

October Harris Herald

born to
Shine

SCHOOL HOURS

Grades PK-4.....7:55 AM - 3:15 PM
Front Doors Open.....7:15 AM
Breakfast Served.....7:15 am - 7:50 AM
Students Enter Class.....7:45 AM
Class Begins.....7:55 AM

*Students must be inside the building by 7:55 AM. Students entering the building after this time will be tardy. If a student is tardy, parents are required to park and come into the lobby to sign them in.

Dates to Remember

Oct. 10th - Wear Gray - Dyslexia
Oct. 11th - End of 1st grading period
Oct. 14th - Texans gear
Oct. 14th - Raising Cane's Spirit Day
Oct. 15th - Unity Day (orange)
Oct. 16th -18th - Fall Break
Oct. 21st - Penny Wars begin

Lunch Menu

School Cafe

Become a Volunteer

Chaperone

PISD Calendar

Absence Reporting

Dress Code

Follow us on
Social Media



*If your child's birthday is anytime between December - March, due date for your child's birthday message is Nov. 17th.

[Click Here for more info.](#)



OCTOBER is
DYSLEXIA
 AWARENESS
 MONTH

**Wear Gray on Thursday,
 October 10th**

We are excited for **Toro's** Anti-Bully show to visit CJ Harris!!



Wear Texans gear to on
Monday, Oct. 14th



UNITY DAY IS AN ANNUAL EVENT OCCURRING DURING NATIONAL BULLYING PREVENTION MONTH IN OCTOBER. IT PROMOTES COMMUNITY THROUGH KINDNESS, ACCEPTANCE, AND INCLUSION.

KINDNESS ACCEPTANCE INCLUSION
 KINDNESS ACCEPTANCE INCLUSION
 KINDNESS ACCEPTANCE INCLUSION
UNITY DAY
 KINDNESS ACCEPTANCE INCLUSION
 KINDNESS ACCEPTANCE INCLUSION

10.15.24

WEAR AND SHARE ORANGE
#UNITYEVERYDAY

SHARE KINDNESS
 + **PROMOTE ACCEPTANCE**
 + **ENCOURAGE INCLUSION**
 = **BULLYING PREVENTION.**

**Save
 The
 Date**

October

BREAST CANCER
 AWARENESS MONTH

**WEAR PINK
 ON
 WEDNESDAYS**



**RED RIBBON
 WEEK 2024**

CJ HARRIS

**MON
 10/28**

**RED-Y TO BE
 DRUG FREE!**

Wear Red



**STRONG FROM HEAD
 TO TOES!**

Wear silly or fun socks and/or a hat.

**TUES
 10/29**



**WED
 10/30**

BORN TO SHINE!

Wear stars or yellow.



**STARS HAVE GREAT
 CHARACTER!**

Dress up as your favorite book character.



**THUR
 10/31**

**FRI
 11/1**

DREAM BIG!

Wear pajamas.



**Fall
 Break**

OCT. 16TH -19TH
 STUDENTS RETURN OCT. 21ST

TRUNK OR TREAT

MATH
GAMES

FOOD
TRUCKS

CANDY



OCT. 24, 2024

5:30-7:00 PM



No time to stop and shop?
Here's a link to donate
directly to PTA and we will
purchase for you.

[Donation Link](#)

Meet our new friend, Munch-
the CANDY monster! Munch is
here to help us collect candy
donations for Trunk or Treat.
Feel free to sign up on the sign
up genius_or just drop it in at
your leisure. Let's help fill him
up with goodies and make this
Halloween the best ever! Who's
ready to feed Munch?

[Click here for Sign Up Genius](#)





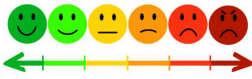
SCHOOL COUNSELOR

OCTOBER 2024

A note from Mrs. Ragghianti:

This month, we will be focusing on **RESPONSIBILITY**. Responsibility is taking action and understanding the impact of our choices. I will focus on self-regulation, self-control, and doing our personal best effort with a growth mindset.

😊 Your School Counselor



Upcoming events:

- Unity Day Oct. 15
- Red Ribbon Week Oct. 28 - Nov. 1
- World Kindness Day Nov. 13
-
-

20 Coping Skills

DEEP BREATHS	Ask your child to show you five finger breathing or belly breathing.
POSITIVE AFFIRMATIONS	practice positive affirmations, they start with I AM, I CAN, I WILL, I KNOW and end with something positive.
MOVEMENT	The best exercise for the brain is exercise. One step at a time. Go outside. Take a walk.
GROUNDING	Bringing our mind to where our body is important. Use Rainbow grounding to help.
COPING SKILLS	The more coping skills your child has the better. Keep exploring ways to feel better.

Stay in touch:

Please allow for 24 hours for a response.

✉ ragghianti@pearlandisd.org

☎ 281-485-4024



SCHOOL COUNSELOR

OCTOBER 2024

I can use coping skills.

DEEP BREATHS

TAKE A BREAK

REMIND MYSELF I WILL BE OKAY!

BELLY BREATHING

relax

inhale

exhale

FIVE FINGER BREATHING

RAINBOW GROUNDING

Take a deep breath and look around to find each color of the rainbow.

RED

ORANGE

YELLOW

GREEN

BLUE

PURPLE

- I am brave
- I am helpful
- I am creative
- I am unique
- I care for others
- I am loved
- I try my hardest
- I am thankful
- I matter

7 THINGS EVERY KID NEEDS TO HEAR

1. I Love You
2. I'm Proud of You
3. I'm Sorry
4. I Forgive You
5. I'm Listening
6. This Is Your Responsibility
7. You've Got What It Takes

JOSH SHIPP.COM

I'm convinced that when we help our children find healthy ways of dealing with their feelings—ways that don't hurt them or anyone else— we're helping to make our world a safer, better place. Fred Rogers

RISE

Mentoring

Become a Mentor

Responsibility Family Newsletter

PurposeFULL People

Responsibility Overview

This month we are talking about Responsibility. One way to define Responsibility is "taking action and understanding the impact of our choices." Taking action can mean doing the right thing or completing the tasks you have been assigned. Understanding the impact of our choices means that our actions matter. Positive and responsible actions can help people and irresponsible actions can hurt others.

Responsibility is 1 of 3 traits we will focus on throughout the year that helps students **Be Strong**.

Across grade levels students will be developing skills like focusing, organizing, and goal-setting.

Conversation Starters

- Can you share or show what it means to be Responsible?
- How can we help each other practice being more Responsible?

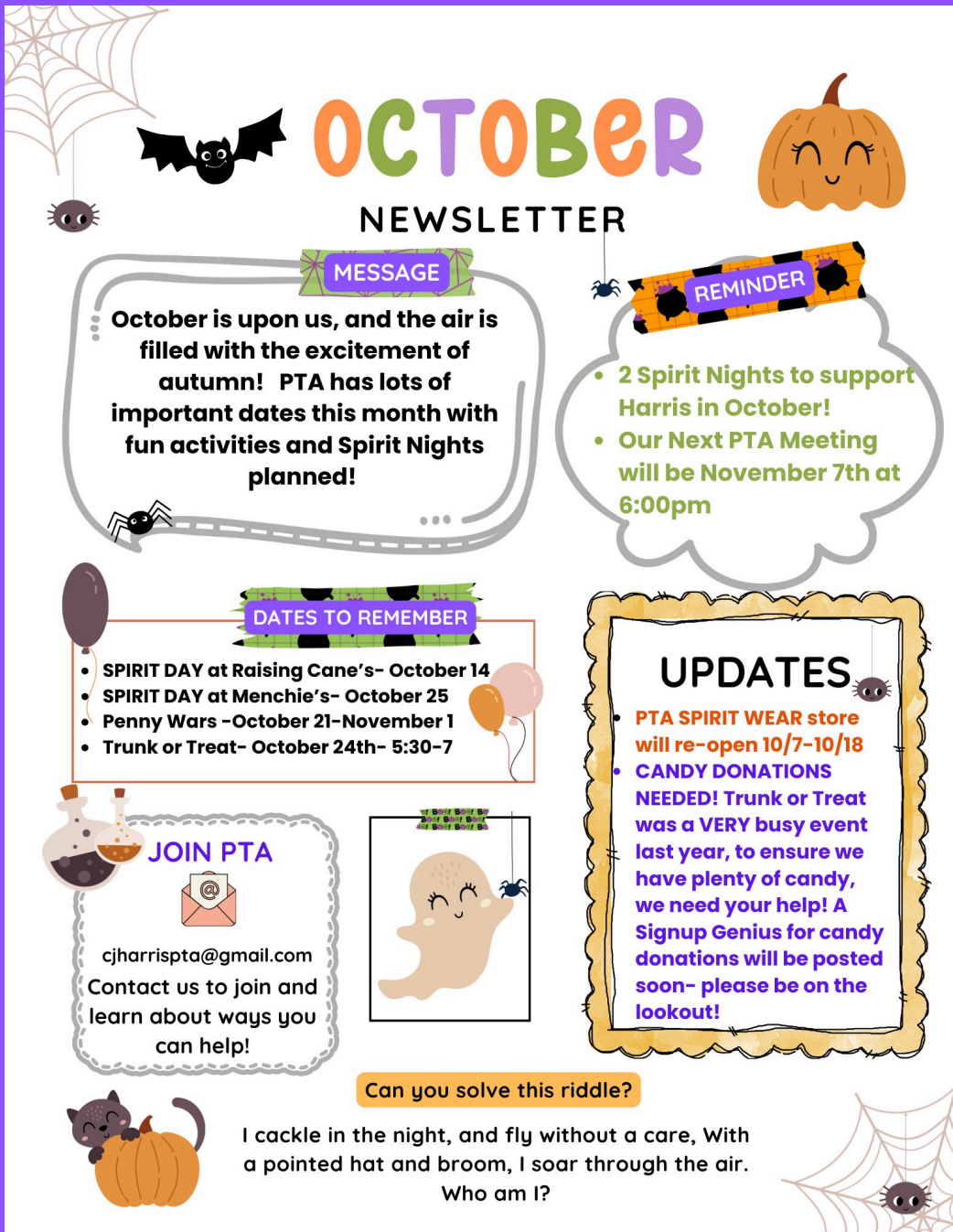
PurposeFull Pursuits

Have some fun connecting as a family this month while practicing Responsibility. Here are 2 "PurposeFull Pursuits" you can complete together!

#1 As a family, think of ways in which you might make someone's life a little easier by helping a neighbor or family friend with 1 of their Responsibilities. Could you bring the garbage to the chute or out to the curb? Could you carry things in from the grocery store? Could you invite someone over for a meal or a show?



#2 Review Responsibility as a family! Responsibility is taking action and understanding the impact of our choices. Choose 1 household chore (or more!) that requires multiple steps. Then have each member of the family select 1 step to complete to help get the job done! Maybe it's washing the dishes, doing laundry, cleaning the living room, or unloading the groceries – whatever it is, see who can be the quickest or most effective at their task!



OCTOBER

NEWSLETTER

MESSAGE

October is upon us, and the air is filled with the excitement of autumn! PTA has lots of important dates this month with fun activities and Spirit Nights planned!

REMINDER

- 2 Spirit Nights to support Harris in October!
- Our Next PTA Meeting will be November 7th at 6:00pm


DATES TO REMEMBER

- SPIRIT DAY at Raising Cane's- October 14
- SPIRIT DAY at Menchie's- October 25
- Penny Wars -October 21-November 1
- Trunk or Treat- October 24th- 5:30-7

UPDATES

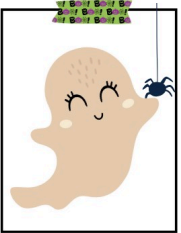
- PTA SPIRIT WEAR store will re-open 10/7-10/18
- CANDY DONATIONS NEEDED! Trunk or Treat was a VERY busy event last year, to ensure we have plenty of candy, we need your help! A Signup Genius for candy donations will be posted soon- please be on the lookout!

JOIN PTA




cjharrispta@gmail.com

Contact us to join and learn about ways you can help!



Can you solve this riddle?



I cackle in the night, and fly without a care, With a pointed hat and broom, I soar through the air. Who am I?



CJ HARRIS PTA

Sign Up Today!
Stock the Pantry!



[Join PTA](#)

CLICK HERE



SCAN ME

PEARLAND ISD



PARENT



DYSLEXIA



WORKSHOP

COME LEARN ABOUT THE EVIDENCE-BASED PROGRAM,
READING BY DESIGN, AND MORE!

PLEASE REGISTER FOR
THE EVENT HERE:



[HTTPS://FORMS.OFFICE.COM/R/WRRHG
7RGM](https://forms.office.com/R/WRRHG7RGM)

PISD EDUCATION
SUPPORT CENTER

1928 N MAIN ST
PEARLAND, TX 77581

THURSDAY, OCTOBER 24

5:30-6:30 PM

QUESTIONS?
EMAIL: MOESA@PEARLANDISD.ORG

CHILDREN ARE ALWAYS WELCOME. CHILDCARE IS NOT AVAILABLE.