellness, engagement and belonging
- Elevating Student Voices
- One-on-one school counselor check-ins
- School-wide prevention education: self-regulation, mindfulness, healthy coping, mental health, etc.



WellSpaces: LBHS (2023),
Thurston Middle School (coming fall 2024)

School Counseling Programs



ACADEMIC Support & Success

Course Registration, Academic Interventions, Grade Counseling

COLLEGE/CAREER Planning

Letters of Rec, A-G/College Readiness, Career Exploration

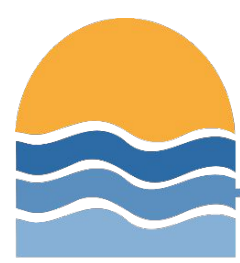
SOCIAL/EMOTIONAL Support

Brief Individual Counseling, Crisis Support, Referral to Resources,

Our School Counseling Programs:

- Are vertically aligned & data-driven
- Are proactive and preventative
- Focus on student related needs
- Include classroom lessons, small group counseling, 1:1 student meetings, parent partnerships, and more!





STUDENT SUPPORT **collective**

ADVOCACY • WELLNESS • CONNECTION | LAGUNA BEACH HIGH SCHOOL

Previously The Peer Mentor Program



Connection



**Mental Health Awareness
& Destigmatization**



Student Empowerment



Wellness Initiatives



Thriving School Community

Student Support Specialists

CLASSROOM LESSONS

Suicide Prevention, Mental Health & Nutrition, Bullying Prevention, Domains of Wellness, Emotions 101, Healthy Communication

GROUP INTERVENTION

Test Anxiety, Grief and Loss, Healthy Relationships

WELLNESS INITIATIVES

Bullying Prevention, Self Care, Suicide Prevention, Substance Use Prevention, Impact of Kindness, No Place for Hate

INDIVIDUALIZED CASELOAD

Individual Counseling, Crisis Support, Case Management



2023-24

Laguna Beach Unified Support System 2024

- 9 School Counselors
- 2 School Nurse, 4 Health Clerks
- 4 School Psychologists

23% of
11th Graders
Reported
Chronic
Sadness

6% of
11th Graders
Considered
Suicide in
Past Year



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THANK YOU♥



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