# **Preparing Your Child for Kindergarten**

## Skills Checklist

(retyped with permission from iParenting.com)

# MY CHILD: YES NOT YET

#### **Gross Motor**

- 1. Runs, jumps and skips
- 2. Walks backwards
- 3. Walks up and down stairs

## Fine Motor

- 1. Puts a 10 to 12 piece puzzle together
- 2. Holds scissors correctly
- 3. Holds a crayon or marker correctly

#### Social Skills

- 1. Uses words instead of being physical when angry
- 2. Speaks clearly where an adult can understand him
- 3. Plays with other children and can make choices
- 4. Follows simple directions
- 5. Expresses feelings and needs
- 6. Goes to the bathroom by himself
- 7. Waits her turn and shares
- 8. Talks in sentences
- 9. Asks questions about things around him
- 10. Enjoys having books read to her
- 11. Can tell a story about a past event
- 12. Says please and thank you
- 13. Can spend extended time away from mom and dad

## Academic Skills

- 1. Recognizes shapes (square, circle, triangle, rectangle)
- 2. Can sort items by color, shape and size
- 3. Can identify six parts of his body
- 4. Understands concept words such as up, down, in, out, behind, over
- 5. Counts from 1 to 10 with 1-to-1 correspondence, rote counting beyond 10
- 6. Recognizes basic colors
- 7. Tries to write her name; should be able to write name
- 8. Recognizes his name

## **Personal Information**

- 1. Knows her full name
- 2. Knows how old he is
- 3. Knows her address and phone number
- 4. Knows his mother and father's first names