

Weymouth Families,

As a reminder, school is closed on Friday, October 11th and Monday, October 14th.

Please see the attached for this week's Friday folder. It includes:

- Halloween activity flyers
- WACYL flyer
- Upper Township Wrestling flyer
- Memos from Nurse Hooven
- October Meal Menus

Enjoy the four day weekend!



Weymouth Township School District

1202 Eleventh Avenue - Dorothy, NJ 08317

P: (609) 476-2412 F: (609) 476-3966

Weymouthtownshipschool.org



October 3, 2024

Dear Parents and Guardians,

On behalf of our outstanding faculty and staff, we'd like to invite you to attend our schoolwide (Pre-K through 8th grade) Halloween Parade on **Thursday, October 31st starting at 1:00pm**. The parade will take place outdoors in the front parking lot, starting by the entrance gate to the playground, circling around the front parking lot twice, and returning to the entrance gate to the playground before entering the building again.

In order to have a smooth, safe parade – please park along Estelle Avenue, obeying all local parking regulations. Please feel free to stand and take pictures from the sidewalk in front of the school or adjacent to the front parking lot spaces. The area between the parking spaces and the sidewalk will be separated by cones to allow the parade to pass through.

Halloween costumes should be brought to school in a bag, as students will change after lunch to prepare for the parade. Students will have about 15-20 minutes to change, so please plan for a costume that students can put on independently. If you wish to sign your student out after the parade, you may do so at our main entrance after students have returned to the building.

For the safety and security of our staff and students, the following types of costumes are prohibited in school: vulgar, violent (bloody or gory), weapons, indecent, controversial, demeaning or insulting to any group of people, or any costume deemed inappropriate by school staff. If in doubt – please call us to discuss prior to Halloween. Our goal is to have a fun, enjoyable experience for all students and families.

Weymouth Township School is a place where parents, families, and our community are welcomed with open arms. If your child's classroom is having a Halloween party, their teacher will reach out regarding snacks and/or visitors. We look forward to seeing you soon.

One town. One school. One family. #HawkPride

Your partners in education,

Al Lewis, Ed.D.
Superintendent

Michelle Mesghali
Supervisor of Curriculum & Instruction



TRUNK OR TREAT



WEYMOUTH TWP SCHOOL



OCTOBER

26

FREE ENTRANCE

5-7PM



CANDY - GAMES - MUSIC

PARENTS/BUSINESSES CAN
REGISTER TO DECORATE A
TRUNK!



DEADLINE TO REGISTER IS 10/24

PLEASE EMAIL:
WEYMOUTHSA@WEYMOUTHSD.ORG

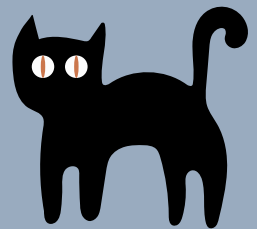


Baa-Na Night



THURS. | 6-8 PM
10/24 [AT] BRHS

Join us for an
evening of
Halloween fun!



Open to children 13 and
under. All children MUST
be accompanied by an
adult.

New This Year:

All guests are asked to
bring 1 cat or dog food
item that will be donated
to animals in need.



WEST ATLANTIC COUNTY YOUTH LEAGUE

FALL FUNDRAISER

ROASTED CHICKEN PLATTER SALE

OCTOBER 20TH 2024

12:00-4:00PM

\$22 PLATTER

RAFFLES

CASH BAR



TICKETS AVAILABLE AT:

**WACYL SNACK SHACK
(OPEN DURING SOCCER
GAMES)**

MERRILL'S COLONIAL INN

FOR MORE INFO CONTACT [KORTNEYLLUND@WACYL.COM](mailto:kortneyllund@wacyl.com)

HOSTED AT

MERRILL'S COLONIAL INN 1309 BLVD.50, MAYS LANDING NJ 08330



Upper Township Wrestling Association
Mailing Address: PO Box 734 – Marmora, NJ 08223
Hornets' Nest: UT Community Center Wrestling Room
1790 Rt 50 Tuckahoe, NJ 08250
uppertwphornets@gmail.com www.upperwrestling.com



The Upper Township Wrestling Association is
inviting, **ALL BOYS AND GIRLS K – 8th** grades to join the

2024-25 UPPER TOWNSHIP GREEN HORNETS WRESTLING TEAM

**FREE... No Obligation “TRY IT OUT” practices – Mon. Oct 28th, Wed. Oct 30th, & Fri. Nov 1st
5:30 PM - 7:00 PM. No wrestling gear needed for “Try it Out” practices.**

Online Registration IS OPEN: GO TO WWW.UPPERWRESTLING.COM

1st Child \$125.00, **Sibling Discount-** 2nd child \$100, 3rd child \$100, 4th child is free.

We will collect a refundable \$150 Singlet Bond per wrestler and a refundable \$75 Work Bond per family.

Your bond checks should be made payable to UTWA and turned in no later than November 23rd.

**We will be accepting a limited number of out-of-town wrestlers,
contact Head Coach Frank Sannino 609-231-8528 with any questions.**

*****FREE REGISTRATION FOR ALL 1ST YEAR GIRL WRESTLERS!!!!*****

Meet the Coaches:

Look for our Upper Township Green Hornets Wrestling booth at Caldwell Park during the Upper Township Indians home games on Sunday 9/29, Saturday 10/5 & Sunday 10/20. You'll be able to register & meet the coaches.

Practice Schedule :

(Novice wrestlers) practice at the Hornets' Nest Mon & Wed from 5:00pm – 6:00pm, starting Wed Nov 6TH.

(Intermediate Group) will practice Mon & Wed from 6:15-7:45pm, starting on Wed Nov 6TH

(Advanced Group) will practice Tues & Thurs from 5:30pm-7:30pm Starting Thurs Nov 7TH.

Mandatory Parents Meeting:

Novice Group Parents: Monday, November 25th, 5:30pm at the Hornets' Nest

Advanced Group Parents: Tuesday, November 26th, 5:30pm at the Hornets' Nest

Gear needed for wrestling practices:

Wrestling shoes, headgear, athletic shorts, t-shirt (no buttons/zippers). A limited supply of wrestling shoes and head gear will be made available for new wrestlers to borrow during “try it out” practices. If you have any questions, email uppertwphornets@gmail.com , or call Head Coach Frank Sannino at 609-231-8528 anytime.

TO ALL K – 8TH GRADE GIRLS.... WE WANT YOU!!

We want you at Upper Township Wrestling!! Last season we had 41 girls on our team, the largest girls rec team in the state of New Jersey!! This coming season we expect to surpass that!! Our Green Hornet girls have had tremendous success over the last few years with girls winning many state and national titles!! If you prefer not to compete you can opt to attend practices only. No pressure, become a part of our Green Hornet Wrestling family, have fun, and learn to love the sport of wrestling!

*****Free registration to all new 1st year girl wrestlers*****

***RESPECT * DISCIPLINE * ACCOUNTABILITY * PERSEVERANCE * COURAGE * LEADERSHIP* = UPPER TOWNSHIP WRESTLING**

IS IT A COLD OR FLU?

SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU





Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	1 Oatmeal Chocolate Chip Breakfast Bar Fruit 1% White Milk	2 Apple Cinnamon Cheerios Fruit 1% White Milk	3 Maple Flavor Waffles Fruit 1% White Milk	4 Honey Nut Chex Fruit 1% White Milk	What is a Meal? Pre-K students are served the three following components for the school breakfast. - Whole Grain - - Fruit-Fresh or Cupped - 1% White Milk Whole Grain Cereals Cinnamon Toast Crunch, Apple Cinnamon Cheerios, Honey Nut Chex Milk 1% white
7 Cinnamon Toast Crunch Fruit 1% White Milk	8 Oatmeal Chocolate Chip Breakfast Bar Fruit 1% White Milk	9 Apple Cinnamon Cheerios Fruit 1% White Milk	10 Maple Flavor Waffles Fruit 1% White Milk	11 No School	
14 No School	15 Oatmeal Chocolate Chip Breakfast Bar Fruit 1% White Milk	16 Apple Cinnamon Cheerios Fruit 1% White Milk	17 Maple Flavor Waffles Fruit 1% White Milk	18 Honey Nut Chex Fruit 1% White Milk	
21 Cinnamon Toast Crunch Fruit 1% White Milk	22 Oatmeal Chocolate Chip Breakfast Bar Fruit 1% White Milk	23 Apple Cinnamon Cheerios Fruit 1% White Milk	24 Maple Flavor Waffles Fruit 1% White Milk	25 Honey Nut Chex Fruit 1% White Milk	
28 Cinnamon Toast Crunch Fruit 1% White Milk	29 Oatmeal Chocolate Chip Breakfast Bar Fruit 1% White Milk	30 Apple Cinnamon Cheerios Fruit 1% White Milk	31 Maple Flavor Waffles Fruit 1% White Milk		
Rachel Adams, Food Service Director 609-476-2412 ext. 5 wey@nsfm.com			Meal Prices Student Breakfast \$1.75 Reduced Breakfast \$0.00 Faculty Breakfast \$2.25		



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	1 Pancakes & Sausage Grape Tomatoes Cupped Fruit of the Day 1% White Milk	2 Hot Dog Celery & Carrot Sticks Cupped Fruit of the Day 1% White Milk	3 Cheeseburger Baked Beans Cupped Fruit of the Day 1% White Milk	4 Pizza Dippers Veggie Patch Cupped Fruit of the Day 1% White Milk	What is a Meal? Students are served in the classroom. - Whole Grain - Protein - Vegetable - Fruit -1% Milk Daily Alternates Uncrustable with Veggie, Fruit and Milk
7 Chicken Nuggets Cucumber Slices Cupped Fruit of the Day 1% White Milk	8 Pancakes & Sausage Green Beans Cupped Fruit of the Day 1% White Milk	9 Hot Dog Celery & Carrots Cupped Fruit of the Day 1% White Milk	10 Cheeseburger Oven Baked Fries Cupped Fruit of the Day 1% White Milk	11 No School	
14 No School	15 Pancakes & Sausage Grape Tomatoes Cupped Fruit of the Day 1% White Milk	16 Hot Dog Glazed Carrots Cupped Fruit of the Day 1% White Milk	17 Cheeseburger Fresh Broccoli Cupped Fruit of the Day 1% White Milk	18 Pizza Crunchers Veggie Patch Cupped Fruit of the Day 1% White Milk	
21 Chicken Nuggets Cucumber Slices Cupped Fruit of the Day 1% White Milk	22 Pancakes & Sausage Corn Cupped Fruit of the Day 1% White Milk	23 Hot Dog Green Beans Cupped Fruit of the Day 1% White Milk	24 Cheeseburger Baked Beans Cupped Fruit of the Day 1% White Milk	25 French Bread Pizza Side Salad Cupped Fruit of the Day 1% White Milk	
28 Chicken Nuggets Sweet Peas Cupped Fruit of the Day 1% White Milk	29 Pancakes & Sausage Grape Tomatoes Cupped Fruit of the Day 1% White Milk	30 Hot Dog Celery & Carrots Cupped Fruit of the Day 1% White Milk	31 Cheeseburger Fresh Broccoli Cupped Fruit of the Day 1% White Milk		
Rachel Adams, Food Service Director 609-476-2412 ext. 5 wey@nsfm.com			Meal Price Student Lunch \$3.50 Reduced Lunch \$0.00 Faculty Lunch \$4.50		



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	1 Warm Blueberry Muffin Fresh or Cupped Fruit Orange Juice	2 Apple Bites Fresh or Cupped Fruit Orange Juice	3 Maple Waffles Fresh or Cupped Fruit Orange Juice	4 Egg & Cheese on a Bagel Fresh or Cupped Fruit Orange Juice	What is a Meal? Students must have at least 3 of the 4 components for the school breakfast price. - Whole Grain - Protein - Fruit - Milk A minimum ½ cup serving of fruit must accompany a reimbursable breakfast. Daily Alternate -WG Pop-Tart with a Cheese Stick -Yogurt & Graham Crackers -Oatmeal Bar & Cheese Stick -Cereal & Graham Crackers Milk 1% white, FF White
7 Cinnamon Toast Crunch Jump Start Fresh or Cupped Fruit Apple Juice	8 Warm Blueberry Muffin Fresh or Cupped Fruit Orange Juice	9 Apple Bites Fresh or Cupped Fruit Orange Juice	10 Maple Waffles Fresh or Cupped Fruit Orange Juice	11 No School	
14 No School	15 Warm Blueberry Muffin Fresh or Cupped Fruit Orange Juice	16 Apple Bites Fresh or Cupped Fruit Orange Juice	17 Maple Waffles Fresh or Cupped Fruit Orange Juice	18 Egg & Cheese on a Bagel Fresh or Cupped Fruit Orange Juice	
21 Cinnamon Toast Crunch Jump Start Fresh or Cupped Fruit Apple Juice	22 Warm Blueberry Muffin Fresh or Cupped Fruit Orange Juice	23 Apple Bites Fresh or Cupped Fruit Orange Juice	24 Maple Waffles Fresh or Cupped Fruit Orange Juice	25 Egg & Cheese on a Bagel Fresh or Cupped Fruit Orange Juice	
28 Cinnamon Toast Crunch Jump Start Fresh or Cupped Fruit Apple Juice	29 Warm Blueberry Muffin Fresh or Cupped Fruit Orange Juice	30 Apple Bites Fresh or Cupped Fruit Orange Juice	31 Maple Waffles Fresh or Cupped Fruit Orange Juice		
Rachel Adams, Food Service Director 609-476-2412 ext. 5 wey@nsfm.com			Meal Prices Student Breakfast \$1.75 Reduced Breakfast \$0.00 Faculty Breakfast \$2.25		



Meet Your Nutritious Friend:
"Papa" Corn

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
	1 Beef Soft Tacos Chicken Bacon Ranch Wrap FEATURED VEGGIES Black Beans & Salsa Grape Tomatoes	2 Cowboy Burger on a Bun Ham & Cheese Sandwich FEATURED VEGGIES Onion Rings Celery & Carrots Sticks	3 Chicken Patty on a Bun Turkey & Cheese Sandwich FEATURED VEGGIES Baked Beans Fresh Broccoli	4 Pizza Dippers Cheeseburger FEATURED VEGGIES Veggie Patch Side Salad	What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Salad of the Week Week-1 (Chicken Caesar Salad) -Served with Goldfish & Dinner Roll Week-2 (Chef's Salad) -Served with Goldfish & Dinner Roll Week-3 (Buffalo Chicken Salad) -Served with Goldfish & Dinner Roll Week-4 (Taco Salad) -Served with Tortilla Chips Week-5 (Garden Salad w/ Yogurt) -Served with Goldfish & Dinner Roll Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, chocolate, and strawberry Daily Alternates Uncrustable Meal with Cheese Stick and Goldfish
7 Chicken & Cheese Quesadilla Tuna & Cheese Sandwich FEATURED VEGGIES Steamed Corn Fresh Cucumber Slices	8 Classic Sloppy Joe on Hawaiian Roll Chicken Bacon Ranch Wrap FEATURED VEGGIES Green Beans Grape Tomatoes	9 Buffalo Chicken Dip over Tortilla Chips Ham & Cheese Sandwich FEATURED VEGGIES Roasted Garbanzo Beans Celery & Carrots Sticks	10 Pancake, Sausage, Egg & Cheese Sandwich Turkey & Cheese Sandwich FEATURED VEGGIES Home Fries Fresh Broccoli	11 No School	
14 No School	15 Chicken Parm. & Pasta Chicken Bacon Ranch Wrap FEATURED VEGGIES Green Beans Grape Tomatoes	16 Turkey & Cheese Melt on a Croissant Ham & Cheese Sandwich FEATURED VEGGIES Glazed Carrots Celery & Carrots Sticks	17 Nachos Grande with Tortilla Chips Turkey & Cheese Sandwich FEATURED VEGGIES Roasted Garbanzo Beans Fresh Broccoli	18 Pizza Crunchers Cheeseburger FEATURED VEGGIES Veggie Patch Side Salad	
21 Chicken Nuggets with a Breadstick Tuna & Cheese Sandwich FEATURED VEGGIES Steamed Corn Fresh Cucumber Slices	22 Asian Sesame Chicken over Noodles Chicken Bacon Ranch Wrap FEATURED VEGGIES Steamed Broccoli Grape Tomatoes	23 Baked Ziti Ham & Cheese Sandwich FEATURED VEGGIES Green Beans Celery & Carrots Sticks	24 BBQ Pulled Pork on a Hawaiian Roll Turkey & Cheese Sandwich FEATURED VEGGIES Baked Beans Fresh Broccoli	25 French Bread Pizza Cheeseburger FEATURED VEGGIES Veggie Patch Side Salad	
28 Fish Sticks & Goldfish Tuna & Cheese Sandwich FEATURED VEGGIES Sweet Peas Fresh Cucumber Slices	29 Grilled Cheese Sandwich Chicken Bacon Ranch Wrap FEATURED VEGGIES Tomato Soup Grape Tomatoes	30 Chili & Cornbread Ham & Cheese Sandwich FEATURED VEGGIES Green Beans Celery & Carrots Sticks	31 Hot Ham & Cheese on a Pretzel Roll Turkey & Cheese Sandwich FEATURED VEGGIES Glazed Carrots Fresh Broccoli		
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