

Recommendations for Cold Injury Prevention

The following guidelines from the **National Weather Service and National Oceanic and Atmospheric Association** can be used in planning activity depending on the **wind-chill temperature**. Conditions should be constantly reevaluated for change in risk, including the presence of precipitation:

- 30°F (21.116C) and below: Be aware of the potential for cold injury and notify appropriate personnel of the potential.
- 25°F (23.896C) and below: Provide additional protective clothing, cover as much exposed skin as practical, and provide opportunities and facilities for rewarming.
- 15°F (29.446C) and below: Consider modifying activity to limit exposure or to allow more frequent chances to rewarm.
- 0°F (217.786C) and below: Consider terminating or rescheduling activity.



Wind Chill Chart

