

Wellness Guidelines for Classroom Celebrations 2024

Rationale: To ensure the safety and health of all of our students, food must be purchased through our current food services provider.

Non-compete Clause with School Meals:

No food may be sold or given to students during the time frame of 30 minutes before or 30 minutes after any school meal service. For more information:

<https://portal.ct.gov/SDE/Nutrition/Competitive-Foods>

- The district encourages families to send in non-food items for **all holiday parties**.
- Water only. It's simpler and healthier.
- No food to celebrate birthdays. The PTO will provide suggestions for ways to mark birthdays that do not involve food. As an example, using books instead of snacks.
- Purchased food is an allowable part of our **four in-class** celebrations during the school year: **Halloween Party**, **Holiday Party**, **Valentine's Day Party**, and **End-of-Year Party**.
- Food for classroom celebrations must be ordered through the school lunch program and can include pizza, popsicles, cookies, etc.

Please see the attached document for options and ordering instructions