



OLWEUS® BULLYING PREVENTION PROGRAM

The Olweus Bullying Prevention Program (OBPP) is a whole school program that has been proven to prevent or reduce bullying throughout a school setting.

The Hazelden Foundation is the leading publisher of evidence-based prevention programs and the exclusive publisher of the OBPP, the most researched and best-known program of its kind. OBPP has over 35 years of research and successful implementation all over the world. Many schools that have used the program have seen reductions in bullying behavior by 50 percent or more.

OBPP is used at the school, classroom, and individual levels and includes methods to reach out to parents and the community for involvement and support. School administrators, teachers, school social workers, and other staff are primarily responsible for introducing and implementing the program. These efforts are designed to improve peer relations and make the school a safer and more positive place for students to learn and develop.

What Are the Goals of OBPP?

- To reduce existing bullying problems among students.
- To prevent the development of new bullying problems.
- To achieve better peer relations at school.

For Whom is OBPP Designed?

OBPP is designed for students in elementary, middle, and junior high schools (students age five to fifteen years old). All students participate in most aspects of the program, while students identified as bullying others, or as targets of bullying, receive additional individualized interventions.

Is the Olweus Bullying Prevention Program a Nationally Recognized Program?

The Olweus Bullying Prevention Program has received recognition from a number of organizations including:

- *Blueprints Model Program*, Center for the Study and Prevention of Violence, **University of Colorado at Boulder**
- *Model Program*, Substance Abuse and Mental Health Services Administration, **U.S. Department of Health and Human Services**
- *Effective Program*, Office of Juvenile Justice and Delinquency Prevention, **U.S. Department of Justice** *Level 2 Program*, **U.S. Department of Education** ("Level 2" programs have been scientifically demonstrated to prevent delinquency or reduce risk and enhance protection for delinquency and other child and youth problems.