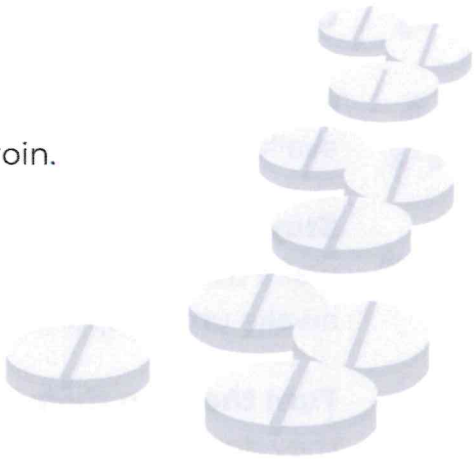
HEALTH ALERT:

Fentanyl & Your Kids

CATCH®

What Is Fentanyl?



Fentanyl is a deadly, highly addictive synthetic (man-made) opioid drug used for pain relief that is 50x stronger than heroin.

Overdose deaths for kids 10-19 years old nearly tripled from 2019-2021 and are still rising. **Fentanyl caused 84% of teen overdose deaths.**

Where is Fentanyl Found?

- As a powder, which can be pressed into pills or colored with dyes, as a skin patch, and as a liquid in eye drops, nasal sprays, or dropped onto paper or candies.
- In fake prescription pills that look identical to the real thing (eg: Adderall, Vicodin, Oxycodone, Valium and Xanax)
- In illicit drugs like MDMA/ecstasy pills, methamphetamine, cocaine, and heroin.

DID YOU KNOW?



7 in 10 counterfeit pills seized by DEA in 2023 contained a lethal dose of fentanyl.



Just 2 milligrams is enough to cause overdose & death.

In 2022, fentanyl caused **200 deaths every day**. Many people who overdosed **did not know** that they were taking fentanyl.

Fentanyl Overdose: *Know What To Do*

Signs of overdose: cold, clammy skin, blue skin especially on lips and fingertips, small pinpoint pupils, unresponsive, unconsciousness, slowed breathing, weak breathing or no breathing, choking or gurgling sounds, and a limp body

Call 911 right away.

Administer Naloxone if available (see right).

Stay with them and try to wake them or keep them awake until responders arrive.

Turn them on their side so they don't choke if they vomit.

Naloxone/Narcan



Medication available at pharmacies that can block opioids and restore breathing

1. Insert the nozzle into the nostril.
2. Press the plunger firmly with your thumb.
3. Repeat into the other nostril if it does not work after 2-3 minutes.

Talking About Fentanyl Together



1 Ask What They Know

Start the conversation by asking your child what they have already heard about fentanyl.

2 Share the Key Facts

Let them know that most kids choose not to use drugs. Discuss how fentanyl is often found in fake prescription pills that look identical to the real thing and in other drugs like "Molly" and cocaine. Share the overdose signs and how to respond.

3 Make Your Expectations Clear

Tell them you trust them and expect them to not use drugs or accept medication from anyone other than a doctor.

4 Practice Refusal Skills

Discuss how easy it is to overdose on fentanyl. Then, practice what they will say if they are in a situation where they are offered a drug or pill.