LHS ACTIVITIES 2024-2025

Principal	Neil Hecht	neil.hecht@k12northstar.org	907-456-7794 x17510
Asst. Principal - Athletics	Clarice Mingo	clarice.mingo@k12northstar.org	907-456-7794 x17513
Activities Coordinator	Lance Cheney	lance.cheney@k12northstar.org	907-456-7794 x17223

ATHLETICS	CURRENT COACH/SPONSOR		1ST PRACTICE
FALL ATHLETICS			
Cross Country Running	Chris Benshoof	christopher.benshoof@k12northstar.org	07/31/24
Football	Luke Balash	luke.balash@k12northstar.org	07/31/24
Football Cheer	Dustee Davis	dustee.davis@k12northstar.org	07/31/24
Tennis	Megan Young	mdphinny88@gmail.com	07/31/24
Flag Football	Lance Cheney	david.cheney@k12northstar.org	07/31/24
Swimming/Diving	Robert Vollmer	robert.vollmer@yahoo.com	08/07/24
Diving	Toni Hawkins	toni.hawkins@k12northstar.org	08/07/24
Volleyball (Girls)	David Hallbrooks	david_halbrooks@yahoo.com	08/07/24
Rifle	Amelia Dell	ameliakdell@gmail.com	09/11/24
Wrestling	TBD	lathropwrestling00@gmail.com	10/02/24
WINTER ATHLETICS			
Cross Country Ski	Morgan Hough	morganraven@gmail.com	10/30/24
Boys Basketball	Parrish West	parrish.west@yahoo.com	12/04/24
Girls Basketball	Antwuan Cooks	CooksHoops@gmail.com	12/04/24
Basketball Cheer	Dustee Davis	dustee.davis@k12northstar.org	12/04/24
Hockey	Mark Norum	mark@aim-ak.com	10/16/24
SPRING ATHLETICS			
Baseball	Tyler Hollister	tylerhollister@outlook.com	03/10/25
Soccer (Boys)	Robert Martinez	martinezrobert22@yahoo.com	03/10/25
Soccer (Girls)	Kenny Hoop	choosejoy@ak.net	03/10/25
Softball	Ashley Hastings	ak.coach.hastings@gmail.com	03/10/25
Track & Field	TBD		03/10/25

ALL YEAR ACTIVITIES	SPONSOR to email for the sponsors below please use the following format: **first.last @k12northstar.org**
Academic Decathlon	Christopher Benshoof
Ballroom Dance Team	Siri Johnson
Band	Tristan Hovest
Black Student Union	Valarie Jackson/Andrew Foley
Choir	Gwendolyn Brazier
Declamation Prep	Foreign Language Dept.
Drama	Hovest/Brazier/Sunnifer Deehr
eSports	TBD
Fencing Club	TBD
Freshman Class	TBD
HOSA	TBD
JROTC	Phillip Maxim/Peter Bonin
Junior Class	TBD
National Honor Society	Barbara Marshall
NYO (Native Youth Olympics)	Michael Mallette
Orchestra	Sunnifa Deehr
Purple Heart Ambassadors	Valarie Jackson
Robotics	Christopher Benshoof
Senior Class	Ted Riggs /Michele Robinson/Erin Walton
Sophomore Class	TBD
Student Government	Olga Napolilli
Ultimate Frisbee	Gwen Brazier
Yearbook	TBD

Before a student can participate STUDENT MUST HAVE:

- Current physical on record with the school (physicals are good for 18 months from date of exam)
- Activity Consent/Release Form (Parent/Guardian must sign)
- All Freshmen, Sophomores and Juniors must be enrolled in 5 semester units of credit or equivalent to be eligible.
- **Seniors** must take at least 4 semester units of credit to be eligible and be on track to graduate.

ALL FEES AND FINES MUST BE PAID BEFORE FIRST GAME

Updated 10/04/2024