



### CHPS WEEKLY

District News for the week ending March 11, 2016

Nourishing

UPCOMING EVENTS

## the Body and the Mind

All students have the right to start the day with a nutritious breakfast – the first step in setting them up for success in the classroom.

This week, March 7 through 11, is <u>National School</u> <u>Breakfast Week</u>. An unusual designation, yes, but one that shines a light on one of the most important components of successful learning: good nutrition.

Research shows that regularly eating breakfast has positive impact on student behavior, academic achievement and school learning environments. Common sense tells us that starting the day with a nutritious breakfast helps anyone have more energy, concentrate better and maintain a more pleasant demeanor. We wouldn't expect our cars to run all morning – or all day – without fuel. How can we expect our children or ourselves to do the same?

Unfortunately, the realities of daily life can interfere with breakfast time. Just getting an entire family out the door in the morning can be a feat in itself. Having everyone sit down to breakfast or remember to grab it on the way out the door may be difficult at best. The good news is, the Cherry Hill Public Schools offers breakfast every day, to all students. And students who qualify for free and reduced lunch automatically qualify for free and reduced breakfast. I encourage you to visit the web site of the District's food provider, Aramark, for menus and more information.

In the Cherry Hill Public Schools, we champion our students' academic success and their health. Be sure to read on below about some of the fun, family fitness activities coming up in our community. Take advantage of the increasingly pleasant weather during this weekend if you're able. And be sure to "spring forward" this weekend by setting your clocks ahead one hour, as Daylight Savings Time begins on Sunday!

Regards,

Joe Meloche

#### **Movie Night**

Carusi Middle School March 11 Table Talk 6-7 pm Wall-E, the movie, @ 7 pm Free Admission

#### The Lion King Jr

Rosa Middle School March 11 @ 7:30 pm March 12 @ 1 pm & 7:30 pm Tickets \$7 at the door

#### Xanadu Jr

Beck Middle School March 11 & 12 @ 7 pm March 13 @ 2 pm Tickets \$5 at the door

#### Conference for Parents and Professionals of Children with Special Needs

Carman Tilelli Community Center March 12, 8:30 am-1:30 pm Free Admission

#### Daylight Savings Time Begins

March 13 Turn clocks ahead 1 hour

#### BOE Special Action Meeting

March 15 @ 7 pm
Malberg Administration
Buliding
45 Ranoldo Terrace

#### **Schools Closed**

Spring Recess March 21-25 Joseph Meloche

Superintendent, Cherry Hill Public Schools

P.S. Be sure to follow us on <u>Twitter</u>, <u>Facebook</u> and <u>Instagram</u> for the very latest happenings around the District. Our <u>District Events Calendar</u> on the District web site is a great resource for updates about upcoming events. <u>You'll find the 2015-2016 School Year "Overview" Calendar here</u>. For events and activities in the Cherry Hill Community, check out our <u>Community Bulletin Board</u> on our <u>web site</u>. And visit our <u>YouTube channel</u> for videos from around the District.



#### Middle School Students Add Their Voices to "8th Grade Dialogue"

Congratulations to the CHPS 8th grade students who participated in the Camden County School Board Association's 8th Grade Dialogue on March 9. Pictured above, from left, are participants Niah Raj from John A Carusi Middle School, Oliver Adler



# April Brings Family Fun & Fitness Opportunities for a Good Cause

Mark your calendar for two great events that combine family fun and fitness with the opportunity to contribute to a good cause.

First up is the Garden State



#### Rosa Students Learn Hands-On Tech at "Mini Makers Day"

In advance of New Jersey Makers Day, Rosa International Middle School hosted it own "Mini Makers Day," sponsored by the Cherry Hill Public Library (CHPL), on March 7 and 9. Students signed up for a morning of fun, hands-on technology learning,

from Henry C. Beck Middle School, and Paul Bruce from Rosa International Middle School.

The 8th Grade Dialogue program recognizes students whose character, determination, school spirit and leadership have inspired their classmates, their teachers and their community.

One 8th grade student from each middle school in each New Jersey county was invited to attend. The students shared their thoughts about their elementary and middle school experiences and their aspirations for the future. They also made recommendations on how to improve their respective schools.

Park 5K Fun Run & 1 Mile Walk on April 10.
Participants may choose between a 5K run and a 1-mile walk. Both routes are within Towne Place at Garden State Park.
Proceeds benefit the Cherry Hill Education Foundation.

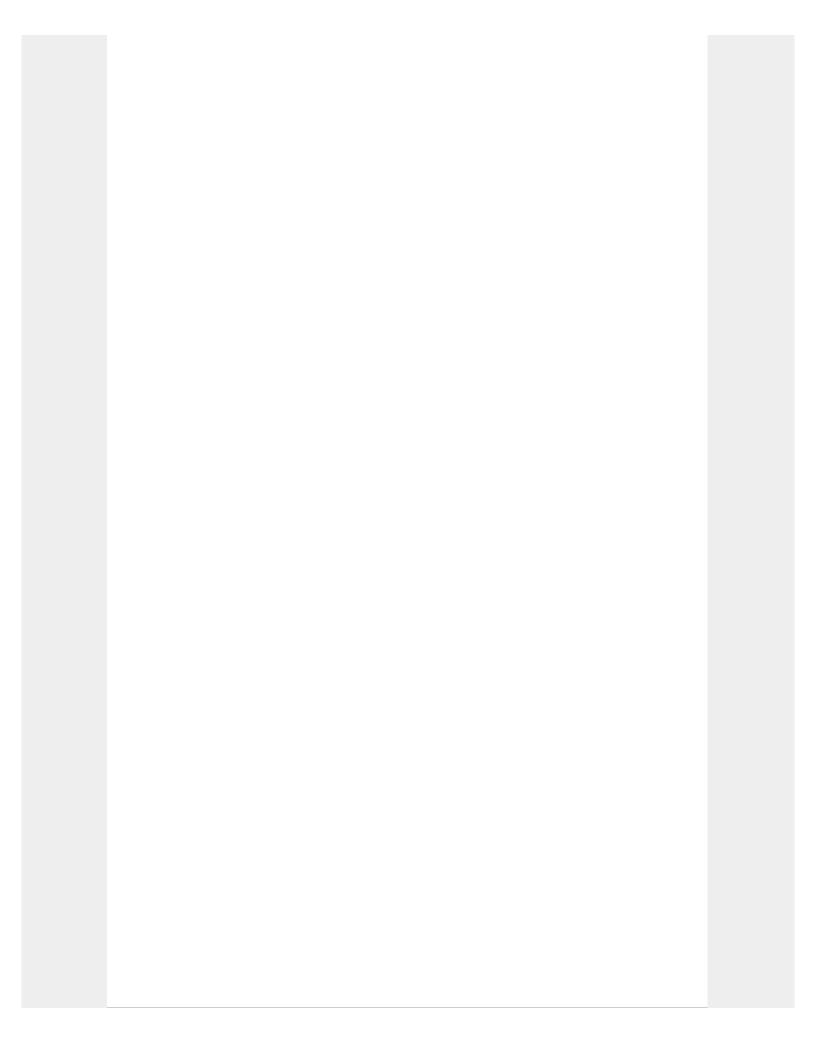
Next is the Family Fun Bike Ride at the <u>Sustainable</u> <u>Cherry Hill Earth Festival</u> on April 30.



Participants are encouraged to bike to the Family Fun Bike Ride for registration check-in (8-9 am), followed by the 9 am ride. After the ride, park your bike at the new bike valet area and enjoy student entertainment and school displays, as well as many "green" vendors at the festival.

Fewer vehicles driving to the festival mean a reduction in your carbon footprint! including how to use a 3-D printer (as pictured above), developing the circuitry for computer games and robots, and making pin-on buttons.

The CHPL invites the community to participate in NJ Makers Day on March 19 -- a free event at the Library from 8 am-4 pm. The day will offer programs on crocheting, Lego robotics, drones, building your own card games, and more. Also included will be a comic book (3 for \$1) and graphic novel (\$2 each) sale, with all proceeds benefiting the Library.



You are receiving this email because of your relationship with Cherry Hill Public Schools. If you wish to stop receiving email updates sent through the Blackboard service, please <u>unsubscribe</u>.

Cherry Hill Public Schools | 45 Ranoldo Terrace, Cherry Hill, NJ 08034 | 856-429-5600