

Evaluation of Mental Health Services: One-Page Summary

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DALLAS
INDEPENDENT SCHOOL DISTRICT



Program
Evaluation

Full Report:



The **Mental Health Services (MHS)** department was created in July 2020 by merging the Psychological and Social Services (PSS) department and Youth and Family Centers (YFC) program. The MHS department mission is (a) to support students' academic success by providing services focused on emotional, behavioral, and physical wellbeing and (b) to increase equity across communities by providing school-based and clinic-based health services. By providing easily accessible, comprehensive, and research-based mental health services, the district helps children and families overcome personal challenges to pave the way for learning.



9,505

unique students served
in 2023-24.

39,109

services provided
in schools
in 2023-24.

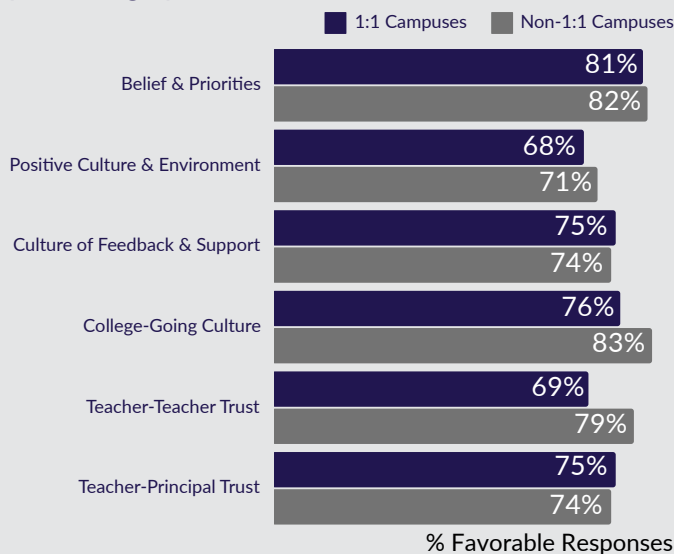
27,805

services provided
at YFCs
in 2023-24.

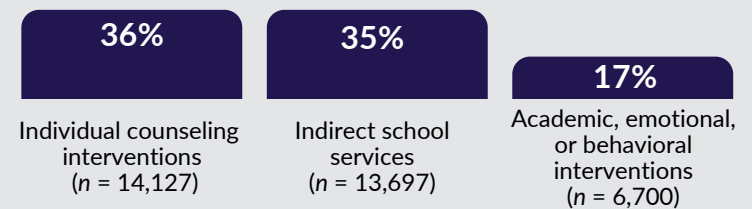
89%

clinicians said the content
of trainings extended
their knowledge.
(Goal: 90%)

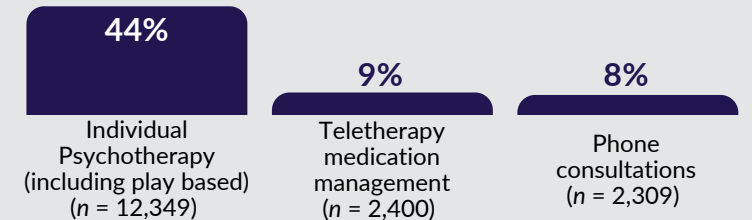
Campuses that received **1:1 support** had **lower favorable response rates** than non-1:1 campuses on the **Campus Climate** survey, except for B&P (81%), CF&S (75%), and TPT (75%) which were within one percentage point.



The **three most frequent services** provided in schools included:



The **three most frequent services** provided at YFCs included:



Focus Group Perceptions

Strengths: (a) school-based clinicians stationed on campuses, (b) services are free, (c) support provided by managers, and (d) the ability to consult with colleagues

Obstacles: (a) high turnover, (b) difficulty for clinicians to form connections with their manager and team, and (c) communicating with program leadership.

"Having the luxury of having a mental health clinician on call that can come to your campus and take care of the mental health needs of your kids, it's something that they [school administrators] deeply appreciate."

MHS students had (a) a slightly **lower attendance rate** than non-MHS students and (b) **higher Reset Center and DAEP recidivism rates**.

