

Program Components to be Implemented

School-Level Components

1. Establish a Bullying Prevention Coordinating Committee
2. Conduct committee and staff trainings
3. Administer Olweus Bullying Questionnaire
4. Hold staff discussion group meetings
5. Introduce the school rules against bullying
 - We will not bully others.
 - We will try to help students who are bullied.
 - We will include students who are left out.
 - If we know that somebody is being bullied, we will tell an adult at school and an adult at home.
6. Review and refine the school's supervisory system
7. Hold a school kick-off event to launch the program
8. Involve parents

Classroom-Level Components

1. Post and enforce school rules against bullying
2. Hold regular class meetings
3. Hold meetings with students' parents

Individual-Level Components

1. Supervise students' activities
2. Ensure that all staff intervene on-the-spot when bullying occurs
3. Hold meetings with students involved in bullying
4. Hold meetings with parents of involved students
5. Develop individual intervention plans for involved students

Community-Level Components

1. Involve community members on the Bullying Prevention Coordinating Committee
2. Develop partnerships with community members to support your school's program
3. Help to spread anti-bullying messages and principles of best practice in the community