



Richards Cross Country Dual Meet 2024

***The meet will be run at Richards Sports Complex
Friday October 18, 2024**

11:30	Junior Girls	1 mile
11:45	Junior Boys	1 mile
12:05	Intermediate Girls	1.5 miles
12:25	Intermediate Boys	1.5 miles
12:45	Senior Girls	2 miles
1:15	Senior Boys	2 miles
1:45	Road Race K-4 Girls	1 mile
2:00	Road Race K-4 Boys	1 mile
2:15	Road Race 5-8 Girls	1 mile
2:30	Road Race 5-8 Boys	1 mile

***Limit of 7 participants for each division except road race**

Placing

1st place medal
2nd-14th ribbons

Road Race: 1st-50th ribbons

***Please park buses on the top paved road and leave parking spaces available for vehicles**