

STUDENTS GETTING ACTIVE ON WALK, BIKE & ROLL TO SCHOOL DAY

Instead of walking down to the bus stop and sitting down on their school bus' bench seats, this Wednesday, elementary schoolers are walking all the way to school or sitting down on their bicycle seat.

WHAT: Walk, Bike & Roll to School Day

WHEN: Wednesday, October 9 from 7:15 to 8 a.m.

WHERE: Longfellow Elementary School, 20 29th Avenue North, Fargo

CONTACT: Eric Henrickson, Longfellow principal, at henrice@fargo.k12.nd.us or

701.446.5004 for more information.

Students from Longfellow Elementary School have been encouraged to eschew engine power in favor of leg power for National Walk & Roll to School Day on October 9. The elementary students will walk, bike, or employ any other human-powered transportation such as scooter, skateboard, or roller blades to get to school.

Longfellow will have activities for students in conjunction with Walk & Roll to School Day including hula hooping and free play time on the playground. A light breakfast will be served outside the school beginning at 7:15 a.m.

National Walk & Roll to School Day is sponsored by the National Center for Safe Routes to School. Through the events held nationwide, it hopes to encourage students to get active and form important habits for a healthy lifestyle.

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