



December 2023

**MIDDLE SCHOOL
BREAKFAST MENU**

Daily:
Assorted Whole Grain Cereals/ Graham Cracker
Assorted Whole Grain Toaster Pastries
Breakfast Sandwich on WG Bagel: Egg & Cheese, Egg, Chicken sausage & Cheese, **WG = Whole Grain**
All Breakfast Meals Must Include Choice of ½ cup of Fresh Fruit or 100% Juice Apples & Oranges, seasonal fruit when available and may Include: 1% Low-Fat or Skim Milk

| MON | TUES | WED | THURS | FRI |
|--------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------|----------------------------|-------------------------------------------------------------|
| <i>Provided Daily 1% and Skim Milk, Oranges, Apples and availability of Seasonal fruit</i> | <i>Please call Food Service 856-424-2316. Meal Applications can be filled out anytime during the school year</i> | <i>Full Price Breakfast \$2.00 and Full Price Lunch \$3.25</i> | | 1 Cinnamon French Toast |
| 4 | 5 | 6 | 7 | 8 |
| WG Berry French Toast | WG Chocolate Crescent Roll | WG Donut Holes | Cinnamon Toast Crunch Bar | Chicken Sausage Pancake Bites <i>Week 3</i> |
| 11 | 12 | 13 | 14 | 15 |
| WG Apple Frudel | WG Confetti Pancakes | French Toast Sticks | Cocoa Puff Pastry | WG Banana Bread <i>Week 4</i> |
| 18 | 19 | 20 | 21 | 22 |
| Creamy Cheese Cinnamon Bagel | Chocolate Eggo Waffle | Glazed Pumpkin Donut | French Toast Sticks | Cinnamon Toast Crunch Breakfast Bar <i>Week 5</i> |
| 25 | 26 | 27 | 28 | 29 |
| School Closed | School Closed | School Closed | School Closed | School Closed |
| | | | | <i>Week 1</i> |

Powering potential.™

Menus are subject to change.



This institution is an equal opportunity providers