A message from the Superintendent, Cherry Hill Public Schools.





CHPS WEEKLY District News for the week ending June 7, 2019

# Putting the WE in Wellness

Wellness is the foundation of true success in life, work and education. Our efforts to improve wellness in the Cherry Hill Public Schools will continue well beyond this past Wellness Week.

Tomorrow, June 8, 2019, is Global Wellness Day, a day dedicated to living well. The purpose of the day, according to <u>globalwellnessday.org</u>, is "to ask the question, even if for just one day, 'How can I live a healthier and better life?' to direct the thoughts of both individuals and society towards 'living well' and to raise awareness." We thought it would be especially timely this year to designate the week leading up to World Wellness Day as "Wellness Week" in the Cherry Hill Public Schools. Our schools showed great examples of their commitment to wellness, including Joseph D. Sharp Elementary, tweeting about their students' commitment to bicycling and walking to school, our Alternative High School students working diligently on their courtyard garden, the harvest from which is delivered to the Cherry Hill Food Pantry each year, and Cherry Hill High School West's Academic Pep Rally, in which students were recognized for academic achievements and participated in friendly games of skill in the gym. Throughout the course of the school year, our staff is committed to our students' wellness not only through Pre-K and elementary school recess, as well as phys ed and health classes at all levels, but through "brain breaks" during the course of the school day, through encouraging healthy eating and the regular use of our filtered water bottle refilling stations, and through "Family Fun Nights" devoted to exercise and fun.

## UPCOMING EVENTS

Deadline to Apply for Open Board of Education Seat June 7 Details available online

#### **BOE Work Session**

June 11 @ 7 pm Malberg Administration Building 45 Ranoldo Terrace Agenda available online

#### Elementary Moving Up Ceremonies

(For schools that have them) ALL ON JUNE 18 Please consult individual school web sites for details

#### **Early Dismissal Days**

June 19, 20 & 21 Please consult individual school web sites for details

#### Middle School Graduations

ALL ON JUNE 19: Rosa: 9:30 am, Cherry Hill High School East, DiBart Gym

Carusi: 10 am, Cherry Hill High

Our commitment to wellness also includes mental health supports: a full time guidance counselor in every school, Student Assistance Counselors at each middle and high school to provide targeted counseling and remediation for students in crisis, a contracted District Psychiatrist, and a wealth of staff training and peer leadership programs. More details are available on our web site, as is a plethora of resources for parents.

We continually work to improve the resources devoted to the wellness of all of our students and staff, including the buildings they learn and work in every day. To that end, projects devoted to ADA (Americans with Disabilities Act) compliance are in progress now and will continue through the summer months and beyond. We are thrilled with the progress on our security suites, as improved safety and security goes hand in hand with improved wellness. All building elements for our new security suites are designed and constructed for ADA and accessibility compliance.

If you have questions about any of these projects, please ask us! Remember, the best source of information about the District is the District. Have a question that would be of interest to the larger community? Submit it via our <u>Quick Question portal</u> for a publicly posted answer! Please stay engaged with us on <u>Facebook</u>, <u>Twitter</u>, <u>Instagram</u> and <u>YouTube</u>. And our free District app is a great way to customize the information coming into your phone or tablet, according to which schools your children attend or whether you want to keep track of the District as a whole. You may download the app from the App Store or Google Play.

I hope you have some time tomorrow, on World Wellness Day, to get out and about, to eat some of the wonderful, healthy produce now in season, to watch the fireflies now flickering each night – to enhance your own wellness and promote others' with a kind deed or a smile.

Wellness is about what WE do, for ourselves and for one another, every day.

#### Joe Meloche

Joe Meloche

School West, Jones Gym

Beck: 1:30 pm, Cherry Hill High School East, DiBart Gym

#### High School Graduations BOTH ON JUNE 20:

East: 11:30 am, Liacouras Center, Temple University

West: 4 pm, Liacouras Center, Temple University

# Last Day of School for Students

June 21

Superintendent, Cherry Hill Public Schools

"Kindness and politeness are not overrated at all. They're underused." – Tommy Lee Jones



Free Summer Meals Available to Qualifying Students/Families

ATTENTION STUDENTS, PARENTS AND GUARDIANS: The United States Department of Agriculture's (USDA) Summer Food Service Program provides free meals when school is out! Who is eligible:

- Children 18 years of age or younger who come to an approved open site or a site to which they are enrolled.
- Adults over the age of 18 years who are enrolled in school programs for persons with disabilities.
- At sites that require enrollment, benefits are available only to children who receive free or reduced-price meals at school.



# Summer Enrichment Programs Accepting Applications through June 14

The Cherry Hill School District is offering a variety of summer enrichment opportunities at High School East for students entering 5th through 11th grades, and music enrichment opportunities at High School West for students entering 4th through 12th grades. Program participants must be Cherry Hill Township residents. Registration forms and payments MUST be received by Friday June 14th, 2019.

Course descriptions and registration form are available online. Please submit registration form and payment ASAP.



### Registration Open for SAT/PSAT, College Essay and Naviance/Colmmon App Summer Workshops

Registration is now open for the SAT/PSAT 4-Day Workshop and the College Essay 4-Day Workshop, with a choice of two sessions, this summer. **Full** 

## information and registration are available online.

Registration also is now open for the FREE Common App/Naviance Summer Workshop, offered in July and August. <u>Details and</u> <u>registration for the</u> <u>Common App/Naviance</u> <u>Workshop also are</u> <u>available online.</u> HOW TO LOCATE A SUMMER FOOD SERVICE PROGRAM FEEDING SITE: Text FOOD to 877-877 or Summer Meals to 97779, or visit the <u>USDA</u> <u>site finder web site</u>.

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