

## **SHAC Meeting Minutes-October 2, 2024**

Attendees: Ashley Bough, Crystal Tebbenkamp, Christy Willis, Hunter Foley, Michelle Fronick, Marcy Easterly, Vickie Collins, Rolanda Lawler

Vickie reported the Administrative Review is finished, all went well. She and her staff worked very hard getting all of the necessary documents together.

The new Staff Wellness Log was sent out to administration, nurses, counselors, cafeteria manager, and school liaison to review and discuss during the meeting. It is a Google form with wellness related questions. Each participant earns points for various activities listed on the form, including physical activity and preventative appointments/screenings. End-of-year point-based prizes will vary based on number of participants. Examples of prizes include donations from local businesses, gift cards to local businesses and restaurants, and Amazon gift cards. Changes and additions were made to the Wellness Log after group discussion. This will be sent out right before the Thanksgiving break and continue through April.

The Wellness Policy was reviewed, we are in compliance. No suggested changes were made at this time.

Vickie reported that the number of students with a negative balance in their meal accounts is higher than ever. Options were discussed and each building office will work together with the cafeteria to contact parents and work out a solution. Marcy mentioned other schools in our area are experiencing similar issues. Care to Learn is working on a policy to help with school meals for students.