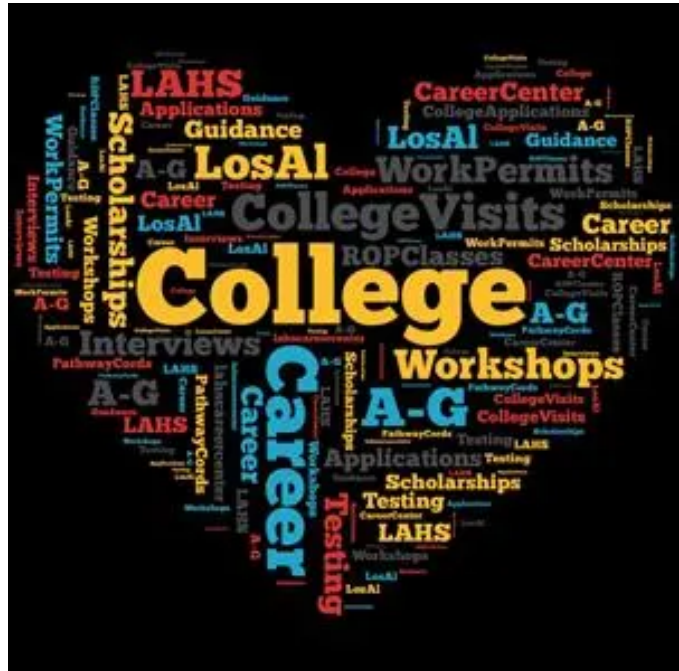


LAHS COLLEGE AND CAREER



Monthly Newsletter

October
2024



Fall is here!

Make sure to not *FALL* behind on what's going on in the College and Career Center.

September was a busy month in our center, we had over 30 colleges and universities visit us, including UCLA, CSUF, NYU, Chapman University and so many other great options for students to explore. We have college visits scheduled through November, log onto Naviance to register.

We also had a great experience in the ARMY STEM Mobile Experience. Students had the opportunity to engage with their inter-active Robotics and Computer Science programs.



University of San Diego



Army STEM Mobile Experience



Dartmouth University



USC

At a Glance

Seniors- Meetings with Counselors are now open to discuss college/postsecondary goals, graduation status, etc. Reach out to your counselor to make an appointment.

Juniors- It's a good time to begin researching colleges and creating a college list. Look at academic programs, size, location, and extracurricular opportunities.

Freshmen's and **Sophomores** get involved! This is a great time to join a club, sport or volunteer and gain some great skills and experience. These valuable skills can always be added to your resume and college applications.

In this newsletter
you can expect:

College

Career

Work
Based
Learning

Military

Upcoming Events

Resources



@losalcollegeandcareer



LAHS College and Career



U.S. Air Force ROTC

College Visits

Each student may register for up to 5 visits. Open to Juniors and Seniors only.

- 10/2/2024 13:20 Vanguard University of SoCal
- 10/3/2024 9:30 USC
- 10/3/2024 10:45 University of Oklahoma
- 10/4/2024 10:45 Hawaii Pacific University
- 10/4/2024 11:47 Boston University
- 10/4/2024 13:20 Embry-Riddle Aeronautical University-Prescott
- 10/8/2024 9:30 Boise State University
- 10/8/2024 10:45 University of Oregon
- 10/8/2024 11:47 University of Illinois
- 10/8/2024 13:20 Loyola Marymount University
- 10/9/2024 9:30 Lehigh University
- 10/9/2024 10:45 Princeton University
- 10/9/2024 11:47 The University of Alabama
- 10/9/2024 17:00 Columbia University in NY
- 10/10/2024 9:30 Texas Christian University
- 10/10/2024 10:45 Purdue University-Main Campus
- 10/10/2024 11:47 Point Loma Nazarene University
- 10/10/2024 13:20 Colorado School of Mines
- 10/11/2024 9:30 University of Rochester
- 10/11/2024 10:45 UC Santa Barbara
- 10/11/2024 11:47 Harvey Mudd College
- 10/15/2024 9:30 University of Iowa
- 10/15/2024 10:45 Carnegie Mellon University
- 10/15/2024 13:20 University of Massachusetts-Amherst
- 10/16/2024 9:30 Washington University in St Louis
- 10/17/2024 9:30 University of St Thomas
- 10/18/2024 9:30 Drexel University
- 10/18/2024 10:45 Oregon State University
- 10/18/2024 11:47 University of Washington
- 10/22/2024 9:30 Seattle University
- 10/22/2024 10:45 Arizona State University-Tempe
- 10/22/2024 13:20 The University of Tennessee
- 10/23/2024 13:20 Indiana University-Bloomington
- 10/24/2024 9:30 Binghamton University
- 10/24/2024 10:45 Southern Methodist University
- 10/24/2024 13:20 Fordham University
- 10/25/2024 9:30 Ohio State University-Main Campus
- 10/29/2024 13:20 University of San Francisco
- 10/30/2024 10:45 Worcester Polytechnic Institute



LAHS Mini College Series

Oct 8- FAFSA/CSS Profile Night

7pm this is a **Webinar** (click to register)

Hosted by College Aid Pro: Get expert guidance on completing your financial aid applications

Scan to register



Nov 12- Scholarships and Grant Night

7pm this is a **Webinar** (click to register)

Hosted by College Aid Pro: Learn how to maximize your odds of obtaining scholarships.

Scan to register



LAHS Seniors! Join our College App Rescue

workshops to get step-by-step guidance on your applications.

Scan to register



ACT & SAT Test Dates

*Sign up in Activities Office

Due to limited testing some colleges/universities are "test optional" make sure to verify with your school of interest.

ACT Test Dates

- **PRE-ACT** October 19, 2024*
- October 26, 2024
- December 14, 2024

SAT Test Dates

- October 5, 2024
- **PSAT** October 26, 2024*
- November 2, 2024
- December 7, 2024

Register and pay at:

www.actstudent.org

sat.collegeboard.org



Below you will find a list of Scholarship Programs available to your students.

*You can register to receive the Newsletter here: <https://studentscholarships.org/newsletters>

Hispanic Heritage Youth Awards - \$10,000 - 180 Awards (Deadline: Nov 3, 2024)

To be eligible for the scholarship a student must:

- Be currently enrolled in high school or home school program and graduating in the spring of 2025.
- Be of Hispanic heritage (includes Spain, Brazil, Philippines).

Stephen J. Brady Stop Hunger Scholarships - \$10,000 - 5 Awards (Deadline: Nov 5, 2024)

To be eligible for the scholarship a student must:

- Be enrolled in an accredited educational institution (K-12 school) in the US.
- Have demonstrated an ongoing commitment to their community by performing unpaid volunteer services.

Mindscape Big Picture Scholarship - \$10,000 - 2 Awards (Deadline: Dec 31, 2024)

To be eligible for the scholarship a student must:

A) Have a deep curiosity in studying the universe for its own sake, whether that be pursuing studies in physics, philosophy, biology, mathematics, literature, or any other field that seeks better understanding of our existence.

Get Accepted to College Scholarship - \$5,000 – 1 Award (Deadline: Dec 31, 2024)

To be eligible for the scholarship a student must:

- Be enrolled as a high school junior or senior and intend to enroll in an accredited college or university located within the United States.
- Be 17 or older at the time of submission.

AIAA Lockheed Martin Marillyn Hewson Scholarship - \$10,000 - 2 Awards (Deadline: Dec 31, 2024)

To be eligible for the scholarship a student must:

- Be a high school senior intending to pursue an aerospace STEM Major in one of the following areas: Computer Engineering, Computer Science, Electrical Engineering, Industrial Engineering, Mathematics, Mechanical Engineering or Physics.

Thiel High School Fellowship - \$100,000 - 30 Awards (Deadline: December 31, 2024)

To be eligible for the scholarship a student must:

- Be under the age of 22.
- Be interested in designing and building things.

Jackie Robinson Foundation Scholarships - \$30,000 - 50 Awards (Deadline: January 9, 2025)

To be eligible for the scholarship a student must:

- Be a graduating high school senior with evidence of financial need.
- Be a minority student that can demonstrate a record of academic excellence.

Mensa US Scholarship - \$2,500 - 178 Awards (Deadline: January 15, 2025)

To be eligible for the scholarship a student must:

- Be enrolled in a degree program in an accredited U.S. institution during the 2025-2026 academic year.
- Submit an application and essay explaining his or her career, academic and/or vocational goals

Naval Helicopter Association Scholarship - \$5,000 - 20 Awards (Deadline: January 24, 2025)

To be eligible for the scholarship a student must:

- Have a family member who is a current member of NHA and in good standing for the last three years.
 - Plan on pursuing an undergraduate degree in the Fall of 2025.
-



Military

LAHS is happy to announce our new
Military and Family Life Counselor (MFLC)
Ms. Keiko Kinoshita



Keiko Kinoshita is a Licensed Clinical Social Worker (LCSW) and has over 25 years of experience in the field of counseling and social work. Keiko earned her master's degree in social work (MSW) from California State University, Long Beach, and has been in private practice since 2013. Her native language is Japanese and she speaks conversational Spanish. Keiko is looking forward to working with everyone here at Los Alamitos High School.

If there is an active duty member in your immediate family, Ms. Kinoshita may be able to assist you. As a Military and Family Life Counselor (MFLC) Ms. Kinoshita can provide non-medical counseling to students with families who are on active duty with the military or have recently separated from military service. She can touch on the topics including and not limited to: frequent separation/deployment issues, family relationships, time management, etc.

Please do not hesitate to contact Ms. Kinoshita at (571) 519-9643 or KKinoshita@losal.org to get support for your student(s). Thank you.

Job Board Opportunities

Since the beginning of the school year we have processed almost 100 Work Permits! Once you have obtained a job, you can stop by the C&CC to pick up a work permit application, have your new employer fill it out, then bring it back to receive your official work permit. If you are looking for employment here are some of the various employers that have hired students from LAHS.

KUMON LEARNING CENTER
CODE NINJAS
TRADER JOE'S
SKY ZONE
KATELLA BAKERY
STATER BROTHERS

IN N OUT BURGER
ULTA BEAUTY
CHIPOTLE
THE HABIT GRILL
POLLY'S PIES
LAHS CAFETERIA

ASVAB Exam

ASVAB Test Date

November 4, 2024, 7:45 AM
in the College and Career Center
(Sophomore - Seniors ONLY)

This will be the only test date for the 2024-25 school year. Please plan accordingly.

SCAN TO
REGISTER



RESUME HELP

If you need help or resources to create your resume, stop by the College & Career Center during lunch for help.



Work-Based Learning



Rotary CTE Student of the Month

The Los Alamitos, Cypress & Seal Beach Rotary Club proudly recognizes an outstanding student from each of the Career Technical Education (CTE) pathways at Los Alamitos High School during their monthly luncheon. This special event honors students for their dedication and achievements, with their families and teachers in attendance to celebrate their success.

We are excited to congratulate the September Rotary CTE Student of the Month, Karina Veloz, and the October Rotary CTE Student of the Month, Hananiah Vijay Jebakumar. Both students have demonstrated exceptional commitment to their CTE pathways and have truly earned this recognition.

SEPTEMBER



Karina Veloz
Emergency Medical Response
Pathway

OCTOBER



Hananiah Vijay Jebakumar
Computer Science
Pathway

CTE Spotlight: Brixтина Delgado From the Classroom to the Chamber of Commerce

This month, we are excited to feature Brixтина Delgado, a senior interning at the Los Alamitos Chamber of Commerce. In her role, Brixтина helps organize city mixers, creates marketing materials, and contributes ideas at board meetings.

Her participation in the Computer Science and Engineering pathways at Los Alamitos High School has helped her gain skills, such as problem-solving and teamwork, which have been essential to her success at the Chamber. These experiences have equipped her to approach her tasks with creativity and confidence.

One of Brixтина's proudest moments was helping organize the Heroes Luncheon on September 19, 2024, where she met and collaborated with local leaders, including California State Representative Michelle Steele and Senator Janet Nguyen.

This experience deepened her passion for politics and demonstrated the importance of local government.

Brixтина plans to continue interning until she heads to college in Fall of 2025. Her time at the Chamber has been transformative, and she is grateful for the support of the Chamber team and her mentors.

The College and Career Center encourages all students to explore internships that build valuable skills and shape their future paths.



Pictured above: Brixтина Delgado and State Senator Janet Nguyen and LAHS Principal, Christiana Kraus

October Career Speaker Events:

Join us in the **College and Career Center** from **8:15 to 9:00 AM** to explore exciting career paths with guest speakers! These events offer a unique peek into professions you might be interested in, giving you valuable insights and inspiration for your future.



Careers in Mortuary Science

Elizabeth Wu will discuss how mortuary science combines compassion, science, and artistry to help people through their most difficult moments.



Careers in Registered Nursing

Vicky Roberto, RN, will share her experiences as a registered nurse working with children and highlight the skills and challenges involved in this impactful healthcare career.

Upcoming Events & Resources



Events

Keep and eye out for upcoming College and Career events.

- November 5- Connect 2 Cypress College Field Trip (pick up a field trip slip in the College and Career Center
- November 15- Skilled Trades Fair



Resources

Stop by the College and Career Center to pick up resources such as work permit applications, college information pamphlets, scholarship information, military information, and sometimes even free college swag.

Here are some online resources:

[College Aid Pro](#)

[Naviance](#)

[Going Merry](#)

[Scholarship](#)

COLLEGE & CAREER TEAM



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