

Athletic Registration: How to Register for Athletics

1. Everyone must submit a [Health History Update Questionnaire](#) and [OTS Parent Medical Authorization Form](#). Please email these forms to the school nurse at smedenilla@tewksburyschools.org or send in a hard copy with your child.
2. You must submit a physical annually! A current physical must be completed within the past 365 days. If you have not done so already, please have your child's medical provider complete the [Medical Eligibility Form](#).
3. If your child has life threatening food allergies, asthma, or seizures - you must submit a current action plan to the school nurse, along with current medication if applicable, prior to the first day of tryouts.

Please visit the [OTS Athletics website](#) for more information!



Athletic Registration: Frequently Asked Questions

What paperwork do I need to submit to the school?

- Every season, a parent/guardian must submit the [Health History Update Questionnaire](#) and [OTS Parent Medical Authorization Form](#) to the school nurse via email at smedenilla@tewksburyschools.org or send in a hard copy with your child. (*PARENT COMPLETES*)
- Once a year, you must submit the [Medical Eligibility Form](#) (*MD COMPLETES*)

I'm confused. Do I need to get a physical for my child yearly?

- YES! Physicals should be conducted by your child's physician yearly. The doctor will need to fill out the [PPE Medical Eligibility Form](#) once a year.

My child has asthma and/or a life threatening food allergy, what do I need to do?

- You must submit your child's [Allergy Action Plan](#) or [Asthma Action Plan](#) along with the Health History Update Questionnaire (every season) and the annual PPE Medical Eligibility Form (annually). The action plan forms must be given to the school nurse at the start of each new school year. Your child CANNOT play without these plans, we want to keep them safe!

What sports are available at Old Turnpike School?

- See the list on our [Athletics](#) homepage.

What else do I need to know about Athletics?

- Every season you will need to review and acknowledge receipt of the following topics:
 - [Concussions in Athletes](#)
 - [Sudden Cardiac Death in Young Athletes](#)
 - [Opioid Use and Misuse Educational Fact Sheet](#)
 - [Sports Related Eye Injury Fact Sheet](#)

