

November 2023 Pre K Lunch Menu Lawnside School



DAILY ALTERNATES:
 4. Uncrustable PBJ Meal w/ String Cheese
FRUIT: Fresh, Cupped & 100% Fruit Juice
MILK: 1%White, Lactaid

No Pork is Served in Our School
 (Ham, Bacon, Sausage = Turkey)

<p>Choose 1 Entrée. Lunch Includes: Protein ~ Grain ~Fruit~ Veggie ~Milk Choose at least 3 out of 5 components including a fruit or veggie. You may take 2 fruits & 2 veggies. All salads come with a grain.</p>		WEDNESDAY 1 1. Cheese Pizza Slice 2. American Hoagie 3. Turkey Club Wrap SIDES: Baby Carrots Peach Cup MILK CHOICE	THURSDAY 2 1. Philly Cheese Steak 2. Chicken Nuggets/ Goldfish 3. Garden Salad w/ Cheese SIDES: Baked Beans 100% Apple Juice MILK CHOICE	National Sandwich Day 1. Cheese Pizza 2. *Sausage Sliders 3. Buffalo Chicken Salad SIDES: Broccoli Bites Fresh Pear MILK CHOICE
		MONDAY 6 1. Nacho Grande 2. All Beef Hot Dog 3. Soft Pretzel Meal SIDES: Mexican Corn Pear Cup MILK CHOICE	TUESDAY 7 1. Chicken Alfredo Pasta 2. Hamburger on a Bun 3. Bread Stick Cravable SIDES: Green Beans 100% Grape Juice MILK CHOICE	Tongue Twister Day 1. Cheese Pizza Slice 2. Italian Hoagie 3. Chicken Salad Sliders SIDES: Glazed Carrots Apricot Cup MILK CHOICE
MONDAY 13 1. Meatball Parm Sand 2. Mini Corn Dogs 3. Bagel & Yogurt Meal SIDES: Sweet Corn Fresh Apple Slices MILK CHOICE	National Pickle Day 1. *Bacon Cheeseburger 2. Chicken Tenders w/ Roll 3. Cereal & Yogurt Meal SIDES: Baked Beans 100% Apple Juice MILK CHOICE	WEDNESDAY 15 1. Cheese Pizza Slice 2. American Hoagie 3. Chicken Salad Sliders SIDES: Cucumbers Orange Slices MILK CHOICE	Thanksgiving Preview 1. Hot Turkey w/ Stuffing 2. Chicken Patty on a Bun SIDES: Sweet Potatoes Applesauce Cup MILK CHOICE	FRIDAY 17 1. Pizza Crunchers 2. *Ham & Cheese Pinwheel 3. Grilled Chicken Garden Salad SIDES: Broccoli Bites 100% Orange Juice MILK CHOICE
MONDAY 20 1. Fish Tacos 2. Cheeseburger on a Bun 3. Soft Pretzel Meal SIDES: Celery Sticks Pear Cup MILK CHOICE	TUESDAY 21 HALF DAY 1. Chicken Nuggets w/ Biscuit SIDES: Baked Beans 100% Grape Juice MILK CHOICE	WEDNESDAY 22 HALF DAY 1. Grilled Cheese Sandwich SIDES: Baby Carrots Peach Cup MILK CHOICE		
MONDAY 27 1. Pizza Burger 2. Mini Corn Dogs 3. Bagel & Yogurt Meal SIDES: French Fries Fresh Apple Slices MILK CHOICE	TUESDAY 28 1. Popcorn Chicken w/ Rice 2. *Ham & Cheese Pretzel 3. Cereal & Yogurt Meal SIDES: Baked Beans 100% Apple Juice MILK CHOICE	WEDNESDAY 29 1. Cheese Pizza Slice 2. American Hoagie 3. Turkey Club Wrap SIDES: Cucumbers Apricot Cup MILK CHOICE	THURSDAY 30 1. French Toast w/ Egg Patties 2. Chicken Patty on a Bun 3. Buffalo Chicken Salad SIDES: Glazed Carrots Fresh Pear MILK CHOICE	CAFÉ CONTACT INFO: Food Service Director: Jackie Holmes lps@nsfm.com



All Meals are Free to All Students
 Adult: \$4.50 Milk: \$0.50
 *Menu subject to change.
 This institution is an equal opportunity provider.