





KILGORE HIGH SCHOOL LUNCH

NOVEMBER 2024

Menu subject to change based on food availability. Water available at no charge at every meal. Variety of milk offered at meal service.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
  				<p>1</p> <p><b>DISTRICT HOLIDAY! NO SCHOOL!</b></p>
<p><b>4</b> <u>Entrée choice</u>                      Parm ranch chicken sammie                      Turkey croissant sandwich  <u>Grain/Vegetable/Fruit Choice:</u>                      Garden salsa sunchips                      Potato tots                      Fresh broccoli salad                      Tajin grapefruit &amp; Craisin variety</p>	<p><b>5</b> <u>Entrée choice</u>                      Turkey barbacoa flautas                      Pork carnitas quesadilla                      Popcorn chicken salad w/sunchips  <u>Grain/Vegetable/Fruit Choice:</u>                      Spanish rice                      Baby carrot sticks                      Zesty black beans                      Tajin grapefruit &amp; Craisin variety</p>	<p><b>6</b> <u>Entrée choice</u>                      Spaghetti w/meatsauce <i>w/breadstick</i>                      Mega meat pizza                      Buffalo chicken pizza  <u>Grain/Vegetable/Fruit Choice:</u>                      TX cauliflower salad                      Veggie sticks                      Tajin grapefruit &amp; Craisin variety</p>	<p><b>7</b> <u>Entrée choice</u>                      Sweet &amp; sour chicken fried rice                      Steak strips                      Buffalo chicken baked potato  <u>Grain/Vegetable/Fruit Choice:</u>                      Fresh baked maple biscuit                      Honey dill carrot coins                      Garden fresh salad                      Tajin grapefruit &amp; Craisin variety</p>	<p><b>8</b> <u>Entrée choice</u>                      Hamburger                      Cheeseburger                      Spicy tuna sandwich w/pickled veggies  <u>Grain/Vegetable/Fruit Choice:</u>                      Seasoned fries                      Spicy cucumber salad                      Tajin grapefruit &amp; Craisin variety</p>
<p><b>11</b> <u>Entrée choice</u>                      Spicy chicken meatball sub                      Grilled cheese sandwich  <u>Grain/Vegetable/Fruit Choice:</u>                      Curly fries                      Baby carrot sticks                      Apple or Raisin variety</p>	<p><b>12</b> <u>Entrée choice</u>                      Street tacos (pork, chicken, lentil)                      Turkey bacon chef salad w/sunchips  <u>Grain/Vegetable/Fruit Choice:</u>                      Spanish rice                      Refried beans                      Honey dill carrot coins                      Apple or Raisin variety</p>	<p><b>13</b> <u>Entrée choice</u>                      Chicken alfredo pasta <i>w/breadstick</i>                      Thin crust supreme pizza                      French bread cheese pizza  <u>Grain/Vegetable/Fruit Choice:</u>                      Fresh broccoli salad                      Sweet corn                      Apple or Raisin variety</p>	<p><b>14</b> <u>THANKFUL FEAST</u>                      Roasted turkey                      Baked chicken fried steak  <u>Grain/Vegetable/Fruit Choice:</u>                      Honey wheat roll                      Cornbread dressing                      Roasted green beans w/bacon                      Sweet potato casserole                      Mashed potatoes                      Apple or Creamy fruit salad                      Gingerbread Texas cookie</p>	<p><b>15</b> <u>Entrée choice</u>                      Chicken filet sandwich                      Spicy chicken filet sandwich                      Deluxe fish sandwich  <u>Grain/Vegetable/Fruit Choice:</u>                      Seasoned fries                      Creamy coleslaw                      Apple or Creamy fruit salad</p>
<p><b>18</b> <u>Entrée choice</u>                      Boneless chicken chunks                      Nashville hot chicken chunks                      Steak strips  <u>Grain/Vegetable/Fruit Choice:</u>                      Macaroni and cheese                      TX cauliflower salad                      Honey dill carrot coins                      Orange wedges or                      Strawberry applesauce</p>	<p><b>19</b> <u>Entrée choice</u>                      Soft tacos (beef or turkey)                      Chicken crispitos plate                      Cilantro chicken salad w/sunchips  <u>Grain/Vegetable/Fruit Choice:</u>                      Spanish rice                      Seasoned pinto beans                      Fresh broccoli salad                      Orange wedges or                      Strawberry applesauce</p>	<p><b>20</b> <u>Entrée choice</u>                      Chicken spaghetti <i>w/breadstick</i>                      Thin crust pepperoni pizza                      Selfie cheese pizza  <u>Grain/Vegetable/Fruit Choice:</u>                      Garden fresh salad                      Chili lime baby carrots                      Orange wedges or                      Strawberry applesauce</p>	<p><b>21</b> <u>Entrée choice</u>                      TX beef chimichurri rice bowl                      Chicken pot sticker dumplings                      TX no meat chili baked potato  <u>Grain/Vegetable/Fruit Choice:</u>                      Fresh baked biscuit                      Asian vegetable blend                      Roasted green beans w/bacon                      Orange wedges or                      Strawberry applesauce</p>	<p><b>22</b> <u>Entrée choice</u>                      BBQ pulled pork sandwich                      BBQ chicken sandwich  <u>Grain/Vegetable/Fruit Choice:</u>                      Shoestring fries                      Baked beans                      Veggie sticks                      Orange wedges or                      Strawberry applesauce</p>
<p><b>25</b></p> 	<p><b>THANKSGIVING BREAK NOVEMBER 25-NOVEMBER 29, 2024</b></p>			<p><b>29</b></p> 