C&C Learning Journey
Year 7

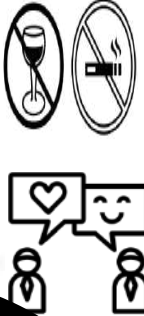**YEAR 8**

- What does a healthier lifestyle look like?
- Why is personal hygiene important?
- How can you make choices towards a healthier diet?
- How does an active lifestyle improve your life?
- How can you make decisions to keep yourself safe?

RSHE 2019 & 2021 Equality Act 2010

MY HEALTH & WELLBEING

COMMUNITY ISSUES

RSHE 2019 & 2021 British Values Equality Act 2010

- How does substance abuse affect communities?
- The facts and dangers of legal and illegal drugs
- What are the problems for our planet and environment?
- Is homelessness a community problem?
- How can Charities and volunteer groups help our community?
- Is Knife Crime a community issue?

- What does a democratic government look like?
- How are we governed in the UK?
- How do we vote in this country? What are elections?
- What is the role of political parties
- Be an active citizen – can you run your own campaign?
- Be an MP for a week

Citizenship NC 2014 SMSC development British Values Equality Act 2010

DEMOCRATIC BRITAIN

BUILDING POSITIVE RELATIONSHIPS

RSHE 2019 and 2021

- What makes a good friendship?
- How can I maintain a healthy friendship?
- How does social media affect our well-being?
- How can I combat FOMO?
- How can I prevent bullying?
- How will puberty affect my body?

- What are values?
- Anti-Bullying – Respect & Kindness
- What are the fundamental British Values
- What is individual liberty?
- What is equality, inclusion and diversity?
- What are human rights?

Citizenship SMSC British Values Equality Act 2010

VALUES & CULTURE

YEAR 7

BUILDING SKILLS FOR LIFE - CAREERS

Gatsby Benchmark 1 SMSC Equality Act 2010

- What are our Bilton School core values?
- How do our emergency services show our core values?
- Are our emergency services the real heroes of Britain?
- What does it mean to be enterprising?
- Why is teamwork so important?
- How do I set effective goals?

WELCOME

Spiral Curriculum – Yr 7-11

1) British Values
2) Celebrating Diversity & Equality
3) Community/Ready for Society
4) Cultural Respect
5) Relationships and Sex Education
6) Health and Wellbeing
7) Gatsby Benchmarks

ASSESSMENT & PROGRESS IN C&C

✓ Confidence Checkers
✓ End of Unit Quizzes
✓ Form tutor questioning

PERSONAL DEVELOPMENT

✓ UniFrog Digital Passport
✓ Extra-Curricular
✓ Charity Events
✓ Competitions
✓ Celebratory Days
✓ Recognition Days
✓ Trips/Rewards

C&C Learning Journey
Year 8

YEAR 9

MY HEALTH & WELLBEING

RSHE 2019 & 2021 Equality Act 2010

► How do you stay safe online? (dangers of sexting/images)

► How can social media and self-esteem be linked?

► E- safety – why is it important? (dangers of online grooming)

► E-Safety – How are Cyber bullying/bullying online so damaging?

► How can emotional well-being and healthy sleep be linked?

► Can having goals for the future help self-confidence grow?

COMMUNITY ISSUES

RSHE 2019 & 2021 British Values Equality Act 2010

► How can drugs be damaging?

► Drugs – risks and the law, how do gangs groom children into county lines?

► How can alcohol and legal substances be damaging?

Vaping, e-cigarettes and cigarettes – how can they be damaging?

► Knife crime/hate crime – why action is needed

How can charities be beneficial?

DEMOCRATIC BRITAIN

Citizenship NC 2013/2014 SMSC development British Values Equality Act 2010

► How does the Rule of Law work in the UK?

► What is the role of the police in the UK?

► How does the Justice System work in the UK (courts and tribunals)

► Why are rules important and why having a voice important?

► How can we be financially responsible?

RELATIONSHIPS & SEX EDUCATION

RSHE 2019 and 2021

► How do bodies changes? Puberty and menstruation

► How can body image be linked to self-esteem?

How can I make sure I have respectful relationships (inc. LGBT)

► Do I understand what consent is?

► What is a long-term commitment in a relationship?

What are STIs?

VALUES & CULTURE

Citizenship SMSC British Values Equality Act 2010

What are core values?

► What is culture and why is it important?

► What is equality, diversity and inclusion and why is it important?

► Mutual Respect and Tolerance – how can we emulate these values?

► What is democracy and why is it important?

What are Global Goals and why should we care about them?

YEAR 8

BUILDING SKILLS FOR LIFE - CAREERS

Gatsby Benchmark 1 SMSC Equality Act 2010

► Introduction - Welcome back to school, What are our Bilton Core values?

► Why do we need to be resilient in the workplace?

► What makes a good team player?

► What makes a good leader?

► How do you set goals?

► Why is Equality in the workplace important?

WELCOME

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C&C Learning Journey
Year 9

YEAR 10

MY HEALTH & WELLBEING

RSHE 2019 & 2021 Equality Act 2010

- ► What influences my choices about diet and exercise?
- ► Can I administer basic first aid?
- Do I know how to stay safe online?
- ► Do I understand the risks involved with drugs?
- ► Do I understand the importance of emotional wellbeing?

COMMUNITY ISSUES

RSHE 2019 & 2021 British Values Equality Act 2010

- ► What does the law say about different relationships?
- ► What is online hate?
- ► Staying safe online – why is it important?
- ► How do people get involved with extremist groups and the dangers of this?
- ► The dangers of illegal and legal drugs
- ► Honour-based violence and FGM

DEMOCRATIC BRITAIN

Citizenship NC 2013/2014 SMSC development British Values Equality Act 2010

- ► What are the different systems of government around the world? (Democratic vs Dictatorship(beyond the United Kingdom))
- ► How does parliament work?
- ► What does an MP do?
- ► Who has power and what do they do?
- ► British Values - Precious Liberties and why your voice is important

RELATIONSHIPS & SEX EDUCATION

RSHE 2019 and 2021

- ► Relationships values and attitudes
- ► Gender identity and different types of sexual relationships.
- ► LGBT and transphobia/homophobia
- ► Do I understand consent? – the laws
- ► Contraception and prevention of STIs
- ► Unplanned Pregnancy

VALUES & CULTURE

Citizenship SMSC British Values Equality Act 2010

- ► What makes a good citizen and a good society?
- ► Why are human rights so important?
- ► Anti – bullying – Respect and Kindness
- ► How can I be financially literate?
- ► Why Save?
- How to be financially literate II

YEAR 9

SHAPING MY FUTURE - CAREERS

Gatsby Benchmark 1 SMSC Equality Act 2010

- ► Career choices – what do I need to become a....
- ► Becoming Employable – Skills - How do skills help you become successful?
- How does being self-aware help you to become successful?
- ► What careers will there be to choose from?
- Different organisations and how they work
- ► What is a career pathway and how do I craft my own personal pathway?
- ► What are the rights and responsibilities of the workplace and why are they important?

WELCOME

Spiral Curriculum – Yr 7-11
1) **British Values**
2) **Celebrating Diversity & Equality**
3) **Community/Ready for Society**
4) **Cultural Respect**
5) **Relationships and Sex Education**
6) **Health and Wellbeing**
7) **Gatsby Benchmarks**

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C&C Learning Journey
Year 10

YEAR 11

MY HEALTH & WELLBEING and COMMUNITY ISSUES

RSHE 2019 & 2021 Equality Act 2010

- How can I stay safe online?
- Am I able to identify scams and sources of support?
- Am I informed about online safety? (CCE and CSE)
- Am I informed about the dangers of county lines and CSE and knife crime?
- Am I informed about healthy sleeping habits?
- What is mental health and how can I take care of my own mental health?
- Am I aware of gambling habits and the risks?

ENGLISH LIT REVISION

AQA

- ► PAPER 1
- ► 1 hour 45 mins
- ► Macbeth AND A Christmas Carol PAPER 2
- ► 2 hours 15 mins
- ► An Inspector Calls
- ► Peace & Conflict Poetry Unseen Poetry

DEMOCRATIC BRITAIN

Citizenship NC 2013/2014 SMSC development British Values Equality Act 2010

- ► What is politics?
- ► Where does power reside? The difference between the executive, the legislature, the judiciary and the monarchy
- ► The history of our democracy
- ► What are the key features of our parliament?
- ► What is local government?
- ► What are the electoral systems and different systems of government?

RELATIONSHIPS & SEX EDUCATION AND COMMUNITY ISSUES

RSHE 2019 and 2021

- ► What are the positive and negative behaviours when beginning intimate relationships?(coercion and abusive relationships)
- ► What are some of the factors that can affect our capacity for consent?
- ► How does pornography portray consent in a stereotypical way?
- ► How can I prevent the transmission of STIs?
- ► What are the different choices available for contraception?
- ► What are some of the issues that need to be considered with an unplanned pregnancy?
- ► What is a forced marriage?

VALUES & CULTURE

Citizenship SMSC British Values Equality Act 2010

- Why is self-awareness important?
- ► What is mutual respect and tolerance and why are they important?
- ► Anti-Bullying – what is a bystander and why should I avoid it?
- ► Why is volunteering important? - Community and volunteering
- ► Why is it important to be a responsible citizen?
- ► How do I stay in control of my money?
- How can I stay financially stable?

YEAR 10

CAREERS – WHERE WILL SCHOOL TAKE ME?

Gatsby Benchmark 1 SMSC Equality Act 2010

- ► What makes us happy at work?
- ► What career options are available to me?
- What are transferable skills and how do I develop pupils?
- How do I create an effective career pathway?
- ► How do I create an effective CV?
- ► How Do I prepare for an interview?
- ► What are rights and equality in the workplace?

WELCOME

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C&C Learning Journey
Year 11

YEAR 12

PROM NIGHT

Exams

EXAMS

REVISION AND PREP

Exam Prep

REVISION TIMETABLE
MON TUE WED THUR FRI SAT SUN
Maths English
Biology Spanish
1. HISTORY - KEY FACTS
2.
3.
4.
5.

► PPEs – How does the Legal system work in the UK?

► Why are Human rights and international law important?

► What are the UK's relations with the UN?

► What are the UK relations with wider world and the Commonwealth?

► Why Money Matters- income, expenditure, credit, debit, savings, pensions, interest and tax

Citizenship NC 2013/2014 SMSC development British Values Equality Act 2010

DEMOCRATIC BRITAIN

RELATIONSHIPS & SEX EDUCATION AND MY HEALTH AND WELLBEING

RSHE 2019 and 2021

► Why is E-Safety so important and why is Cyber bullying so damaging?

► How can I be healthy in my mind and body? Where can I seek support?

► Why isa sexual health important?

► What is sexual harassment?

► The damaging effects of domestic violence

► What choices are there with contraception?

The dangers of knife crime

► Anti-Bullying – Being an Upstander and PPE

► Anti-Bullying And PPE

► What do you know about Substance Abuse - 1

► Substance Abuse - 2

► What are the risks of gambling?

► Being anti-fraud aware

Citizenship SMSC British Values Equality Act 2010

VALUES & CULTURE AND COMMIUNITY ISSUES

YEAR 11

CAREERS

Gatsby Benchmark 1 SMSC Equality Act 2010

► What options are available to me after Y11?

► How do I make myself more employable?

► How do I develop my interview skills?

► Diversity, inclusion and equality in the workplace

WELCOME

Spiral Curriculum – Yr 7-11	ASSESSMENT & PROGRESS IN C&C	PERSONAL DEVELOPMENT
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2) Celebrating Diversity & Equality	✓ End of Unit Quizzes	✓ Extra-Curricular
3) Community/Ready for Society	✓ Form tutor questioning	✓ Charity Events
4) Cultural Respect		✓ Competitions
5) Relationships and Sex Education		✓ Celebratory Days
6) Health and Wellbeing		✓ Recognition Days
7) Gatsby Benchmarks		✓ Trips/Rewards