CHPS Postcard

Weekly update during the COVID-19 closure 4/24/20

Free Webinar Offers Strategies for Dealing with Mental Health Challenges During COVID-19 Quarantine

Parents: Looking for help for yourself or your adolescent dealing with feelings of anxiety & depression during COVID-19? Register now via email to jbramble@highfocuscenters.com for a free webinar hosted by High Focus Centers on Tuesday, April 28, 2020 from 6-7 pm.

Webinar will cover:

- · Coping strategies to combat feelings of anxiety and depression
- · Valuable community resources
- High Focus Centers' outpatient telehealth treatment option

Registration closes Monday, April 27 at 8 pm.

Meal Distribution Continues for Families Who Qualify for Free/Reduced Price Meals

While schools must remain closed through at least May 15, grab and go breakfasts and lunches will continue to be distributed throughout the closure to ALL FAMILIES WHO QUALIFY FOR FREE/REDUCED PRICE LUNCH. Each Monday, students will receive 2 breakfasts and 2 lunches per student. Each Wednesday, students will receive 3 breakfasts and 3 lunches per student. Choose pickup location: Cherry Hill High School East, Cherry Hill High School West or Clara Barton Elementary from 10 am-noon. Please be sure to have student ID numbers ready in order to claim each student's meal. Questions? Email <u>publicinfo@chclc.org</u>

Applications Continually Accepted for Free/Reduced Price Meals

We understand financial circumstances can change quickly. Families can apply for free/reduced price breakfast and lunch at any time. Qualifying allows students to pick up grab-and-go breakfasts and lunches at no charge while schools are closed. <u>Apply online.</u>

April 28, 2020 Board of Education Action Meeting Held "Virtually" Online

The April 28, 2020 Board of Education Action Meeting will be held "virtually" online, <u>broadcast live</u> from the Malberg Administration Building at 6 pm. Members of the public may not attend in person, but may attend via our online broadcast. The meeting will be posted for later viewing on our <u>YouTube channel</u>. Public comments may be submitted via email to Assistant Superintendent, Business/Board Secretary Mrs. Lynn Shugars at <u>Ishugars@chclc.org</u> until the end of the second public comment period. Please include in your email your name, address and whether your comment refers to an item on <u>the agenda</u>, and if so, which item.

NJTV "Learning Live" Continues through May 15

NJTV, in partnership with NJEA and the NJDOE, is continuing "NJTV Learning Live" on weekdays. Kids in grades 3-6 can tune in to Channel 23 on all TV/cable/FIOS/satellite providers and online from 9 am-1 pm for classes taught by some of NJ's finest public school teachers. 3rd grade: 9am; 4th grade: 10am; 5th grade: 11am; 6th grade: noon. Subjects: English language arts, math, science, social studies & a "special" such as art, music or phys ed. Lessons are recorded by a teacher from home. Please tune in!

Visit the COVID-19 Info Page on the CHPS Website Here

For the latest information as our school district, like all school districts in the state of New Jersey under the directive of Gov. Phil Murphy, remains closed through at least May 15, 2020.