

# Pharr-San Juan-Alamo ISD

## 9<sup>TH</sup> - 12<sup>TH</sup> Lunch Bar Menu

# OCT 2024

### MONDAY

9/30  
**CHEESY FRENCH BREAD(S)**  
 \*MEDITERRANEAN SALAD(G)  
 CELERY STICKS(G)  
 FIRE ROASTED CORN(G)  
 DICED PEARS(S)  
 FRESH ORANGE WEDGES(G)

### TUESDAY

10/1  
 SPICY CHICKEN TENDERS(S) W/  
**SLICED BREAD(G)(1 EA)**  
 \*CHEF SALAD(G)  
 GARBANZOS IN A CUP(G)  
 BABY CARROTS(G)  
 100% FRUIT JUICE SLUSH(S)  
 MANDARIN ORANGES(S)

### WEDNESDAY

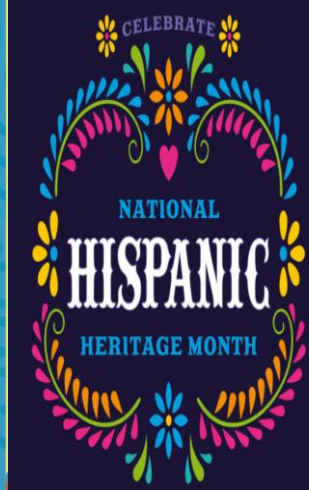
10/2  
 ORANGE CHICKEN/GENERAL TSO'S  
 BOWL(S)  
 STEAMED BROCCOLI(G)  
 CARROT COINS(G)  
 DICED PEACHES(S)  
 HONEY DEW MELON(G)  
 FORTUNE COOKIE(S)

### THURSDAY

10/3  
 STEAK FINGERS(S) W/  
**SLICED BREAD(S)(1 EA)**  
 OR LOADED BAKED POTATO(S)  
 (TURKEY) W/ TOSTITOS(G)  
 CHEESY CAULIFLOWER(S)  
 TOSSED SALAD SALAD(G)  
 PINEAPPLE TIDBITS(S)  
 FRESH APPLE(G)

### FRIDAY

10/4  
 WINGS OF FIRE(S)  
 THAI CHILI CHICKEN WINGS(S)  
**SLICED BREAD(G)(2 EA)**  
 CUCUMBER SLICES(G)  
 BABY CARROTS(G)  
 CORN ON THE COB(G)  
 MIXED FRUIT CUP(S)  
 ASSORTED FRESH FRUIT(G)  
 TAJIN



10/7  
 PEPPERONI PIZZA(S)  
 \*ASIAN SALAD(G)  
 FIRE ROASTED CORN(G)  
 CELERY STICKS(G)  
 DICED PEARS(S)  
 FRESH ORANGE WEDGES(G)

10/8  
 SPICY CHICKEN TENDERS(S) W/  
 DINNER ROLL(G)  
 \*FIESTA SALAD(G)  
 GARBANZOS IN A CUP(G)  
 BABY CARROTS(G)  
 100% FRUIT JUICE SLUSH(S)  
 MANDARIN ORANGES(S)

10/9  
 ORANGE CHICKEN/CHERRY BLOSSOM  
 BOWL(S)  
 STEAMED BROCCOLI(G)  
 BABY CARROTS(G)  
 DICED PEACHES(S)  
 CANTALOUPE CHUNKS(G)  
 FORTUNE COOKIE(S)

10/10  
 CHICKEN POPPERS(S) W/  
 DINNER ROLL(G)  
 SEASONED STRAIGHT FRIES(S)  
 TOSSED SALAD(G)  
 PINEAPPLE TIDBITS(S)  
 FRESH APPLE(G)

10/11  
 WINGS OF FIRE(S)  
 LEMON PEPPER CHICKEN WINGS(S)  
 GARLIC BREAD STICKS(S)(2 EA)  
 CUCUMBER SLICES(S)  
 BABY CARROTS(G)  
 CORN ON THE COB(G)  
 MIXED FRUIT CUP(S)  
 ASSORTED FRESH FRUIT(G)  
 TAJIN

10/14  
**NON – SCHOOL  
 DAY**

10/15  
 LOADED BAKED POTATO(S)  
 (BBQ BRISKET) W/ TOSTITOS(G)  
 PEPPERONI PIZZA(S)  
 GARBANZOS IN A CUP(G)  
 BABY CARROTS(G)  
 100% FRUIT JUICE SLUSH(S)  
 MANDARIN ORANGES(S)

10/16  
 ORANGE CHICKEN/GENERAL TSO'S  
 BOWL(S)  
 STEAMED BROCCOLI(G)  
 CARROT COINS(G)  
 DICED PEACHES(S)  
 FRESH GRAPES(G)  
 FORTUNE COOKIE(S)

10/17  
 HAMBURGER/CHEESEBURGER(S)  
 CRINKLE CUT FRIES(S)  
 SIDE SALAD(G)  
 PINEAPPLE TIDBITS(S)  
 FRESH APPLE(G)

10/18  
 WINGS OF FIRE(S)  
 SPICY BBQ CHICKEN WINGS(S)  
 DINNER ROLLS(G)(2 EA)  
 CUCUMBER SLICES(G)  
 BABY CARROTS(G)  
 CORN ON THE COB(G)  
 CELERY STICKS(S)  
 MIXED FRUIT CUP(S)  
 ASSORTED FRESH FRUIT(G)  
 TAJIN

Choices of  
 Low Fat or Skim Milk  
 (flavored & unflavored)  
 offered daily  
 Assorted  
 100% Juice & Fruit  
 offered Daily for  
 Breakfast

10/21  
 PEPPERONI PIZZA(S)  
 \*ASIAN SALAD(G)  
 CELERY STICKS(G)  
 FIRE ROASTED CORN(G)  
 DICED PEARS(S)  
 FRESH ORANGE WEDGES(G)

10/22  
 SPICY CHICKEN TENDERS(S) W/  
 DINNER ROLL(G)  
 \*FIESTA SALAD(G)  
 GARBANZOS IN A CUP(G)  
 BABY CARROTS(G)  
 100% FRUIT JUICE SLUSH(S)  
 MANDARIN ORANGES(S)

10/23  
 ORANGE CHICKEN/CHERRY BLOSSOM  
 BOWL(S)  
 STEAMED BROCCOLI(G)  
 BABY CARROTS(G)  
**Organic STEAMED ZUCCHINI(G)**  
 DICED PEACHES(S)  
 WATERMELON CUBES(G)  
 FORTUNE COOKIE(S)

10/24  
 CHICKEN POPPERS(S) W/  
 DINNER ROLL(G)  
 CURLY FRIES(S)  
 TOSSED SALAD(G)  
 PINEAPPLE TIDBITS(S)  
 FRESH APPLE(G)

10/25  
 WINGS OF FIRE(S)  
 HONEY MUSTARD CHICKEN WINGS(S)  
 GARLIC BREAD STICKS(S)(2 EA)  
 CUCUMBER SLICES(G)  
 BABY CARROTS(G)  
 CORN ON THE COB(G)  
 MIXED FRUIT CUP(S)  
 ASSORTED FRESH FRUIT(G)  
 TAJIN

“This institution is an  
 equal opportunity  
 provider”

10/28  
 PEPPERONI PIZZA(S)  
 \*MEDITERRANEAN SALAD(G)  
 CELERY STICKS(G)  
 FIRE ROASTED CORN(G)  
 DICED PEARS(S)  
 FRESH ORANGE WEDGES(G)

10/29  
 SPICY CHICKEN TENDERS(S) W/  
 DINNER ROLL(G)  
 \*CHEF SALAD(G)  
 GARBANZOS IN A CUP(G)  
 BABY CARROTS(G)  
 100% FRUIT JUICE SLUSH(S)  
 MANDARIN ORANGES(S)

10/30  
 ORANGE CHICKEN/GENERAL TSO'S  
 BOWL(S)  
 STEAMED BROCCOLI(G)  
 CARROT COINS(G)  
 DICED PEACHES(S)  
 HONEY DEW MELON(G)  
 FORTUNE COOKIE(S)

10/31  
 STEAK FINGERS(S) W/ DINNER ROLL(S)  
 OR LOADED BAKED POTATO(S)  
 (TURKEY) W/ TOSTITOS(G)  
 CHEESY CAULIFLOWER(S)  
 TOSSED SALAD SALAD(G)  
**Organic STEAMED ZUCCHINI(G)**  
 PINEAPPLE TIDBITS(S)  
 FRESH APPLE(G)

11/1  
 WINGS OF FIRE(S)  
 THAI CHILI CHICKEN WINGS(S)  
 DINNER ROLLS(G)(2 EA)  
 CUCUMBER SLICES(G)  
 BABY CARROTS(G)  
 CORN ON THE COB(G)  
 MIXED FRUIT CUP(S)  
 ASSORTED FRESH FRUIT(G)  
 TAJIN

\*Menu is subject to  
 change without notice  
 due to deliveries and  
 nation-wide shortages.

REV. 3  
 10/7/24

