

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Allen Park Public Schools

Month and year of current assessment: N/A

Date of last Local Wellness Policy revision: 3/31/2023

Website address for the wellness policy and/or information on how the public can access a copy:

Allenparkschools.com

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Annually

School Wellness Leader:

Name	Job Title	Email Address
Amanda Omodio	Food Service Director	omodio@appublicschools.com

School Wellness Committee Members:

Name	Job Title	Email Address
Deborah Arnoldy	District Nurse	arnoldyd@appublicschools.com
Colleen Nightingale	Food Service Secretary	nightingale@appublicschools.com
Stephen Zielinski	Principal	zielinski@appublicschools.com
Jennifer Warren	Board Member/Parent	chirojenmsu@msn.com
Wedad Budop	PE Teacher	budop@appublicschools.com

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

We are using The Michigan State Board of Education Model Local School Wellness Policy

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Allen Park Public Schools

Date: 4/6/2023

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Example: Food and beverages will not be used as a reward for students.	a) Provide teachers with list of non-food reward examples. b) Discuss changes at back-to-school staff training. c) Follow-up mid-year to discuss challenges and determine additional communication needed.	Before the beginning of next school year.	– Verbal check-ins with staff to ensure compliance. – Teacher survey at end of school year.	Principal	Teachers, staff, students	Yes
The Food Service Department will provide parents and community members with healthy eating and nutrition information.	Monthly newsletter posted on District Website. Starting in the 23-24 school year.	7/1/23	Physically verify materials	Food Service Director	All students, staff, and parents	In progress This will be done monthly.
Hang posters in the cafeteria promoting My Plate and Nutritional Posters.	Purchase new signage for district buildings promoting Explain A Meal.	5/31/23	Verify My Plate Posters are hung in all buildings.	Food Service Director	All students, staff, and parents	Yes
Café nutrition promotion and healthy marketing	Nutrislice nutrition analysis and allergen options.	9/7/2023	Menu analysis	Food Service Director	Students/parents/ Building admin/ FS department.	Yes

Physical Activity Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The district shall offer physical education opportunities that include the components of a quality physical education program.	The curriculum will align with the current recommended guidelines.	9/7/22	Ensure course curriculum is met.	Curriculum Director	Students/Staff/Parents	Yes
Biannually, the school shall provide information to families to encourage and assist them in efforts to incorporate physical activity into their child's daily life.	Information in the form of a flyer or social media post encouraging physical activity outside of school will be posted or sent out to families twice a year for students and parents to view.	9/5/23	Staff will ensure that information is sent out or posted twice a year.	District Nurse	Students, Family members, Staff, and Community.	No

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Before and after school clubs that promote physical activity and healthy eating.	Start a kid-friendly Zumba class to be offered to the students.	1/7/2023	Website/Flyers	Elementary Principal	Students/Principal	Yes
During school activity that promotes physical activity.	Mileage Club offered at the Elementary level	5/1/2023	Website/ Parent letter	Elementary Principal	Students/Principal	In progress

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Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
School Meals meet USDA Requirements.	All complete school meals must meet USDA guidelines.	9/7/2022-6/15/2023	Nutrition check/Audits	Food Service Director/Admin Review with MDE Analyst.	Students/parents/FS department/Building Administration/Allen Park Business officials/MDE	Yes
To offer more locally grown Fruits and vegetables.	Get connected to local farmers to purchase locally grown items.	6/30/2023	Connect with our distributor to get a list of local farms	Food Service Director	Students/Staff	In progress

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Smart Snacks products are provided through the district	Make sure all vending machines are Smart Snack compliant.	2/28/23	By Principal/Staff	High School Principal	All students and staff	Yes
Fundraisers are Monitored and have allergen compliance	a) Offer allergen-friendly options. b) All fundraisers are monitored and approved by the building administration. c) All food fundraisers are smart snack compliant.	6/30/23	Visual check	Food Service Director	Athletics/FS department/Vending/Principals/students	In progress

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Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
All marketing smart snack compliant	a) Check all vending machines for marketing b) Check all food service signs and containers for marketing c) Cover any "non-compliant" marketing with compliant nutrition posters or other graphics	Immediately	Visual	Food Service Director	Athletics/FS department/Vending/Principals/Students	Yes
Marketing on coolers, banners, and vending machine graphics must be compliant with USDA Smart Snack nutrition standards for items sold during the school day.	The Food Service Department will only order & promote Smart Snack Items for the food service program. Schools will evaluate their equipment and banners and seek out alternate options from vendors.	6/30/23	Physically verify materials to ensure they meet Smart Snacks.	Food Service Director	Students/Staff	In progress