

NOVEMBER | 2024



JACKSON INTERMEDIATE AND LAKEWOOD ELEMENTARY SCHOOLS

Chef Salad is offered daily as a 3rd choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 #1 Chicken Strips #2 P.B. and Jelly Pocket Baked Beans Fruit Milk	2 #1 Macaroni and Cheese w/ Dinner Roll #2 P.B. and Jelly Pocket Steamed Broccoli Fruit Milk	30 #1 Pizza #2 P.B. and Jelly Pocket Cucumbers w/ Ranch Fruit Milk	3 #1 Shredded Chicken Sandwich #2 P.B. and Jelly Pocket Baked French Fries Fruit Halloween Cookie Milk	#1 Bosco Stix w/ Marinara #2 P.B. and Jelly Pocket Steamed Green Beans Fruit Milk
4 #1 Popcorn Chicken w/ Dinner Roll #2 P.B. and Jelly Pocket Mashed Potatoes Fruit Milk	5 NO SCHOOL	6 #1 Pizza #2 P.B. and Jelly Pocket Tossed Romaine Salad Fruit Ice Cream Milk	7 #1 Nachos and Cheese w/ Tortilla Chips #2 P.B. and Jelly Pocket Celery w/ Ranch Fruit Milk	8 #1 Hamburger w/ Cheese Slice #2 P.B. and Jelly Pocket Baked French Fries Fruit Milk
11 #1 Soft Taco #2 P.B. and Jelly Pocket Refried Beans Fruit Cookie Milk	12 #1 Chicken Nuggets w/ Dinner Roll #2 P.B. and Jelly Pocket Baked French Fries Fruit Milk	13 #1 Pizza #2 P.B. and Jelly Pocket Carroteenies w/ Ranch Fruit Milk	14 #1 Ravioli w/ Breadstick #2 P.B. and Jelly Pocket Tossed Romaine Salad Fruit Milk	15 #1 Hot Italian Sub #2 P.B. and Jelly Pocket Steamed Corn Fruit Milk
18 #1 Chicken Patty Sandwich #2 P.B. and Jelly Pocket Baked French Fries Fruit Milk	19 #1 Walking Taco #2 P.B. and Jelly Pocket Refried Beans Fruit Milk	20 #1 Pizza #2 P.B. and Jelly Pocket Cucumbers w/ Ranch Fruit Milk	21 Turkey Mashed Potatoes Green Beans Dinner Roll Fruit Cookie Milk	#1 Pepperoni Bosco Stix w/ Marinara #2 P.B. and Jelly Pocket Steamed Broccoli w/ Cheese Fruit Milk
25 #1 Chicken Strips #2 P.B. and Jelly Pocket Steamed Corn Fruit Milk	26 #1 Pizza Pocket #2 P.B. and Jelly Pocket Carroteenies w/ Ranch Fruit Milk	27 HAVE A	28 HAPPY	29 THANKSGIVING

**ALL STUDENT MEALS
 ARE FREE**
 Adult Lunch-\$4.25
 Adult Breakfast-\$2.00
 Extra Milk-\$.50

**BREAKFAST MENU
 DAILY CHOICES MAY
 INCLUDE:**
 Eggo Pancakes/Waffles
 Tony's Breakfast Pizza
 Egg and Cheese Omelet/Toast
 Assorted Kellogg Cereals
 Whole Grain Pastries
 Whole Grain Pop Tarts
 Cereal Bars
 Warm Breakfast Sandwiches
 Cheese Stick
 Yogurt Cup
 Cocoa bar
 Texas Toast
 Fruit, Milk and Juice are
 offered with all breakfast
 entrees.
 Students who eat breakfast are
 more likely to maintain a
 healthy weight and are able to
 concentrate better in class.
 Feed your body the right fuel
 to perform your best!!
**ALL GRAINS SERVED ARE
 MADE FROM WHOLE
 GRAINS**

**Carroteenies are offered
 daily as a second
 vegetable choice**