

Club Name	Advisor	Email	Meeting Day (club meetings typically occur after school)	Club Purpose
Aerospace Club	Mr. Yount-Gregory	ryountgregory@fcusd.org	Mondays @3:45	To provide a platform for students to learn about aerospace engineering
A Pre-Career Path	Ms. Lacoste	alacoste@fcusd.org	Bi-weekly Tuesdays After School	To introduce careers to students
Art Of Textiles Club	Mrs. Wilson	mwilson@fcusd.org	Mondays @3:40	To teach people how to harness textiles, breed love for crafting, and create a community of crafters
Baking Club	Mr. Peterson	rpeterson@fcusd.org	2nd and 4th Thursday of the Month	To learn and teach each other how to bake
Black Student Union (BSU)	Ms. Lathrop	vlathrop@fcusd.org	Twice a month on Tuesday's during A Lunch	To teach black students about their backgrounds
Books and Bulldogs	Mrs. Shapely	bshapely@fcusd.org	2nd Monday of the month @3:45	To expose readers to different genres
Building Better Communities	Ms. Lacoste	alacoste@fcusd.org	Mondays @3:45	To support local businesses and non-profits boosts our community by enhancing the local economy and addressing critical needs. By choosing to shop locally and support these organizations, we contribute to a more vibrant and resilient community.
Bulldog Bugle	Mrs. Shapely	bshapely@fcusd.org	Twice a month on Wednesdays	To inform the FHS community about current events
Bulldog Esports	Ms. Walters	dwalters@fcusd.org	At least once a month	To bring FHS gamers together, create a competitive but friendly environment, and compete in esports tournaments
Bulldogs Reaching Out	Ms. Guarienti	kguarienti@fcusd.org		To raise awareness of substance abuse.
California Association of Student Councils	Mr. Nichols	bnichols@fcusd.org	Mondays @3:40	To improve the quality of California school education by allowing students with diverse backgrounds and culture to become skilled, ethical, and sensitive leaders
California Scholarship Federation	Mrs. Doller	rdoller@fcusd.org	First Monday of the Month	To foster high standards of scholarship, service, and citizenship.
Chess Club	Mr. Chen	pchen@fcusd.org	Mondays @3:40	To organize and participate in tournaments, teach individuals how to play chess, and create a chess team and community in Folsom
Cognitive Exchange	Ms. Lacoste	alacoste@fcusd.org	Wednesdays @3:40	To inspire the youth to help teach international students public speaking skills
Computer Science Club	Mr. Johnson	bjohnson@fcusd.org	Tuesdays @3:40	To prompt computer science and cybersecurity awareness and interests
Creative Writing Club	Ms. Hawes	jhawes@fcusd.org	Thursdays @3:45	To educate participants on different writing techniques.
Crumb Club	Mr. Castro	ccastro@fcusd.org	3rd Thursday of every month	To promote a positive environment, to gain a positive relationship with food, and to eat crumb cookies
Desi Dance Dhamaka	Ms. Lovell	slovell@fcusd.org	2nd and 3rd Fridays every month @3:45	To teach dance choreographies, mainly focusing on Bollywood to bring together people from all cultures in fun dance performances
Digital Art And Photography Club	Ms. Halverson	shalvers@fcusd.org	Every other Tuesday @3:40	Introduce the exciting concepts of digital art and effective use of available products (such as cameras, Adobe Photoshop, Wacom drawing tablets, and more).
Dungeons and Dragons Club	Mr. Scheuer	sscheuer@fcusd.org	Wednesdays @3:45	To give students the opportunity to meet and play tabletop role-playing games together in a friendly environment.
Elderly Assistance Club	Ms. Waldman	awaldman@fcusd.org	Wednesdays	To help the community by volunteering at senior homes.
Engineering Exchange	Ms. Brandt	kbrandt@fcusd.org	2nd and 4th Mondays @3:35	To educate people about the different fields of engineering
FeatherLITE	Mr. Johnson & Mrs. Walters	bjohnson@fcusd.org/dwalters@fcusd.org	Mondays	To help lift our fellow teammates' skills in Game Development and its various facets, teamwork, communication, and leadership
Fellowship Of Christain Athletes (FCA)	Mr. Carroll	tcarroll@fcusd.org	First and Fourth Tuesdays Both Lunches	To help fellow students strengthen their relationship with God.
Film Fanatics	Mr. Castro & Mr. Mills	ccastro@fcusd.org & mmills@fcusd.org	Wednesdays after School	To build a safe community where students can take time to relax during the stressful school season
FHS Art Club	Ms. Danzinger	mdanzinger@fcusd.org	Bi-Weekly Thursdays @2:00	Spread creativity across campus through murals, projects, and activities within the club
FHS Badminton Club	Ms. Lovell	slovell@fcusd.org	Mondays @3:40	To meet new people and to come together to play badminton
FHS Mathletes	Mr. Mitchell	rmitchell@fcusd.org	1st Wednesday of every month @3:45	To bring together all levels of math skills to form a team and represent FHS in various competitions ranging from regional to national levels.
FHS Math Tutoring Club	Mr. Nelson	marknelson@fcusd.org	2nd and 4th Mondays @3:40	Give assistance to students that need help with their math homework with no fee
FHS Math Tutoring Society	Mr. Chen	pchen@fcusd.org	Tuesdays After School	To offer complimentary math tutoring services to individuals.

FHS Mock Trial Team	Mrs. Walters	dwalters@fcusd.org	Bi-Monthly on Thursdays @2:15	To allow students to gain experience in a courtroom setting and to build a competitive and argumentative mock trial team for Folsom High School
FHS Orgami Club	Mr. Gregory	ryoungregory@fcusd.org	Tuesdays After School	To make origami
FHS Speech and Debate Club	Ms. Canty	mcanty@fcusd.org	Tuesdays at @3:40	To create an opportunity for students to practice and enhance public speaking skills
Folsom Filipino Culture Club	Mr. Kamine	zkamine@fcusd.org	Biweekly Wednesdays	To spread and introduce Filipino culture to the school and community
Folsom High Girl Up Club	Ms. DeVore	jdevore@fcusd.org	Tuesdays @3:40	To inspire those around us to get involved and take action so that all girls, no matter where they live, may reach their full potential, doing so through educating, advocating, fundraising, and serving
Folsom High School Model United Nations	Mr. Yount-Gregory	ryoungregory@fcusd.org	Every other Wednesday @3:40	To provide a better understanding of the inner workings of the UN and help students build skills in diplomacy and cooperation.
Folsom High Mountain Bike Team	Mr. McKenn	jmckeen@fcusd.org	Monday: @6, Tuesday: @6:45, Thursday: @6, Saturday: @9am	To provide a safe, fun, and competitive environment for athletes to improve their skills
Folsom High Robotics Club	Mr. Kamine	zkamine@fcusd.org	Thursdays of Wednesdays @3:35	To intrpduce students and community members to the world of STEM
Folsom High School Stock Market and Finance Club	Mr. Chen	pchen@fcusd.org	Biweekly Wednesdays @3:45	To maintain an enjoyable learning environment for everyone, fostering a sense of solidarity between members and an appreciation for the world around them.
Folsom STEM Tutoring	Mr. White	cwhite@fcusd.org	Mondays @3:30	To provide free math, science, and CTE tutoring to anyone for free who happens to need it
Forestry Club	Mr. Kamine	zkamine@fcusd.org	Mondays @3:40	To collaborate and learn about forest work in order to prepare for the Forestry Challenge
French Club	Ms. Messer	smesser@fcusd.org	Wednesdays after School	Explore French Culture
From We to You	Ms. DiMario & Mr. Brown	adimario@fcusd.org & mdbrown@fcusd.org	Tuesdays @3:40	To provide students with a safe space to receive mental health advice relevant to their lives, participate in lively discussions and activities, receive homework help, and engage in community service
Future Health Societies Club	Mr. Garvich Claux	mgarvichclaux@fcusd.org	1st Fridays and 3rd Mondays of every month @3:40	To communicate with doctors online and speak with them about their medicine journey and hygine drives
Global Outreach Club	Ms. Watson	hwatson@fcusd.org	First Monday of the Month	To help students that attend Folsom High School who struggle with English
H.A.I.N	Ms. Bonk	kbonk@fcusd.org	First and Second Monday's @3:45	To creat community
Hands4Hope	Mrs. Lathrop	vlathrop@fcusd.org	2nd/4th wednesdays of every month 3:45	To create a community of civic minded and socially responsible citizens
Health Explorers	Mrs. Watson	gwatson@fcusd.org	2nd Wednesday of every month @3:45	To educate students on the different medical fields
Health For Humanities Club	Ms. Lacoste	alacoste@fcusd.org	1st Tuesday of every month	A non-profit organization working to promote awareness about their healthcare field and fight health quantities
Heart Helpers Club	Ms. Watson	gwatson@fcusd.org	Every Second Tuesday @4:00	To teach CPR and medical practices
Interact Club	Mr. Castro	ccastro@fcusd.org	Thursdays at @2:15	To make a difference in the community through community service and to promote civic and personal responsibilities
International Thespian Society	Mrs. Mosier	tmosier@fcusd.org	Specific Meeting Schedule listed on Constitution	To encourage Folsom High School students to appreciate theater as a performing art and collaborative, creative activity
JustServe	Ms. DeVore	jdevore@fcusd.org	TBD	To be an influence for good in the community through meaningful service. We lift, help, and serve others while building bridges with other community service organizations through JustServe.org and mobile app. While serving others, we encourage members to support each other and connect.
Key Club	Ms. Mendez	emendez@fcusd.org	Wednedays @3:45	To serve and respect the school and all Key club members
Korean Future Club	Mrs. Ramos	dramos@fcusd.org	Mondays @3:40	KFC will be a leading public organization that takes an effective role in achieving the spread of culture, Although, there is "Korean" in the name, this club is to "immerse" EVERYONE into prominent cultures in our school. With engaging activities, we can help the newer generation with forming bonds with each other, compared to the already norm of exclusion
KPop Dance Club	Mrs. Ramos	dramos@fcusd.org	Tuesdays @3:50	To create a space for experienced and beginner dancers to perform together

Leading Environmental Action For Youth (LEAFY)	Ms. Canty	mcanty@fcusd.org	Mondays @3:40	To encourage environmental action, spread awareness of environmental issues, and foster community
Medi-Youth Club	Mr. Gregory	ryountgregory@fcusd.org	Tuesdays @3:45	To educate youth on various fields of medicine
Mindcare Society	Ms. MacGregor	smacgregor@fcusd.org	Tuesdays @2:15	To advocate and spread awareness about mental health and stop the stigma.
Muslim Student Association	Ms. Watson	gwatson@fcusd.org	Wednesdays @3:45	To bring together individuals of diverse cultures and backgrounds under one unified community
NVLP - National Volunteer and Leadership Program	Ms. Mills	pmills@fcusd.org	Tuesdays @3:45	To empower individuals through volunteerism and leadership skills
Pacific Islander Club	Mr. Paolucci	bpaolucci@fcusd.org	Every other Monday @3:40	To share the culture, bring awareness about the pacific islands, and teach the importance of our heritage and culture
Past, Present, Future Club	Mrs. Schumacher	cshumacher@fcusd.org	Tuesdays @3:40	To recruit new teen volunteers for the Folsom History Museum
Project WORTHY	Ms. LaCoste	alacoste@fcusd.org	Fridays @3:45	To serve our community with passion and offering utmost attention to those in need
Psychology Club	Ms. Weaver	nweaver@fcusd.org	Wednesdays @3:45	To discuss high schoolers various mental health issues, especially those plaguing teenagers today.
Queer Straight Alliance of Folsom High School	Mr. Gregory	ryountgregory@fcusd.org	Wednesdays at 3:40-4:30	To provide a safe space for Folsom High School's queer folk
Red Cross Club	Ms. Maxey-Parler	dmaxeyparler@fcusd.org	Every other Monday After School	Educate peers on the importance of first aid
STEM and HealthCare Innovation Club	Mrs. Lathrop	vlathrop@fcusd.org	1st Monday of the month	work together to gather ideas and explore in the STEM activities, create STEM study club with group of interested students, Networking and zoom sessions with APAPA leaders, Dr.Yee, and people from Health Explores
Rhizome Club	Ms. Hawes	jhawes@fcusd.org	Tuesdays @3:40	To increase civic participation, train youth leaders, and build community
Supercell Club	Mr. Bias	abias@fcusd.org	Tuesdays After School starting Sept. 24th	To create a connected community of Friendly Supercell players as well as improve any players skills in any Supercell game within FHS
The Optimism Project	Mr. Garvich Claux	mgarvichclaux@fcusd.org	Last Monday of every Month @3:45	Educate: Raise awareness about women's issues, including mental health and period poverty.
The Silly Club	Mr. Mills	mmills@fcusd.org	Fridays 3:45-5:00	To be as silly as possible within regulation

U.S Military Club	Mr. Mills	mmills@fcusd.org	2nd Tuesday of the month @3:45	To expose people to the different career oppurtunities available in the military
UNICEF Club	Mrs. Doller	rdoller@fcusd.org	Wednesdays @3:45	To help raise money for children in need in thirs world countries
WeEmbrace Club	Ms. Melrose	hmelrose@fcusd.org	3rd Thursday every month	To promote appropriate volunteer activities among its members
World Language Scholars Society	Mrs. Martin/Mrs. Messer	smartin@fcusd.org/smesser@fcusd.org	1st Tuesday of every month	To explore diverse cultures and broaden students' views of the world around them
Wounded Warriors Project FHS	Ms. Lacoste	alacoste@fcusd.org	First and Third Mondays @3:50	Encourage and facilitate volunteer opportunities for club members to engage directly with veterans and veteran support organizations