

SCASD 2023 Pennsylvania Youth Survey Report and Mental Health Update 2023-2024



**Presented By
Jeanne Knouse and Stephanie Beaver
SCASD Directors of Student Service**

Overview



- ❖ 2023 PAYS Summary
- ❖ SCASD BASC-3 Summary and School Based Mental Health Data
- ❖ SCASD Mental Health Expenditure & Contract Projections for 2024-2025



2023 PAYS Summary

Demographics

Purpose

Risk and Protective Factors

High Prevalence/Early Initiation Drugs

Social and Emotional Health

Bullying Frequency

SCASD Demographics

yellow signifies an increase from previous year	2020-2021 Total 6721	2021-2022 Total 6776	2022-2023 Total 6781	2023-2024 Total 6762
K-5 Enrollment	2798	2833	2861	2845
6-8 Enrollment	1553	1507	1510	1520
9-12 Enrollment	2370	2436	2410	2347
SLD	779	816	880	915
ESL	168	187	210	243
Homeless	37	56	156	160
Free/Reduced Lunch	1176	1064	1296	1390
VA Kids (k-12)	unsure	158	120	193
Cyber/Charter Numbers	314	309	294	277

PAYS Purpose

- ❖ Provides benchmark
- ❖ Helps indicate whether prevention and treatment programs are achieving their intended results
- ❖ Assesses risk and protective factors

PAYS Data Point Reminders

	Grades	Students
2019	6, 8, 10 ,12	1,645 71.8% participation rate
2021	6, 8, 10 ,12	1639 71.9% participation rate
2023	6, 8, 10, 12	1,722 76.8% participation rate

Risk and Protective Factors are Scale Scores

The percentage represents the population of youth that are either at greater risk or with lower protection than the national cut-point level.

Cut Scores

Example: If your School Opportunities for Prosocial Involvement protective factor score is 60% for your 10th graders, the interpretation of this is that 60% of your 10th graders are protected against engaging in problem behavior due to School Opportunities for Prosocial Involvement.

Confidence Intervals

“Margin of error” example: the overall statewide confidence interval for drug use with prevalence rate of 50.0% is +or- .8 points, meaning that there is a 95% chance that the true score is between 49.2% and 50.8%.

PA Youth Survey Protective and Risk Factors 2023

- ❖ Risk is associated with negative behavioral outcomes. It is better to have **lower** risk factor scale scores but we look at highest scores for areas of risk.
- ❖ Protective factors are associated with better behavioral outcomes. It is better to have **higher** protective factor scale scores.

Protective Factors

❖ Family Attachment (81.7% with protection)

- ❖ Young people who feel that they are a valued part of their family are less likely to engage in substance use and other problem behaviors.

Family Opportunities for Prosocial Involvement (78.8% with protection)

- ❖ Young people who are exposed to more opportunities to participate meaningfully in the responsibilities and activities of the family are less likely to engage in drug use and other problem behavior.

❖ Family Rewards for Prosocial Involvement (71.6% with protection)

- ❖ When parents, siblings, and other family members praise, encourage, and attend to things done well by their child, children are less likely to engage in substance use and problem behaviors.

Risk Factors

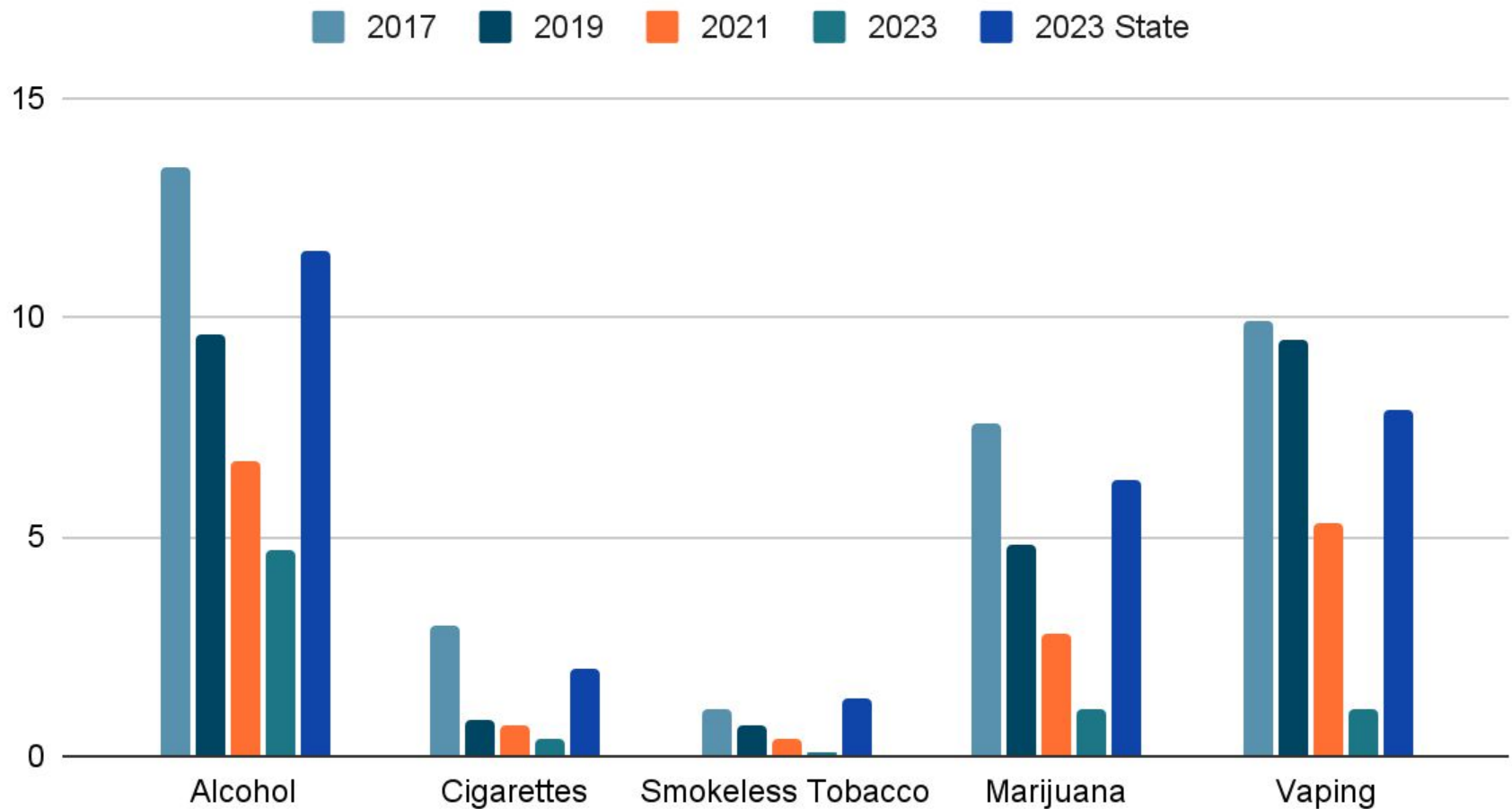
- ❖ Parental Attitude Favorable Toward Antisocial Behavior (41.3% at risk)
 - ❖ In families where parents use illegal drugs, are heavy users of alcohol, or are tolerant of children's use, children are more likely to become drug abusers during adolescence. The risk is further increased if parents involve children in their own drug (or alcohol) using behavior — for example, asking a child to light the parent's cigarette or get the parent a beer from the refrigerator.
- ❖ Sensation Seeking (36.6% at risk)
 - ❖ **Asked** - How many times have you:
 - Done what feels good no matter what?
 - Done something dangerous because someone dared you to do it?
 - Done crazy things even if they are a little dangerous?
- ❖ Low Commitment Toward School (32.8% at risk)
 - ❖ Surveys of high school seniors have shown that the use of drugs is significantly lower among students who expect to attend college than among those who do not. Factors such as liking school, spending time on homework, and perceiving coursework as relevant also contribute to lower drug use.

Data Focus Areas

- ❖ Alcohol Tobacco and Other Drugs (ATOD) 30-Day use:
 - Alcohol
 - Tobacco
 - Marijuana
- ❖ Social and Emotional Health
- ❖ Bullying Frequency and Perceived Reason

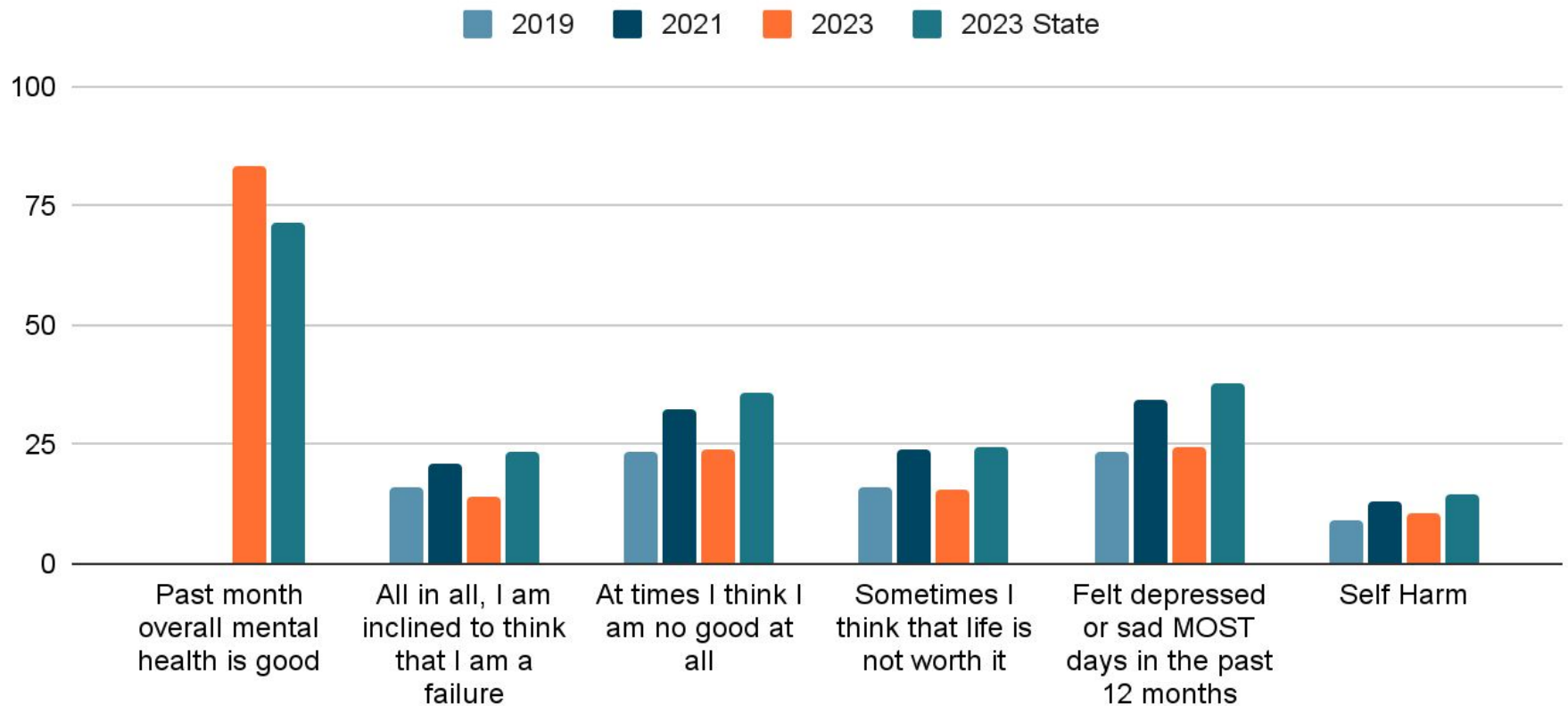
Past 30-Day ATOD

Past 30-Day Use (p.15-16)



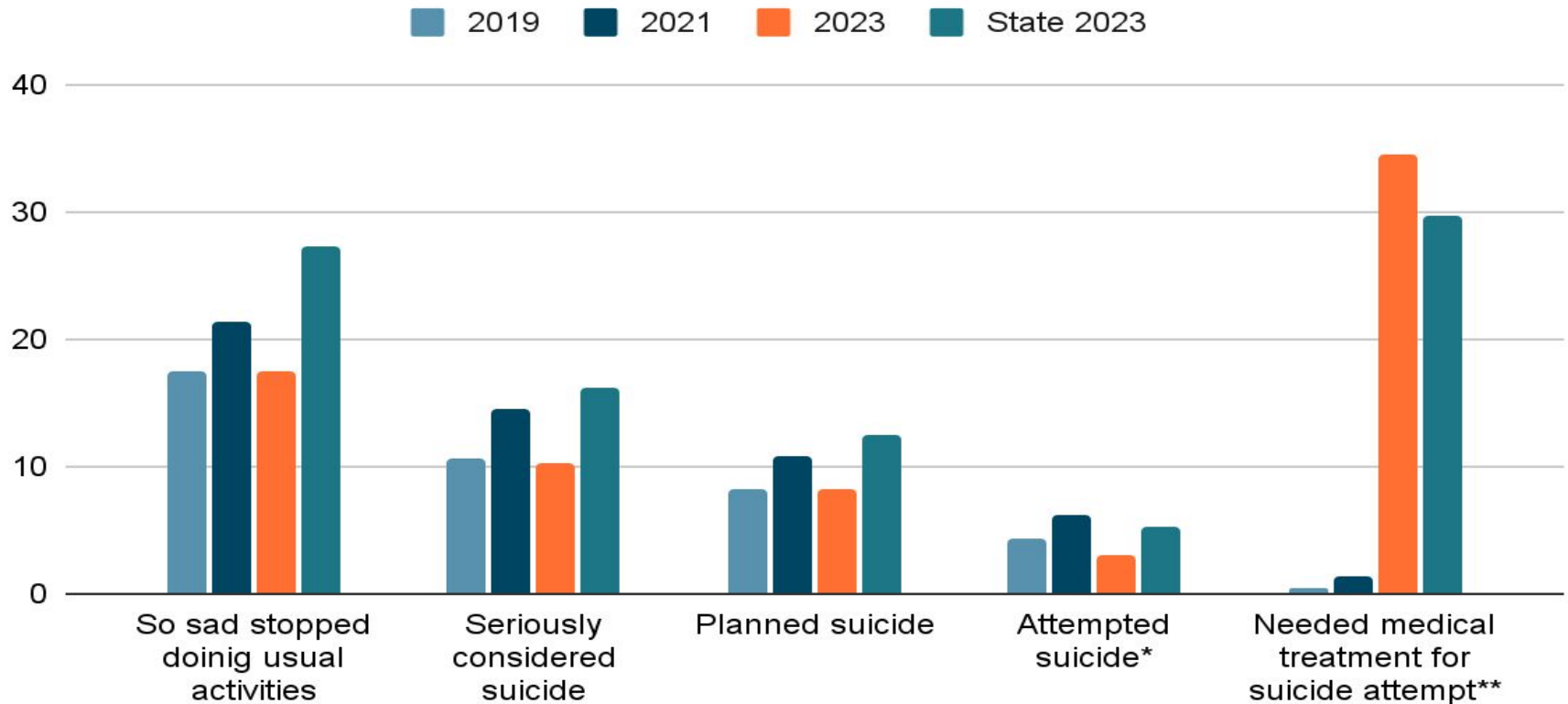
Social and Emotional Health

Mental Health Concerns (p.30)



Social and Emotional Health

Suicide Risk (p.31)



*The question regarding suicide attempts was revised in 2023 from a question on how many times attempted suicide to a yes/no question on if attempted suicide. The 2023 data should be interpreted with caution when comparing to prior years

**In the 2023 survey, skip logic ensured that only participants who marked that they had actually attempted suicide were given this question, the past data was recalculated to match. (3%=51 students = 18 needed medical treatment)

PAYS By Grade Level

Grade Level	% Felt depressed or sad most days	% Seriously considered Suicide	% Planned suicide	% Attempted Suicide
6-2019	9.6	5.8	3.8	2.0
8-2021	15	12.7	8.9	6.2
10-2023	27.8	10.8	6.7	3.4
8-2019	13.5	9.3	8	3.1
10-2021	27.2	18.7	15.3	7.4
12-2023	20.8	11.6	9.0	3.6
10-2019	12.3	12.3	10.7	5.6
12-2021	21.4	17.7	10.5	7.6
6-2021	9.4	5.2	5.7	1.7
8-2023	16.4	12.4	11.9	3.7
6-2023	12.4	6.5	5.4	1.4

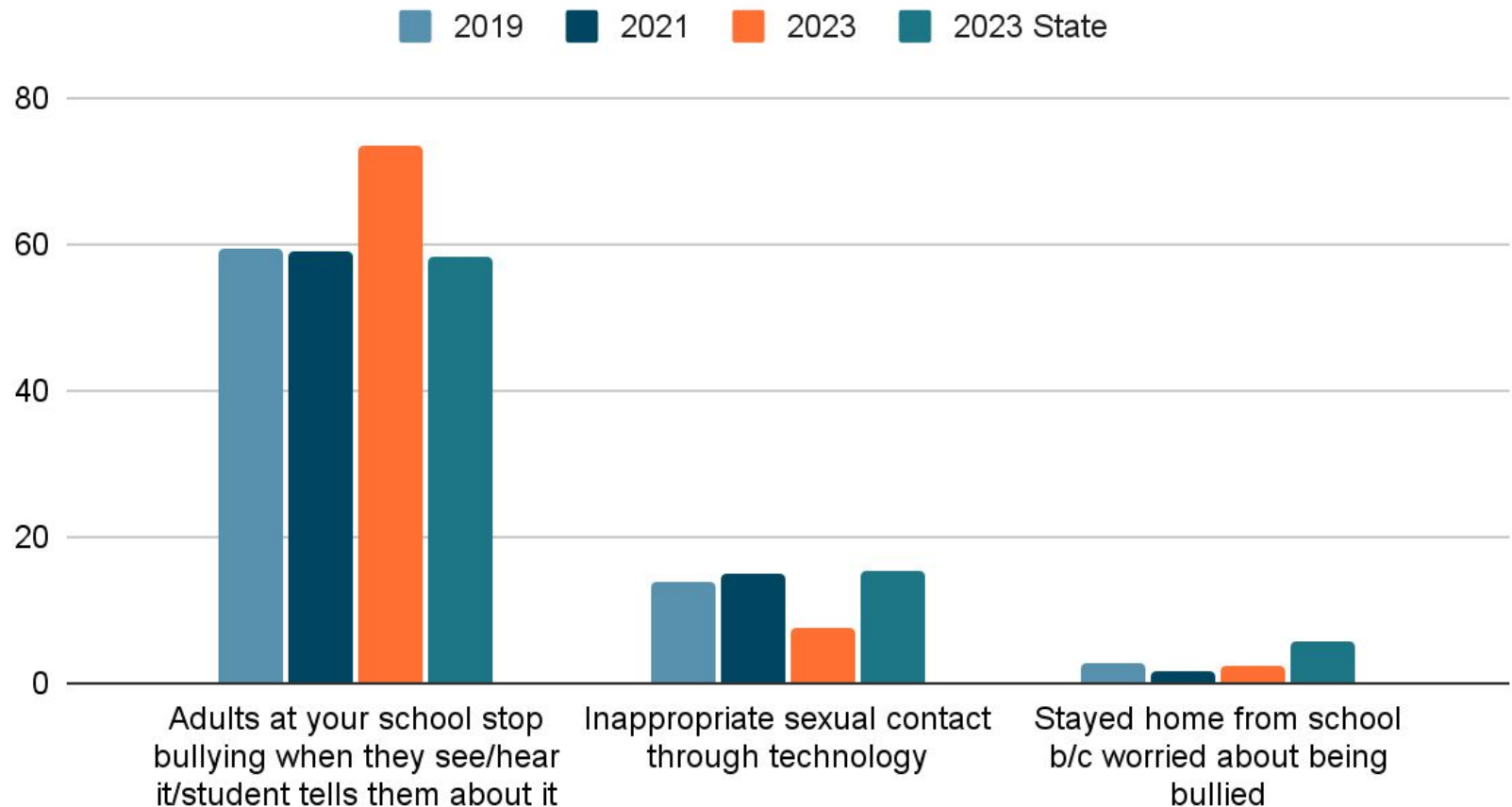
Blue shows improvements in behavior Red shows decline in behavior for 2023

Bullying

- ❖ Bullying behavior contributes to:
 - ❖ Lower attendance rates
 - ❖ Lower student achievement
 - ❖ Low self-esteem
 - ❖ Depression
 - ❖ Higher rates of juvenile and adult crime

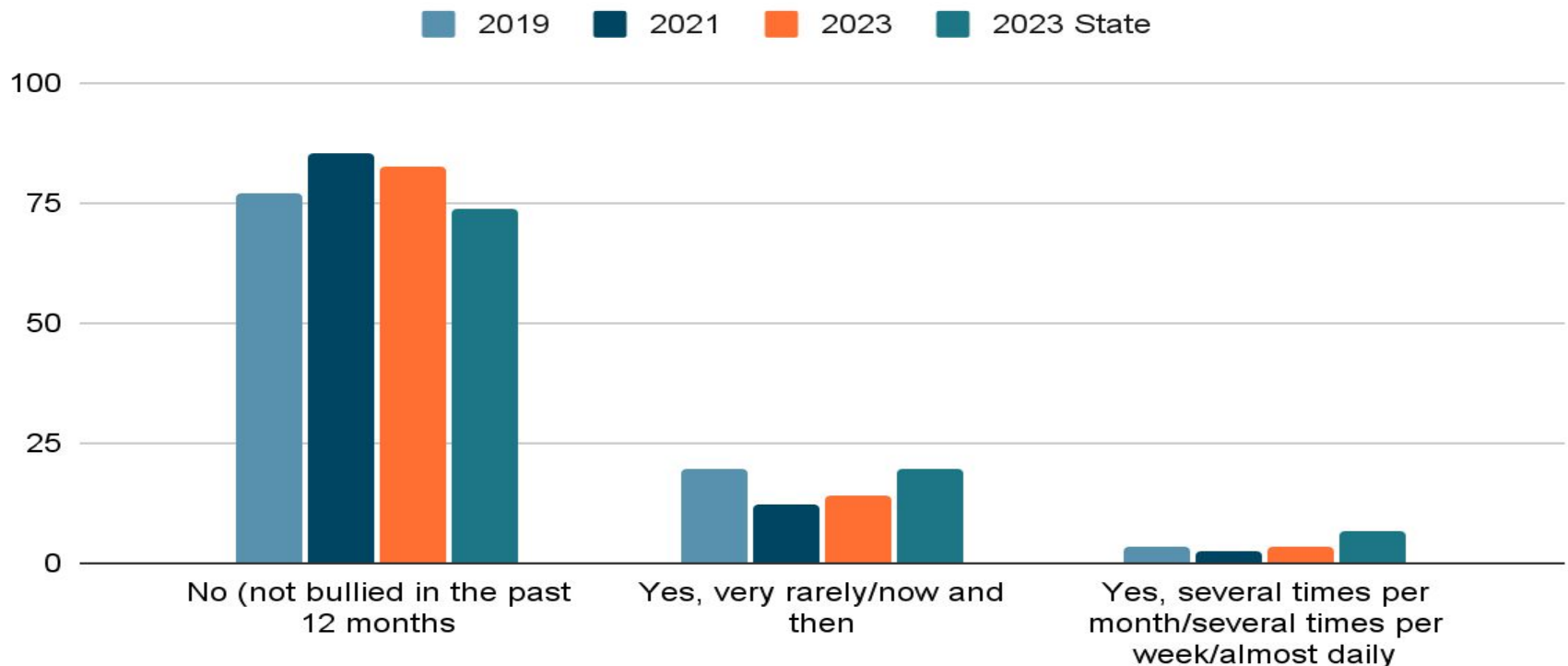
Bullying and Internet Safety

2019, 2021, 2023 and 2023 State (p.50)



Please state whether you have been bullied during the past 12 months

2019, 2021, 2023 and 2023 State (p.51)

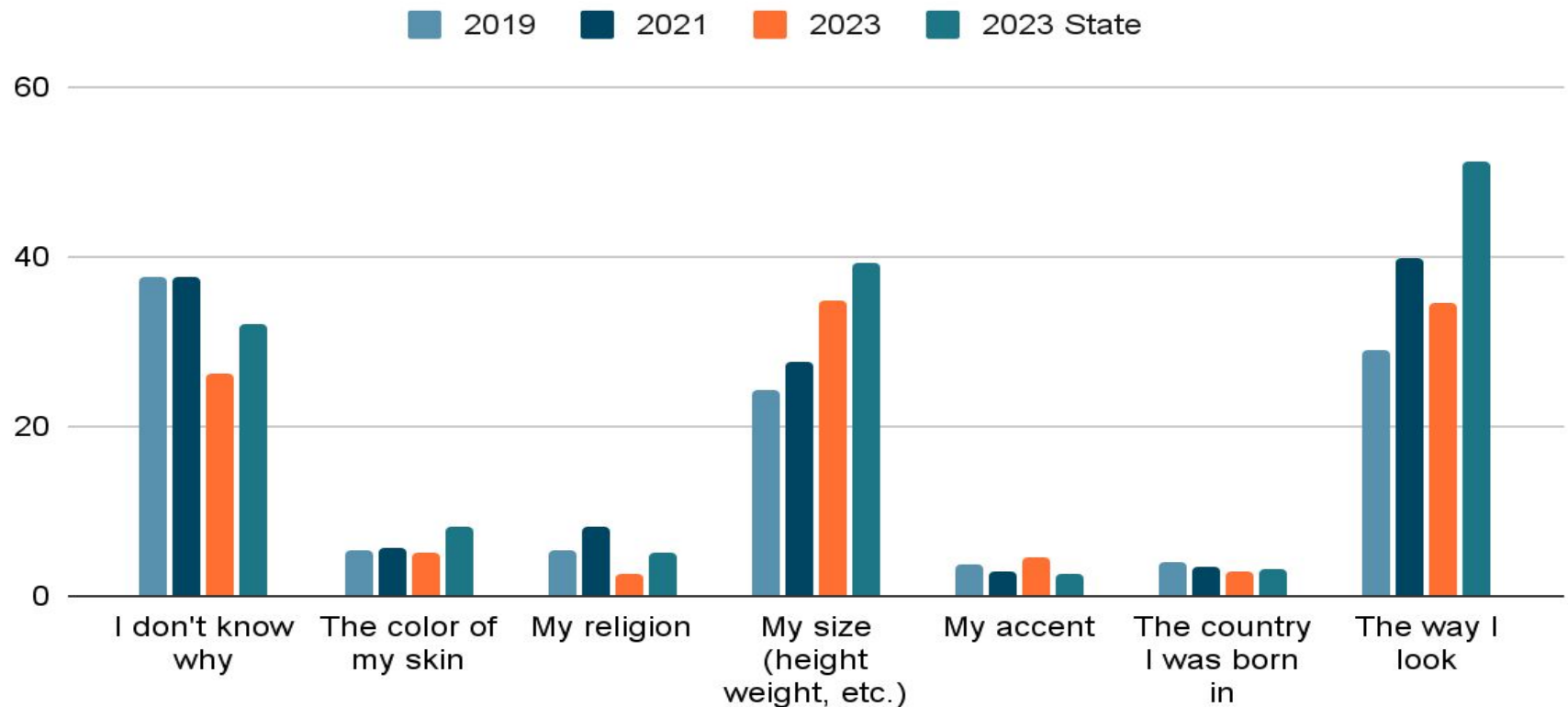


PAYS Bullying Definition: Bullying is a student or students doing any of the following to another student on purpose repeatedly: Making fun, excluding, threatening, spread rumors about, hitting, shoving, hurting.

It is NOT bullying if: two students argue or fight with each other, friends tease each other.

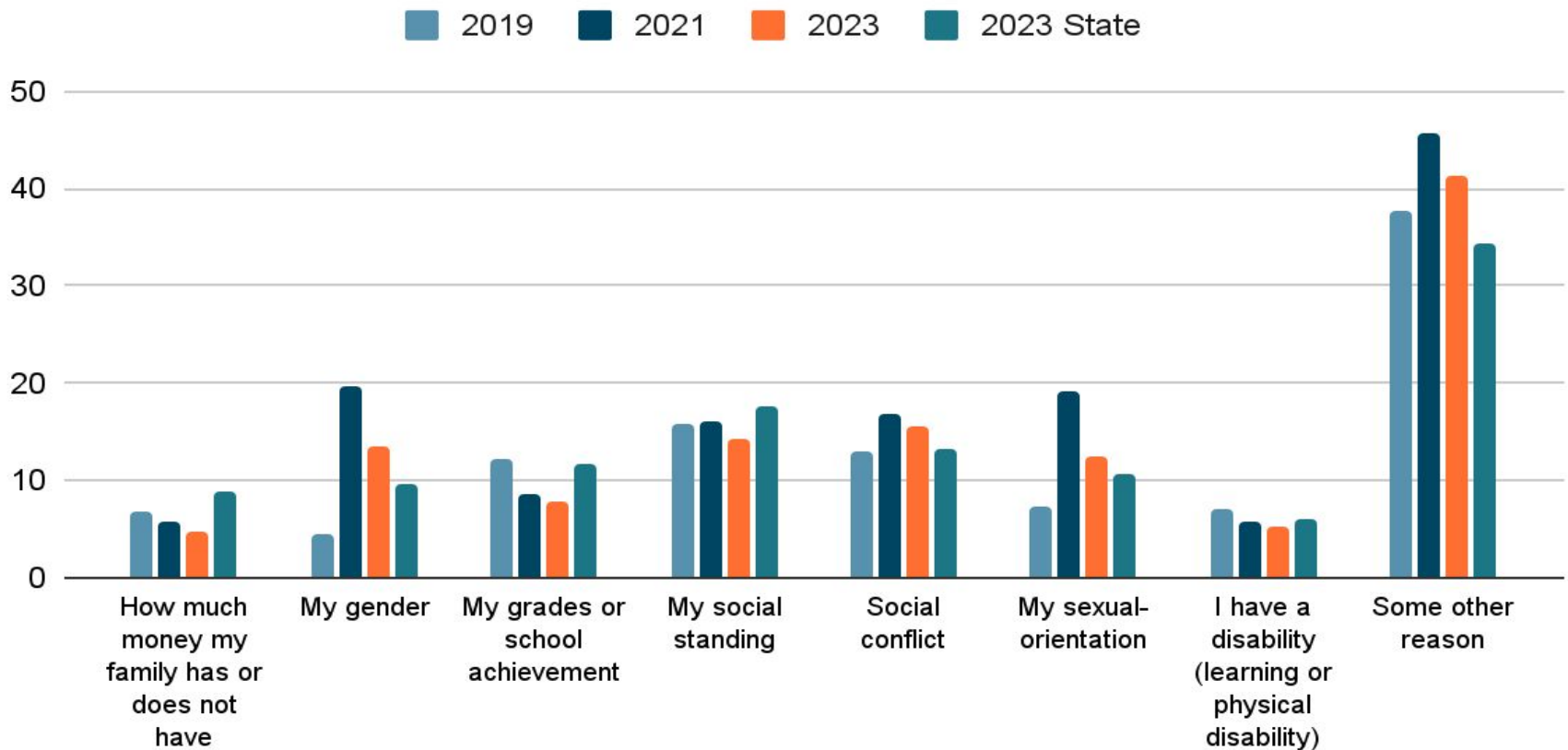
If you have been bullied in the past 12 months by other students, why were you bullied? (Mark all that apply)

Perceived Reason for Bullying (p.53)



If you have been bullied in the past 12 months by other students, why were you bullied? (Mark all that apply)

Perceived reasons for bullying (cont'd) (p.54)



SCASD Programs and Services Aimed to Positively Impact the PAYS data

9th Grade Learning Communities

Big Brother Big Sister

Child Abuse Training

Counseling Services

Mental Health Clinicians

Home School Visitor

Social Workers

Needs Assessments

Family Outreach Services

LGBTIA Alliance

Health Courses

Home School Visitor Services

My Mental Health Matters Group

Professional Learning Communities

Restorative Practices/Conferences

Restorative Handbook

Safety Care Training

School Resource officer

School Wide Positive Behavior Supports

Question, Pursued, Respond Training (JMF)

Equity Advocates, Peer Mentors

Building MTSS Teams

School Resource Officers

SCASD Education Foundation

Affinity Groups

Youth Mental Health First Aid Training

Suicide Awareness and Prevention Updated Regulations

Shorts and Sports Programs

Straight Talk Task Force

Suicide Prevention Training

Summer Library

Transition Services

Universal Screening For Behavior and Emotional Needs

Youth Mental Health First Aid Training

After School Activities & Clubs

Community Partnerships with:

Communities That Care

PSU Psychological and Herr Clinic

Jana Marie Foundation

Youth Service Bureau

TIDES

Equity and Inclusivity Training

SCASD Mental Health Clinicians and Mental Health

Interns Support

Grad Assistants from Psych & Herr Clinic

Mindful Village

School Based Mental Health Team

Conference Attendance/SAIP

Professional Development

Counseling Curriculum

Mental Health Summits

Act 44 and 55 Mandates

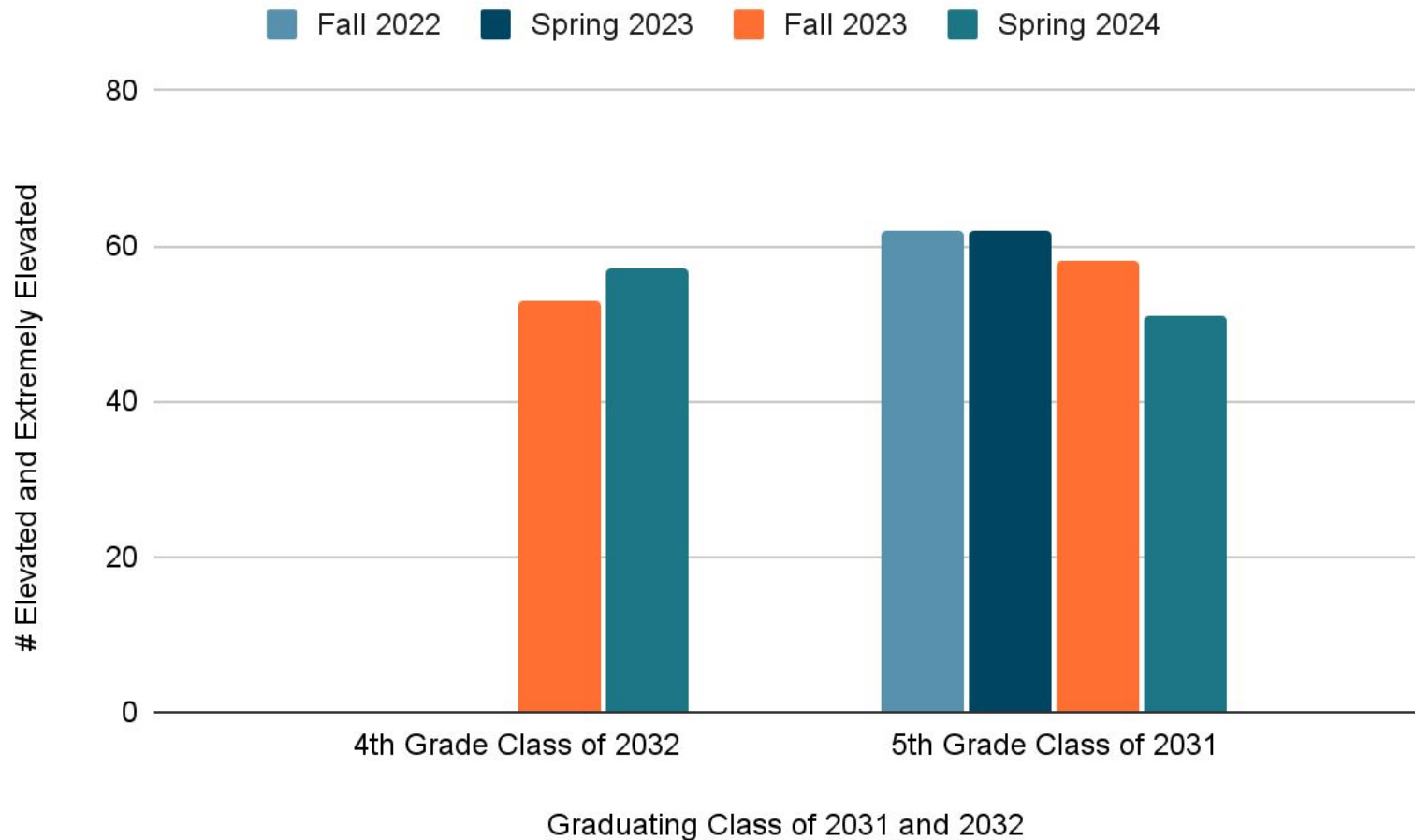
Updated Policies and Regulations



SCASD BASC-3 Summary and School Based Mental Health Data

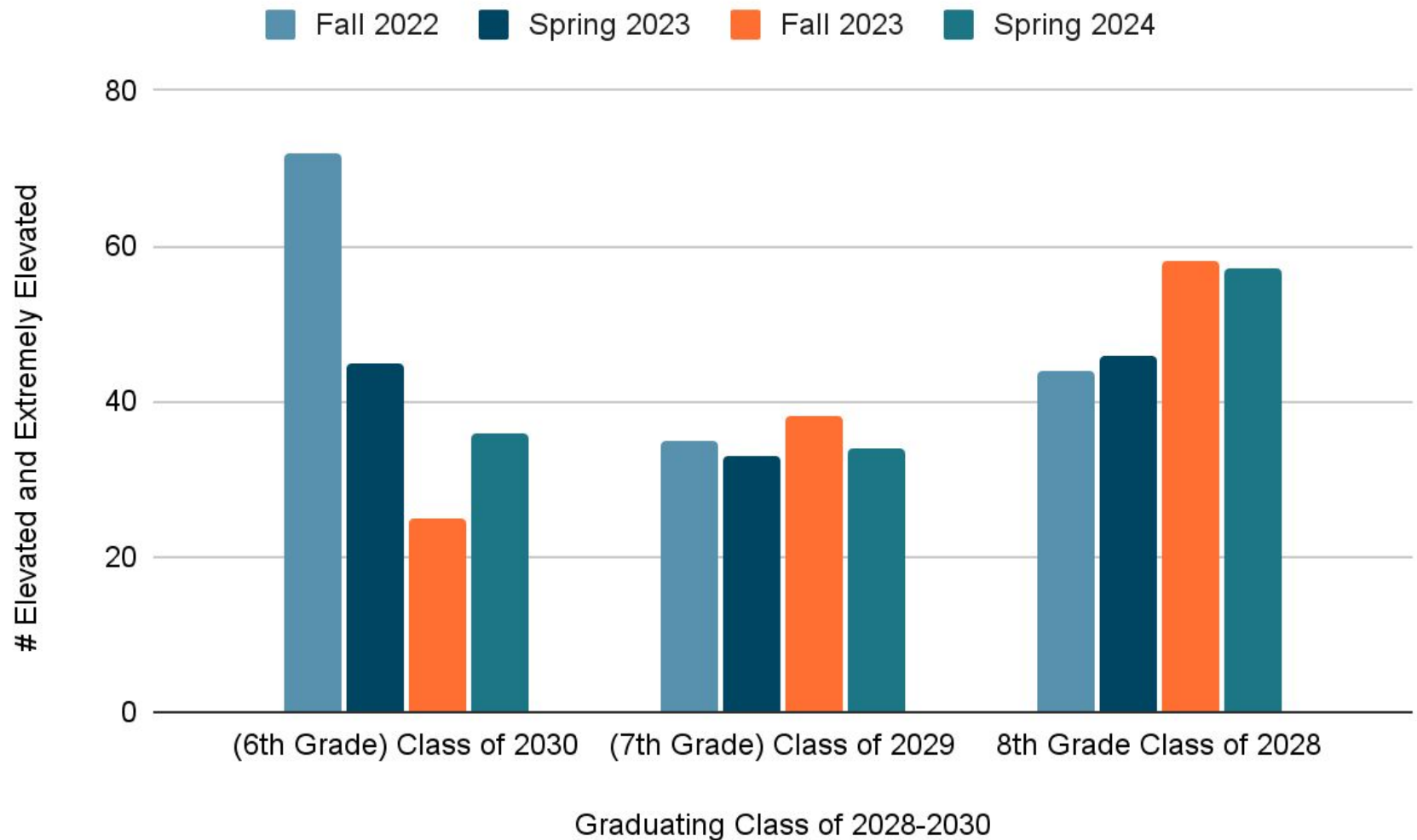
BASC-3 Tracking Data Comparison

Classes of 2031-2032



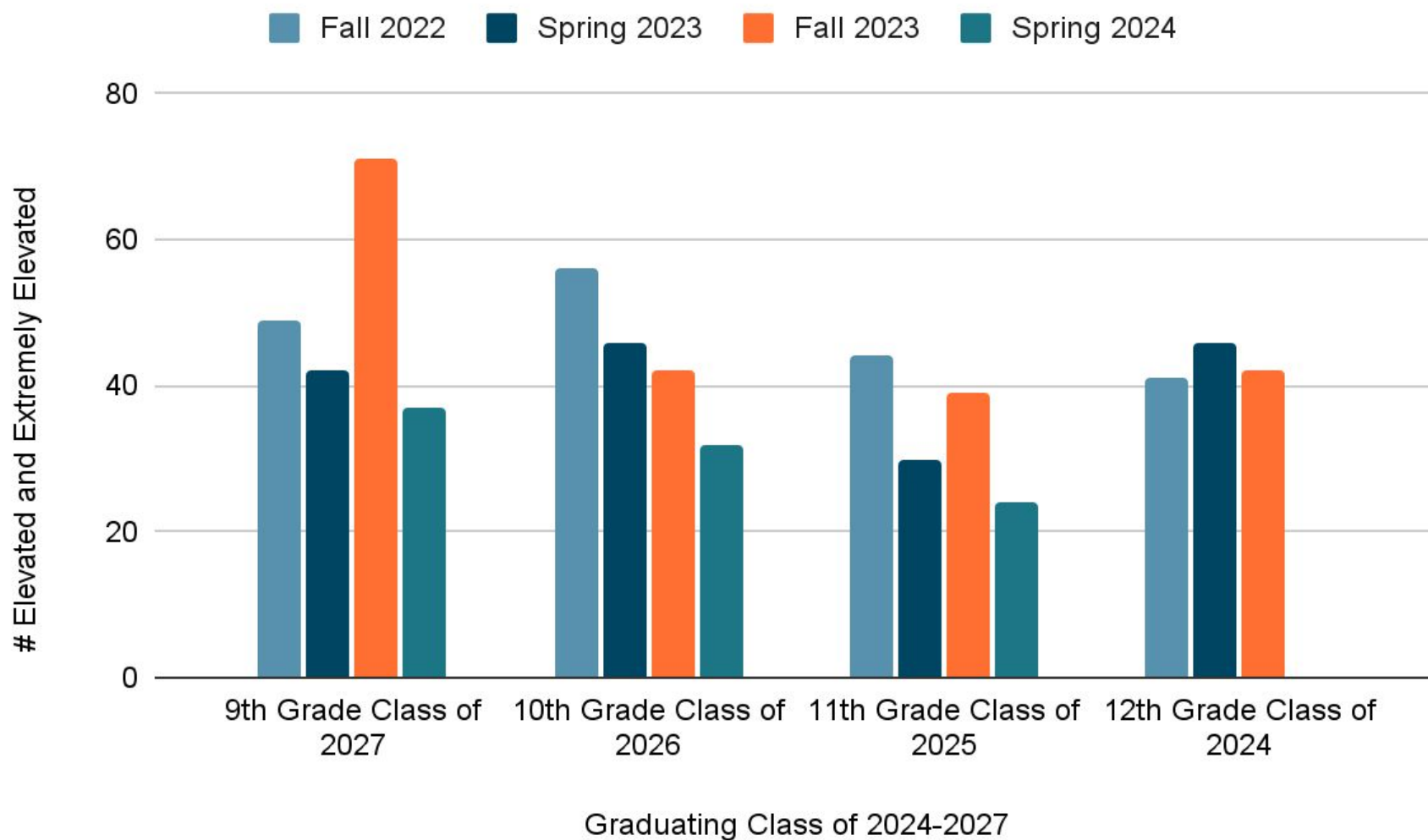
BASC-3 Tracking Data Comparison

Classes of 2028-2030



BASC-3 Tracking Data Comparison

Classes of 2024-2027



SCASD MH Data: Referral Management

Support	2021-2022	2022-2023	2023-2024
Number of SAP Cases	355	346	243
Number of MH Form Referrals	181	175	- 134 (combined IMH and EMH and strengthened referral process)
Herr Clinic Mental Health Interns	70	60	- 42 SBMH Clients - Walk-In/Crisis Support
Morgan Bechdel - SCASD LSW	12 and family services	9 and family services	- 6 SBMH (Tier 3) - Family services
Lexi Wise	NA	NA	- 10 SBMH - 15 Tier 1 +2 - 3 Groups - Walk-in/Crisis Support - Family Services
Elisabeth James - State High MH Clinician	35	20 Clients	- 10 SBMH Clients (Tier 3) - 25 Tier 2 Students - 20 Tier 1 Students - Walk-in/Crisis Support (non-client)
Rebecca Gaffron	NA		- 26 SBMH Clients (Tier 3) - 34 Tier 1 & 2, 1:1 - 29 Crisis 1:1 (non-client) - 10 Tier 2 Groups (36 students)
Reana Moody - Elementary Clinician	11 (includes client and non-Client)	22 Clients	- 6 SBMH Clients (Tier 3) - 10 Groups (54 Students) - 30 Tier 1 & 2, 1:1 - 30 Crisis

Herr Clinic Intern Data

Intern Services	2021-2022	2022-2023	2023-2024
Number of interns	22 counselor education students 9 master's practicum students 8 master's internship students 5 doctoral interns	13 counselor education students 8 master's internship students 4 doctoral students 1 doctoral Graduate Assistant	7 counselor education students 5 master's students 2 doctoral students 1 doctoral Graduate Assistant
Individual Services	73 students/Clients 580 Hours	69 Student/Clients = 589 hours	37 students/clients = 424 hours
Groups	10 groups 82 students 99 hours	7 groups (some were affinity groups) 47 students 131 hours	4 groups (two affinity groups) 34 students 38 weeks
Total	155 Students/Clients 679 Hours	119 Students/Clients 820 Hours	71 students/clients 501 hours
Total hours does not include: BASC review and support, Crisis Support, Crises Assessments, Check-ins			



SCASD Mental Health Expenditure & Contract Projections for 2024-2025

SCASD External MH Staff - Contracts 2024-25

Providers

1. **UPMC:** Partial Program, Outpatient Therapy
2. **PSU Herr Clinic:** Graduate Assistant for supervision oversight of MH interns
3. **PSU Psych Clinic:** Professional development, case consultation, teacher support, direct services to students, group services to students, behavior management and Graduate Assistant for supervision oversight of MH interns
4. **Mindful Village:** Professional development, case consultation, teacher support, direct services to students, group services to students, behavior management
5. **Dr. Carrie Reddinger:** Mental Health Clinician Clinical Supervision
6. **Gaggle:** Provide mental health therapy for non-English speaking students and SCASD employees

Total: 6 Contracts for 2024-2025

Mental Health Expenditures

Contracts	Foundation	Special Education	Student Services	District	PCCD
Herr Clinic			\$47,000		
Mindful Village	\$10,000-\$15,000	\$20,000	\$30,000		\$21,837
PSU Psychological Clinic			\$8,000		\$47,000
UPMC HEARTS Program				\$555,000	
Carrie Renninger	\$6,000				
Gaggle	\$10,000				

Mental Health Supports Summary: Expanded the HEARTS program, Three SCASD MH Clinicians, professional development, supervision of SCASD MH Clinicians and Interns, direct student therapy, MTSS team consultation, student activities, supporting basic needs and materials and supplies.

QUESTIONS?

