

A PODCAST SERIES FOR YOUTH-SERVING PROFESSIONALS,
PARENTS, AND CAREGIVERS

CONVERSATIONS THAT MATTER PODCAST



Caron's Education Department is here for you. We offer educational programming and resources to help prepare you to raise drug-free youth as well as support you if concerns arise.



Join our monthly conversation as we explore issues that affect youth mental and behavioral health. Learn practical strategies for raising, nurturing, teaching, and encouraging children and teens to build healthy patterns that last a lifetime.

In each episode, Tina George, Senior Coordinator of Student Assistance Programming, sits down to speak with an expert about critical topics that address the heart of the challenges our youth face. We will tackle social media usage, emerging substance use trends, and the pressure youth feel to perform.

The best time to stop substance use is before it starts.

For additional information and resources, please visit [Caron.org/EA-Resource-Kit](https://www.caron.org/EA-Resource-Kit)

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CONVERSATIONS That Matter

**Behavioral Health Strategies
for Building Resilience in Youth**


caron
EDUCATION
ALLIANCE