

Dear Parent(s)/Guardian(s),

The Cherry Hill High School Nurses aim to provide the best possible school health care. We appreciate your cooperation in keeping us updated on your teen’s health status throughout his /her high school years. Please complete the following forms annually for your child. All forms can be found on the Nurse’s E-board.

1. **Medication Authorization Form**—Complete this form if you choose to have your teen receive medication during the school day or on school trips.
 - a. Medication orders **MUST** be signed by your physician every academic year for both prescribed and over-the-counter medications.
 - b. Advil [ibuprofen] and Tylenol [acetaminophen] may be given to a student with signed permission from the parent/guardian.
 - c. If your child cannot swallow pills, please send in liquid or chewable tablets.
 - d. All medication must come in its original container or prescription labeled bottle.
2. **Emergency Contact Information**— Please review for accuracy and completeness.
3. **Asthma and Life Threatening Allergies:** Forms on Nurse e-board.
 - a. Authorization for Self Administration of Asthma Inhaler and/or Epinephrine Medication. This form must be completed for all who will carry their own inhaler and/or Epi-pen.
 - b. Food Allergy & Anaphylaxis Emergency Care Plan. This form is necessary to understand your child’s reaction when exposed to allergens
 - c. Asthma Action Plan
4. **Sports Physicals**—NJ DOE Pre-Participation Physical Evaluation Packet (May 2015) form is the **ONLY** acceptable form that can be used. See the Athletics or Nurse E-board for up-to-date versions of required forms.
 - a. A physical is valid for one year from the date of the exam.
 - b. Online Health History Update & Permission Form must be completed for every season you wish to participate in a sport. Registration procedure can be found on athletic or nurse e-board.
 - c. **Due Dates: FALL—July 24th , WINTER—October 31st, SPRING—February 1st**
5. **Immunizations**— Please provide us with updates when possible

**** Illness**

Is my child too sick to go to school? To determine if your child should stay home, use these guidelines or contact your school nurse.

- Fever of 100 degrees Fahrenheit or more: Keep your child home for a minimum of 24 hours after the temperature returns to normal (98.6) without the use of fever reducing medication.
- Vomiting or Diarrhea: Keep your child home for a minimum of 24 hours after the last episode.
- Rash: If the cause is unknown, please check with your physician before sending your child to school.
- Based on your child's demeanor, ask “ Is my child available to learn?”

Please contact your building nurse for any questions

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