

## SHAC COMMITTEE

# MEETING NOTES

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**October 8, 2024 / 3:30- 4:30 PM**

### WELCOME

- Karen Graves, Director of Administrative Services
- Welcomes everyone, returning council and new members, each one gave quick introduction

### HARRIS COUNTY PUBLIC HEALTH PRESENTATION

- Two representatives gave info on programs and updates on HCPH outreach mission/goals that correlate with SHAC. [www.hcphtx.org](http://www.hcphtx.org)
- Engage, encourage, foster self-efficacy; connecting schools to public health; they have community health workers who are trusted, knowledgeable frontline personnel and outreach teams who do events in the community/presentations; support 22 programs and gave a few examples including ACCESS, Immunizations/Vaccination and Connect programs
- Another representative who works with school nurses gave a presentation on covid, influenza and RSV trends/updates. A member asked if they make recommendations to schools when there is an illness outbreak as far as deep clean or shut down? An outbreak is considered where 2 or 3 in one space or 10% increase. HCPH can provide poster reminders and scheduling vaccines. Another question was what school nurses report? Symptoms, actual reported tests
- SHAC member asked for future meeting to address attendance incentives again

- HCPH is a great resource for SHAC. Could we get a table at the TISD mental health fair and the Fun Run?

## **SHAC OVERVIEW**

- Parent-led group, we advocate for student and staff health; mandated by law to meet 4 times per year; review health and sex ed curriculum; we are an advisory council that makes recommendations to the school board; also form sub-committees on other topics of interest

## **STEVEN SHIELS, DIRECTOR OF GUIDANCE AND COUNSELING**

- Quaver Ready that we reviewed last year is already in elementary schools and the counselors are loving it. Senate Bill 9 requires SHAC to review, so he will send a link via email. It will include 2 lessons- 1st and 4th grade (lesson 29) and we are asked to go through and give feedback - are they age appropriate? Any flags or concerns?
- Hope Squad has also launched in all 3 high schools. Students were nominated by the student body, staff reviewed; good cross-section of the school, the teams meet together in advisory with a teacher to go over curriculum and work on uplifting events/create healthy culture. Squad numbers: TMHS-31, THS-23, Star-21. This can be offered at all level schools but TISD is starting at all the high schools first.
- A member mentioned the TEA safety ambassadors as another way to connect

## **RECESS UPDATE**

- Recess has been a supported topic for the council and board the past couple years. Beth is waiting to get info on individual schools on how this is being implemented, and will share when received.

## **BYLAWS AND OFFICER NOMINATIONS**

- Karen said bylaws were emailed to the council to read; reviewed how parents are appointed by the board; members can serve for 3 consecutive years and 2 years as an officer in the same position. She asked the council if anyone is interested in being nominated for officer positions, as all 3 are open for this next year.
- Interests expressed: Leslie J.-chair; Monique B.-vice chair, Joyce R.- open to something; everyone else will have time to consider before next mtg
- Karen said we will put it on the agenda for the next meeting to finalize nominations and vote
- With a few extra minutes, Karen addressed sub-committees and asked everyone to be thinking of their interests in regards to school health topics; can be a group or 1-2 people, much research and work gets done outside mtg times; some from the past have been mental health, later school start times, physical fitness-recess. SHAC must look at new curriculum but these other topics can be discussed and made as recommendations to the board; Cell phone policy was brought up- might fall under another area but will get more info; can we get access to the parent survey results?
- A member brought up disease prevention in correlation with food/nutrition choices

**MEETING CLOSED 4:30PM**

**NEXT MEETING December 10, 2024**