

Vista High School
Patient Care
Level I
Course Syllabus 2024/2025



Instructor: Shannon Hastings MSN, RN
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Room: M-13

Class hours: Monday 0930-3:30, Tuesday-Friday 0830-3:30

Text Book: The Language of Medicine, 10th edition, Davi-Ellen Chabner, Elsevier ISBN 978-1-4557-2846-6

Description:

Patient Care 1 is an introductory course to careers in the healthcare field. With a focus on both theory and practical skills, students will learn professional norms, skills, and competencies related to careers in healthcare. This interdisciplinary course integrates concepts from the social science, biological science, mathematics and physical science disciplines as well as career technical education standards. Topics include health, safety and environmental management, infection control, human structure and function, body mechanics, emergency procedures, law and ethics, introduction to basic patient care in providing assistance with activities of daily living.

Objectives:

1. Research the scope of career opportunities available and the requirement for education, training, certification.
2. Maintain a safe and healthy working environment by understanding body mechanics and ergonomics and infection control.
3. Apply knowledge to construct medical terms using combining forms, roots, prefixes and suffixes.
4. Define and identify the major function of each body system and normal functions of each body system.
5. Describe common disorders related to each body system.
6. Apply knowledge to compute basic medical math dosage calculations using the metric system, household measurements and military time
7. Understand law and ethics in healthcare as it pertains to patient confidentiality.
8. Become familiar with the provision of assistance of activities of daily living using a simulated lab experience.

Evaluation:

Students will be evaluated relative to knowledge, skills and professional behavior. Exams, quizzes, projects, skill lab evaluations when applicable, and a final written exam will provide evidence of success in meeting the performance objectives.

Grading Policy:

Assignments: 30%

Tests, Quizzes, Projects- 20%

Class Participation, Lab Activities- 30%

Final- 20%

Classroom Rules/Expectations:

- All rules and regulations as laid out in the VHS Student Handbook will be followed in this class
- Students are expected to complete work on time and PARTICIPATE in class activities/discussions
- Students are expected to conduct themselves in a professional manner befitting a healthcare worker
- Please ASK QUESTIONS when you don't understand something.
- In case of absence, it is your responsibility to find out what work you missed, and how/when it needs to be turned in. Typically, however many days you are absent is the number of days you have to turn in the missed work (ie, if absent for 2 days, you have 2 days to complete work). Please make every effort to make up work while you are absent so that you are not behind when you return.
- Cell phones, music players, gaming systems, or other programmable devices are not to be seen or heard at any time during class unless approved by your instructor. Cell phones must be placed in the cell phone "parking lot", unless given permission by Mrs. Hastings to use them.

General Rules for Assignments

- Students should not expect any homework for this class, you will be given more than enough time to complete assignments during class time. As this is a very hands-on class, if you want to be successful, you will NEED to spend time studying and practicing skills each week. This class moves very quickly, and each unit builds on prior knowledge...DON'T FALL BEHIND!! Assignments will typically be given to you days ahead of time so you will need to organize your week accordingly to complete the assignments by the due date. Any time that remains for you after completing classwork should be spent practicing the hands-on skills you have learned.

Academic Honesty:

- Academic honesty is an expectation for all students every day at Mission Vista. (For a complete description of the school policy visit: <https://vhs.vistausd.org/school-info/student-handbook>)
- All work is expected to be completed only by the student. While collaboration on homework/labs can be beneficial for some students, any work submitted for credit must be clearly different from your lab partner/classmates. Whether students do the copying or provide the source to copy from, both parties will be considered academically dishonest and punished according to the same guidelines. This includes students that pass testing information to one another between periods. Never put your friends and classmates in this position by asking to copy their work!
- All work submitted must be in your own words. Any text taken from a source other than yourself must be cited using endnotes.