

Small changes,
big differences.



Fear-LESS Triple P for Adolescents

Takes the guesswork out of parenting anxious teenagers!
New positive parenting course starts soon....

Join our district's Mental Health Team
and learn skills and tips to
parenting anxious adolescents
and teens (5th -12th grades).

DATE Saturday December 7, 2024

TIME 8:30am – 4:30pm (Lunch provided)

VENUE Worthington Education Centre, 200 E Wilson
Bridge Rd

PRESENTER Kristina Walsh, LPCC and Amanda
Cooksey, MSW, LISW-S



Register TODAY, space is limited! Deadline to Register is 11/21.

Scan the QR code or use the link: <https://forms.gle/RA3wRVerRSfiZSQxXA>

www.triplep-parenting.net