

# Pharr-San Juan-Alamo ISD

## K - 5<sup>TH</sup> Lunch Menu

# OCT

## 2024

### MONDAY

9/30

CHICKEN POPPERS(S) W/  
**SLICED BREAD(G)(1 EA)** OR  
BEAN & CHEESE BURRITO(S)  
**MAC & CHEESE(S)**  
MASHED POTATOES(G)  
SEASONED GREEN BEANS(G)  
DICED PEARS(S)  
FRESH ORANGE WEDGES(G)  
KETCHUP/LF DRESSING

10/7

ARTISAN CHICKEN TENDERS(S) W/  
DINNER ROLL(S) OR  
BEAN & CHEESE BURRITO(S)  
MASHED POTATOES(G)  
SEASONED GREEN BEANS(G)  
DICED PEARS(S)  
FRESH ORANGE WEDGES(G)  
KETCHUP/LF DRESSING

10/14

**NON – SCHOOL  
DAY**

10/21

CHICKEN SMACKERS(S) W/  
DINNER ROLL(S) OR  
BEAN & CHEESE BURRITO(S)  
MASHED POTATOES(G)  
STEAMED ZUCCHINI(G)  
DICED PEARS(S)  
FRESH ORANGE WEDGES(G)  
KETCHUP/LF DRESSING

10/28

CHICKEN POPPERS(S) W/  
DINNER ROLL(S) OR  
BEAN & CHEESE BURRITO(S)  
MASHED POTATOES(G)  
SEASONED GREEN BEANS(G)  
DICED PEARS(S)  
FRESH ORANGE WEDGES(G)  
KETCHUP/LF DRESSING

### TUESDAY

10/1

FRITO PIE(S)  
CHEESE SAUCE CUP(S)  
OLGA'S ARROZ CASERO(G) OR  
CORN DOG(S)  
RANCH STYLE BEANS(G)  
LETTUCE & TOMATO BITS(G)  
100% FRUIT JUICE SLUSH(S)  
MANDARIN ORANGES(S)  
KETCHUP/MUSTARD/LF DRESSING

10/8

BEEF & CHEESE ENCHILADAS(S) OR  
CORN DOG(S)  
CHARRO BEANS(G)  
LETTUCE & TOMATO BITS(G)  
100% FRUIT JUICE SLUSH(S)  
MANDARIN ORANGES(S)  
KETCHUP/MUSTARD/LF DRESSING

10/15

STEAK FINGERS(S) W/  
DINNER ROLL(G) OR  
CORN DOG(S)  
MASHED POTATOES(G)  
CARROT COINS(G)  
100% FRUIT JUICE SLUSH(S)  
MANDARIN ORANGES(S)  
KETCHUP/MUSTARD/  
LF DRESSING

10/22

**CHICKEN TACOS(S)**  
SHREDDED CHEESE(G)  
SOPA DE FIDEO(G) OR  
CORN DOG(S)  
RANCH STYLE BEANS(G)  
LETTUCE & TOMATO BITS(G)  
100% FRUIT JUICE SLUSH(S)  
MANDARIN ORANGES(S)  
KETCHUP/MUSTARD/LF DRESSING

10/29

WALKING TACO(S)  
CHEESE SAUCE CUP(S) OR  
CORN DOG(S)  
RANCH STYLE BEANS(G)  
LETTUCE & TOMATO BITS(G)  
100% FRUIT JUICE SLUSH(S)  
MANDARIN ORANGES(S)  
KETCHUP/MUSTARD/LF DRESSING

### WEDNESDAY

10/2

WARM HAM & CHEESE HOAGIE(S) OR  
OR LOADED BAKED POTATO(S)  
(CHICKEN FAJITAS **OR TURKEY**)  
SUN CHIPS(S)  
CHEESY BROCCOLI(G), BABY CARROTS(G)  
PICKLE SPEARS(W)  
DICED PEACHES(S)  
HONEY DEW MELON(G)  
KETCHUP/MUSTARD/MAYO/  
LF DRESSING/BUTTER CUP/SOUR CREAM

10/9

TURKEY ALFREDO PASTA W/  
GARLIC BREAD STICK(S) OR  
HAM & CHEESE DELI SANDWICH(S)  
GARDEN SALAD(G)  
BABY CARROTS(G)  
DICED PEACHES(S)  
CANTALOUPE CHUNKS(G)  
KETCHUP/MAYO/MUSTARD  
LF DRESSING

10/16

RIB-B-Q ON A HOAGIE BUN OR  
SHAKER SALAD W/  
PRETZEL CRACKERS(G)  
CHEESY BROCCOLI(G)  
FIRE ROASTED CORN(G)  
RANCH STYLE BEANS(G)  
DICED PEACHES(S)  
FRESH GRAPES(G)  
KETCHUP/MUSTARD/MAYO/  
LF DRESSING

10/23

ORANGE CHICKEN(S) W/  
STEAMED WHITE RICE(G) OR  
HAM & CHEESE DELI SANDWICH(S)  
STEAMED BROCCOLI(G)  
BABY CARROTS(G)  
**Organic STEAMED ZUCCHINI(G)**  
DICED PEACHES(S)  
WATERMELON CUBES(G)  
KETCHUP/MUSTARD/MAYO/  
LF DRESSING

10/30

WARM HAM & CHEESE HOAGIE(S) OR  
OR LOADED BAKED POTATO(S)  
(CHICKEN FAJITAS)  
SUN CHIPS(S)  
CHEESY BROCCOLI(G), BABY CARROTS(G)  
PICKLE SPEARS(W)  
DICED PEACHES(S)  
HONEY DEW MELON(G)  
KETCHUP/MUSTARD/MAYO/  
LF DRESSING/BUTTER CUP/SOUR CREAM

### THURSDAY

10/3

DILLY CHICKEN SANDWICH(S) OR  
THE POWER PACK(S)  
**CURLY FRIES(S)**  
SIDE SALAD(G)  
PINEAPPLE TIDBITS(S), FRESH APPLE(G)  
LF DRESSING/KETCHUP/  
MUSTARD/MAYO

10/10

HOT DOG(S) OR  
THE POWER PACK(S)  
TATOR TOTS(S)  
RANCH STYLE BEANS(G)  
PINEAPPLE TIDBITS(S)  
FRESH APPLE(G)  
LF DRESSING/KETCHUP/  
MUSTARD/MAYO

10/17

OVEN FRIED CHICKEN(S)(2 EA) W/  
DINNER ROLL(G) OR  
THE POWER PACK(S)  
CRINKLE CUT FRIES(S)  
TOSSED SALAD(G)  
PINEAPPLE TIDBITS(S), FRESH APPLE(G)  
LF DRESSING/KETCHUP

10/24

HAMBURGER/CHEESEBURGER(S) OR  
THE POWER PACK(S)  
CURLY FRIES(S)  
SIDE SALAD(G)  
PINEAPPLE TIDBITS(S), FRESH APPLE(G)  
LF DRESSING/KETCHUP/  
MUSTARD/MAYO

10/31

DILLY CHICKEN SANDWICH(S) OR  
THE POWER PACK(S)  
EMOJI FRIES(S)  
SIDE SALAD(G)  
**Organic STEAMED ZUCCHINI(G)**  
PINEAPPLE TIDBITS(S), FRESH APPLE(G)  
LF DRESSING/KETCHUP/  
MUSTARD/MAYO

### FRIDAY

10/4

**CHEESY FRENCH BREAD(S)**  
CUCUMBER SLICES(G)  
BABY CARROTS(G)  
GOLDEN CORN(G)  
MIXED FRUIT CUP(S)  
ASSORTED FRESH FRUIT(G)  
LF DRESSING/  
KETCHUP/MUSTARD/MAYO/TAJIN

10/11

**PEPPERONI PIZZA(S)** OR  
CORN DOG(S)  
CUCUMBER SLICES(S)  
BABY CARROTS(G)  
GOLDEN CORN(G)  
MIXED FRUIT CUP(S)  
ASSORTED FRESH FRUIT(G)  
LF DRESSING/  
KETCHUP/MAYO/MUSTARD/TAJIN

10/18

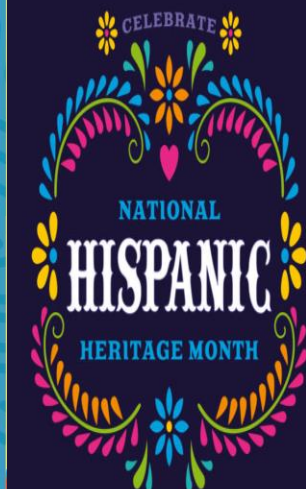
PEPPERONI PIZZA(S) OR  
CORN DOG(S)  
CUCUMBER SLICES(G)  
BABY CARROTS(G)  
MIXED FRUIT CUP(S)  
ASSORTED FRESH FRUIT(G)  
LF DRESSING/  
KETCHUP/MUSTARD/TAJIN

10/25

**PEPPERONI PIZZA(S)** OR  
HOT DOG(S)  
CUCUMBER SLICES(G)  
BABY CARROTS(G)  
MIXED FRUIT CUP(S)  
ASSORTED FRESH FRUIT(G)  
LF DRESSING/  
KETCHUP/MUSTARD/MAYO/TAJIN

11/1

PEPPERONI PIZZA(S) OR  
CORN DOG(S)  
CUCUMBER SLICES(G)  
BABY CARROTS(G)  
GOLDEN CORN(G)  
MIXED FRUIT CUP(S)  
ASSORTED FRESH FRUIT(G)  
LF DRESSING/  
KETCHUP/MUSTARD/MAYO/TAJIN



Choices of  
Low Fat or Skim Milk  
(flavored & unflavored)  
offered daily  
Assorted  
100% Juice & Fruit  
offered Daily for  
Breakfast

“This institution is an  
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provider”

\*Menu is subject to  
change without notice  
due to deliveries and  
nation-wide shortages.

REV. 4  
10/7/24



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
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