

Nutrition Services 2024-25 POTENTIAL ALLERGEN LIST based on USDA Top Nine

BREAKFAST MENU ITEMS	Eggs	Milk	Soy	Wheat	Sesame	Fish	Nuts
Bagel, minis strwbry cheese		x		x			
Bagel, jalapeno cheese		x		x			
Burrito, Egg & Cheese	x	x	x	x			
Chorizo Cheese Pizza		x		x			
Breakfast sandwich, sausage			x	x			
Breakfast Pizza,Turkey sausage		x	x	x			
cinnamon roll	x	x	x	x			
Cereal, Rice Chex							
Cereal, Honey Scooters				x			
Cereal, Kix							
Cereal, cocoa puffs				x			
Cereal, cinnamon toast crunch			x	x			
Cereal, crispy rice							
Chicken on Waffles	x	x	x	x			
Eggs, Frozen Liquid							
Egg ,Hard boiled	x						
Egg Scramble Turkey Sausage (in egg chilaquiles)	x	x	x				
Egg Scramble Veg (Fiesta Blend)	x	x					
French Toast, Mini IW	x	x	x	x			
French Toast Sticks			x	x			
Granola				x			
Muffin , fresh baked	x	x		x			
Muffins ,variety	x	x	x	x			
Nada, Cinnamon Apple			x	x			
Oatmeal Round, Cinnamon Apple	x	x	x	x			
Oats,Rolled							
Pan Dulce	x	x	x	x			
Pancake sausage roll up	x		x	x			
Pancake, mini confetti	x	x	x	x			
Pancakes, whole wheat	x	x		x			
Pop-tarts			x	x			
Sliced Loaf, flavor variety	x	x	x	x			
Turkey, Egg, Cheese Calzone	x	x	x	x			
Waffles, Mini Maple IW	x	x	x	x			
Waffles, Belgian	x	x	x	x			

Yogurt (Chobani, Dannon, Yoplait)		x					
LUNCH MENU ITEMS	Eggs	Milk	Soy	Wheat	Sesame	Fish	Nuts
Alfredo Pasta	x	x		x			
Burrito, Bean & Cheese		x	x	x			
Burrito, Bean and Cheese (Ardellas)		x	x	x			
Burrito ,Beans & Rice				x			
Beef , slices fully cooked							
Beef Burger							
Black Bean Burger			x				
Beef & Cheese Crispy Tacos		x	x				
Cheese Sliders, twin		x	x	x			
Cheese, dip cup; string cheese		x					
Chicken, Corn Dog	x		x	x			
Chicken , Fajita			x				
Chicken, Drumsticks				x			
Chicken, Nuggets			x	x			
Chicken, Patty crispy			x	x			
Chicken, Patty spicy			x	x			
Chicken, tenders			x	x			
Chicken, orange	x		x	x			
Chicken, poppers				x			
Chicken, Sweet and Sour	x		x	x			
Chicken Rolled Crisp Ups		x	x	x			
Enchilada, Cheese		x	x				
Fish Fillet (Potato Crunch Pollock)		x		x		x	
Fish Sticks							
Grilled Cheese Sandwich		x	x	x			
Hummus, cup							
Hummusburger			x	x	x		
Macaroni and Cheese	x	x		x			
Meatless Crumble / Taco Filling							
Meatball Hoagie Sandwich	x	x	x	x			
Meatball, All beef							
Nacho Cheese Sauce		x					
Nada , Turkey Taco		x	x	x			
Cheese Pizza (Big Daddy's)		x	x	x			

Cheese Pizza ,Galaxy		X	X	X			
Cheese Pizza, French Bread		X	X	X			
Pepperoni (Turkey)Pizza,(Big Daddys)		X	X	X			
Pepperoni Stuffed Sandwich	X	X	X	X			
Cheese Pull Aparts		X		X			
Sunbutter Sandwich,Grape			X	X			
Sunbutter Meal Kit		X		X			
Three Bean Chili							
Turkey ,BBQ			X				
Turkey Ham & cheese croissant	X	X	X	X			
Turkey Taco Filling			X				
Yakisoba Noodles				X			
SIDES/SNACK MENU ITEMS	Eggs	Milk	Soy	Wheat	Sesame	Fish	Nuts
Roll, Artisan			X	X			
Bread, Sandwich		same bakery	X	X			
Roll, Deli			X	X	X		
Bun, mini wheat			X	X	X		
Bun,Hamburger		same bakery	X	X			
Bun, submarine			X	X	X		
Cheese Lunch Pack (Ardella's)		X	X	X			
Crackers,Cheez Its		X	X	X			
Crackers.wheat				X			
Cornmuffin	X	X	X	X			
Gravy Mix		X					
Whole grain Pita				X			
Potatoes,mashed		X	X				
Toast,Texas garlic		X	X	X			
Tortilla, flour				X			
Tortilla Chips			X				
Sunflower kernals							
String Cheese		X					
Ultimate Breakfast Round (UBR)	X	X	X	X			
Beef Salami Slices							
Turkey & Swiss Combo		X					
Coleslaw Dressing	X						
Tzatziki Sauce		X					
Ranch Dressing		X					
Mayonnaise	X						

Teriyaki Sauce			X	X			
Tiki Masala Sauce		X					
Korean BBQ Sauce			X				

as of 9.20.24

* subject to change based on product availability
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