TWO THOUSAND

MEDFORD

TWENTY THROWDE




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Medford High and Voc Library

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Meet Your Yearbook



Jessica D´Orazio (Image and Import Director)
It has been an amazing experience being a part of Medford High School's Yearbook team! Being able to go from learning the process of how to make the yearbook my junior year, to becoming one of four Senior Editors is something that I am so proud of. Although it is stressful at times, the determination of my classmates and I have made it an overall unique and enjoyable part of my senior year. Being an editor has taught me so many skills, such as time management, leadership, and communication. Overall, the memories that have been made in C114 will be carried with me. Good Luck Seniors!!!!



Julia Fargo (Organizations and Layout Director)
I've always wanted to be involved in making our yearbook a great one. I am so glad I could do that this year. It has been such a busy two years being a part of the yearbook class but I could not be more happy to be one of our editors this year. What a crazy four years we've had together. With many downs we really wanted to capture the ups in this book. Every week, hours on hours we have spent so much time trying to make the best book to look back on years from now. No matter what we all do after high school, we want you never to forget the friendships and memories made in these halls. Best of luck 23niors!!!!

Staff











Ava Mastromatteo, Thiago Purger, Joshua McMahon, Sophia Barbosa, Ricky Gomez, Oliver Le Lacheur, and Joseph Luongo

Editors & Staff



Emma Desharnais (Creative Director)
Ever since I was a little freshman, I was always so fascinated by the idea of being a part of Yearbook Club. Therefore, when selecting classes for junior year had finally come around, I was adamant on selecting Yearbook. I was delightfully surprised by just how much of a unit Yearbook is. Designing something that I knew would be cherished by so many people allowed my passion to be a constant everytime I entered Mr. Ambrose's classroom. I cannot stress how grateful I am that I was able to discover this devotion; it helped me realize what I wanted to do with my future. Becoming one of the editors for Yearbook feels so much like a full circle moment, and I know that little freshman me would be so excited to hear that it's where I ended up. Yay Yearbook!!!!

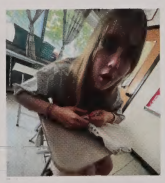


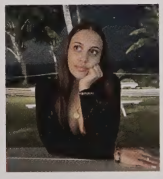
Rylee Walker (Communications and Social Media Manager)
For this being my second year being on the yearbook staff, I have learned a lot about leadership and creativity. I am very lucky to be a part of this amazing staff and that I am able to communicate with my classmates who I got to know very well. I love that I am able to help highlight everything we have accomplished in our 4 years at this school. Senior year is so special and our goal is to project that in this yearbook. Although these years have been difficult, there are still many things to be proud of. Best of luck to everyone; I know that we will all do great things. Congrats Seniors of 2023!!!!

Staff





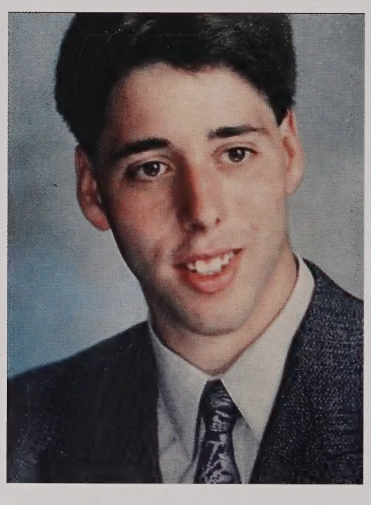




Emma Ademaj, Kaitlyn Truong, Eamon Costello, Baban Gill, Lindsey Quinn, Micaias Mota, and Sarah Alfrihat

Blue & White Dedication

This year we want to give recognition to Mr. Paul D'Alleva & English teacher Rosemary Beagan



We wanted to give a special thank you to Mr. D'Alleva, who has been a part of Medford Public Schools for 25 years now. A committed member of the city of Medford, he has taught at the Brooks Hobbs, Andrews Middle School, and Medford High School, as well as having tenures as principal of both the Andrews Middle School and most recently Medford High School. Those of the 2023 graduating class that attended the Andrews Middle School have spent six years with Mr. D'Alleva as their principal. Therefore his thoughtful, and always organized, presence is greatly felt by the class of 2023. From daily student interactions to important decision making, Mr. D'Alleva has always put the students and teachers first, creating a much improved sense of community in the world of Medford Public Schools. During the COVID-19 pandemic, Mr. D'Alleva's quick thinking and individual hard work towards student accommodation was crucial in getting students through what was a tumultuous time for the entire world. We wanted to dedicate this yearbook in part to the excellence in leadership that we've had displayed by our principal. On behalf of Medford Public Schools students and families, the yearbook committee wishes Mr. D'Alleva all the best in his further endeavors as a part of this community that he has complimented with his presence.



Additionally, this yearbook is also dedicated in part to Ms. Beagan. Ms. Beagan is an incredible example of dedication to Medford High School. A positive figure in this school, Ms. Beagan has been brightening the halls since 1960. Often described as sweet, kind, and loving, Ms. Beagan cared about every one of her students, taking pride in their success. Behind her smile, Ms. Beagan has always had a strong passion for English, which she has passed down throughout generations of students. Always loved by students, any who have been lucky enough to be taught by Ms. Beagan are proud to have called her their teacher.

2023 Administrative Message



From Mr.D'Alleva
The class of 2023 is recognized as the class of determination they have shown towards social, local, and national concerns. Your multiple decisions and actions have been based on a very high qualitative level. Each student at MHS has in their own way made meaningful contributions to Medford High School and Medford Technical High School. These contributions will last a lifetime throughout our hallways.

John F. Kennedy once defined happiness as "the full use of your powers along the lines of excellence." This definition explains to us that an investment of one's self is a necessary and meaningful component of being happy. It means that it is important for you to raise the bar to your highest possible level, not to simply clear a bar that someone else has established for you.

I ask this class to look toward the future. You may encounter trying situations but the lessons you have learned will guide you to positive outcomes. You must continue to view the world from a global perspective, where many people play an important role in meaningful change. As your principal, the class of 2022 has shown me that you have the vision and the tenacity to see important missions come to fruition during your lifetime.

The unknown should be looked like a challenge and not to be feared. Some of these challenges will have you question your personal beliefs. Use the experiences that your classmates and teachers have shown you throughout your four years of high school. The experiences that you have shared will forever be a part of who you are. As alumni, you now join with thousands of people who preceded you to become part of a tradition that includes accomplishments and achievements that will be a source of inspiration to all.

I wish you nothing but the best with your continued success.



To the Graduating Class of 2023 - Congratulations and Best Wishes!
As Principal of Career and Technical Education at Medford High School (a.k.a. "The Voc") I can't begin to say how proud I am to lead such a diverse, caring and talented group of students. You represent not only your graduating class, but all of the years of students who have successfully fulfilled the necessary requirements not only of a high school diploma, but a career trade certification. You have worked hard academically and in your career technical-vocational program. By earning your OSHA certification, and other industry recognized credentials, you have created a professional portfolio that will set you apart from others as you pursue your career. As you enter the next stage of your life you are now prepared for a career, college or other post-secondary opportunities. Some of you may be joining the armed forces, others may be traveling the world or taking a year in a search for what's next. Whatever you do, know this - you can achieve anything you set your mind to with hard work, patience, and positive thinking. You've had an interesting journey in high school having lived through a pandemic, dealing with a significant loss of learning while away from school, as well as navigating the world we live in which can at times feel overwhelming. Know this, you made it, and you are stronger now because of your experiences. Always remember to be kind to yourself, give back when you can and most of all, enjoy the ride!

Mr. Chad Fallon

Our Class Officers



Class President Gabriella Puccio

Hey, Class of 2023! Look how far we made it! I'm so happy I was able to be class president for two years in a row, and I could not have asked for a better team this year! Sam, Teagan, and Zoe have been amazing leaders of our class, and our advisors, Ms. Nyland and Ms. Normandin, were there every step of the way. From planning the Thanksgiving pep rally to an amazing prom in Boston, this year was unmatched! I hope we can all look back on the successes of this year and think about how far we've come. Although being class president came with a lot of responsibility, I accepted the challenge and dedicated almost every day to planning and organizing events for us all to look back on in years ahead. Our school spirit was undeniably visible, and the Class of 2023 is truly an amazing group of people who I am privileged enough to graduate with. I am so grateful to have been your president, and I couldn't have done it without my fellow class officers, and the rest of the Class of 2023! Thank you seniors!

Class Vice President Samantha Tucker

Hey, Class of 2023!!! Can you believe we graduated? Just four years ago, we were walking into this school not knowing what was ahead of us. I don't think anyone would have thought that our high school experience would come to an end this quickly. From dressing up at football games, participating in spirit weeks, the pep rally, going to dances, and raising money for prom, I would just like to thank everyone for making senior year, our year.





Class Treasurer Zoe Kalaw

So like, what does the treasurer even do? This is the question I've been blessed to hear all throughout the year. Simply put: I handled dat money. If you can picture someone staying after school and counting thousands of school funds by hand, that would be me. But, luckily for me, my fellow officers and I created an environment where all of our voices were heard and I could contribute in so many more ways. From emceeing the pep-rally, to helping put on an amazing homecoming (and hopefully prom), I felt as if I really got to do my part in the class office. There were many tough decisions made, but I couldn't of done it without the help of Gabriella, Teagan, and Sam. More importantly, we all couldn't have done it without the incredible school spirit that the Class of 2023 possesses. I'm so grateful that I was elected into this position and I'm even more grateful for the student body that supported me and the rest of the officers. The 23NIORS won't be easily forgotten.

Class Secretary Teagan Mustone

Four years ago, I entered freshman year with a bullet-proof sense of excitement. Just like all of you, my high school vision fell apart as two weeks turned into two years. Similarly, I spent weeks preparing for the Thanksgiving pep rally only for it to fall into chaos within the first five minutes. Tug of war fell into tyranny, all respected laws of a relay race went out the window, and just when things couldn't get more insane, the Italian Conner McGregor made an appearance. Through it all, the Class of 2023 found a way to make it work, laugh it off, and show class spirit. (And even for a second, I would have believed we really do bleed blue and white.) During my time as secretary, I have learned two important lessons: 1.) We thrive in chaos, and 2.) Sometimes spontaneity is better than anything we could have planned. Thank you, Class of 2023, for an amazing, and chaotic, four years.



The Voices of Medford High

Emma Desharnais



"Oh EMMA gee have a great day!"

Domenic Catino

"Keep calm and stay strong Mustangs!"



Melissa Antoine



"Have a magnificent day Mustangs!"

Ruth Peirce

"Stay RUTHless!"





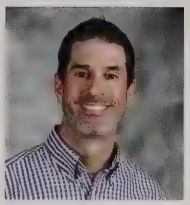
Rudina Ademaj



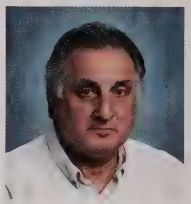
Sandra Aiello-Savini



Heidi Alarcon Sorto



David Ambrose



James Amerena



Mark Bartolanzo

Rosemary Beagan



Lisa Beaulieu



Marly Becker



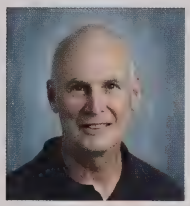
Beth Beckwith



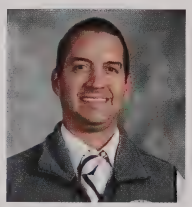
Vilma Bibeau



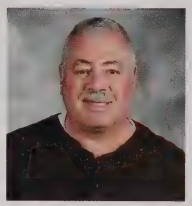
William Bilkic



Erik Bittner



David Blauch



Vincent Bordonaro



Douglass Bown-Flynn

Julia Bradley



Patricia Brandl



Leanne Briand



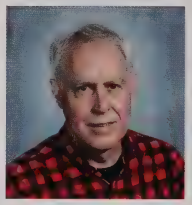
Nellie Broderick



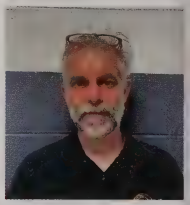
Matthew Brophy



Jonathan Brown



Lawrence Brown



Adam Burns



Pierre Cambucco



Monica Canetta



Lucas Cardozo



Ivy Carnibucci



Holly Casaubon



Brian Cassidy


Nicole Chalifoux


Samuel Christy


Barbara Chyen


Danielle Cioffi


Gina Citrano


Janet Conners


Kathryn Cook


Richard Cormio


Matthew Costa


Loretta Costello


Meghan Coyne


Kevin Cullen


Brittany Cunningham


Paul D'Alleva


Ralph D'Alleva

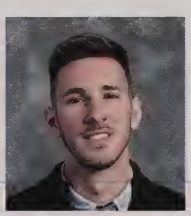

Elisabetta Daneu

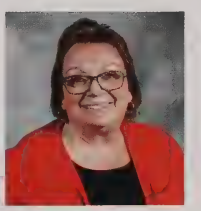

Karen Deangelis


Amy-Katherine Delano


Christopher Dello Russo


Saioa Diez


William Donlon


Maria D'Orsi


Craig Drauschke


Jodie Driscoll


Robert Drobneck


Eric Esner


Anthony Faradie


Sarah Fard



Charles Fallon


Jared Fargo



Michele Farquharson



Marie Fattibene



Suzanne Fee



Audery Feitor

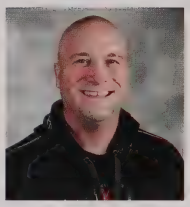


Alice Beth Fitzpatrick

Michael Ford



Hannah French



Matthew Galusi



Shannon Gardner



Jennifer Gates



Anthony Geehan



Cheryl Giordano



Kasey Goldberg



Elizabeth Gomez Mcdonald



Heather Greenidge



Jessica Hamerly



Sarah Hatfield



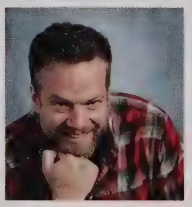
Catherine Hathaway



Charlotte Heim



Sean Hester



Maximilian Heinegg



Roisin Hunt



Maria Ibrahim



Curtis Jackson



Jamiah Jackson



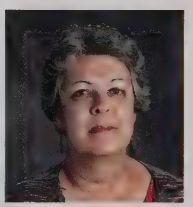
Riley Jones



Nicholas Kain



Daniel Kelly



Jane King

Anthony Kodis



Brittani Lanzilli



Kayli Lanzilli



Maureen Lavin

John Lazzaro



Mary Lebert



Megan LeClair



Nelida Lepore



Barry Lewis



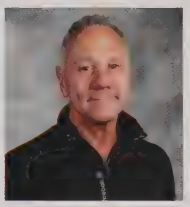
Noah Lewkowitz



Angelica Llavata-Gascon



Alexandria Lucuk



Mark Lumino



Collen Mahany



Nelson Maldonado



Robert Maloney

Christopher Mangan



Angelina Marinova



Rebecca Matloff



Julianne Mauro



Tyler McCready



Rebekah McGinnis



Melissa McIntyre



Heather McLaughlin



Michael McLaughlin



Dana McMahon



Linda McNeill-Trofimow



Joel Menasha



Heather Merchant



Lisa Miller



Shawn Morris



Krista Murphy



Kyle Myrtil



Jason Nascimento



Regina Needham



Ivey Nelson



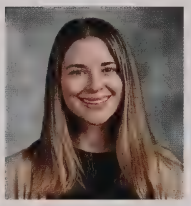
Joyce Nicholas



Krista Normandin



Marie Nyland



Eileen O´Hara



Diana Ortega



Monica Pacheco-Tougas



Lotmax Paraison



Jack Paster



Ethan Pearlstein



Lauren Peduto

Danielle Pelletier



Emily Pellini



Rachel Perry



Karley Perrin



Andree Pierre-Paul



Ghislaine Pinto



Josephine Poli



Anthony Ragucci



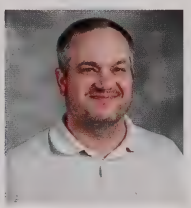
Julia Rappaport



Ellen Reardon



Haley Rello



Phil Reuland



David Richard

Donna Richard



Jennifer Rigano



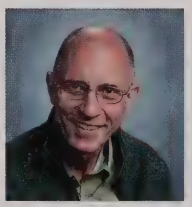
Tracey Riley



Dennis Robinson



Martha Robinson-McCarthy



Harlan Root



Taryn Ross-Hyman

David Rourke



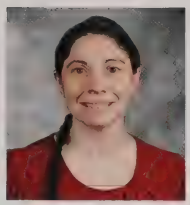
Norman Rousseau



Aline Sammut



Madeleine Sandie



Nicole Sandford



Marco Santoro



Jhum Sarcar



Amie Saulnier



Elisabeth Schreuer



Lucille Shedd



Jennifer Silva



John Skerry



Michael Skorker



Victoria Small



Carey Smith



Jessica Smith



Melissa Solomon



John Spagnola



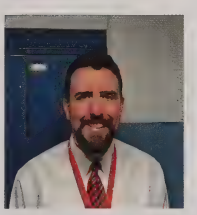
Louis Spagnola



Benjamin Staines



Jill Story



Jonathan Streff



Megan Taylor



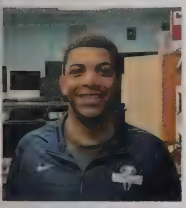
Stephanie Teleen



Andrew Theobald

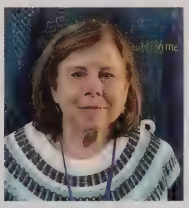


Michael Wadness



Anthony Tortora

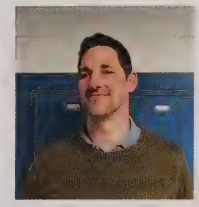
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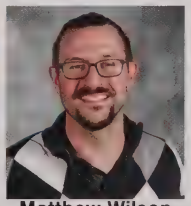
Candace Van Aken



Carolina Vila



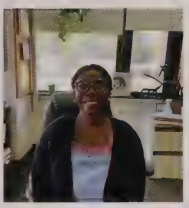
Scott Volmer



Matthew Wilson



Daniel Wagner



Cherose Walker



Griffin Weigel



Paul Williams



Jonathan Wilson



Emily Winskowicz



Kaleb Abreu
Study
Verb. [stede]
1. The act of eating, texting, and watching TV with an open textbook nearby.



Sara Abulfaraj
Some people stumble into your heart for all time.



Ziad Achbady



Batoul Al Sayrafi



Chauncey Alabre
Our school took, "if it ain't broke don't fix it," too literally.



Sarah Alfrihat
there's hate from back in the day that still fuels me today... - Drake



Kaylie Allen
No flowers, no rain



Grant Alleyne
TO FREEDOM!!!



Brandon Almeida



Prince Altidor
"Had to stay ahead and true to myself , to Learn so I can eventually remove that L."



Melanie Alvarez Tito
Solved so many math problems for four years but still can't solve my tardy problem



Emilio Alvarez



Gabriel Alvarez
Sua Sponte



Caroline Anderson
"Scary news is: You're on your own now. Cool news is: You're on your own now" -Taylor Swift



Bo Andreasen



Joseph Andrews



Melissa Antoine
I don't remember who lied to me, but it never got easier



Liam Antwine
I miss 100% of the shots I take.



Davi Araujo
"It's cold in São Paulo, for me it's always good"



Sohib Azad



Clark Jann Barayuga
Discipline is choosing between what you want now and what you want most



Sophia Barbosa
"I never really noticed that I had to decide to play someone's game, or live my own life" -Lana Del Rey



Davi Barcelos



Alexa Barone
The word "can't" is a reason to keep going, not an excuse to give up.



Kevyn Batista
quit talking and start doing



Isabella Batti



Chania Beauzil
If there is no struggle , there is no progress



Jeremiah Bellanton
And they said a class clown couldn't graduate



Sadie Belz



Joseph Bendok
Most people do what they can, strive to do what you want.



August Bengtson
"No pride for some of us without liberation for all of us" - Marsha P Johnson



Maram Bensaber
Remember this page for when i'm famous



Keegan Bernardi
"The only time I set the bar low is for limbo"
-Michael Scott, The office



Rikita BK
Be so funny that people forget you're ugly.



Jack Bolitho
Get your autographs now, you'll thank me later.



Antonio Bonaventura



Brianna Bonaventura



Victor Borba



Lucas Bowen
Helen Keller was fake



Rayssa Braga
Cut your dead ends for growth... not just your hair



Noah Brou
We'll go down this road 'til it turns from color to black and white.



Jake Brown
huh



Domenico Bruno
I'm not arguing, I'm just explaining why I'm right.



William Budney



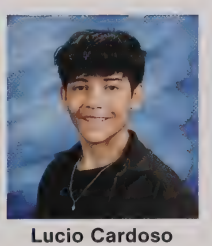
Sandra Burke
"Don't allow someone else to decide what you are capable of - you decide what you want to accomplish."
- Amberley Snyder



Mateus Canhoni



Georges Hemlee Cantave



Lucio Cardoso
FUBAR



Samuel Cardozo
La ele



Anna Casey
Our lives will only ever always continue to be a balancing act that has less to do with pain and more to do with beauty.



Emma Casey



Michelle Castillo
Whoever said money doesn't buy happiness, didn't work hard enough...



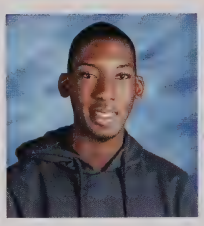
DeAnna Castro



Domenic Catino
I sincerely apologize to everyone I have NOT offended yet. I will get to you shortly.



Konstandinos Caushi



Kenneth Celestin



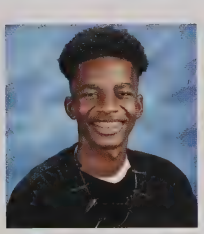
Giovanni Centofanti

Manuela Cepeda

Mariela Cepeda



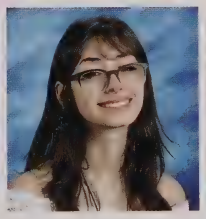
Angelo Cerullo
Trust cannot be given, it has to be earned



Dimitri Charles
It's the people you meet that build the foundations of your spirit.



Gift-Lord Charles



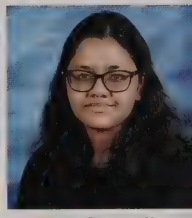
Jamie Castro Chavarria
"wish pure love and soft peace upon the ones who've been unkind to you and keep moving forward, this will free you both"
- Rupi Kaur



Melanie Chaves
if it doesn't make you money, it doesn't make sense.



Capland Cho
can i go home now



Nailah Chowdhury
"Life's long so take it slow." - BTS, "Paradise"



Owen Clark
black dior trenchcoat look like voldemort



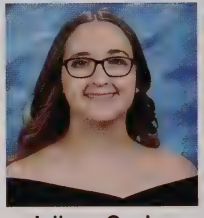
Sofia Coelho
"Never memorize something that you can look up" ~ Albert Einstein



Maria Colombo
When walking on thin ice you might as well dance



Dylan Colt



Jaliana Conley
"people gon hate you for no reason, and you gon shine regardless" - sza



Tiffany Connor
don't live someone else's dream, find your own gang
-mdot



Saika Corrielus
"If it don't make money..."



Christina Costa
"...it don't make sense."



Eamon Costello
"Uh, um, it was real and fun, sector six here I come"
-Digable Planets



Theresa Craddock



Liam Creamer
I once won a staring contest with my own reflection.



Ruby Crowell
"Rivers know this: There is no hurry. We shall get there some day."
—Winnie the Pooh



Alexandra Crowley
Hannah Montana said nobody's perfect, but here I am.



Brendan Crowley
"Help!!! Idk what to put for my senior quote!!!"



Josue Jeronimo Cruz
I dress like a bum but I have more money then you - Josue Cruz!



Dasha Cruz



Kevin Cruz



Justin Curcio
I'm the biggest bird



Matteo D´Aveta



Jessica D´Orazio
Same backpack since 2016



Phillip Da Silva

Brianna Dalelio



Ryan Pimentel De Oliveira



Iasmim Cristina De Souza-Vieira
My prius was fast but I am faster



Alex De Souza



Maryana De Souza



Carissa Dell'Anno



Julie DesAutels
Have fun, don't die



Emma Desharnais
no Episode this is real life beb



Brian Deterding



Carlo DiFronzo



Christopher DiFronzo



Daniel Diskin
DD23 deuces Medford

Ava Donehey



Gavin Donovan
A wise man once said... Something that I am having trouble remembering



Stephen Douglas



Axel Dowd



Haylee Duarte
Hey hey, calm down, I just work here



Isabella Duque-Munoz
"Every time you try to forget who I am I'll be right there to remind you again" - The Weeknd



Ariella Eforo



Wafaa El Mererbi



Kayla Elien
"You thought I was feelin' this??" - Ice Spice



Osman Elkouram
Whatever floats your boat.



Enes Elmasllari
real



Jo Marceline Elysee



Deven Encalada



Brendan Evers
Former baby, future corpse



Ciara Falvey
Regret the things you did, not the things you didn't



Julia Fargo
Fake it til' you make it

Zarafshan Farman



Ariana Feliz



Taylor Fernandes



Lorena Ferreira
See kids? I told you mom was hot in high school, God is too creative!



Nathan Ferreira
I'm not stupid, I'm just too lazy to show you how smart I am.



Jaquelin Figueroa
Even though not everything can be fixed, almost everything can be survived - Meredith Grey



Brianna Fiote



Ryan Flaherty
"I'm lining Ryan's pockets" -Benjamin Franklin, probably



Alyssa Flynn
They say good things take time, that's why I'm always late



Gustavo Foresto Dos Santos



Heman Francois



Sydni Galluzzo
I'm cuter in person



Sadia Ghani
"I mean, sure I have my bad days, but then I remember what a cute smile I have" -Chandler, Friends



Baban Gill
Money is the reason we exist, Everybody knows it, it's a fact kiss, kiss."
-Lana Del Rey



Aidan Godley
There are rats here



Maria Eduarda Gomes



Miranda Gomes
"No Matter How Many Times Life Throws You Down, You Stand Right Back Up Again"



Clayton Gomez Coultas
What is explained can be denied but what is felt cannot be forgotten.
-Charles Bowden



Richard Gomez McDonald



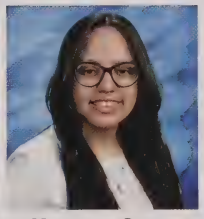
Magdelena Gomez
"Why do we get out in June?"



Cameron Green
"Stay awkward, brave, and kind."
-Brené Brown



Arthur Gross



Maryana Gross



Croimilson Guillaume



Kevyn Gusmao
Bird is the word

Jaylene Gutierrez



William Hart



Micah Hendricks
"Punpun was just fine again today."
Inio Asano

Keara Hickey



Skyla Higgins
I been losing friends and finding peace but honestly that sounds like a fair trade to me



Thomas Higgins



Dillon Hill
I was the guy who wore the banana costume on Wednesdays



Jordan Ianakiev
Today is the oldest you've ever been and the youngest you'll ever be again. Make the most of it.



Theo Jean
"Say something fruity" -Dom C.



Gabriel Joaquim



Christian Jourdan
That's why I'm graduating first @Christy Jourdan



Marc-Oly Julien



Isabella Junkoski



Zoe Kalaw
Name one genius that ain't crazy...



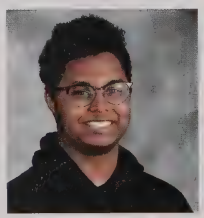
Grace Kallberg



Shreeyut Karmacharya
ignore them, ignore them, ignore them, ignore them, ignore them



Ava Kaufman



Ayuub Khalif



Joshua Klein
gabe's caterpillar is very hungry



Deacon Kumar
"I ain't healthy, but my pockets they in shape"
-NAV



Marley Lacroix



Colin Lally
It's not enough for me to succeed, others should fail.



Brian Lam
Like, comment, and subscribe.



Raychel Landano
"I think it's time u start coming into school on time"



Josue Landaverde



Edward Landry



Stacy Ann Laurent
When you give joy to other people, you get more joy in return



Vina Le
"Do your best, but maybe not sometimes"
-SEVENTEEN



Henry Lee
"Sometimes you just gotta think about things like how you don't want to think about things." -A Boogie



Fernanda Leite



Oliver LeLacheur
I stay getting two lunches.



Owen Liao
w



Miguel Luiz Lima Siqueira
Que isso man



Tenzing Lobden
It's All Up To Me



Maria Luiza Lopes
"oh nah we gotta go!!?"



Lily Loren



Joey Phong Lu
"Yabadabadoo old navy" -Lebron James



Joseph Luongo



Leticia Madeira
Patati



Emma Maganzini



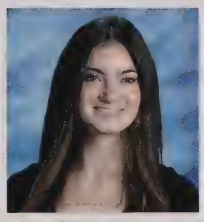
Sagine Magloire



David Mansfield
Well that happened



Samuel Masciave
"All the metersticks in the world, and I still can't measure how much better Tetris is than this game of life. Woah, that got deep. I should write a book about this."



Ava Mastromatteo



Jake McGovern
"Commit thy works unto the LORD, and thy thoughts shall be established." Proverbs 16:3



Meryn McInnis
thank you quizlet



Thomas McKnight



Hannah Sophia McLaughlin
I don't know how long it will last, but I'm not afraid of storms, for I am learning how to sail my ship.



Joshua McMahon



Juan Mena Aguilar



Anaiya Mendez
Long story short, I survived



Benjamin Messersmith
Sleepy



Nicholas Milas
"My man Nate Tacey"



Yuvens Millien



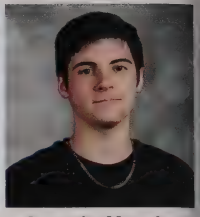
Ryan Monaco



Miles Monroe
Don't stop when you're tired. Stop when you're done.



Benjamin Montello



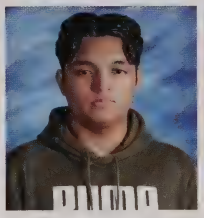
Antonio Moreira



Cole Morse
"I got to have faith" -George Michael



Micaias Mota
"Endure and survive"



Montasir Moyen
Strive always to excel in virtue and truth



Domenic Mustone



Teagan Mustone
1:54 "Sheep" Mt. Joy

Jackson Myung



Cindy Nguyen
"I'm married to five boys in this school and they don't even know . . . !"



Dan Khoi Nguyen
throw me to the WOLVES and i'll come back leading the PACK... AWOOOOOHH...



Jake Nocella



Leilah Noel
"Nothing even matters"-Lauryn Hill



Haley O´Rourke
0:15 "Outta There" by Moe



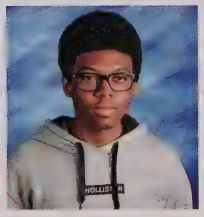
Isabel Oliveira
Patatá



Mya Olivier
damn, this harder then tryna find a ig caption



Samuel Orcutt
I've been called the songbird of my generation



Jeaden Oriol
No, it's not pronounced Jee-den.



Christopher Ortiz
Break down yourself so you can rebuild your future



Jonathan Ortiz



Hunter Overberg
My cats got me emotionally through high school



Devon Page
Mosquitoes refuse to bite me purely out of respect" -Most Interesting Man in the World



Joshua Mari Pahang
Two L's make a W



Alicia Panico
long story short, i survived



Thomas Parr



Nicholas Pasquariella
My business card simply says, "I'll call you," word for word, done deal.
- The Most Interesting Man in the World



Hannah Paul



Elijah Peete



Ruth Peirce
stay ruthless #yolo



Dominic Pellegrino



Lauryn Penta
"Cheers to all my haters! Be patient. So much more is coming." - Paris Hilton



Jerreyunia Peoples
Live Laugh Love BTS!



Emily Pereira
"You don't have to be sorry for leaving and growing up" - Harry styles



Ronaldo Pereira



Alyssa Phan



Tenzin Phunkhang



Nicholas Piccolo



Naomie Pierre



Jonathan Pineda Vasquez



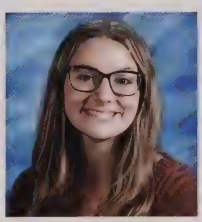
Chloe Polcaro
I'm actually not that funny. I'm just really mean and people think I'm joking.



John Poli Junior
"Treat the word impossible as nothing more than motivation"- Donald J. Trump



Alexander Prentiss



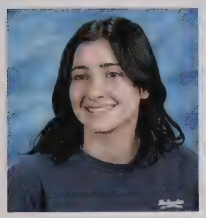
Jillian Prestigiovanni
clearly high school musical was a scam



Austine Price
QUIETEST 2 MINUTES OF MY LIFE!



Rebecca Price
"thank god we aren't identical"



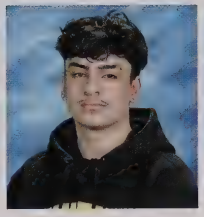
Kathleen Prodoscimo



Gabriella Puccio
"Some say they don't like me, but presidents don't elect themselves"



Louis Pucillo
If opportunity knocks, and I am not at home, opportunity will wait.



Thiago Purger



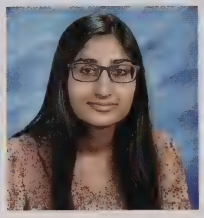
Sophia Purifory
"We never lose friends, we only learn who the true ones are."



Jason Quinlan
I'd rather laugh with the sinners than cry with the saints, the sinners are much more fun
-Billy Joel



Angus Ramsay
"computer" - Bill 'Microsoft' Gates



Harkomal Randhawa



Nicholas Rebelo



Samantha Ripley
It's the oldest story in the world. One day you're 17 and planning for someday, and then quietly, without you ever really noticing, someday is today, and that someday is yesterday and this is your life. -N.S



Thomas Ritchie
Pain and suffering are temporary, but the glory of Rome is forever.



Ashley Rivera



Domenick Rizzo



Romelo Robinson



Vishal Romero
"The only thing predictable about life is its unpredictability"
- Remy from Ratatouille



April Rossi Ortiz
"Nobody but me is gonna change my story."
-Matilda.



Bereket Ruemenapp
Oh, well! It was nice while it lasted, right?



Vaibhav Saini
Love and passion are the sparks that ignite the fire within us, giving us the drive to pursue our dreams and the courage to persevere through challenges. It is what makes life truly special.



Evan Salazar



Joab Santos



Saphia Satoura



Gianna Scarpelli
the road not taken looks really good now



Matthew Scola



Sadie Scott
Just watch.



Isabella Seccareccio
"Just finished my 12 year sentence"



Lauren Serra
I have to be successful because I like expensive things.



Sebastiano Sessa



Chiara Sforza
"The more I learn about people, the more I love my dog." -Detroit: Become Human



Beckett Shanahan



Isadora Silva



Jennifer Silva
I only came because you guys kept calling my parents...



Luiz-Henrique Silva



Nichollas Silva



Nicolas Silva



Abigail Sloan
Do you know who you are?



Chase Smith
It's not sarcasm, I just hate you.



Brayan Solis



Andrew Soule
"hot dog" - limp bizkit



Ethan Soule



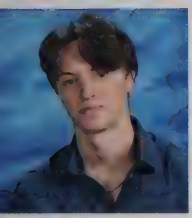
Mitch St.Louis



Grace Stein
Like me or don't like me you're still boosting my ego.



Richard Stone-Booth



Gabriel Suhm
Went in 4'10
Came out 5'8
That's on personal growth



Nathaniel Tacey
"My man Nick Milas"



Olivia Tang



Claire Taslimi



Anthony Teixeira-Kugler



Khando Thoulutsang
If karma doesn't hit you, my car might.



Felix Todhunter
We have two ears and one tongue so that we would listen more and talk less.
-Diogenes

Angelina Torres



Dayanara Torres
I won this and I'm winning the next



George Toufas
I don't check the price tag - George Toufas



Matthew Tran



Sophia Tran



Lyndsay Vasques



Francesca Virusso
with that being said.

Cameron Vivolo

Matthew Troiano



Harmony Tucci
"Welcome to the real world! It sucks. You're gonna love it."
-Monica Geller



Samantha Tucker
laugh now, cry later
#weoutofhere
#4yearslater



Elias Wattogwang
"We don't want to tell our dreams. We want to show them." - Cristiano Ronaldo



Goodness Wattogwang



Jacklyn Whealan
That wasn't like High School Musical at all.



Glorine Vixama
Life is like a sandwich no matter how you flip it the bread come first



Rylee Walker
"We're almost there and nowhere near it, all that matters is we're going."-Lorelai Gilmore



Amity Walton



Matthew Wright
Common sense isn't very common anymore



Charlotte Yamamoto



Luke Yurasits
I don't remember 99% of my days here



William White



Amanda Wiechec
"Once upon a time ago" – Mr. Cassidy



Jessica Wiechec



Sofia Zanetti



Christian Ziobro-DeVitto



Ian Zotter-Barlow
I was born yesterday, but not last yesterday.

Teacher Superlatives



Best Jokes

Mr. Ambrose & Mr. Heinegg



Best Friends

Mr. Streff & Mr. Cullen



Best Dressed

Ms. Jones & Ms. Normandin



Most School Spirit

Mr. Skerry & Ms. Nyland



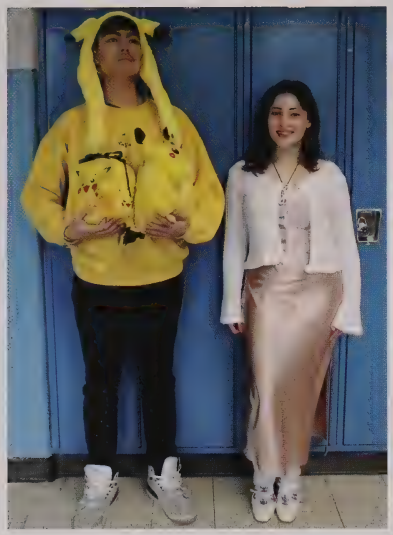
Most Cheerful

Mr. Skorker & Kyle Myrtil



Most Likely to Give a Pop Quiz

Ms. Chyen & Ms. Rappaport



Best Dressed

Capland Cho &
Isabella Batti



Best Dressed Down

Julia Fargo &
Dan Khoi Nguyen



Best Social Media

Brian Lam &
Lorena Ferreira

SENIOR '23

Class Flirt

Rylee Walker &
Aidan Godley



Caffeine Addicts

Zoe Kalaw &
Ciara Falvey



Worst Driver

Khando Thoulutsang &
Iasmim De Sousa-Vieira





Most Athletic

Anna Casey &
Anthony Teixeira-Kugler



Most School Spirit

Teagan Mustone &
Gianna Scarpelli



Class Clown

Rikita BK &
Dom Rizzo

SUPERLATIVES

Best Smile

Dimitri Charles &
Emma Desharnais



Best Boston Accent

Alex Crowley &
Liam Creamer



Best Hair

Rayssa Braga &
Matteo D'Aveta





Most Likely to be Famous
Sadie Scott



Drama King and Queen
Ruth Peirce &
Jack Bolitho



Life of the Party
Jason Quinlan

SENIOR '23

Most Likely to Talk Themselves Out of Trouble
Luke Yurasits &
Bereket Ruemenapp



Class Couple
Alex Prentiss &
Francesca Virusso



Most Likely to Sleep In Class
Joey Lu &
Justin Curcio





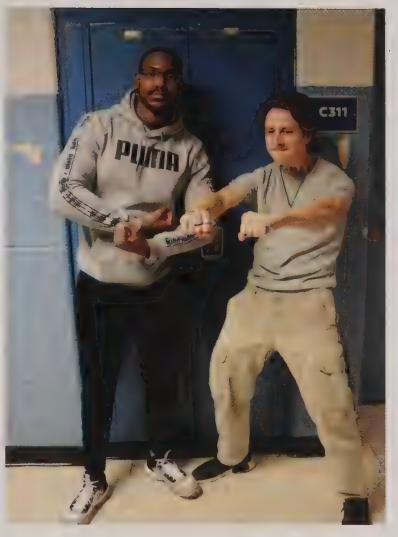
Everyone's Secret Crush

Devon Page &
Osman Elkouram



Most Likely to be Late to Graduation

Jake Brown &
Jake Nocella



Most Changed Since Freshman Year

Nick Milas &
Miles Monroe

SUPERLATIVES

Separated at Birth

Ruby Crowell &
Ciara Falvey



Boy and Girl Duo

Harmony Tucci &
David Mansfield



Separated at Birth

Jake Nocella &
Louis Pucillo





Girl Best Friends

Isabella Seccareccio &
Jillian Prestigiovanni



Most Changed Since Freshmen Year

Lucas Bowen &
Owen Clark



Most MVTHS Spirit

Michelle Castillo &
Gabriella Puccio

VOCATIONAL '23

Shop Teacher's Pet

Halylee Duarte &
Hannah Paul



Guy Best Friends

Jonathan Pineda &
Stephan Douglas



Most Likely to Sleep in Class

Hunter Overberg &
Ben Messersmith





Most Creative

Grant Alleyne &
Caroline Anderson



Most Likely to Talk Themselves out of Trouble

Deacon Kumar &
Saika Corrielus



Life of the Party

Sebi Sessa &
Deven Encalada

SUPERLATIVES

Class Clown

Nick Rebelo &
Jonathan Pineda



Worst Driver

Sam Tucker &
Dylan Colt



Most Likely to Switch Careers

Dillon Hill &
Nick Silva

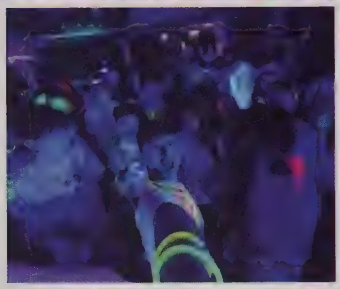


The GSA Hosts



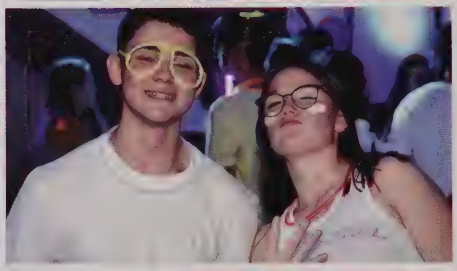




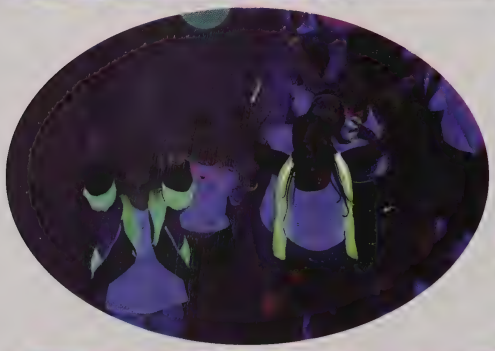


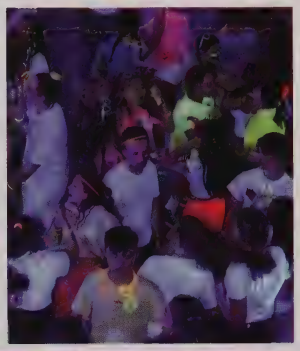






NEON DANCE 2022









Drama Club Presents...

The Importance of Being Earnest









"I've now realized for the first time in my life the vital importance of being Earnest!"











"Well, I don't like your clothes. You look perfectly ridiculous in them."

Our Cast!







Junior









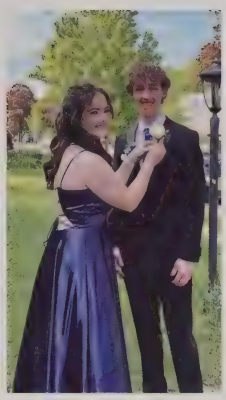


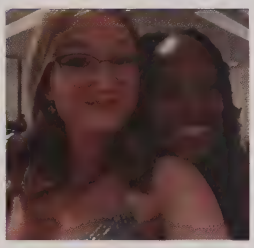




Prom '22









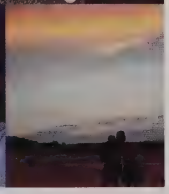














SUMMER '22













Holiday Senior Breakfast!















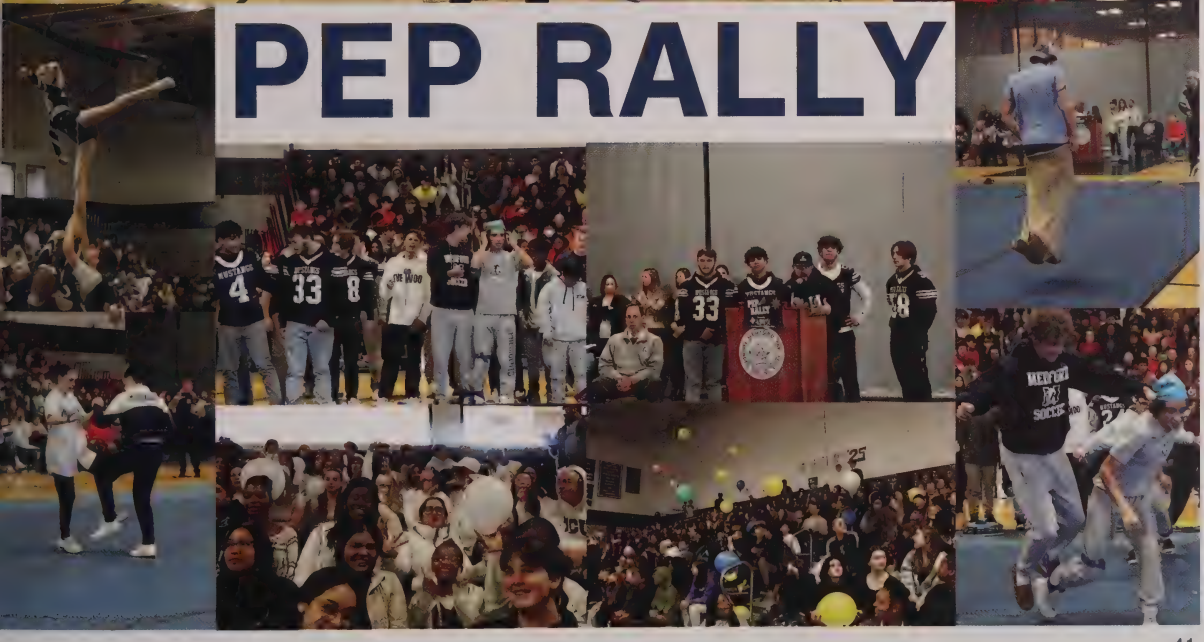





Fall Divider
Band & Color Guard
Cheerleading
Football
Cross Country
Rowing
Golf
Boys' Soccer
Girls' Soccer
Unified Basketball
Volleyball
Homecoming
Halloween
Fenway Game
Valentine's Day



PEP RALLY



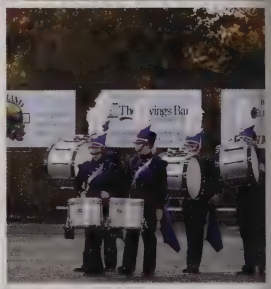
Medford Mustang Marching Band









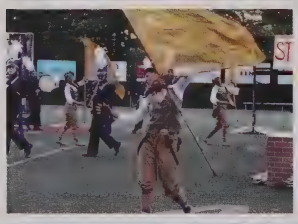


















Seniors



Drum Major
Teagan Mustone

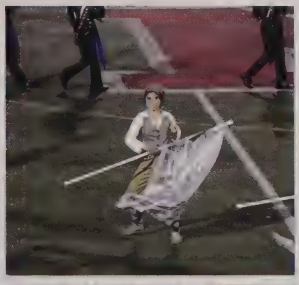
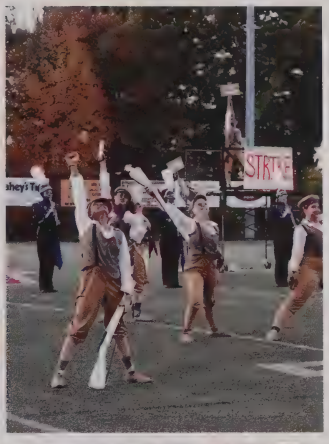


(From Left To Right)
Brendan Crowley, Colin Lally, Dominic Bruno, Maria Colombo

Antonio Bonaventura, Nailah Chowdhury, Olivia Tang, Hannah Sophia McLaughlin

Chloe Polcaro, Julie DesAutels, Naomi Pierre, Claire Tastini

Color Guard






Seize the Day!

The Medford Mustang Color Guard performs along side the Marching band for their 2022-2023 Show titled "Seize the Day".

Making History!

At NESBA Finals the marching band placed 2nd overall and made Medford Marching Band history. Doing so with the highest final score ever! The color guard won a first place title at the competition!

Fenway






Senior Spotlight



Brendan Crowley

"It has been an amazing 10 years! From loading the trailer when I was in elementary school to playing in drum line in middle school through high school. Over the past 6 years I have had the opportunity to perform with some amazing people and made a lot of new friendships that I hope will continue after graduation. Performing with this band, especially at competitions, and placing in the top 3 will be some of the best memories that will live with me forever. Thank you to this years drum line for making it the best year yet!"

"I could not have been more honored to stand in front of 56 of the most amazing musicians, performers, and people at each rehearsal. Thank you to each and every one of you for sharing Wegmans ice cream at 11 pm, letting me scream American Boy on the bus, allowing me to make mistakes on the podium, and being my second family for the past 6 years. I hope the warmth and laughter shared in A-125 persists for the years to come. #LongLiveItello"



Jaquan Mustone

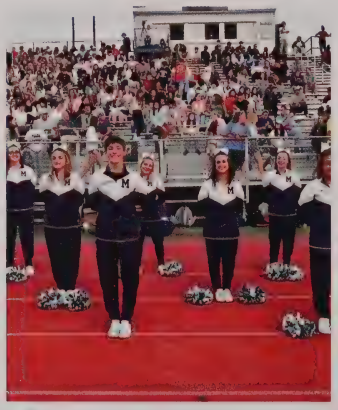
MHS



Eat. Sleep. Cheer. Repeat!

Captains: Alicia Panico and Magdelena Gomez





Pink out football game for Breast Cancer Awareness!



Cheerleading

"Cheerleading teaches the ultimate lessons, thinking positively, smiling in the face of adversity and making the difficult look effortless, uniting to achieve a common goal and the rewards of hard work. Captains Alicia Panico and Magdelena Gomez lead the team as they cheer, flip and fly football into victory in their ten-game season. In their final season, seniors Jaliana Conley, Alicia Panico, Magdelena Gomez and Skyla Higgins made their mark and represented MHS one last time. 'Hard work doesn´t guarantee you anything, but without it you have no chance.'"
-Magdelena Gomez



Seniors of 2023

Flyer Victoria Remick



Lyra Polcaro, Sebastian Carricaburu, Bella American, and Millz Twietmeyer





Football

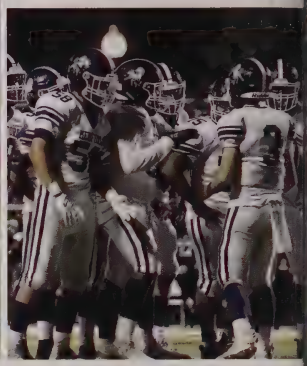




A message from the coach:

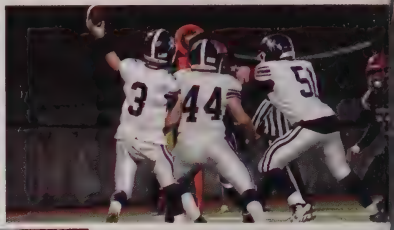
To the class of 2023,
No matter what is going on in your life, remember it's in your hands. It's up to you to make it happen. Don't get mad, get better!
-Coach Curley

















Don't Get Mad, Get Better













Captain
Domenick Rizzo
#33 RB/DE



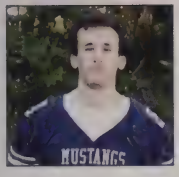
Captain
Jake McGovern
#58 LB/OL



Captain
Osman Elkouram
#55 LB/OL



Captain
Nicolas Silva
#4 Wr/Olb



Angelo Cerullo
#54 OL/DL



Christian Alexandre Jourdan
#51 OL/DL



Christopher DiFronzo
#3 QB



William White
#24 DB



Matthew Wright
#5 Kicker/Punter



Captains photo: Nicolas Silva, Osman Elkouram, Jake McGovern

Message from Osman Elkouram:

"Overall it was a year filled with hard work and dedication. We had a good time at Fenway and it was a great experience. I think this season went well and we all grew as a team and family."

Girls' and Boys'







Cpt. Photo: Iasmim De Sousa-Vieira & Anna Casey











Captain Eamon Costello



Captain Anna Casey



Captain Samuel Orcutt



Captain Iasmim De Sousa-Vieira



Captain Nicholas Milas

Cpt. Quote:

"If there's one thing m team learne from Cross Country the past three years, it is d not walk or will hunt you down."

-Iasmim De Sousa-Vieira



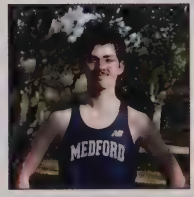
Vishal Romero



Colin Lally



Rikita BK



Angus Ramsay



Gavin Donovan

Cross Country

















pt. hoto: **Eamon Costello, Samuel Orcutt & Nicholas Milas**

A message from Coach Lou Ruggiero:

The girls' and boys' cross country teams were highly successful this fall. The senior leadership was outstanding which led the teams to many accomplishments. Best of luck seniors; you will be missed.



Cpt. Quote:

It was a great season. Everyone was committed and we had some new guys step up. We worked hard, trusted in coach Lou, and it payed off. -Samuel Orcutt



Aidan Godley



Nathaniel Tacey



Gabriel Alvarez



Alexander Prentiss



Thomas Higgins



Joshua Klein







From the Coaches...

From Aaron Manes: (Head Coach)

"Although this year's team was smaller than previous years, they were all extremely dedicated and determined. Led by our three captains, the future looks really bright for Medford Rowing."

From Sarah Diettrich: (Girls' Team Coach)

"Through their hard work and dedication, the athletes on the Medford Rowing Team have shown so much growth. Their commitment to their team will continue to lead them to success for seasons to come."
- Sarah

All coaches involved: Aaron Manes, Sarah Diettrich, Richard Stavros







Clark Barayuga
Senior Captain

"Progression over perfection."

Francesca Virusso
Senior Captain

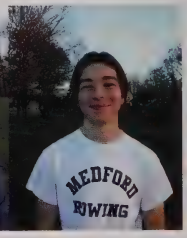
"Power 10"

Conor O'Leary
Junior Captain

"Not everything is written in gold, you gotta put in effort to achieve your dream."









Jack Bolitho

Jo Elysee

Felix Todhunter

Carlo DiFronzo











BOYS' AND GIRLS' FALL CREW







GOLF













Captain Devon Page



Captain Liam Creamer



Captain Louis Pucillo



Captain Nick Pasquariella





Jake Nocella



Message from Senior Captain Devon Page:

"We've come a long way. I've played golf the past four years and was scared I might not have a senior year season, but we came together and got a bunch of new recruits. I am just happy to see how my teammates and I have grown as individuals throughout the years and am excited to see the underclass develop. Overall, I am just thankful for the opportunity and the community I have met through out the years. I will never forget the moments we shared together as a team. GO MUSTANGS!"



WELCOME TO THE JUNGLE



Our captains:



Message from coach Petrides:

"Pleasure to have coached you gentlemen on and off the field. Good luck with whatever career you pursue in the future."



Oliver Le Lacheur #1



Ricky Gomez #3



Matthew Randazzo #6



Beckett Shanahan #12











Brandon Almeida #16



Kevyn Batista #17



Gift-Lord Charles #9



Ryan DeOliviera #11



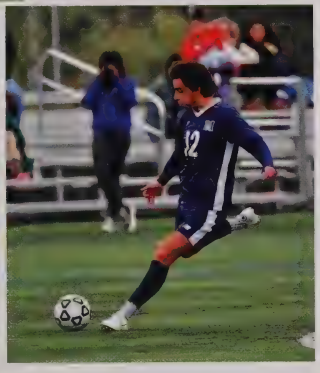
Joab Santos #2



Jordan Ianakaiev #7







Quote from Capt. Oliver Le Lacheur:

"It has been an amazing four years in this program. Being part of two undefeated teams and playing through COVID-19. I have enjoyed every second with you boys I am going to miss you all."



Boys' Soccer

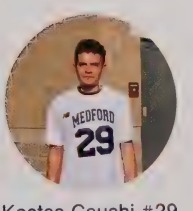



Marc-Oly Julien #10


Jonathan Pineda #28


Elias Wattogwang #20


Yuvens Millien #15



Kostas Caushi #29

Girls' Varsity Soccer



Seniors



Ava Mastromatteo
#4



Baban Gill
#18



Grace Kallberg
#11



Haylee Duarte
#00



Chiara Sforza
#28

Captains



Emma Casey
#15



Rylee Walker
#5



Maria Colombo
#20

Captain Quote - "The past 4 years on this team have been indescribable. I have made lifelong friendships and memories I will remember forever. As a captain, I have learned that every player is important and has a special role. I am thankful for my teammates, coaches, and parents for being there for these years. I am so grateful to be apart of this program and proud of how hard we all worked to win the GBL!!" - Rylee Walker











Coach Quote

"Girls' soccer has had an excellent season, qualifying for their second consecutive post season tournament and winning the GBL for the first time since 2016. These athletes have a great deal to be proud of, scoring 57 goals in 15 games and allowing only 15. Every senior this season has contributed their own skills and helped this team to success."
- Coach Cieri









2022 GBL CHAMPS!!





Unified



The Seniors

The Coaches

Mike McLaughin, Carla Andre, John Skerry



Senior Player
Luiz
Silva



Senior Partner
Anthony
Teixeira-
Kugler



Senior partner
Danny
Diskin




MALERBA


MEDFORD
MEDFORD


MEDFORD

Basketball





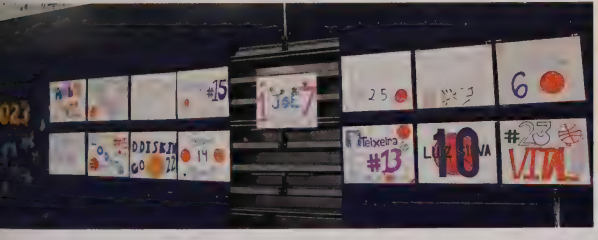











#15
JOE
25
6
DOISKI
Teixeira
#13
10
#23


William H. O'Brien Jr.
00.0
PERIOD
48
2
40
0
2
2
0
TAVER
Armstrong



Girls' Volleyball

Messages from remaining Mustangs:

Molly Lappin: "I am so proud of all of our seniors on the team this year. They are all so talented and grew into such amazing players."

Ainsley McInnis: "The seniors on this past year's volleyball team are some of the best players I've ever seen! We will miss them greatly."

Aaniyah Johnson: "The seniors this year have been the best teammates. Every game they have played amazing. I am truly going to miss them. They have made it the best season."

Liddiani Jackson: "Every senior this year has truly been the best. They were great everyday no matter what... I'm going to miss every single one of you!"

Captains



Sophia Purifory

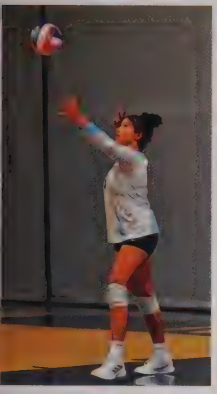


Zoe Kalaw



Jillian Prestigiovanni









A message from the captain, Zoe Kalaw:

"I have had an amazing time on this team for the past four years! I have created genuine relationships with a great group of girls that go beyond the sport. Thank you to the coaches, the team, and the environment. I will never forget the memories that were made."



Kayla Elien



Meryn McInnis



Mya Olivier



ereket Ruemenapp



Carissa Dell'Anno



Isabella Seccareccio

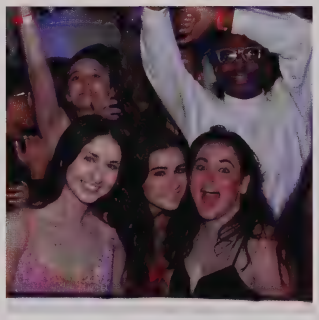
Homecoming

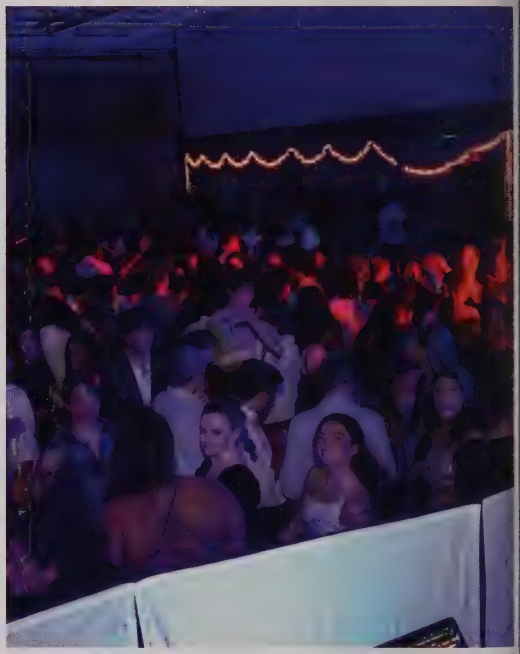














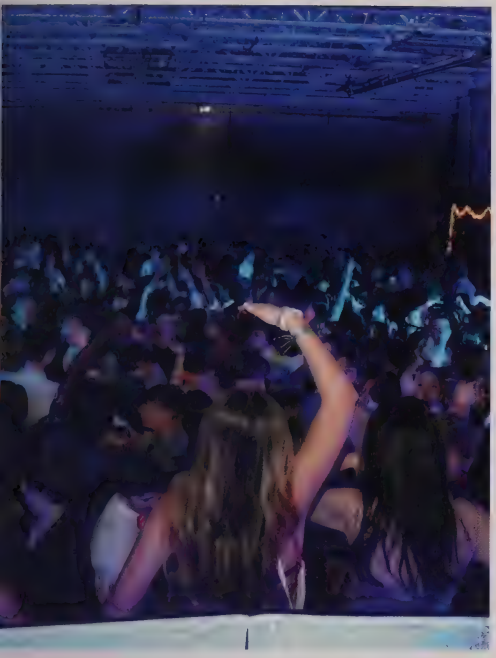




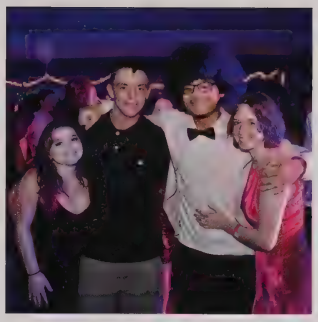




2022



























Halloween



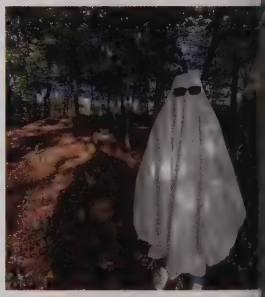




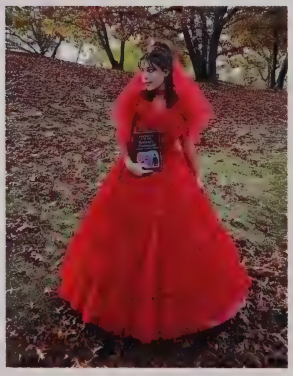












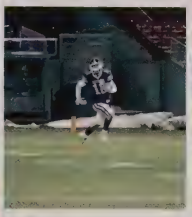










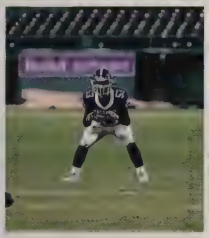





Mustangs @Fenway










Medford Vs. Malden




















Everyone's Secret Crush

Antonio Bonaventura and Dayanara Torres

Most Athletic

Stephen Douglas and Jillian Prestigiovanni

Drama King and Queen

Dom Catino and Lyndsay Vasques

VOCATIONAL '23

Most Likely to Forget it's Shop Week

Angelo Cerullo and Ryan Monaco



Class Flirt

Sydni Galluzzo and Clark Barayuga



Best Boston Accent

Cole Morse and John Poli



Vocational Teacher Superlatives



Best Jokes
Mr. Brown



Best Friends
Mr. Volmer & Mr. Brown



Best Dressed
Ms. Mauro



Most School Spirit
Mr. Kelly



Most Cheerful
Ms. Fitzpatrick



Most Likely to Give a Pop Quiz
Mr. Karagjozi

MHS Senior Nights




















2022-2023 GBL Fall and Winter All Stars

Cross Country
Boys
Sam Orcutt
TJ Higgins
Colin Lally
Cross Country
Girls
Co-MVPs
Anna Casey
Iasmim
DeSousa-Vieira
Hockey
Boys
Tyler Taddia- **MVP**
Devon Page
Louis Pucillo
Nick
Pasquauriella

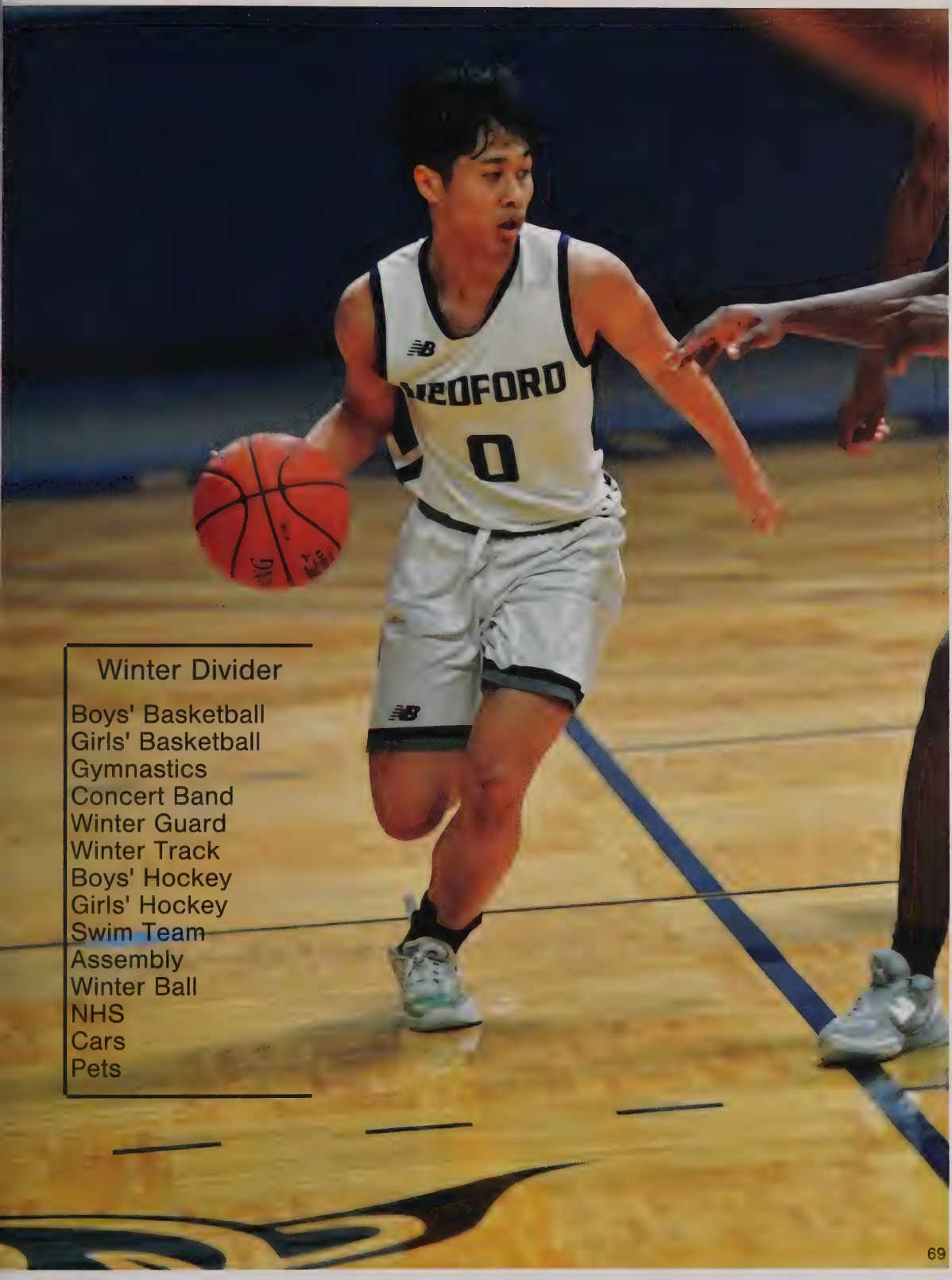
Soccer
Boys
Oliver Le Lacheur
Jordan Ianakiev
Soccer
Girls
Emma Casey-
MVP
Maria Colombo
Rylee Walker
Haylee Duarte
Hockey
Girls
Juliana Steriti
Avery White

Golf
Louis Pucillo
Devon Page
Football
Stevens Exateur
Dom Rizzo
Samuel Nazaire
Volleyball
Girls
Isabella
Seccareccio
Sophia
Purifory
Gymnastics
Alexa Barone
Sebastian
Carricaburu

Indoor Track
Girls
Anna Casey
Iasmim
DeSousa-Vieira
Maria Colombo
Savanna Nash
Indoor Track
Boys
Will Kelley
Dimitri Charles
Richard
Gomez-McDonald

Gymnastics
Alexandra
Lombardo
Jossyln Marujo

Swim
Clark Barayuga
Marcos Pereira
Aaniyah
Occeus-Johnso
Lindsey Quinn
Kaitlyn Truong
Sarah Youssef
Basketball
Boys
Sam Orcutt
Justin Marino
Anthony
Texiera-Kugler
Girls
Bella O'Brien
Meryn McInnis



Winter Divider

Boys' Basketball
Girls' Basketball
Gymnastics
Concert Band
Winter Guard
Winter Track
Boys' Hockey
Girls' Hockey
Swim Team
Assembly
Winter Ball
NHS
Cars
Pets

Boys' Basketball



A Message from Coach John Skerry:

¨I thoroughly enjoyed coaching this year's team! They are a great group of young men. We had several players in the National Honor Society and on the Honor Roll. They worked hard on the court and improved throughout the season. Good luck to the Class of 2023!¨
- Coach Skerry



Will Budney
#24



Danny Diskin
#25





Captains

Anthony
Teixeira-Kugler
#22



Sam Orcutt
#4



Joey Lu
#0

Quote from Captain Anthony TK:

"These past four years have truly been a blessing for me. Playing in all these games and growing with each of my teammates have been amazing, and I'll never take that for granted. They have shown me the true value of sports and brotherly love. Wherever my path leads, I will always love you boys." - Anthony



Captain Photo: Joey, Sam, and Anthony

Girls' Basketball



From left to right: Morgan Reynolds, Gianna Scarpelli, Bella O'Brien, Molly Lappin, Sophia Purifory, Michelle Beagan, Ava Lavoie, Kaileigh Dixon, Emma Casey, Meryn McInnis, Bereket Ruemenapp

A message from Captain Meryn McInnis: "My four years playing basketball have been unforgettable. The group of girls I have grown up with secure a place in my heart. They have showed me what it means to be apart of a team."

Captains: Bella O'Brien, Emma Casey, Meryn McInnis, and Zoe Kalaw



Seniors



Captain
Meryn McInnis

Captain
Emma Casey

Captain
Zoe Kalaw

Gianna
Scarpelli

Sophia
Purifory

Bereket
Ruemenapp

A message from Coach Dom Deluca:

"This was my first year coaching girls' varsity basketball team...I've learned a lot this season. I wish all of my seniors good luck in their future lives. They always have a home to come back to."





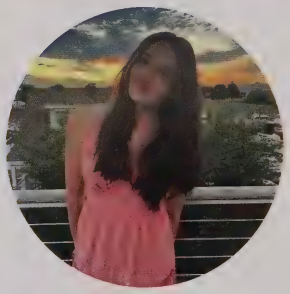
Gymnastics



Seniors of 2023



Sophia Barbosa



Alexa Barone



Grace Kallberg

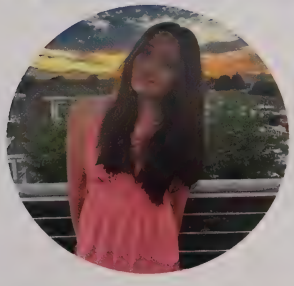


Charlotte Yamamoto

"We have had the best time at MHS gymnastics and are so proud of how far everyone has come. From half asleep winter break practices, to becoming GBL champs. We could not have asked for a better or more funny group of people to compete with. Good luck next year, girls! We know you will do great things!" - 2023 seniors



Captains



Alexa Barone

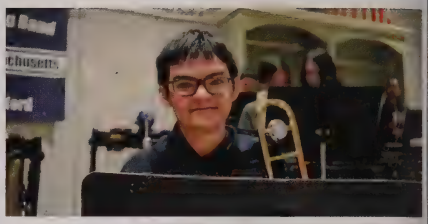


Alex Lombardo

Concert Band









"To be able to get together with my friends and play music as a group for the past four years has been an absolutely amazing experience. Ever since we got to choose which instrument to play in fifth grade, I knew music would be where I would find myself. That came true when I realized I would not be the person I am today if I didn't have the immense love for music that I hold so close to my core. Even when we're sitting in the hot, sweaty auditorium, we somehow find a way to make great memories and, of course, laugh a lot. I'm incredibly thankful to have been a part of the music community in Medford, and I'm happy to say I loved every moment."

- Chloe Polcaro















"Being in band the last seven years has opened up a world of opportunities and memories for me. From performing in concerts to competing in competitions, I am grateful for each and every experience. The friendships and skills I have gained through this incredible journey will stay with me forever. It was a privilege to serve as president and give back to the program that has given me so much. I am deeply thankful for all the opportunities band has brought into my life."

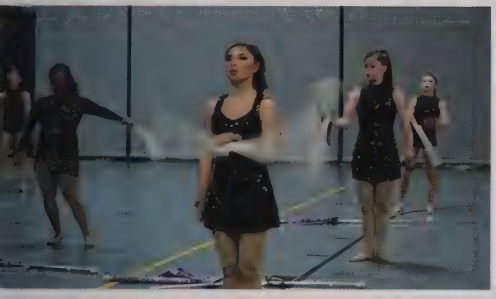
-Domenic Bruno

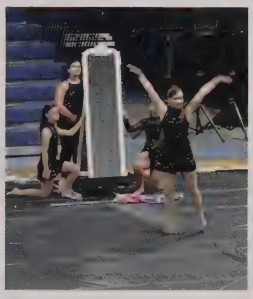
Winter Guard









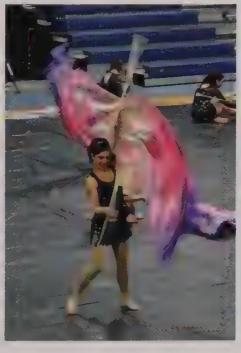


"Be fierce and think of glitter!"











Mandy Chau — '25



Marjia Zasra — '25



Sydney Hamel — '27



Winter Track

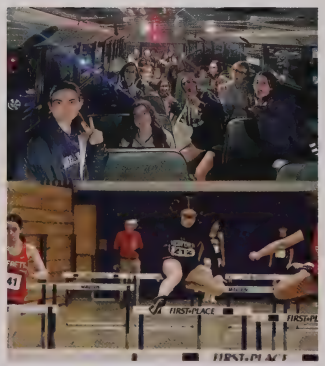
Captain Message from Anna Casey:
"Track has helped me see my full potential as an athlete and a person. I have learned that the hardest days at practice prepare you for success. Seeing our team overcome obstacles and grow each year has been one of the best parts of my high school experience." - Anna





Captains
Iasmim De Sousa-Vieira, Anna Casey, Julia Fargo, & Maria Colombo







Rylee Walker, Sadie Scott, & Rikita BK



essage from Coach:
his team has been a
emendous group of
hletes who have carried
emselves to success
oth on and off the track.
eir team spirit, work
hic, and sportsmanship
ve been incredible. I
uld not be happier for
is group of seniors. I
sh them the best of
ck." - Donlon

Captain Message from TJ Higgins:
"A moment of pain is
orth a lifetime of glory"
- Louis Zamperini







ptains

gus Ramsay,
itri Charles,
Higgins, &
ky Gomez



Middle, left to right: Osman Elkouram, Aidan Godley, Alex Prentiss, Elias Wattogwang, Nick Milas, & Gabriel Alvarez
Bottom, left to right: Brian Lam, Nate Tacey, Miles Monroe, Enes Elmasllari, Colin Lally, & Matteo D'Aveta



Boys' Hockey





Captain
Devon Page



Captain
Louis Pucillo



Joseph Luongo



Nick Pasquariella



Jake Nocella



Christian Ziobro



Dom Mustone



Ryan Flaherty



A Message from Our Captain

"Being on this team the past four years has been an honor. I made some great memories with friends I now call family. We had a nice sweep over Somerville this year. It may have been a rough season last year, but this year we came in strong and showed up strong. Making it to states my senior year was a big accomplishment that I will never forget."
- Devon Page









Captain's Message

Best four years of my life."
- Louis Pucillo

















Girls' Hockey

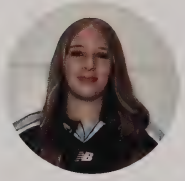




Juliana Steriti



Lorelai Davis



Kaitlyn Alves



Isabella DeAngelis-Donahue



Emma Benaoui



Sophia Sunwoo

Senior Captain



Grace Stein
#10



Some Words from Our Coach

"Congratulations to the class of 2023. Thank you for all of your hard work and dedication throughout the years. Continue to work hard, dream big, believe in yourselves, and perhaps most importantly, enjoy the journey. The future is yours! Congratulations seniors.
Once a Mustang, always a Mustang."
- Coach Lanzilli



Some Words from Our Captain

"We didn't win every game, but that didn't matter because we are more than a team, we are a family. I had a great four years on this team and will miss every single one of the girls."
- Grace Stein







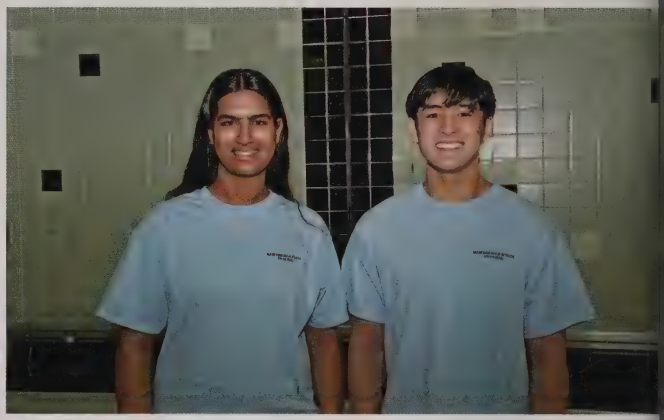








Swim Team



Senior Captains: Baban Gill (left), Clark Barayuga (right













A word from Coach Mary Judge...
"This team started out with many ideas of what they were going to accomplish. But I believe this year, they surpassed their wildest dreams of success. Each and every participant evolved into fine athletes and great examples to this school and their community. The seniors were the catalysts in this evolution and they should receive praise for their accomplishments, individually and as leaders. Job well done!"

A word from Coach Mary Hoarty...
"Believe you can, then you will."
- Mulan, (Princess Stories)







Black History Month Assembly

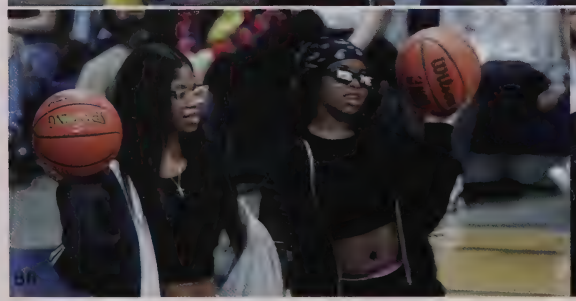




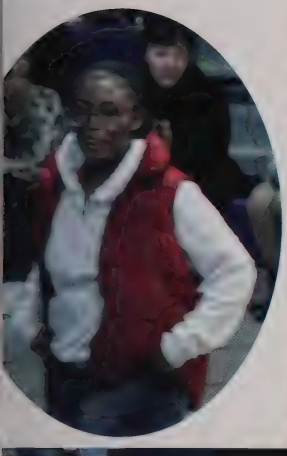








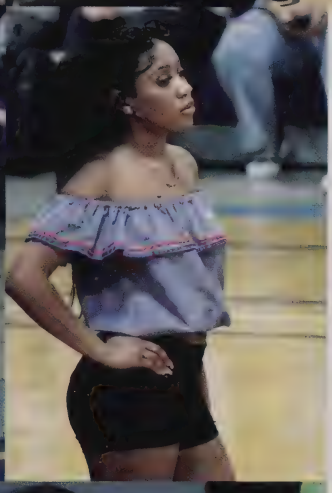




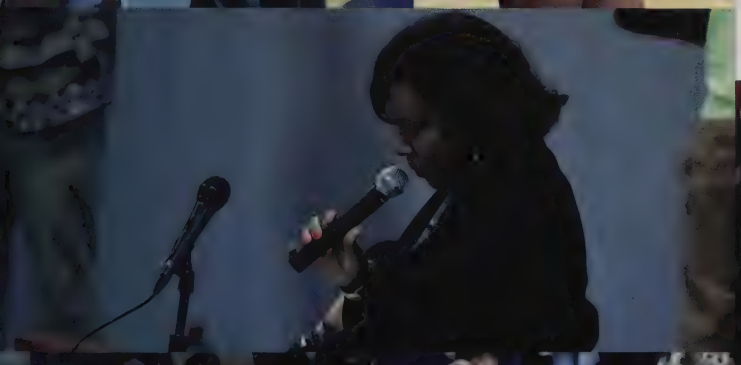


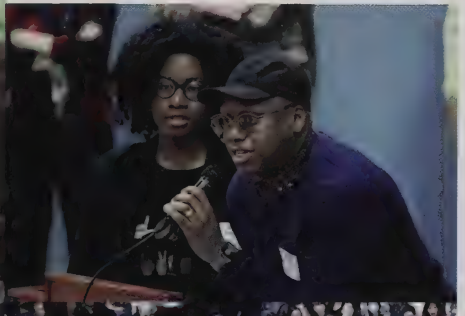


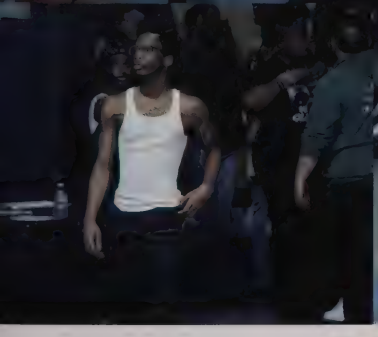













AALIYAH










Winter Ball










MEDFORD HIGH SCHOOL




HIGH SCHOOL









Shoutout to the National Honor Society

Gabriel Alvarez, Melissa Antoine, Liam Antwine, Maram Bensaber, Jack Bolitho, Rayssa Braga, Noah Brou, Domenico Bruno, Anna Casey, Emma Casey, Nailah Chowdhury, Maria Colombo, Saika Corrielus, Christina Costa, Eamon Costello, Ruby Crowell, Justin Curcio, Matteo D'Aveta, Iasmim de Sousa-Vieira, Julie DesAutels, Daniel Diskin, Ariella Eforo, Kayla Elien, Ciara Falvey, Lorena Ferreira, Baban Gill, Zoe Kalaw, Grace Kallberg, Joshua Klein Brian Lam, Vina Le, Owen Liao, Maria Luiza Lopes, Emma Maganzini, Meryn McInnis, Hannah McLaughlin, Teagan Mustone, Cindy Nguyen, Dan Nguyen, Haley O'Rourke, Samuel Orcutt, Naomie Pierre, Chloe Polcaro, Gabriella Puccio, Sophia Purifory, Vishal Romero, Sadie Scott, Lauren Serra, Abigail Sloan, Anthony Teixeira-Kugler, Khando Thoulutsang, Francesca Virusso, Rylee Walker and Ian Zotter-Barlow



A message from the Advisor, Ms. McLaughlin:

NHS Members Class of 2023 - As your advisor this year, I am so proud of your dedication in upholding the four pillars of NHS: scholarship, service, leadership, and character. It goes without saying that balancing school with all of your extracurricular activities is no easy task, but you did so with determination and grace. By supporting the school community in offering tutoring services every day after school and fundraising for an important cause with the production of Mr. MHS you have demonstrated just what it means to be a valued member of Medford High School's Chapter of the National Honor Society. Best of luck to you all!
– Love, Mrs. McLaughlin

2023 CARS!



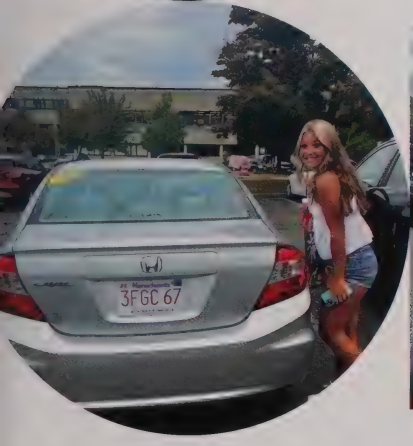
















"Jojo Alfrihat"



"Buddy Puccio"



"Charlie Gomez"



"Bo Creamer"



"Roxy Walker"



"Zuri Ruemanapp"



"Ozzy Purifory"



"Winni Desharnais"



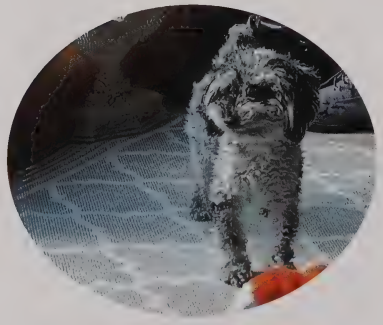
"Stickney Casey"



"Enzo Luongo"



"Louis Fargo"



"Tora Lora Page"



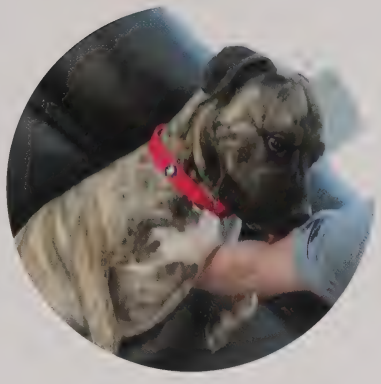
Georgia & Picasso Cardoso"



"Beans, Rose, Munch & Boo Brown"



"Carlos Nocella"



Class Pets

"Zico Luiz De Sousa-Vieira"



"Stimpy, Dusty, & Levi Elkouram"



"Finnjamin P. Wrinklebottom Antoine"



"Chloe Allen"



"Caesar & Autumn Serra"



"Rey McMahon"

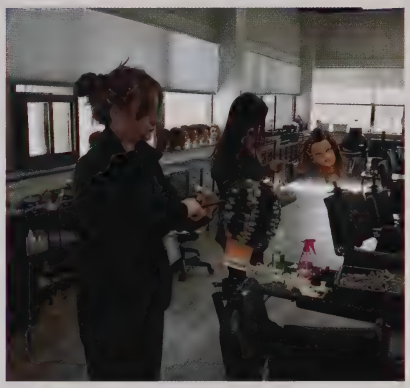




VOC





















LIFE

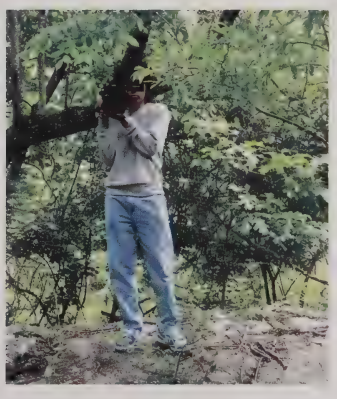






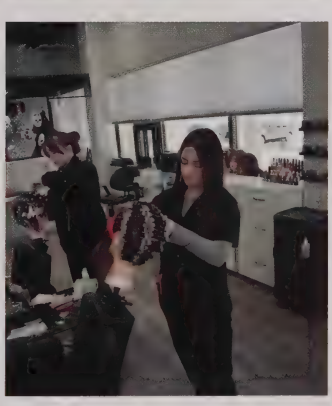












Fashion of the



Sadie Scott!



Felix Todhunter!



Sophia Barbosa!



Noah Brou!

Senior Class



Lamon Costello!



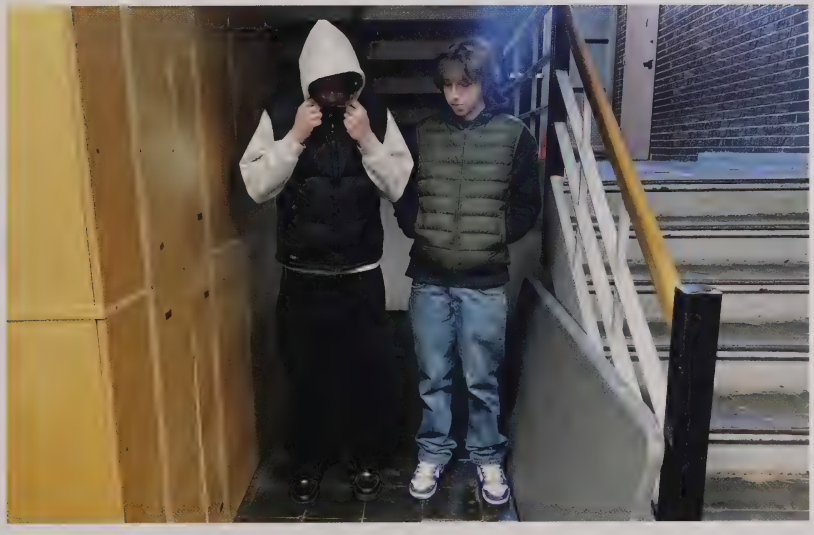
Isabella Batti!



Emma Desharnais!



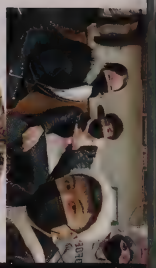
Rikita BK!



Ben Montello and Bo Andreasen!











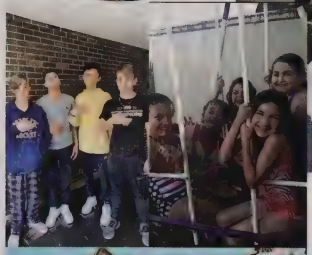


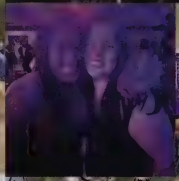
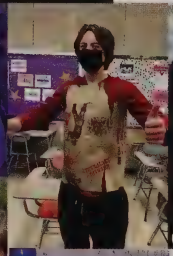














Through The Years 2019–2023



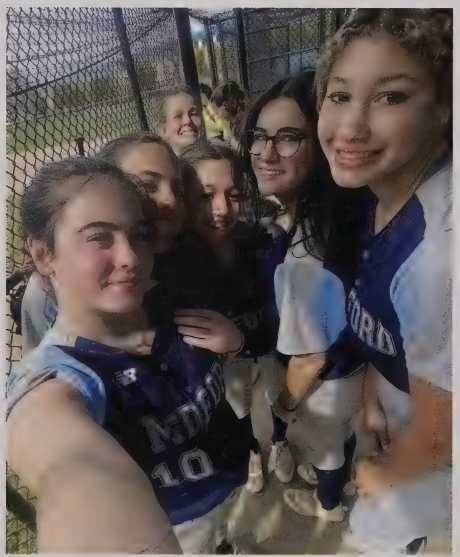
Spring Divider

Softball
Baseball
Boys' Lacrosse
Girls' Lacrosse
Spring Rowing
Boys' Tennis
Girls' Tennis
Outdoor Track
Boys' Volleyball
Musical

SOFTBALL



Message from Coach Brenna:
"It has been such a pleasure getting to be a part of the five seniors' softball journey. Continue to walk into the world with the same determination, grit, and passion that you do just like when your cleats hit the Columbus Park dirt. Sophia, Mya, Julia, Jess, and Rebecca - thank you for your hard work and leadership. Your future is so bright, and I can't wait to hear about all of the amazing things you will do. Best of luck!"









Quote from Senior Price:

Ever since I was little playing in farm league, I knew this was the sport for me. Being able to play with new teammates each year and to have new connection with them makes me even more in love with this sport. Each year I've learned and grown from anything that has come my way.

The people in my corner that support me make me try even harder - especially my dad, the first coach I ever knew, and one of the people to push me to my full potential. Softball has a special place in my heart. On to the next chapter!



Sophia Purifory #22



Rebecca Price #20







Julia Fargo #13



Jessica D'Orazio #10



Mya Olivier #8

Baseball





Cpt. John Poli





Cpt. Sam Orcutt



Matthew Wright

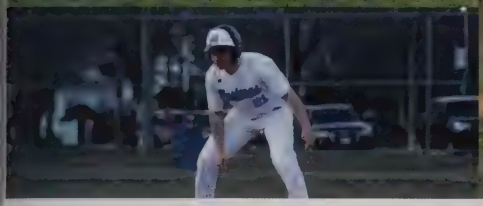


Nicholas Piccolo



Justin Curcio









A quote from Captain John Poli:
"Ever since being with the team since freshman year I've had a lot of teammates to look up to, Mike Nestor Jr. is one of them. Being a teammate since freshman year and then being my coach, I couldn't ask enough from him."



A quote from Coach Azzarello:
"Best of luck to the five baseball seniors John Poli, Sam Orcutt, Justin Curcio, Nick Piccolo, Matt Wright, and the senior class for your next adventure."





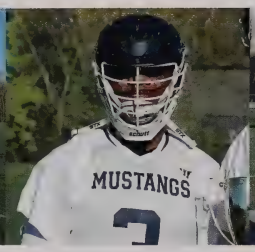






Captain
Devon Page

Captain
Osman Elkouram



Captain
Stephen Douglas



Captain
Brendan Crowley



Jr. Captain
Roan Kennedy



Nick Pasquariella

Jason Quinlan



Liam Creamer



Louis Pucillo



Ryan Flaherty



Dom Rizzo

Message from Coach Anthony Tortora:

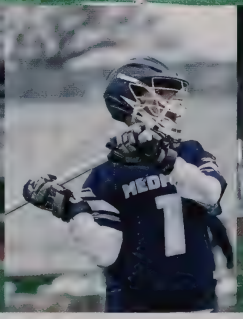
"Coaching this group has been one of the most memorable experiences coaching I have had. The journey has had some ups and some downs, many wins and some tough losses, but there is not another group of young men I would want to take that roller coaster ride with. I would like to thank all the seniors for all of their time, hard work, and effort on and off the field and I truly wish for the best for all of them. Congratulations Class of 2023!"













Boys' Lacrosse

Massage from Capt. Brendan Crowley

"It's been an honor playing with everyone I have played with for the last few years. Thank you to all the coaches that have taught me everything I know and push me to do my best."







Girls' Lacrosse









Message from Coach Olsen:
"Congratulations to the Class of 2023! This senior class has overcome so many challenges with the pandemic at the start of their high school career. I am proud of all they have accomplished, especially the seniors on the girls' lacrosse team! They are driven and well-rounded student athletes. Take with you all of the memories from bus rides, car washes, team dinners, and more. Remember, you are always a part of Medford Girls Lacrosse!"











"I've had such a great two years being captain of this wonderful team. These girls have taught me so much and I will cherish all of the memories we've made together. This team is the definition of saving the best for last. Thank you girls for everything."
Meryn McInnis

Seniors



Keegan Bernardi



Zoe Kalaw



Bereket Ruemenapp



Rylee Walker



Captain Meryn McInnis



Captain Gianna Scarpelli



Captain Sadie Scott

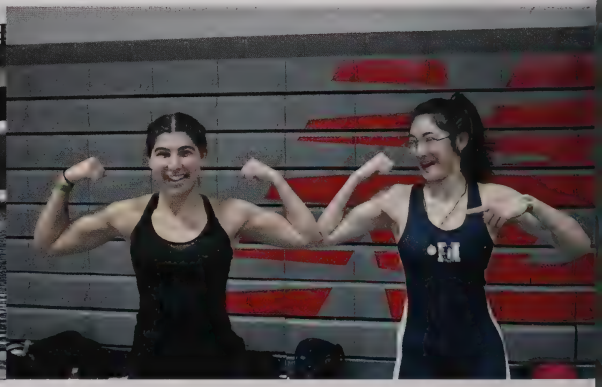
Boys' and Girls' Spring Rowing





All coaches involved: Aaron Manes (Head Coach), Sarah Diettrich, Richard Stavro





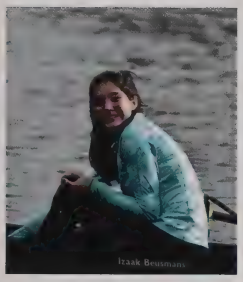





Meet the Seniors

* = Captains


Jack Bolitho



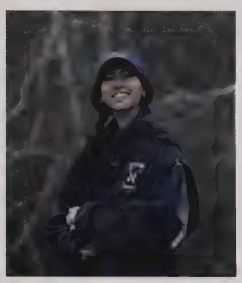
*Julie DesAutels



Teagan Mustone



*Felix Todhunter


*Francesca Virusso



"Sometimes life is like the third 500 of a 2K. Sometimes it's an hour of steady state, sometimes it's an 100m sprint. You just gotta know which one it is."
- Julie DesAutels

Julie plans to continue her rowing career for the University of Rhode Island's Club Team.






Boys´ Tennis







Captains



Beckett Shanahan

Vishal Romero



Boys' Tennis Preview

The boys' tennis is expecting a fantastic season with three GBL all stars on the team Vishal Romero, Beckett: Shanahan, and Oliver Le Lacheur. A second doubles team is coming off an undefeated season in the GBL. Many returning players will hold high expectations for newcomers and veterans in order to thrive and win every game, set, and match.











L to R: Coach Drew Hendrickson, Vishal Romero, Andrew Soule, Josh Klein, Ethan Soule, Oliver Le Lacheur, Beckett Shanahan.
Not Pictured: Roman Rice, Khang Nguyen, Leo Mantenuto, Peter Nguyen.

Seniors

Andrew Soule



Oliver Le Lacheur



Josh Klein



Ethan Soule



Quote from a Captain:

"I've been on the tennis team for four seasons. My team has heart, and I'm so proud of how the group has grown. I'm going to miss the unique team spirit and hope that we keep winning."

- Vishal Romero

GIRLS' VARSITY TENNIS



SENIORS



CARISSA DELL' ANNO & BABAN GILL





CAPTAINS



MADELINE MORRIS & AVA CHASTEEN

COACH'S MESSAGE:

"Congratulations to the class of 2023! Thank you to the seniors who have helped guide the team and show us new coaches the ropes this year. Remember as you take the next steps toward adulthood: work hard, persevere through adversity, and always make time to have fun.

Go Mustangs!"







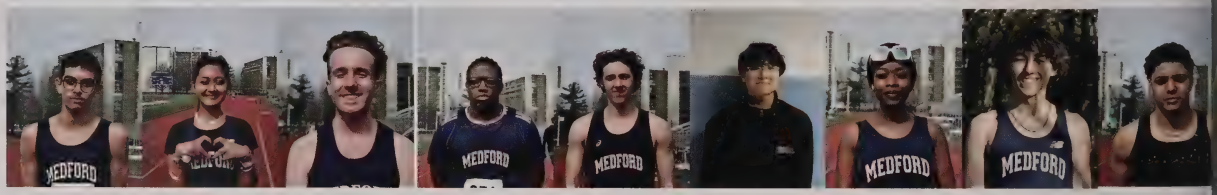
Outdoor Track





Coaches: William Joseph Donlon, John Murphy, Eileen O'Hara

Meet the Seniors



Gabriel Alvarez | Rikita Bk | Aidan Godley | Christian Jourdan | Richard Gomez McDonald | Dan Khoi Nguyen | Leilah Noel | Alex Prentiss | Nick Silva

Captains



Anna Casey | Emma Casey | Iasmim De Sousa-Vieira | Dimitri Charles | Maria Colombo | TJ Higgins | Colin Lally | Angus Ramsay

"I have never lied about hating a sport so much in my life. I think the best memory I have is during a workout where my group had to get chased down, until we didn't get beat. I thought it was horrible, but we had so mcuh fun. #coldisastateofmind, #painisastateofmind" - Iasmim De Sousa-Vieira


957



956
972
969




953
964

498
523






Boys' Volleyball



BUMP, SET, SPIKE!

Our Seniors



Danny Diskin



Elias Wattogwang



Miguel Siqueira

"The best second year team in Medford High history continue to dominate and win the GBL." - Danny Diskin

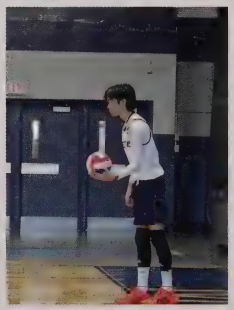




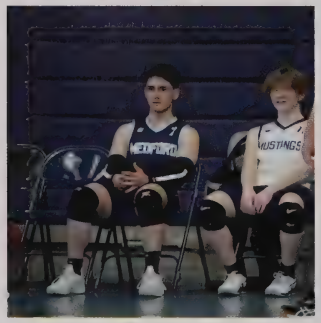














Team Captains



Ellis Vasquez



Danny Diskin



Hayson Shing





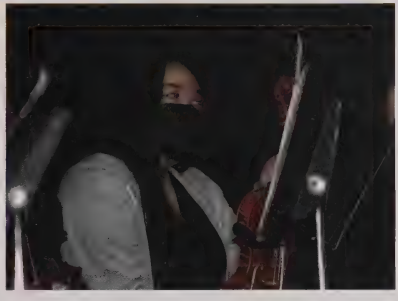


Spring Orchestra

This year, the orchestra competed in the Massachusetts Instrumental Choral & Conductors Association (MICCA), leaving with a silver medal. The state-wide adjudication festival was held at Danvers High School on Saturday, April 1.





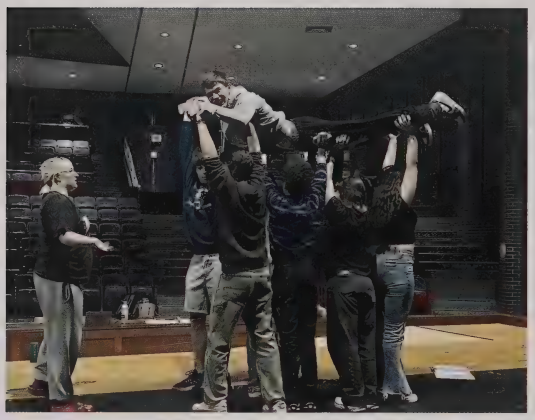


A word from Director, Sophia Chang...

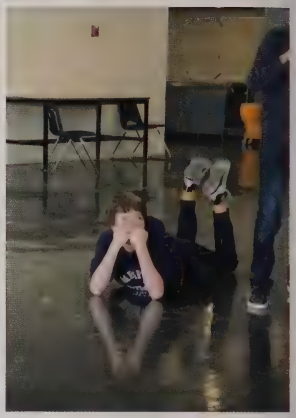
I'm delighted to work closely with the High School Orchestra. The goal is to always bring out the best of each student and to create a close-knit community where students enjoy making music together. Indeed, the non-verbal communication in music integrates the students in a very profound way. What a wonderful experience to express and connect through music! I hope that many students can join us and that the musical bond of friendship lasts beyond their high school years."

Behind the Scenes of *Urinetown*

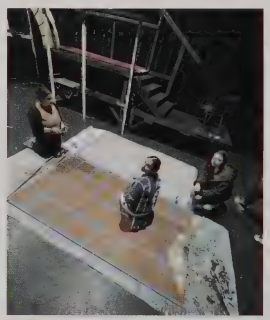
(The Musical)





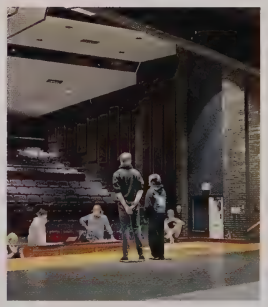












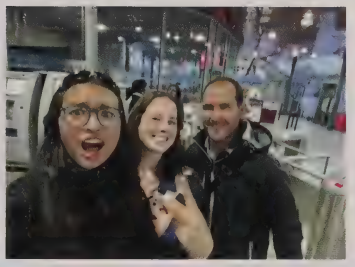


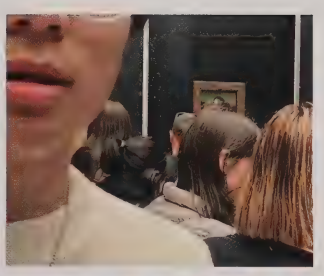
Medford High School

Takes On

France!











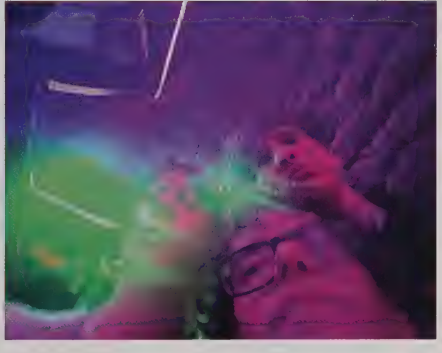


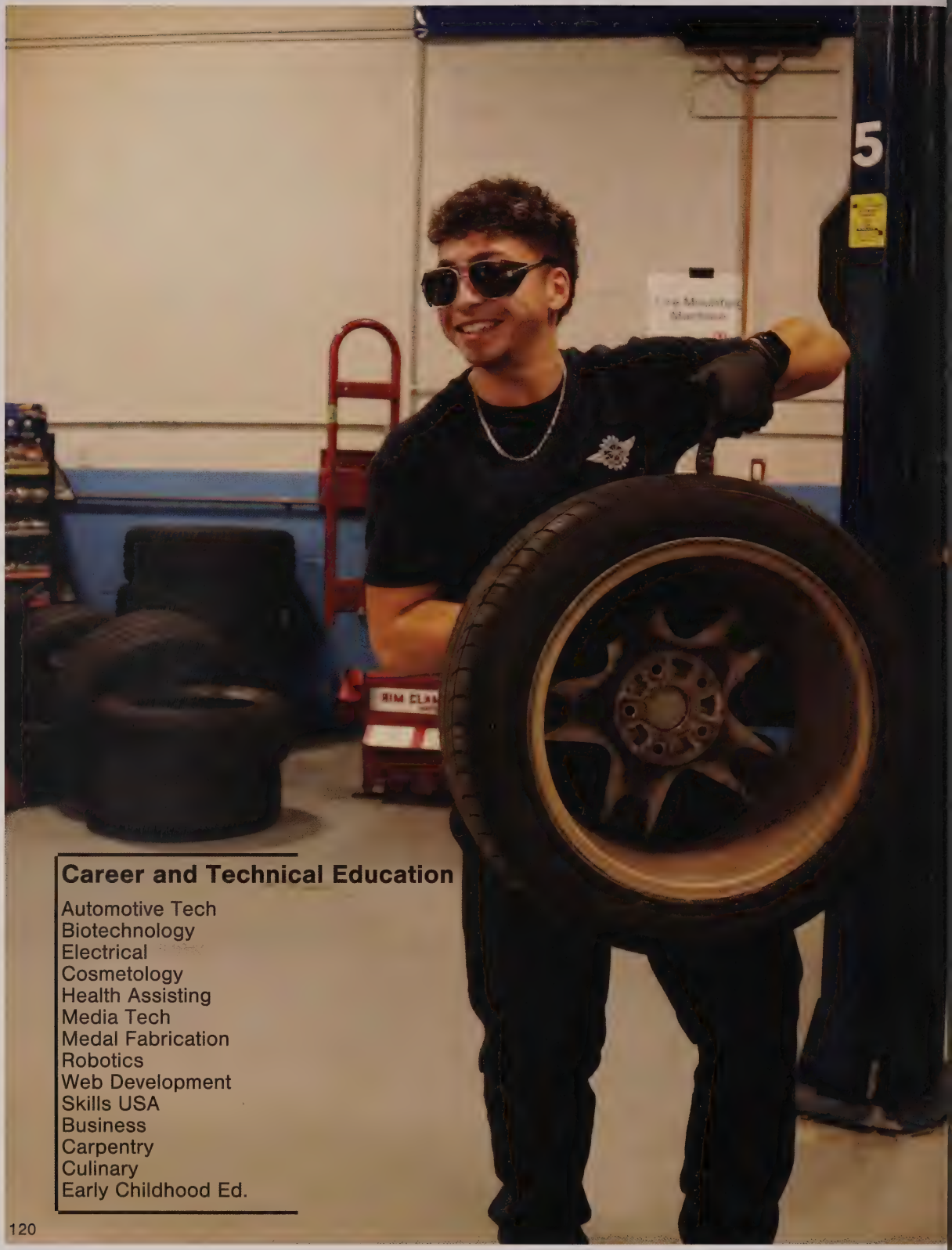












Career and Technical Education

Automotive Tech
Biotechnology
Electrical
Cosmetology
Health Assisting
Media Tech
Medal Fabrication
Robotics
Web Development
Skills USA
Business
Carpentry
Culinary
Early Childhood Ed.

Career & Technical Education

Alice Beth FitzPatrick



Chad Fallon



The Vocational School provides opportunities for students to study in one of our 15 Career & Technical Educational (CTE) Pathways. Under the direction of Chad Fallon (Principal/Director), and Alice Beth FitzPatrick (Assistant Principal/Director), our students grow as life-long learners. Our talented CTE Educators bring an understanding from industry experience that connects with students and helps them develop a path for future learning and employment.

Throughout high school students work toward 900 hours of study in their programs. During junior and senior year, they spend half of their school time in their program and develop strong bonds with their peers and teachers. This time together truly connects us, and as graduates of MVTHS, please know that you will always be a member of our Voc Family.

"We are so proud of the CTE Class of 2023! You have the tools you need to build your success from here."

Business Marketing







"Seniors, I wish I got to spend more time with your group, but in the short time I have been with you, you have been nothing but All-Stars and outstanding role models of our shop. Best of luck in your future adventures. Always welcomed back to the Mustang Mall!"- Mr. Pella

Seniors: Brandon Almeida, Saika Corrielus, Christina Costa, Carissa Dell'Anno, Dayanara Torres, William White

Construction









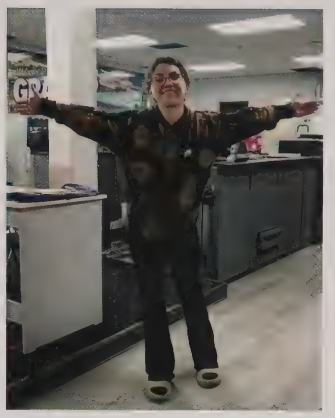
"The CCL class of 2023 is a pretty special group of students. Many of the students have not only become some of the best construction craft laborers to ever graduate our program, but many have higher aspirations and are going to college to pursue the construction field opportunities. All of them have learned that hard work has and will pay off. All of us teachers in CCL cannot wait to see how successful this group is going to become in the future. We are confident they will all succeed as laborers or any field they choose, and better yet we know they will be around to visit and influence our future students. CCL family forever."

Seniors: Haylee Duarte, Lucas Bowen, Michelle Castillo, Angelo Cerullo, Melanie Chaves, Stephen Douglas, Magdelena Gomez, Jonathan Pineda, Brayan Solis

Graphic Design





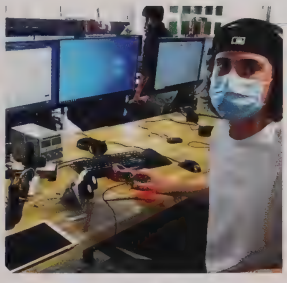


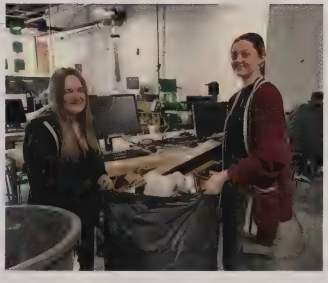
raphic Design & Visual Communications prepares students for careers working in igital technology, printing, publishing, and new media ventures. Classroom xperiences and laboratory time provide students with the knowledge and xperience to gain an entry-level position working on the technical side of a printing ress or media development center.

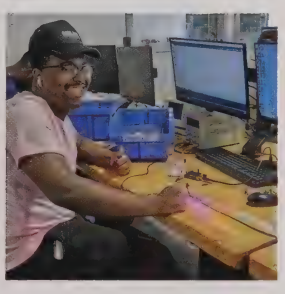
eniors: Grant Alleyne, Arthur Gross, Theo Jean, Isabella Junkoski

Robotics and Engineering









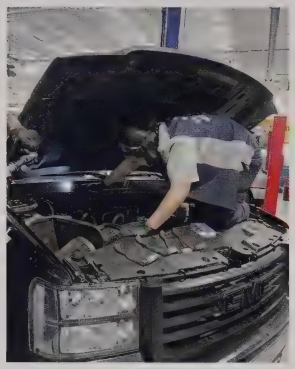
ranslate the following binary code to get a message from your teacher!

01000011 01101111 01101110 01100111 01110010 01100001 01110100 01110101 01101100 01100001
01110100 01101001 01101111 01101110 01110011 00100000 01010011 01100101 01101110 01101001
01101111 01110010 01110011 00100001 00100000 01010111 01100101 00100000 01101011 01101110
01101111 01110111 00100000 01111001 01101111 01110101 00100000 01110111 01101001 01101100
01101100 00100000 01100111 01101111 00100000 01101111 01101110 00100000 01110100 01101111
00100000 01100100 01101111 00100000 01100111 01110010 01100101 01100001 01110100 00100000
01110100 01101000 01101001 01101110 01100111 01110011 00100000 01101001 01101110 00100000
01110100 01101000 01101001 01110011 00100000 01110111 01101111 01110010 01101100 01100100
00101110 00100000 01001101 01110010 00101100 01001100 00100000 01100001 01101110 01100100
00100000 01001101 01110010 00101100 00100000 01000011- **Mr. Lewkowitz**

eniors: Prince Altidor, Clark Barayuga, Domenico Bruno, Owen Clark, Grace allberg, Benjamin Montello, Joshua Pahang, Alexander Prentiss, Jacklyn Whealan

Automotive Technology





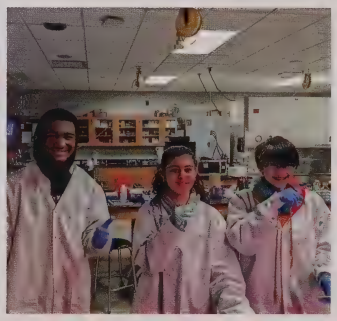


The Automotive Technology course is a three-year program that conforms to the National Automotive Technicians Education Foundation (NATEF) standards. Adherence to the NATEF curriculum and standards exposes and trains students in the trade through a series of tasks and competencies in the areas of: brakes, electrical/electronic systems, engine performance, suspension and steering, heating and air conditioning.

Seniors: Kaleb Abreu, Davi Araujo, Dylan Colt, Kevin Cruz, Alex DeSouza, Dillon Hill, Gabriel Joaquim, Miguel Lima Siqueira, Benjamin Messersmith, Ronaldo Pereira, Angus Ramsay, Romelo Robinson, Amanda Wiechec

Biotechnology





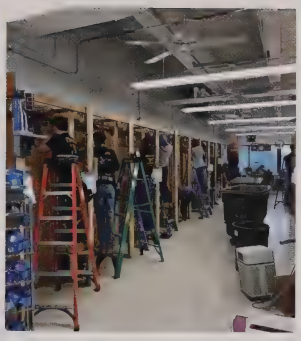


The Biotechnology program will introduce students to the field of Biotechnology through career exploration as well as course specific content and skills. The students have been instructed in aseptic technique and the proper use of equipment used in biology, chemistry, physics, and engineering (e.g., micropipettes, and electrophoretic, chromatographic and spectrophotometric tools).

Seniors: Antonio Bonaventura, Ariana Feliz, Thomas McKnight, Jessica Wiechec

Electrical






"To the most challenged senior class of the 21st century, thank you. No other class in recent history has had to endure the hardships that you have overcome. Getting through these past few years will only make you stronger, and ready to tackle whatever life throws at you. Outstanding job! Now get out there and make us proud!" Mr. Cormio

Thomas Edison reportedly said, "Success is 10% inspiration and 90% perspiration". Apparently he didn't have an air conditioned shop either. What I'm trying to say here is that you put in the work in shop. I noticed a tremendous change in you from learning how to hold a screwdriver as freshman to bending your first piece of rigid steel as upperclassmen. We couldn't be more proud of you. I wish you the best of luck in whatever the next stage of life you choose. As Frank Sinatra sang, "The best is yet to come!" Mr. Burns

Seniors: Giovanni Centofanti, Brendan Crowley, Deven Encalada, Ryan Flaherty, Ayuub Khalif, Deacon Kumar, Ryan Monaco, Cole Morse, Rebecca Price

Cosmetology



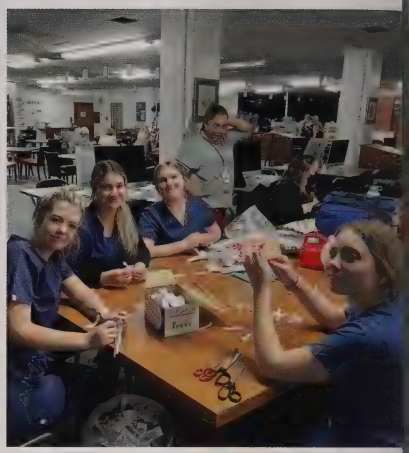
"Thank you for your part in this journey through Covid and all craziness that it has brought. Though we have had many ups and downs, I truly am so grateful to have had the honor of being your teacher through it all. Thank you for some incredible memories. I wish you all happiness, love and prosperity in your future endeavors. And please come back and visit. I will miss you all"- Ms. Mauro

Seniors: Raychel Landano, Alyssa Flynn, Brianna Bonaventura, Skyla Higgins, Lauryn Penta, Caroline Anderson, Maria Luiza Lopes, Leticia Madeira, Isabel Oliveira, Mya Oliver, Hannah Paul, Harkomal Randhawa, Glorine Vixama

Health Assisting







The Health Assisting Program is an excellent choice for students interested in entering the high-demand field of health care and human services. Students are exposed to a wide variety of health careers through classroom lessons, guest speakers, job shadows, and externships.

Seniors: Chauncey Alabre, Keegan Bernardi, Jaime Castro, Isabella Duque-Munoz, Jaquelin Figueroa, Sydni Galluzo, Maryana Gross, Hunter Overberg, Alicia Panico, Emily Pereira, Jillian Prestigiovanni, Gabriella Puccio, Saphia Satoura, Isabella Seccareccio, Lyndsay Vasques

Media Tech





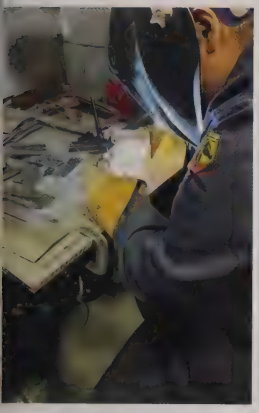




"Congratulations Media Tech Seniors! I am incredibly proud of all that you have accomplished and the individuals you have become. Over the past 2 years, I have had the privilege of watching you grow and develop into the intelligent, thoughtful, and compassionate individuals that you are today. As you embark on this new chapter in your lives, remember to always stay true to yourselves, follow your passions, and continue to push yourselves to achieve your goals. Your future is bright, and I can't wait to see all the amazing things you will accomplish in the years to come." -Sean Hester

Seniors: Samantha Tucker, Emilio Alvarez, Domenic Catino, Josue Cruz, Micah Hendricks, Shreeyut Karmacharya

Metal Fabrication







Clayton, Austine and T.J., I could not be more proud of you. These last 3 years ıave been really tough. You are all out working in your respective fields. You have ıow completed your High School education. The world is now yours to venture ɔut and build cool, metal things. Godspeed and good luck. Please keep in touch ıs you inspire others to follow in your footsteps." - Mr. Jackson

Seniors: Clayton Gomez Coultas, Thomas Higgins, Austine Price

Early Childhood Ed.





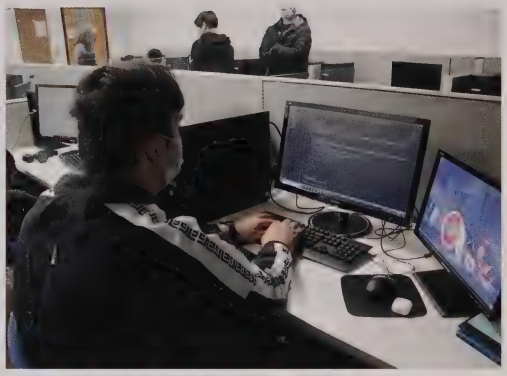


"This year, early childhood seniors are employed at the Medford Early Education Program (MEEP), Launch & Learn EduCare Center, Winchester Recreation After School Program (WRAP), and Kid Connection Preschool. These co-op opportunities have provided students on-the-job training in their chosen career path and it has been a joy to observe my students apply classroom theory/employability skills and build confidence in these real-world settings. Those are my proudest moments and theirs, too! To the Early Childhood Class of 2023 – Thank you for sharing your passion for working with young children with me. Wishing you much success in the future!" - Ms. Kirkpatrick

Seniors: Alexa Barone, Grace Stein, Chania Beauzil, Fernanda Leite, Jerreyunia Peoples, Tenzin Phunkhang, Samantha Ripley, Jennifer Silva

Programming & Web Development





The Programming and Web Development program combines computer systems administration, computer programming, and website development in order to prepare students for careers in the computer science industry. The program is designed to enable students to succeed in a highly technical, global environment.

Seniors: Kevin Gusmao, Tenzing Lobden, Montasir Moyen, Jonathan Ortiz, Vaibhav Saini, Sebastiano Sessa, George Toufas

Culinary











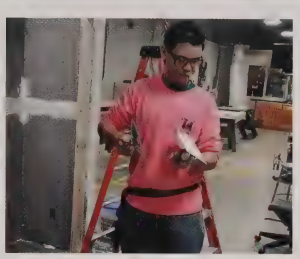
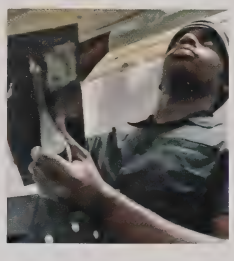
Culinary Arts students learn the principles and techniques of food preparation, handling, food service and restaurant management. The study of nutrition, sanitary codes, and inventory control are included in the competency-based curriculum.

"Seniors- best of luck in all your future endeavors. Always remember, you are the ones sculpting your future! Be well, be happy and EAT some awesome food!!" - Ethan Pearlstein

Seniors: Jeremiah Bellanton, Joseph Bendok, Christian Jourdan, April Rossi Ortiz, Luiz-Henrique Silva, Matthew Tran, Sofia Zanetti

Carpentry



tudents in the Carpentry program receive instruction in various methods, tools and materials sed in home construction. The primary focus is on house framing, siding, roofing, and nterior finish work, with additional consideration for utilizing green building products, nergy-efficient installation techniques, and high-efficiency mechanical systems including olar power.

eniors: Samuel Cardozo, Jake McGovern, Antonio Moreira, Christopher Ortiz, Dominic ellegrino, John Poli, Nicholas Rebelo, Nicolas Silva, Matthew Wright, Christian Ziobro-DeVitto

National Technical Honor Society



Senior Officers: Domenico Bruno, Jacklyn Whealan, Saika Corrielus, Christina Costa

Skills USA



SkillsUSA is a 350,000+ national membership association serving high school, college and middle school students who are preparing for careers in trade, technical and skilled service occupations, including health occupations, and for further education. SkillsUSA is a partnership of students, teachers and industry working together to ensure America has a skilled workforce.

District medal winners were senior Theo Jean, gold and junior Diego Hernandez, silver, in Graphic Imaging Sublimation, junior Danelle Jeune, Silver, in Cosmetology, and junior Jacob Wright, Bronze in Business Customer Service.

Vocational candids

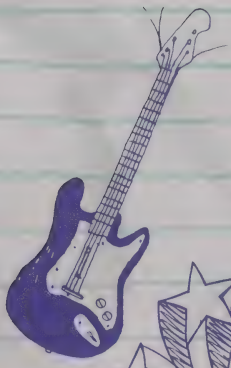


Gay Straight Alliance
E-Sports
Art Club
Mock Trial
Tufts Philosophy Workshop
Students 4 Society
Anime Club
Ceramics Club
Chess Club
Asian Club
Ethics Bowl
Hope Chest
Interact Club
Mustang News and MHS Mantra
Yearbook Club
Student Advisory Committee
CCSR
Black Student Union
Non-Traditonal Club
World Language Club
High School Quiz Show
National Art Honor Society

CLUBS







Gay Straight Alliance

The Gay-Straight Alliance is a collaboration among students of all sexual orientations that works to promote unity, tolerance, and respect for LGBTQ+ students and staff at Medford High. The GSA organizes various events of a social or activist nature, and the students get involved in LGBTQ+ events and organizations after school and on weekends. The GSA is run by Ms. Chalifoux and the students within the club.







Club Officers



Finn Sforza



Cameron Green



Axl Dufour



Theo Jean



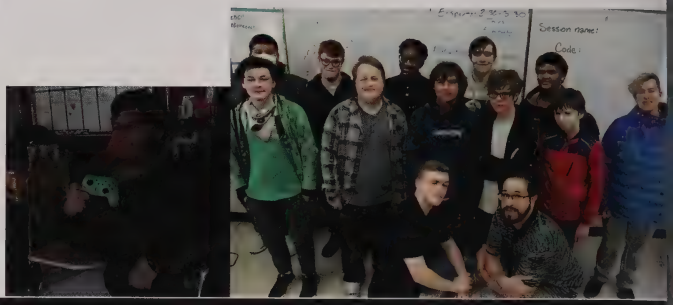
Ash LaFlamme

Women's History Month Assembly



E-Sports Team

E-Sports is where players compete to be the best at video-games. At the E-sports club, you will find students competing in games like *Mario Kart*, *Overwatch 2*, and *Super Smash Brothers Ultimate*.
Faculty Advisor: Nelson Maldonado



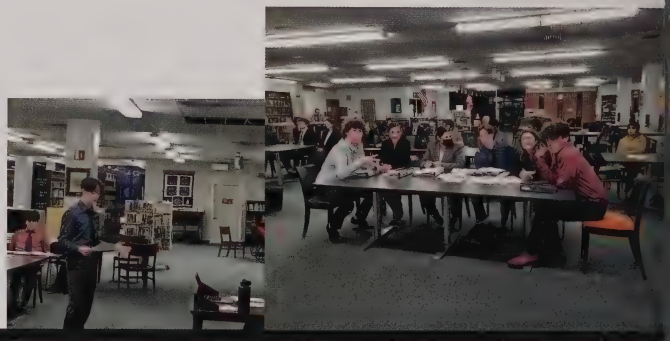
Art Club

The Art Club is a creative and vibrant community of students who are passionate about art and want to develop their skills. This club provides a space for students to explore different art forms and techniques, from drawing and painting to sculpture and mixed media.
Faculty Advisor: Suzanne Fee



Mock Trial

The Mock Trial Team is a group composed of highly motivated Government & Law students who learn and implement courtroom trial practice skills in a series of regional and statewide competitions each year.
Faculty Advisor: Elisabetta Daneu



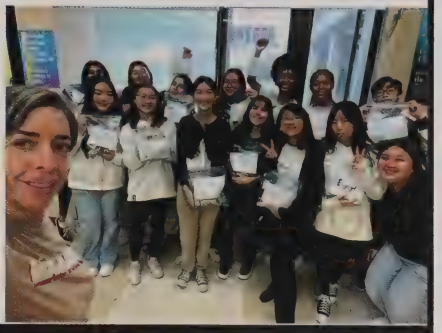
Tufts Philosophy Workshop

Students from Medford High and Tufts University collaborate to tackle existential problems in discussion and debate.
Faculty Advisor: Eric Esner



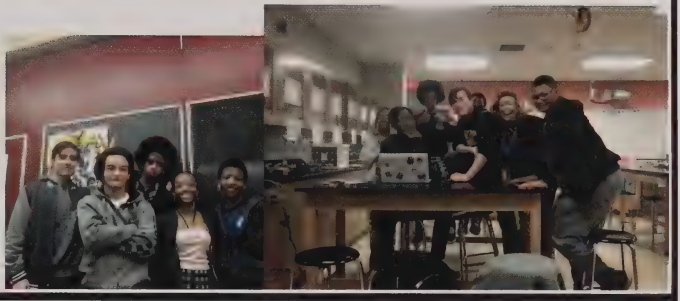
Students4Society

Students4Society helps provide for the homeless and hospitalized by raising money and preparing individualized packages. The club worked with American Red Cross and prepared care packages for newborns in Ukraine. Members meet twice per month and receive community service hours for their work.
Faculty Advisor: Saioa Diez



Anime Club

Anime Club is a social club for students who love watching Anime, reading Manga, and talking about Anime (Japanese animation).
Club Officers: Chauncey Alabre, Christopher Farrell, Danelle Jeune.
Faculty Advisor: Karley Perrin



Ceramics Club

Ceramics club is where students work with clay to make different sculptures or art works.
Faculty Advisor: Carey Smith



Chess Club

Chess club is where students us problem solving, decision making, and critical thinking to checkmate their opponents.
Faculty Advisor: Nicholas Kain



Ethics Bowl

At Ethics Bowl, students use philosophy to debate the morality of real-life cases. Medford's Ethics Bowl team won the New England Regional Bowl hosted by Tufts University, then beat Phillips Exeter Academy to qualify for and compete at the National High School Ethics Bowl at the University of North Carolina. Out of the 24 teams there, Medford placed fourth in the nation!



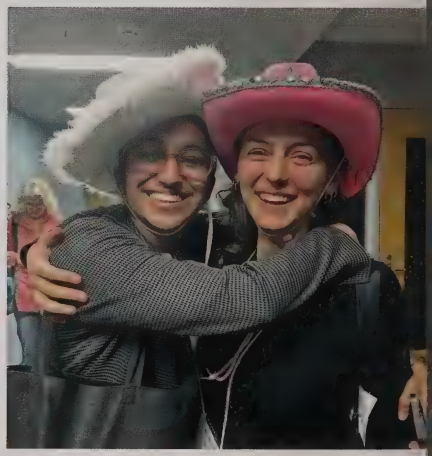
Team: Eamon Costello (Captain), Claire Gingo, Teagan Mustone, Vishal Romero, Abigail Sloan
Alternates: Sania Benipal, Matteo D'Aveta, Andre Dorritie
Faculty Advisors: Eric Esner, Audrey Ledbetter

















Asian Club

Logo designed by Senior Club member, Vina Le

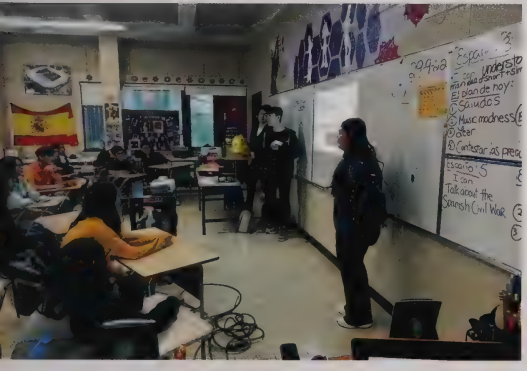
Medford's Asian Club promotes the unity, culture, and heritage of both non-Asian and Asian students among the city of Medford and the Greater Boston Area. Their goal is to showcase Asian culture through community service, weekly club meetings, and school-wide events and fundraisers. This year, the club exceeded their record of making the most profit during the Winter Bubble Tea Fundraiser, celebrated Lunar New Year at a local Vietnamese Restaurant (Pho Hoa in Malden), and plan for their second, annual Spring Bubble Tea Fundraiser in April.



Club Officers (left to right): Kaitlyn Truong (Vice President), Amy Nguyen (Secretary), Capland Cho (President), Justin Cho (Treasurer), Leanne Briand (Faculty Advisor)



"Take pride in your culture, be open to learn about other cultures, and as I always say to people: 'You don't have to be Asian to be in the Asian Club!'"
- Capland Cho





Interact Club

Interact is a student-led organization that actively works to promote the belief that everyone at Medford High School deserves to feel recognized, empowered, and involved. Interact focuses on community-building activities, creative service-learning projects, and volunteer opportunities. Monthly projects are student-initiated, carefully planned, and compassionately carried out.







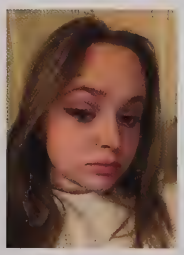
OFFICERS:



Grace Kallberg, Co-President
"Interact is my second home. I strive to make a place like that for others."



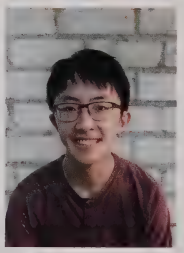
Maria Colombo, Co-President
"Interact helped me form a connection with my peers and my town. I have not only learned how to be a part of a community but to make a difference in one. I can't thank my club mates or advisors enough for the last three years."



Jacklyn Whealan, PR Director
"Being in Interact is giving back and bringing the community together. It is building friendships while panicking about the event we are trying to run. It is trying to find little ways to include people in the events, both participating in them and running them. It is becoming the community, and adding to it."



Owen Liao, Vice President
"Joining Interact club helped me realize that even the smallest acts of kindness or service can have a huge impact around those around me. I'm super grateful for the other club members and proud of what we've done to make MHS a better place!"



Kian Liao, Secretary
"Whenever I felt there was an opportunity to give back to our school or city, I was proud of my fellow Interact members that were always there to serve together. Our advisor and the upper class students have been great examples of having a heart for our community."



Chloe Polcaro, Logistics Coordinator
"Every day I wake up and ask myself how I can make someone's day better. Interact has given me the opportunity to build relationships and provide a fun and welcoming environment for everyone. Thank you to my advisors and club mates for helping me become the best version of myself I can be!"

Mustang News and Mantra

A message from a journalism student:

"Journalism has been one of the best class experiences I have had in high school! It has been such a great, interactive time. As someone who is pursuing journalism in college, this class has been such a helpful way to get my foot in the door. Mr. Geehan has been a great mentor, and has helped me feel satisfied with the articles I have written, and I know the class as a whole feels the same way!"

-Emma Desharnais





Yearbook Club

The creators of this book, Yearbook Club is dedicated year-round to creating, assorting, and distributing yearbooks to the entirety of the graduating class. From running errands to get pictures and information, to coming up with formats and layouts, there is always something to do in Yearbook Club. The club runs on teamwork and communication and the book quickly becomes a passion project of all who get a chance to work on it.



Student Advisory Committee

The M-SAC is a group of students elected by their peers or selected by their principals from the secondary schools in Medford. At the high school level, five students from comprehensive education and five students from vocational education are elected. These students are helping make decisions about school operations, educational policy and student rights. These students are initiating and carrying through projects to make changes in local schools.

Students want to have a say in decisions made about their education. Our American democratic system is rooted in the belief that all citizens who are affected by the system have a voice. Schools need students with leadership skills. The M-SAC gives students leadership training and experience to fill this need.

- Dr. Peter Cushing, advisor



CCSR Center For Citizenship and Social Responsibility



"Joining the CCSR has been the best decision I've made in high school. I have grown into a leader because of the advisors and mentors who believed in me."

President Naomie Pierre



"The CCSR has shaped me to become a better leader to my peers, a better friend, and to become more mindful of how much impact people can have when working together. The experience I have with the organization are truly wonderful and I will take its lessons with me for the rest of my life."

President Sophia Sunwoo



"The CCSR has been a paramount part of my experience being in high school! CCSR has taught me to become a better leader and encourage me to support others in our community."

Vice President Baban Gill



"The CCSR has helped me connect with my community to make a difference in the world. I'm incredibly lucky to be a part of the CCSR and it's made a huge impact on who I am today!"

Secretary Jonah Siegel



"After moving to Medford, I never truly felt a connection with the city until I joined the CCSR. This powerful organization allowed me to meet new people, learn new things, and ultimately make an impact in my community. I feel proud and lucky to have been a part of something beautiful."

Web Designer Dan Nyguen



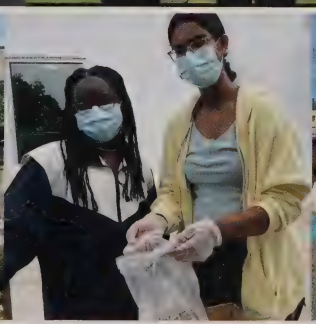





The mission of the CCSR is to develop responsible global leaders/citizens who will be positive contributors to society and will work to combat important social issues such as global warming, addiction, prejudice, racism, pollution, gender bias, poverty, public education, and health care. We believe by providing the proper learning activities, we can present students from becoming addicted to harmful substances and developing negative perceptions of others. The CCSR is a platform for student leaders to conduct projects for the betterment of the community.








Black Student Union

The Black Student Union works collaboratively in hopes of educating our diverse community. The BSU members focus on promoting the celebration of black culture to all racial backgrounds at Medford High School. This year, the BSU attended a Students In Action conference at Cambridge College to further educate themselves and others on racial dynamics.



Non-Traditional Club

The "Non-Traditional" club is a student organization open to Vocational students who are enrolled in non-traditional Vocational programs. This club offers opportunities to students to increase parity in their programs and to offer support to one another while they share their experiences. Examples of non-traditional would be female students in the building trades and male students enrolled in health assisting, child care, and the cosmetology programs. Students take part in state-wide conferences and activities to increase their future career opportunities and network with other students, as well as professionals in their technical fields.

"The group's mission is to help and support students to learn about and start careers in high-paying, high-skilled careers. These are careers that they might not ordinarily consider, either because they simply don't know about these opportunities or because they have been led in another direction due to societal pressure or stigma."

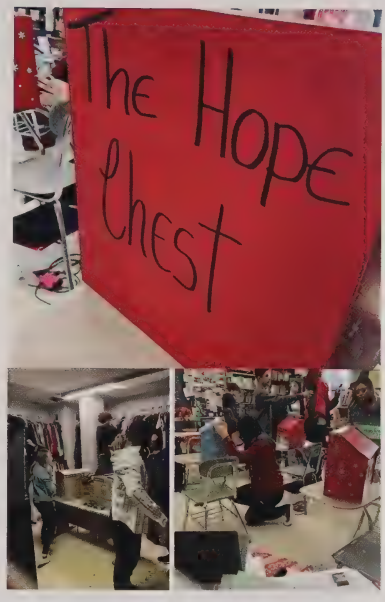
- Ms. Savini, advisor





Hope Chest

The Medford Community Hope Chest is a series of spaces within MHS used to collect and distribute resources among our Mustang families. We primarily collect and distribute clothing and school supplies to any student who could use them. The Hope Chest Club meets every Monday after school and students receive community service when they attend. We have a dedicated group of students who are helping to organize the resources we have, and increase the number of resources that go out to our community. This is my first year advising the club, with Ms. Taylor, and it has been a lot of fun!
- Ms. Emily Winskowicz, co-advisor



World Language Club

The World Language Club at Medford High School aims to educate students on different languages and cultures from around the world. Throughout the year, students involved in the World Language Club host events such as the Carnival Dance, holiday photo booths, and car washes as well. The profits from these events go toward scholarships awarded to seniors at the end of the school year.

Advisor: Ms. Lepore



Congrats to the

















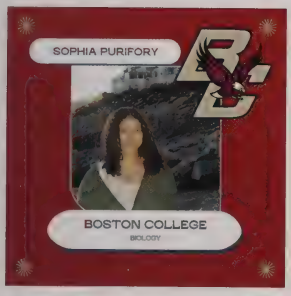




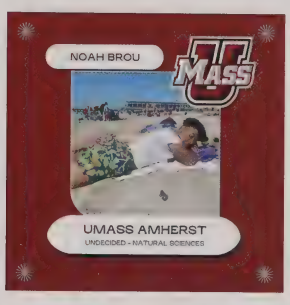




Class of 2023!



















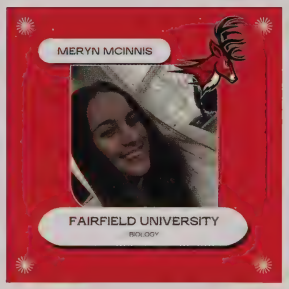






Congrats to the























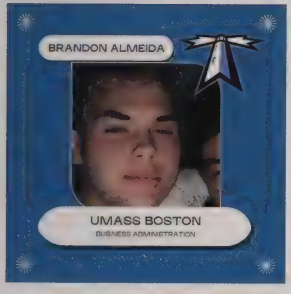


Class of 2023!





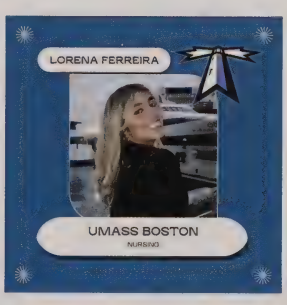


















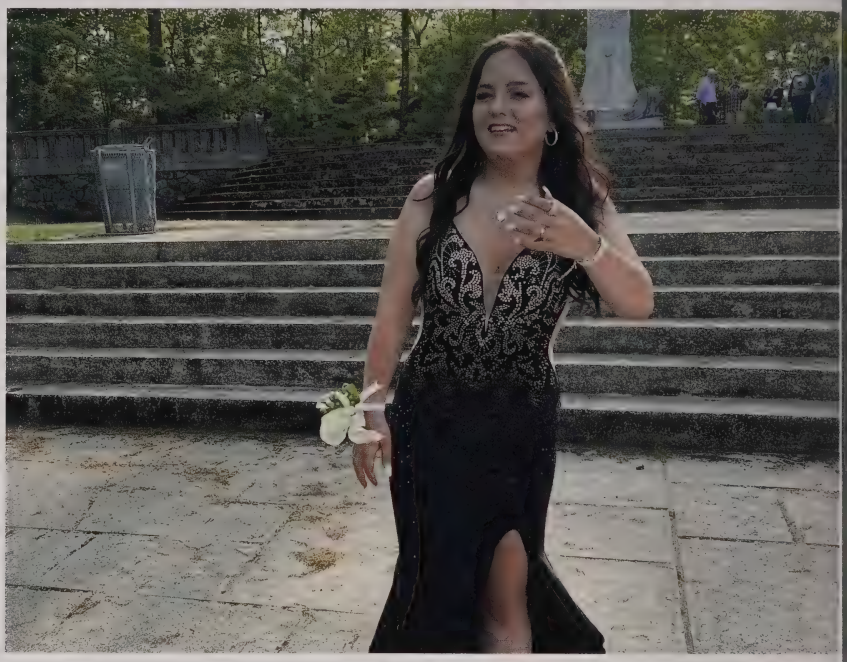


Lyndsay Vasques

You did it!!

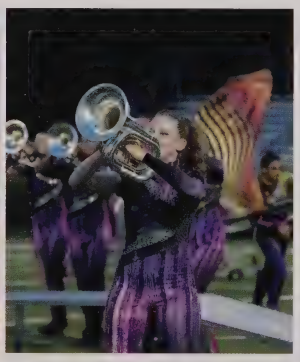
You have grown into a amazing person. We hope you can achieve everything your heart desires.

Love, Mom and Dad Robert



Teagan Mustone





Congratulations, Teagan, on graduating!

We'll miss watching you perform with the marching band, but look forward to what the next chapter in your life brings...you rock!

Love Mom, Dad, Quinn, Cullen, Nevin, Rowan and Declan

Felix Todhunter

We are all so proud of you! Smart, handsome and charming... is a list of things you are not. KIDDING!
We love you so much, Mom, Dad, Callie, Chaz and Peter

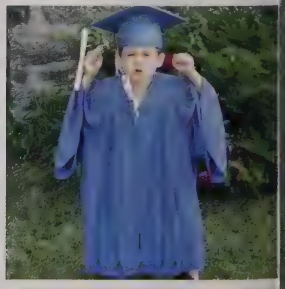


Ryan Monaco

Congratulations!

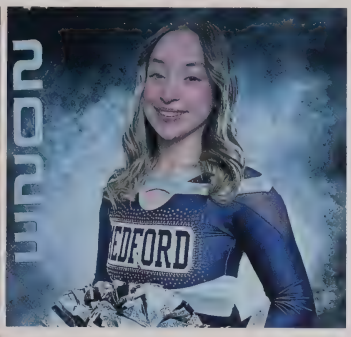
We are all so very proud of you and excited to celebrate your graduation with you! These last four years were not always the easiest but you did it!

Love always,
Mom



Magdelena Gomez







make it happen, girl. shock everyone.

Mama,

We are so very proud of you and the person you have become. You have shown us that no matter what you choose to do in life you will do it with everything you've got! Do not let anyone get in the way of your dreams! You've got this girl!!

Love always,

Mami, Papi, and Tyler

Rylee Walker

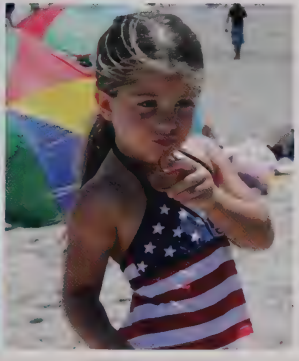


Congratulations!

We are so proud of you. You always put in 100% of everything you do. We can't wait to see what you accomplish next!

Love, Mom, Dad, Blake and Braden





Hunter Overberg



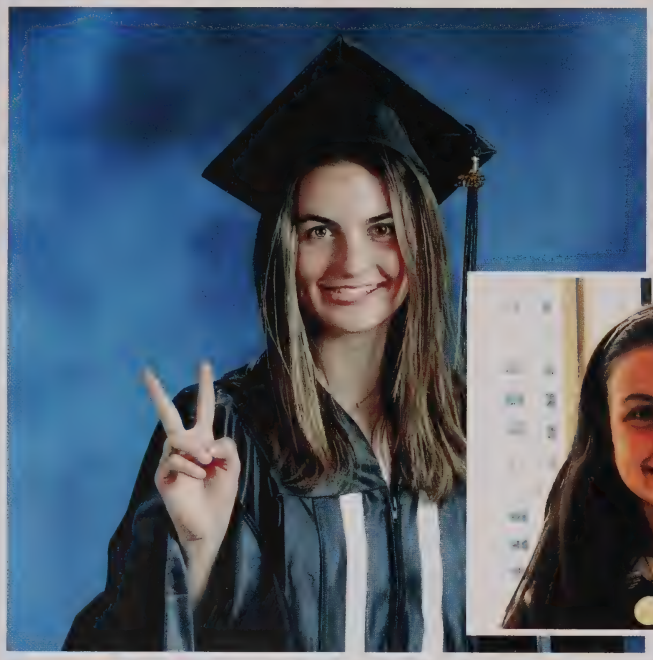


Hunter,

Congratulations on your graduation! We're so proud of everything you've accomplished. We wish you a happy, healthy, successful future. We can't wait to see what great things you'll achieve. Keep smiling :)

Love,
Mom and Dad

Maria Colombo





We are so proud of all you have done and become.

We can't wait to see what the future holds for you.

Love,

All of Us



Meryn McInnis



Dear Meryn,

Huge congratulations to you on your phenomenal & successful high school career. We love you & couldn't be prouder!

Cheers to you and best of luck & love as you continue on to college!

Mom, Dad, Ainsley & Isla









Jake Brown







Congratulations!

The moment you came into the world we knew our family was complete. We could not be more proud of you. "Promise me you'll always remember you're braver than you believe, you are stronger than you seem, and smarter than you think" - Winnie the Pooh

Love, Mom, Dad, Alyssa and Justin

Alex De Souza



Congratulation Alex!

We are so proud of you, always remember to treat the others the way you like to be treated.

Love, Mom, Dad, Alan and Arthur

Aidan Godley

Congratulations!

We have loved watching you become the incredible person you are! We are so proud!

Love Mom and Dad



Abigail Sloan

Congratulations!

We're so proud of you–your hard work, your adaptability in the face of challenges, and your embrace of new experiences and new places.

We're excited for your next adventure!

Lots of love, Mother and Father

Hannah Sophia McLaughlin

Hannah Sophia, we love you SO much, and we are SO proud of you! You are a beautiful soul whose smile and laugh light up a room. You are naturally curious, funny, creative and genuine, and have been the most important teacher for each of us. We are excited to see which path you choose, as we continue to marvel at the person you want to become. We will always be here for you to love and support you. And, remember what Audrey Hepburn said, "Nothing is impossible; the word itself says I'm possible."

Love, Mama, Dad, Marcello, and Sawyer



Sophia Purifory









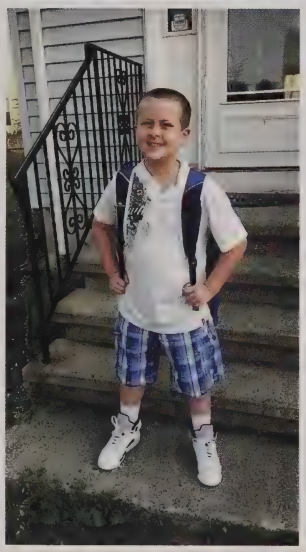
Sophia,

We are incredibly proud of everything you've accomplished all the way from Nursery School to Senior Year. You've worked especially hard these past 4 years and it's been wonderful to see all the great things you've done. Never lose your strong work ethic, continue being a leader, and keep reaching for the stars. You're such a beautiful role model to your siblings. You'll do amazing things at Boston College and we can't wait to watch you grow into the amazing woman you already have begun to be. We love you beyond words.
-Dad, Mom, Anthony, Carissa, Gianna, Nadia, Gabriella, and Kevin

Nicholas Milas



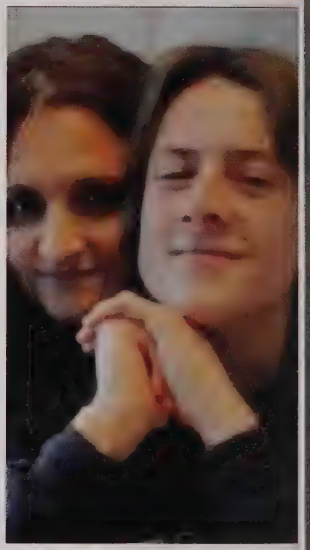




Dear Nicholas

It has been such an honor to watch you grow from a kind, joyful, fun-loving young boy into an intelligent, thoughtful and caring young man. We couldn't be prouder of you. We wish you happiness and success on this next journey. Congratulations on your High School graduation!

All our love
Mom, Dad and family







Thomas Ritchie IV

Congratulations Thomas!

We have enjoyed every second of watching you grow from a shy little boy to a smart, funny and kind young man. You are capable of accomplishing anything you put your mind to. Go get it Little Bro!

We love you always,
Mom and Dad











Christian Ziobro

Congratulations, Christian!

May the good Lord be with you down every road you roam, and may sunshine and happiness surround you when your far from home.

You have accomplished and conquered so much in life already.You are strong and resilient. Always stay humble and kind.

You are my pride and joy & my heart and soul, life is but a twinkling of an eye, Stay gold.

Be courageous and be brave, and in my heart, you will always remain forever young. I love you with all my heart.

Love, Mom



Autographs

Autographs

Autographs

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The Blue And White: 2023.
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