



Albemarle County Child Nutrition

October is FARM to SCHOOL Month!



The **Albemarle County Child Nutrition** team is excited to feature some **locally grown and raised food** made fresh in our kitchens! By offering locally grown items this promotes **fresh and nutritious meals** for Virginia students, **community interest** in Virginia grown products, and increased market opportunities for farmers. **Students learn** about the **seasonality of food products**, the **importance of supporting local agriculture**, the benefits associated with **reducing transportation costs**, and **protecting farmland**.

Featured Menu Dates

Elementary Schools:

Side Cucumber and Tomato Salad
Asian Pears

10/14 Apple Bacon Cheddar Salad
Honey and Garlic Green Beans

10/15 Beef Enchiladas

10/16 Boneless Chicken Thighs
Roasted Sweet Potatoes

10/17 Baked Pasta

Middle Schools:

Side Cucumber and Tomato Salad
Asian Pears

10/14 Apple Bacon Cheddar Salad
Roasted Sweet Potatoes

10/15 Beef Enchiladas

10/16 Honey and Garlic Green Beans

10/17 Stuffed Peppers

High Schools:

Side Cucumber and Tomato Salad
Asian Pears

10/14 Apple Bacon Cheddar Salad
Roasted Sweet Potatoes

10/15 Beef Enchiladas

10/16 Stuffed Peppers

10/17 Honey and Garlic Green Beans

10/18 Chopped Beef and Cheese Sub

Ground Beef from Seven Hills Chicken from Joyce Farms Cucumbers from Sion House Farm Cherry Tomatoes from Farmer Foodshare Asian Pears from Saunders

Green Leaf Lettuce from Greenwell Growers Green Beans from Farmer Foodshare Apples from Silver Creek Green Peppers from Church Hill Produce

