

Programs

Adult

Partial Care and Intensive Outpatient

- Mental Health
- Eating Disorders
- Co-Occurring Disorders
- Substance Use Disorders
 - Additional Outpatient Groups

Adolescent & Middle School

Partial Care and Intensive Outpatient

- Mental Health
- Co-Occurring Disorders
- Substance Use Disorders

Programs include Group, Individual, and Family Therapy and Medication Management

****ALL SERVICES AVAILABLE VIRTUALLY VIA TELEHEALTH****



The LGBTQ+ Track

Treatment with Pride

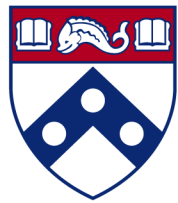
High Focus Centers



In network with all major insurance providers



highfocuscenters.com | (800) 877-3628 | Locations in NJ and CT



Penn Medicine

Princeton House Behavioral Health

Princeton House - Outpatient

Princeton (2)
Moorestown
Eatontown
Hamilton
North Brunswick



Princeton House - Outpatient

Intensive Outpatient via Telehealth

- 3 hours per day
- 3 or 5 days per week
- Children and Adolescents IOP group counseling from 12:30-3:30



Princeton House - Outpatient

- **Children's Psychiatric Program**
 - **Ages 6-12**
 - Improve self-control and coping ability
 - Express emotions in a positive way
 - Function in healthier ways at school/home
 - Improve self-esteem
- **Adolescent Programs**
 - **Ages 13-18**
 - Psychiatric
 - Co-occurring disorders
 - DBT



What I liked most?

"Attention spent with my individual needs, diverse education and treatment. And especially my art and music therapists."

Princeton House - Outpatient

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Cherry Hill Fire Department Resources



- Fire Safety Presentations
 - Senior Citizens
 - Civic Association Groups
 - Church Groups
 - Assisted Living
- Fire Extinguisher Training
 - Businesses
 - Schools
 - Public Works Personnel

Cherry Hill Fire Department Resources



➤ Schools

- Kindergarten- Firefighters visit the school
- 1st, 3rd & 5th grades- curriculum is provided to the teachers to teach
- 7th & 8th grades- taught by CHFDP Public Education Officer
- Operation Prom- 3 High Schools

Cherry Hill Fire Department Resources



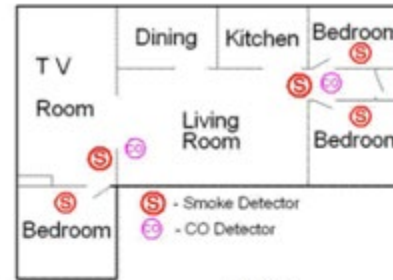
- Smoke Alarm Program
 - Available to Seniors throughout the Twp.
 - Providing a maximum of 3 alarms per home
 - Minimum: one on each level
 - Check monthly
 - Change clocks- change batteries
- Carbon Monoxide Alarm
 - Minimum: in area of bedrooms in hallway
 - Additional: one on each level
 - Check monthly

Cherry Hill Fire Department Resources



- Smoke Detector
 - CO Detector

Figure 1



- Smoke Detector
 - CO Detector

Figure 2

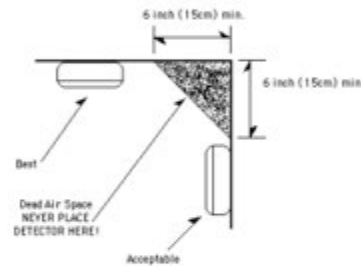
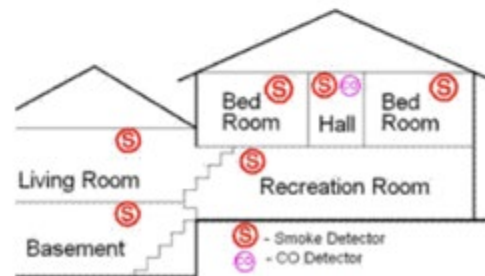


Figure 3



- Smoke Detector
 - CO Detector

Figure 4



- Smoke Detector
 - CO Detector

Figure 5

Cherry Hill Fire Department Resources



- Neighborhood follow-up after the fire
- Juvenile Fire Setting Program
 - Countywide program for youth 4-18
 - Fire Safety Education
 - Family and individual therapy
- Vial of Life Program
 - <https://www.vialoflife.com/>
 - System to store medical history in your home
 - accessible to responders

Cherry Hill Fire Department Resources



- **Babysitting Class**
 - Offered for youth from 12-16 years old
 - Become CPR certified as well as Babysitter Certified
- **Car Seat Check Up Events**
 - Monthly check up event 2nd Friday of every month

Cherry Hill Fire Department Resources



- Refer to the Cherry Hill Fire Department Web-site
- Cherry Hill Fire Department Fire Headquarters 856-795-9805, Press 5 for Public Education




Assurance Behavioral
HealthCare

Dr. Harry Green, Practice Director

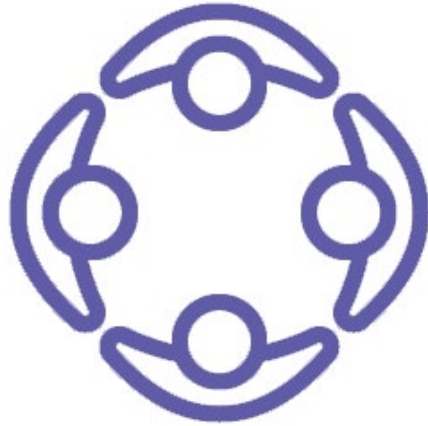
Phone: (856) 528-2207

Website: assurancebh.net

Our practice is based on the belief that in all of us exist the capacity for personal growth and self-understanding. Through therapy, individuals, and families can identify strengths, remove obstacles, and solve problems. **Our clinicians are experts in guiding and supporting people through that process.**



Our Services



PSYCHOTHERAPY
Individual and Group



COUNSELING
Couples and Family



PSYCHOLOGICAL
Assessments & Treatments

Types of Psychotherapy Challenges

ANXIETY

DEPRESSION

BEREAVEMENT

TRAUMA

MARTIAL DISCORD

SCHOOL UNDERACHIEVEMENT

ANGER MANAGEMENT

Effective School Solutions

Mental health best practices and innovative clinical programs that provide each student with comprehensive support tailored to their needs within the school day.

Kelly Deegan - Bret Harte Elementary
Jennifer Gomez - Rosa Middle School
Julna Corrielus -High School East
Danielle Fisher - High School West
Kelsey McGarvey - Alternative High School
Katherine Mott - Alternative High School

WHAT IS ESS?

Since 2009, Effective School Solutions has been a leader in in-school mental health. We began as private therapeutic day school, an out-of-district placement for students who could not be served in their home district. From that experience, came an idea-why couldn't the same type of clinical programming be adapted and offered within the four walls of a school building, so that students can be retained in district? From this simple idea, ESS was founded.

In the last 10 years, the ESS approach has become the gold standard for embedded, in-school clinical programming.

ESS and Cherry Hill Public Schools

- ESS is a service provided by the Cherry Hill School District that offers high-quality, in-school mental health care, with a licensed clinician, at no additional cost to you and your family.
- ESS is currently in Bret Harte Elementary, Rosa Middle School, High School East, High School West, and the Alternative High School.
- Students recommended for this service have an IEP and have been diagnosed with a behavioral and or emotional need.
- Referrals to an ESS Program can be made through your student's School Counselor or CST Case Manager.

How does ESS Work?

Through therapy, clinicians help and support students as they are experiencing:

- Anxiety
- Depression/hopelessness
- Poor anger management
- Conflict with family, peer, or school relationships
- Oppositional behaviors
- Poor self-concept
- School refusal/avoidance
- Substance use
- Poor social skills/social awkwardness
- Poor impulse control

Clinicians also provide the following:

- Daily group therapy and weekly individual therapy
- Family therapy and support groups for parents
- School avoidance interventions, including home visits
- Behavior modification plans and contracts

RESULTS

- ▶ Improves quality of care for students with severe emotional and behavioral challenges within the school setting
- ▶ Improves academics, attendance, and discipline for students with severe emotional and behavioral challenges
- ▶ Reduces classroom and school-wide disruptions



MENTAL HEALTH IN OUR COMMUNITY

MARY ANN AGER, MD

WHAT IS GOOD MENTAL HEALTH IN THE AGE OF COVID19 ?

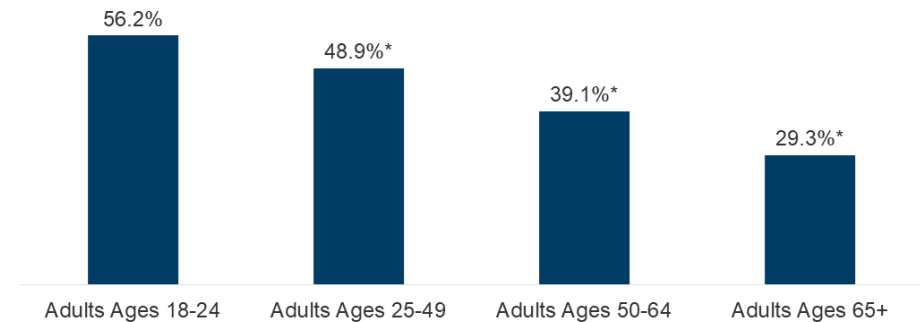
The World Health Organization defines good mental health as a “state of wellbeing” in which every individual realizes their own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to their community.

There are TWO effects of COVID 19 on mental health:

1. Stress, change, and challenges in work, social, and educational spheres.
2. Direct damage to the brain by Covid19 virus and the body’s reaction to the virus.

Figure 3

Share of Adults Reporting Symptoms of Anxiety and/or Depressive Disorder During the COVID-19 Pandemic, by Age



NOTES: *Indicates a statistically significant difference between adults ages 18-24. Data shown includes adults, ages 18+, with symptoms of anxiety and/or depressive disorder that generally occur more than half the days or nearly every day. Data shown is for December 9 – 21, 2020.
SOURCE: U.S. Census Bureau, Household Pulse Survey, 2020.

KFF

IMPROVE YOUR MENTAL HEALTH AT HOME

- *PREPARE FOR/PREVENT VIRAL ILLNESS
- * MAINTAIN SLEEP, EAT REGULAR MEALS, AND EXERCISE
- *LIMIT USE OF ALCOHOL, TOBACCO, AND DRUGS
- *PRACTICE RELAXATION, MEDITATION, BREATHING
- *ENGAGE IN ENJOYABLE HOBBIES
- *TALK ABOUT WORRY/CONCERN WITH LOVED ONES

MENTAL HEALTH RESOURCES IN CHERRY HILL

PRIVATE PRACTITIONERS

OAKS BEHAVIORAL HEALTH

EMERGENCY SERVICES

YOUR INSURANCE COMPANY REFERRALS

TELEMEDICINE

CUTTING EDGE/NEW TREATMENTS

MEDICAL FOODS

GENETIC TESTING

TRANSCRANIAL MAGNETIC STIMULATION

INFUSION/NASAL KETAMINE