The School District *of* Haverford Township

MENTAL HEALTH RESOURCE GUIDE

**This booklet contains a list of various local mental resources and is intended to be used only as a guide. Please refer to the sections of the guide entitled, "Find Help and Treatment" from the Commonwealth of PA, for additional information about how to locate and connect with mental health services in the area.*

Disclaimer: This information is provided as a resource to the community only. The School District of Haverford Township does not endorse nor recommend any specific agency, service, or support. The School District is not financially responsible if a community member should elect to engage any agency, services or supports.

MENTAL HEALTH RESOURCE GUIDE

FIND HELP AND TREATMENT-

COMMONWEALTH OF PENNSYLVANIA
(https://www.pa.gov/guides/mental-health/#FindHelpandTreatment**)**

Looking for mental health help? There are several ways to start your search.

Get Connected to Support-

- **Pennsylvania's Support & Referral Helpline** connects Pennsylvanians with mental and emotional support and to local resources. Call 855-284-2494 (TTY: 724-631-5600).
- **Call 2-1-1** to reach the United Way and get connected to help in your area. Search crisis services, hotlines, and warmlines near you on the United Way of Pennsylvania website .

Find a Facility/Specialist-

- Find the help that works for you. Use Psychology Today's search engine or SAMHSA's search tool to find therapists, treatment facilities, health care centers, support groups, and more.

For Medicaid Patients-

- If you have Medicaid coverage in Pennsylvania, you can find an in-network provider by clicking on the Behavioral Health Managed Care Organization (BH-MCO) listed for your county.

You're Entitled to Treatment-

- The Pennsylvania Department of Insurance is here to help you if you are having trouble with the mental health benefits covered by your insurance. Call them at 877-881-6388 for assistance.

FIND HELP AND TREATMENT-

COMMONWEALTH OF PENNSYLVANIA
(https://www.pa.gov/guides/mental-health/#FindHelpandTreatment**)**

Don't Have Health Insurance?

You might qualify for Medical Assistance, also known as Medicaid. Unlike many other health insurance options, you can enroll any time. If you do not know if you are eligible, you can still apply.

There are four ways to apply:

1. **Online:** Using the COMPASS website, apply for Medicaid (and other services that can help you make ends meet).
2. **By telephone:** Call 1-866-550-4355.
3. **In-Person:** You can contact your local county assistance office (CAO).
4. **On Paper:** You can download an application below, fill it out, and send it or drop it off to your local county assistance office. Find your county assistance office.

- Application for cash assistance, SNAP and Medical Assistance benefits (PDF)
- Solicitud para recibir beneficios (PDF)

For Kids and Teens:

CHIP covers all kids and teens with quality health care coverage. Like Medicaid, enrollment is always open. Learn more on the CHIP website.

Know Your Options

Learn about health care options and enrollment availability on the Department of Insurance website.

Assistance for Families Connecting with Local MH Services

Community Care Behavioral Health Organization: Delaware County Member Services
*24/7 Assistance with locating MH services for individuals with Medical Assistance (MA)
Rose Tree Corporate Center, Building 1
1400 N. Providence Road, Suite 310
Media, PA 19063
1-833-577-2682
En Espanol: 1-866-229-3187
Community Care Crisis Line for immediate assistance: 1-800-533-7499
https://members.ccbh.com/contact

DELCONTACT
*Supports families that are currently trying to access mental health services in Delaware County by connecting them through Family Peer Specialists (FPS) and Youth Support Partners (YSP).
https://childandfamilyfocus.org/delcocontact/
Questions and Referrals:
Tiffany Long-Delco Contact Supervisor
(484) 250-1810
tlong@childandfamilyfocus.org

211
Pa 211, through the United Way, can assist families who speak a variety of different languages directly through their website. Individuals can also dial **211** to speak with a contact specialist who can assist with locating programs and services in the area.
https://www.pa211.org/

Crisis Mental Health Services

Bryn Mawr Hospital-ER
Social workers/clinicians on staff to complete level of care assessments
130 South Bryn Mawr Avenue
Bryn Mawr, PA 19010
(484) 337-3000

CHOP-ER
Located in King of Prussia Town Center
South Entrance, 550 S Goddard Blvd
King of Prussia, PA 19406
(800) 879-2467

Crozer-Chester Medical Center
1 Medical Center Boulevard
Upland, PA 19013
(610) 447-2000

Delaware County Crisis Connections Team-24/7MOBILE CRISIS UNIT
(855) 889-7827

Foundations Behavioral Health Clinical Assessment Center
24/7 no-cost, confidential mental health assessments for children
833 East Butler Avenue
Doylestown, PA 18901
(215) 345-0444

Hope for Hallie
*Provides crisis resource information
Swarthmore, PA
(610) 389-1732
https://hopeforhallie.org/

Mercy Fitzgerald Hospital
1500 Lansdowne Avenue
Darby, PA 19023
(610) 237-4210

Philadelphia Children's Crises Response Center
*24 hour help for children and teens experiencing a mental health crisis
3330 Henry Avenue, Falls Center 2, Suite 3N, Philadelphia, PA 19129
(844) 901-3280
https://www.philachildrenscrc.com

Crisis Hotlines

988 Suicide and Crisis Lifeline
*988 routes callers to the National Suicide Prevention Lifeline
*When people call, text, or chat 988, they will be connected to trained counselors who are part of the existing Lifeline network. The previous Lifeline phone number (1-800-273-8255) will always remain available to people in emotional distress or suicidal crisis.
https://988lifeline.org/

Crisis Text Line
Text **HOME** to **741741** to connect with a Crisis Counselor Free 24/7 support at your fingertips.

Delaware County Telehealth Helpline
*Delco Telehealth Helpline operates 24 hours a day, 7 days a week. Speak to a Certified Peer Specialist or Mental Health Professional. The call is confidential and may be anonymous if the caller prefers.
1-855-464-9342

Disaster Distress Helpline (DDH)
*Toll-free, multilingual, crisis support service is available 24/7 to all residents in the U.S. and its territories who are experiencing emotional distress related to natural or human-caused disasters.
Call or text 1-800-985-5990
https://www.samhsa.gov/find-help/disaster-distress-helpline

National Domestic Violence Helplne-1-800-799-7233

Pennsylvania Sexual Assault Helpline-1-888-772-7227

Persevere PA Counseling Program/PA Support and Referral Helpline
*Trained professionals available 24/7 to provide short term mental health support, provide referral information, and connect to local crisis resources if needed.
*Services are free and confidential
1-855-284-2494

SAMHSA (Substance Abuse and Mental Health Services Administration) National Helpline
SAMHSA's National Helpline is free, confidential, 24/7, 365 day-a-year treatment referral and information service (in English and Spanish) for individual and families facing mental and/or substance use disorders.
1-800-662-HELP(4357)
https://www.samhsa.gov/find-help/national-helpline

The Trevor Project
1-866-488-7386 OR Text "Start" to 678-678
https://www.thetrevorproject.org/
*The Trevor Project provides 24/7 crisis support services to LGBTQ+ young people. Text, chat, or call anytime to reach a trained counselor.

Drug and Alcohol Services

Adolescent & Young Adult Advocates
* Most major insurances accepted
* Provide Outpatient therapy services and Intensive Outpatient Program (IOP) for individuals ages 14-18
* Provide parent and family support groups
1062 E. Lancaster Ave. #5
Bryn Mawr, PA 19010
(610) 322-6034
https://www.adolescentadvocates.com/

Caron Treatment Centers
Wyomissing Location (outpatient)
845 North Park Road
Wyomissing, PA
Wernersville Location (inpatient)
(855) 403-3731
www.caron.org

Center for Families
*OP Mental Health Services, IOP, PHP, and Teen D&A treatment for individuals ages 13-18 years old
101 Phoenixville Pike
Malvern, PA 19355
(610) 894-6011
www.centerforfamilies.com

D&A Treatment Resource
*Assists with locating local D&A treatment centers
https://www.rehab.com/pennsylvania

Embark
1031 Old Cassat Road
Berwyn, PA 19312
(484) 327-3272
https://www.embarkbh.com/substance-use

Ethos Treatment LLc. (Adolescent Intensive Outpatient Care)
Ttreat individuals ages 13-18 years old
*Accepts most insurance plans.
West Chester, Plymouth Meeting & Philadelphia locations
(267) 669-0300
https://www.ethostreatment.com/

Holcomb Behavioral Health Systems-Chimes
225 S. 69th Street
Upper Darby, PA 19082
(610) 352-8943
https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/

Keystone Center
5000 Hilltop Road
Brookhaven, PA
(484) 490-1060
https://keystonecenter.net/programs-and-services/outpatient-programs/adolescent-outpatient-services/

Lower Merion Counseling-Resources for Human Development (RHD)
850 West Lancaster Avenue, 2nd floor
Bryn Mawr, PA 19010
(484) 383-0038
https://www.rhd.org/program/lower-merion-counseling-and-mobile-services/

Main Line Addiction Specialist (Adolescent Advocates)
1062 E. Lancaster Ave. #15
Bryn Mawr, PA 19010
(610) 520-7775

Merakey (formerly NHS)
800 Chester Pike,
Sharon Hill, PA 19079
(610) 534-3636
https://www.merakey.org/

Mirmont Outpatient Center-Main Line Health
**Treat individuals 14 years and older*
600 Abbott Drive
Broomall, PA 19008
(484) 476-1800
https://www.mainlinehealth.org/locations/mirmont-outpatient-center-broomall

Mirmont Treatment Center's Adolescent Co-occurring IOP
*IOP or dual diagnoses-emphasis on treating mental health as well as developing relapse prevention skills

- Program offered 3 days a week (Monday, Tuesday and Thursday from 3:45pm-6:45pm)
- Ages 14-18 years old
- Transportation may be provided within a certain vicinity of the office location
- Central Intake (888) 227-3898
- April Washington, LSW-IOP therapist

MVP recovery
*Accepts MA
(855) 687-2410
https://mvprecovery.org/

Rehab After School (OP and IOP services for teens, individual, group and family services)
525 West Chester Pike #205
Havertown, PA 19083
(610) 644-6464

Roger's Behavioral Health (IOP, Partial hospitalization, Mental health & Addiction Treatment)
1 Winding Drive
Philadelphia, PA 19131
(800) 767-4411
www.rogersbh.org

Sanare Today (OP and IOP program to tweens, ages 8-13)
1010 West Chester Pike
Suite 303
Havertown, PA 19083
(610) 344-9600
https://sanaretoday.com
https://sanaretoday.com/child-tween-iop

Serenity Behavioral Health (Mental Health & Substance use therapy for teens and young adults, ages 14-30)
145 N. Eagle Rd.
Havertown, PA 19083
(610) 446-1861
https://www.youthserenity.com/

Eating Disorder Services

Sarah Gibbs, MS, PhD
Looking Glass Counseling
*Sees individuals 13 and older
19 Elliott Avenue
Bryn Mawr, PA 19010
(610) 357-2811

Center for Families' Nourish Program
Parital Program (PHP) for Mental Health Symptoms Accompanied by Disordered Eating Behaviors
1301 Wrights Lane
West Chester, PA 19380
(610) 894-6011
https://www.centerforfamilies.com/programs/nourish-program/

Center for Hope & Health
63 West Lancaster Avenue, Suite 05
Ardmore, PA 19003
(610) 645-5311
https://www.centerforhopeandhealth.com/

Center for Psychological Services
Rosemont Plaza, Suite 1
1062 East Lancaster Avenue
Rosemont, PA 19010
(610) 642-4873
Paoli Executive Green, Building 1, Suite 304
41 Leopard Road, Paoli, PA 19301
(610) 647-6406
http://www.centerpsych.com/

Evolve Counseling Services
*Group Counseling Services also available for ages 18+
*Does not take insurance, sliding fee scale available
*Jen Donovan, LCSW-Cofounder and therapist, certified in CPT and TREM
24 Paoli Pike
Paoli, PA 19301
(484) 329-7638
http://evolvecounselingpa.com

Kelly Hatton
*specializes in eating disorders/trauma
2510 Township Line Road, 2nd floor
Havertown, PA 19083
(302) 605-6702

LifeStance Health (formerly Delaware County Professional Services)
2010 West Chester Pike, Suite 314
Havertown, PA 19083
(610) 892-3800
https://lifestance.com/

Live Well Therapy Associates
*private pay only
111 Forrest Ave., Rear Courtyard
Narberth, PA 19072
(267) 908-0974
https://www.livewellassociates.com/

The Renfrew Center
320 King of Prussia Rd., 2nd Floor
Radnor, PA 19087
1-800-RENFREW (736-3739)
https://renfrewcenter.com/

Seeds of Hope
1440 Russell Road
Paoli, PA 19301
(610) 557-3794
https://seedsofhope.pyramidhealthcarepa.com/

Grief and Loss Services

A Haven
*Grief services for children and families at low to no cost
623 North Pottstown Pike
Exton PA 19341
(484) 716-1807
http://www.ahaven.org/

Camp Erin
*A weekend camp for grieving children/teens who have lost a loved one (no cost)
Philadelphia Chapter
(800) 700-8807
https://elunanetwork.org/

The Center for Loss and Bereavement
3847 Skippack Pike
P.O. Box 1299
Skippack, PA 19474
(610) 222-4110
http://bereavementcenter.org/

Linda Falasco, LCSW
*OP therapy and Grief Group services for teens ages 13-17
*Doesn't accept insurance
17 Bishop Hollow Road, Suite D
Newtown Square, PA 19073
(484) 571-8010
https://www.lindafalascolcsw.com/

Holding Hope
Offices in Wayne, KOP and Philadelphia
https://www.holdinghopepa.com/

Karen Moon Therapy and Grief Coaching
*Grief & Adolescent Specialist
*Does not accept insurance
Wayne, PA
(610) 915-8973
https://karenmoontherapy.com/about

Peter's Place: A Center for Grieving Children and Families
336 King of Prussia Road
Radnor, PA 19087
(610) 687-5150
https://petersplaceonline.org/

Sacred Spaces Counseling Center
*Jill Haney, Pastoral Counselor and Licensed Therapist
*Grief and loss support groups offered in Woodlyn. PA
*Fee for service-No insurance accepted
(610) 357-3500
doctorjill.net

Thriveworks
*Grief Counseling Available (In-person, online counseling services, and telepsychiatry)
600 North Jackson Street
Media, PA
(610) 577-1991
Accepts MA (and many insurance plans)
https://thriveworks.com/media-counseling/accepted-insurance/
https://thriveworks.com/media-counseling/

Uplift Center for Grieving Children (formerly The Center for Grieving Children)
3300 Henry Ave. Suite 102
Philadelphia, PA 19129
(267) 437-3123
https://upliftphilly.org/

Group Therapy Services

Adolescent & Young Adult Advocates
* Provide OP, IOP services & support groups for individuals ages 14-18*Most major insurances accepted
1062 E. Lancaster Ave. #5
Bryn Mawr, PA 19010
(610) 322-6034
https://www.adolescentadvocates.com/

Building Bridges
*Mixed Gender Teen and Young Adult Groups for ages 14-17
36 East Front Street
Media, PA 19063
(610) 556-4011
https://www.buildingbridgesmedia.com/therapy-group

Calm Mind Therapy
*Teen Identity Group for ages 12-18
27 W. Athens Avenue
Ardmore, PA 19003
(484) 416-5745
https://www.calmmindtherapy.org/

CBT Center for Anxiety & OCD (CCAO)
*Groups for children and family members
Chesley Office Campus
107 Chesley Drive, #2
Media, PA 19063
(610) 529-1875
https://cbtcenterforanxiety.com/groups/

Child and Family Focus-Unity Circle
*Evidence-Based support group for LGBTQIA2S+ high school youth, ages 14-18, that celebrates unique lived experiences and counteracts racial & social forces that impede growth
*Tuesdays &Thursdays at 5:30-7:00 PM
*Multiple meeting formats available
*Email questions to: prevention@childandfamilyfocus.org

Collaborative Counseling & Consulting
*Individual, relationship, family, and group services
*Group for students 10th-12th grade
860 West Lancaster Avenue
Bryn Mawr, PA 19010
(610) 527-5431
https://www.collabcounsel.com/

Cornerstone Therapy and Wellness
*Teen DBT skills group
435 Devon Park Drive, STE 300
Wayne, PA 19087
(610) 616-5935
https://cornerstonetherapy.com/group-therapy/

Creative Healing
*General and DBT individual and group counseling for teens
3 locations-Wayne, Flourtown, Philadelphia
(215) 948-3546
https://creativehealingphilly.com/

Girl Power-Linda Falasco, LCSW
*Therapy group for young girls in 3rd-5th grades with a focus on empowering young girls, developing friendships & learning to deal with relational aggression
*Be Your Own You-group therapy for teen girls who want to be the best version of themselves (improve self-esteem, stress management, develop healthy coping skills, how to deal with relational aggression, improve communication)

*Chris/ Lego Club for Boys (K-3) & (grades 4 &5)-Building social skills though purposeful play
*Doesn't accept insurance
17 Bishop Hollow Road, Suite D
Newtown Square, PA 19073
(484) 571-8010
https://www.lindafalascolcsw.com/group-therapy

Harbor (Home for Anxiety, Repetitive Behaviors, OCD, and Related Disorders)
*Teen Group Therapy
10 E. Athens Ave., STE 204C
Ardmore, PA 19003
https://harborpa.com/

Kesselman Clinical Associates
Individual, group, and play therapy
237 W. Lancaster Ave.
Suite 112
Devon, PA 19333
(610) 687-8200
https://mainlinepsychologists.com/

Main Line Therapy Solutions
*Girls Group Chat (ages 11-18)
*Exploring your identity (virtual support group)
600 Haverford Rd., Suite G104
Haverford, PA 19041
(610) 649-6344
https://mainlinetherapysolutions.com/

Pediatric Psychology Center of Chester County
Individual and group counseling
356 N. Pottstown Pike
Suite 300
Exton, PA 19341
(610) 723-8176
https://www.chesterpsychology.com/

Phoenix Trauma Center
*Therapy Groups
*Clients in the group are expected to be in individual therapy at the Phoenix Center or elsewhere due to the nature of the groups
*Provide low cost therapy sessions Graduate school Interns (Sessions start at $85---sliding scale is available if needed)
524 N. Providence Road
Media, PA 19063
(484) 440-9416
http://www.phoenixtraumacenter.com/group-services

Serenity Behavioral Health
*Adolescent Group for ages 13-17
145 N. Eagle Rd.
Havertown, PA 19083
(610) 446-1861
https://www.youthserenity.com/

Shannon Fitzpatrick Thomas LPC
*Does not accept insurance
17 Bishop Hollow Road, Suite D
Newtown Square, PA 19073
(484) 978-8913
https://www.shannonthomaslpc.com/

Thomas K. Hurster MSS LCSW CGP FAGPA
*Therapy groups for HS aged youth, mixed gender/mixed diagnosis groups
#213- The Wilson Building
26 Summit Grove Avenue
Bryn Mawr, PA 19010
Office: (610) 525-5030
Mobile: (610) 420-1410
thomashurster@gmail.com
https://www.psychologytoday.com/us/therapists/thomas-k-hurster-bryn-mawr-pa/227487

Individual Counseling Services

Adolescent & Young Adult Advocates
* Most major insurances accepted
* Provide Outpatient therapy services and Intensive Outpatient Program (IOP) for individuals ages 14-18
* Provide parent and family support groups
1062 E. Lancaster Ave. #5
Bryn Mawr, PA 19010
(610) 322-6034
https://www.adolescentadvocates.com/

All of you Therapy
Trauma therapy and attachment focused counseling
1518 Walnut Street
Suite 401
Philadelphia, PA 19102
(267) 996-9964
https://allofyoutherapy.net/

Charlotte Anderson, LPC
600 W. Germantown Pike, Suite 400
Plymouth Meeting, PA 19462
(215) 799-9188
https://www.psychologytoday.com/us/therapists/charlotte-anderson-philadelphia-pa/862139

Anxiety and Agoraphobia
Treatment Center
112 Bala Ave.
Bala Cynwyd, PA 19004
(610) 667-6490
https://aatcphila.com/

Meg Ardizzi, LCSW
Clinical Social Worker/Therapist
107 Rutgers Ave, Suite 1
Swarthmore, PA 19081
(610) 440-4695
https://www.psychologytoday.com/us/therapists/meg-ardizzi-llc-swarthmore-pa/114633

Bala Child and Family Associates
*Dr. Kodman-Jones-specializes in supporting preschoolers, children, and adolescents with anxiety
1 Bala Avenue, Suite 125
Bala Cynwyd, PA 19004
(610) 667-7137 Ext. 106
Dr. Kodman-Jones can be reached via email at: kodmanjones@comcast.net
https://balachildfamily.com/practitioners/christine-kodman-jones/

Behavior and Counseling Center
*Michael Clemente, LPC
*Telehealth Counseling Available
OP therapy, Cognitive Behavior, & Applied Behavior Analysis (ABA)* services
Philadelphia, PA 19128
(215) 452-6274
www.behaviorandcounselingcenter.com

BetterHelp
*Virtual appointments for teens
*No insurance accepted-fee for service
*Short wait for services
http://betterhelp.com

Bloomingdale Psychological Services
*Teletherapy available
*Coordinated support services to individuals and families in transition from separation and divorce, job loss, illness, trauma, or death of a loved one
115 Bloomingdale Avenue
Wayne, PA 19087
(610) 937-1220
https://www.bloomingdalepsychologicalservices.com/services

Dr. Elizabeth Briganti
*Specializes in Play Therapy, ADHD, OCD, Adoption, Trauma, Depression, Eating Disorders, PTS*D*
410 Lancaster Ave., Suite 4
Haverford, PA 19041
(267) 403-4235

Bryn Mawr Psychological Associates
14 S. Bryn Mawr Ave., Suite 205
Bryn Mawr, PA 19010
(610) 525-4828
https://www.brynmawrpsych.com/

Building Bridges
36 East Front Street
Media, PA 19063
(610) 556-4011
*Denise Ring, LPC (484) 841-8551
https://www.buildingbridgesmedia.com/

The Bridge
31-33 North Narberth Avenue
Narberth, PA 19072
(610) 668-1479
http://www.thebridgenarberth.com/

Calm Mind Therapy
*Adolescent Individual therapy ages 12+
27 W. Athens Avenue
Ardmore, PA 19003
(484) 416-5745
https://www.calmmindtherapy.org/

CBT Center for Anxiety & OCD (CCAO)
*In-person and Teletherapy
Chesley Office Campus
107 Chesley Drive, #2
Media, PA 19063
(610) 529-1875
www.cbtcenterforanxiety.com

Center For Advanced Behavioral Healthcare
4601 Market St., Third Floor
Philadelphia, PA 19139
(215) 590-7555
https://www.chop.edu/locations/center-advanced-behavioral-healthcare

Center for Brief Therapy at Philadelphia College of Osteopathic Medicine (PCOM)
4190 City Ave
Rowland Hall, Suite 530
Philadelphia, PA 19131
(215) 871-6487
https://pcomhealth.org/cbt/

Center for Cognitive Behavioral Therapy (CBT)
22 N. Pennell Road
Media, PA 19063
(267) 551-1984
https://www.centerforcbt.net/

Center for Families
*OP Mental Health Services, IOP, PHP, and Teen D&A treatment
*Treat individuals ages 13-18 years old
101 Phoenixville Pike
Malvern, PA 19355
(610) 894-6011
www.centerforfamilies.com

The Center for Pastoral Counseling
** An interfaith private practice/sliding scale*
212 W. Springfield Road
Springfield, PA 19064
(484) 436-4035
http://www.centerforpastoralcounseling.com/

Center for Psychological Services
Rosemont Plaza, Suite 1
1062 East Lancaster Ave.
Rosemont, PA 19010
(610) 642-4873
http://www.centerpsych.com/

CHADD-Children and Adults with Attention Deficit/Hyperactivity
National organization that provides education, advocacy, and support for individuals with ADHD
National website:
https://chadd.org/for-teens/adhd-in-teens-and-children/
Local chapter:
https://buxmontchadd.com/

Child & Adolescent Counseling Services of SE, PA
Trinh "Angela" Nguyen-Smallwood MS, LPC: Bilingual (Vietnamese-English)
127 E. Chestnut Street, 3rd floor
West Chester, PA 19380
(610) 764-8655
angela@counselingservicesofsepa.com
https://www.counselingservicesofsepa.com/

Child & Adolescent OCD, Tic, Trich, & Anxiety (COTTAGe) Group at The University of Pennsylvania
3535 Market Street
6th Floor
Philadelphia, PA 19104
(215) 746-6701, (215) 746-1230
https://www.med.upenn.edu/psychiatry/anxiety_panic.html

- **Penn Behavioral Health Outpatient Services**
  1-866-301-4724
  https://www.med.upenn.edu/psychiatry/outpatient/

Children's and Adult Center for OCD and Anxiety
*Dr. Baxt has extensive experience with medical conditions and children
3138 Butler Pike, Suite 200
Plymouth Meeting, PA 19462
(484) 530-0778
http://childrenscenterocdandanxiety.com

Child and Family Art Therapy Center
*also offers arts-based social skills groups ("Art of Friendship")
600 Haverford Rd., Suite G-101
Havertown, PA 19041
(610) 649-1080 ext. 1
https://www.childandfamilyarttherapycenter.com/

CHOP Anxiety Behaviors Clinic
3401 Civic Center Blvd
Philadelphia, PA 19104
Or
3440 Market Street, Suite 200
Philadelphia, PA 19104
(215) 590-7555
https://www.chop.edu/centers-programs/anxiety-behaviors-clinic-abc

CHOP Child and Adolescent Mood Program (CHAMP)
(215) 590-7555
https://www.chop.edu/centers-programs/child-and-adolescent-mood-program-champ

CHOP Haverford
Brie Dorian, LCSW
(215) 590-100

Collaborative Counseling & Consulting
*Individual, relationship, family, and group services
860 West Lancaster Avenue
Bryn Mawr, PA 19010
(610) 527-5431
https://www.collabcounsel.com/

Complete Mind Care
*Provide psychotherapy, med management, etc.
*Teen IOP (ages 13-18)
*Accepts most insurance plans
(215) 297-6726
https://www.completemindcareofpa.com/

Cornerstone Therapy and Wellness
*In-person and teletherapy services
435 Devon Park Drive, STE 300
Wayne, PA 19087
(610) 616-5935
https://cornerstonetherapy.com/group-therapy/

Council for Relationships
*Accepts MA
*Low fee therapy services-sliding scale with master level/post grad students.
300 E Lancaster Ave., Suite 211
Wynnewood, PA 19096
(215) 382-6680 ext.1
https://councilforrelationships.org/

Creative Healing
*General and DBT individual and group counseling for teens
3 locations-Wayne, Flourtown, Philadelphia
(215) 948-3546
https://creativehealingphilly.com/

Cummings and Tannenbaum Psychological Services
915 Montgomery Ave.
Narberth, PA 19072
(610) 667-9830

CVS Pharmacy
*Counseling services available for individuals 18 years and older
https://www.cvs.com/minuteclinic/services/mental-health-counseling

DiGorio, Ripkin Counseling Associates
326 West Lancaster Avenue, Suite 211
Ardmore, PA 19003
(267) 422-4658
https://ripkininteractivetherapy.com/

Katherine Dipaulo, LCSW
525 West Chester Pike, Suite 311B
Havertown, PA 19083
(215) 300-5933

Drexel Psychological Services Center
Stratton Hall, 2nd Floor
3201 Chestnut Street
Philadelphia, PA 19104
(215) 553-7128
https://drexel.edu/coas/academics/departments-centers/psychology/clinic/

Ellie Mental Health
Individual, Family, Couples, Trauma-Informed, Grief, Movement, and Art therapy
In-person and remote options available
Heather Grinar, LPC-Clinic Director
1120 Township Line Road
Suite 101
Havertown, PA 19064
(610) 708-0721
https://elliementalhealth.com
https://elliementalhealth.com/locations/havertown-pa/

Embark
*Outpatient behavioral health, services and support for individuals ages 12-25, Family Therapy
1031 Old Cassat Road, Suite 100
Berwyn, PA 19312
(484) 327-8106
https://www.embarkbh.com/locations/embark-at-main-line/

Ethos Treatment
*Provide Intensive Outpatient Programs (IOP) and Outpatient services (OP) for individuals 13yrs and older
*Michael Blanch, LCSW co-founder
*In network with most insurances (Accepts some CHIP)
*Can do medication evaluation and med management
2000 Sproul Road, Suite 102
Broomall, PA 19008
(267) 669-0300
https://www.ethostreatment.com/

Linda Falasco, LCSW
*Doesn't accept insurance
17 Bishop Hollow Road, Suite D
Newtown Square, PA 19073
(484) 571-8010
https://www.lindafalascolcsw.com/

Family & Couple Wellness Center
Berwyn & Paoli locations
(610) 889-2089
http://couplesandfamilywellnesscenter.com/

Shannon Fitzpatrick Thomas
*Counseling services for pre-teens (ages 11-13), adolescents (ages 14-17), and adults
17 Bishop Hollow Road
Suite D
Newtown Square, PA 19073
(484) 978-8913
https://www.shannonthomaslpc.com/

Grace Lutheran Church
The Wellness Center Counseling Services
*trained and licensed counselors combine psychological and spiritual care practices
*Some sliding scale fees available
2191 W. Chester Pike
Broomall, PA
(484) 423-4484
https://www.gracebroomall.org/

GreenePsych: Clinical and Sports Psychology
551 West Lancaster Ave, Suite 214
Haverford, PA 19041
(484) 808-7273
https://www.greenepsych.com/

Harbor (Home for Anxiety, Repetitive Behaviors, OCD, and Related Disorders)
10 E. Athens Avenue, Suite 204C
Ardmore, PA 19003
(610) 952-3654
https://harborpa.com/

Jeanette Herrington, LSW
*OP services for children 13 years and older
*specializes in anxiety, depression, trauma, LGBTQ+
5561 Pennell Road
Media, PA 19063
(484) 275-0035
jeanetteherrington@jessicaburman.com

Jewish Family Counseling Services (JFCS)
*sliding scale
(866) 532-7669
https://jfcsphilly.org/counseling/

Kelly Counseling
Glen Mills, PA
(610) 358-2250
https://www.kellycounseling.com/#home

Kesselman Clinical Associates
Individual, group, and play therapy
237 W. Lancaster Ave.
Suite 112
Devon, PA 19333
(610) 687-8200
https://mainlinepsychologists.com/

Korsin and Hannigan Therapy Group
175 Strafford Ave, Wayne, PA 19087
Melissa Korsin: korsinlcsw@gmail.com and (267) 225-0868
Lindsay Hannigan: hanniganlcsw@gmail.com and (610) 742-5635
https://www.korsinhannigantherapy.com/

LifeStance Health (formerly Delaware County Professional Services)
2010 West Chester Pike, Suite 314
Havertown, PA 19083
(610) 892-3800
https://lifestance.com/

Lower Merion Counseling-RHD
850 West Lancaster Avenue, 2nd floor
Bryn Mawr, PA 19010
(610) 520-1510
https://www.rhd.org/program/lower-merion-counseling-and-mobile-services/

Susie Macciocca, M.S. Ed
967 E. Swedesford Road
Malvern, PA 19355
(484) 214-2963
https://www.psychologytoday.com/us/therapists/susie-macciocca-west-chester-pa/886338

Main Line Counseling and Wellness Center
*provides teletherapy
600 Haverford Road, Suite 201
Haverford, PA 19041
(610) 664-2524
http://www.mlcwellness.com/

Main Line Counseling Partners
*Family counseling
1084 Lancaster Ave., Suite 204
Bryn Mawr, PA 19010
(610) 642-3359
https://mainlinecounselingpartners.com/family-therapy/

Main Line Play Therapy
100 Chetwynd Drive, Suite 201
Bryn Mawr, PA 19010
(610) 642-1144
https://www.mainlineplaytherapy.com/

Main Line Therapy Solutions
600 Haverford Rd
Suite G104
Haverford, PA 19041
(610) 649-6344
www.mainlinetherapysolutions.com

Marshall & Bateman Clinical Associates
121 North Wayne Avenue
Wayne, PA 19087
(781) 454-6530
https://marshallbatemanclinicalassociates.com/mission-statement-1

Media Child and Family Associates
*Accepts Aetna and Highmark
36 E Front Street Media, PA 19063
(484) 442-0292
https://www.psychologytoday.com/us/therapists/media-child-family-associates-media-pa/282224

MG Therapeutic Services LLC
100 West 6th Street
Suite 305
Media, PA 19063
(484) 445-4147
*accepts most insurance plans
http://www.mg-ts.com

Mindfully Rooted
Michaela Herr, ATR-BC, LPC
*Individual, couples and family Art therapy
(814) 404-6993
https://www.mindfullyrootedarttherapy.com/

Multicultural Community Family Services-MCFS
*Support Intervention Program provides counseling, parenting support, and case management services for individuals and families experiencing resettlement relating to new ways of life in the United States, trauma, family conflict, school bullying, and other life challenges.
7016 Terminal Square, Suite 3A
Upper Darby, PA 19082
(484) 461-8660
http://www.mcfsorg.com/

Onward Behavioral Health (formerly Life Counseling Services)
525 West Chester Pike, Suite 205
Havertown, PA 19083
(610) 644–6464
https://obhcares.com/

OPAL DBT
**DBT individual and group sessions for teens*
1171 Lancaster Ave
Berwyn, PA 19312
(484) 674-6325
https://www.opaldbt.com/

Pediatric Psychology Center of Chester County
Individual and group counseling
356 N. Pottstown Pike
Suite 300
Exton, PA 19341
(610) 723-8176
https://www.chesterpsychology.com/

Irene Psihogios, MS, LPC-Creative Play & Family Counseling
233 East Lancaster Ave
Ardmore, PA 19003
(215) 483-1360
https://www.psychologytoday.com/us/therapists/creative-play-family-counseling-ardmore-pa/337851

Psych Choices of the Delaware Valley, LLC
Holistic Mental Healthcare in Delaware County
2002 Sproul Road, Suite 300-Marple Commons
Broomall, PA 19008
(610) 626-8085
https://psychchoices.com

Meg Rogers, M.S, LMFT
*Specializes in working with kids and teens, 3 +
614 E. Darby Rd.
Havertown, PA
https://www.oakgrovecounselingandtherapy.com/

Row Psychiatric Services
40 Lloyd Avenue
Malvern, PA 19355
*IOP for school aged children ages 5-13 years old
*Accept a variety of insurances including CHIP and Medicaid
(610) 999-1908
https://rowpsychiatricservices.com/

Serenity Behavioral Health
*Mental Health & Substance use therapy for teens and young adults, ages 14-30
145 N. Eagle Rd.
Havertown, PA 19083
(610) 446-1861
https://www.youthserenity.com/

Thomas Smith, Psy.D.
Certified School Psychologist
(484) 442-0776
www.drthomas-smith.com

Thriving Families, LLC
Individual, Family, Couples, and Parent-Child Interaction Therapy services offered
In-person and remote options in Ardmore and Media, PA
(484) 437-2991
https://www.thrivingfamiliescenter.com/

Springfield Psychological Associates
920 West Chester Pike
Havertown, PA 19083
(610) 544-2110
*new patients must request intake appointments via springpsych.com
https://springpsych.com/

Dr. Richard Stern
950 E. Haverford Rd., Suite 301
Bryn Mawr, PA 19010
(215) 888-7785
https://richardsternphd.blogspot.com/

Sunflower Radiance Counseling
112 W. Oak Lane
Glenolden, PA 19036
(267) 854-7715
https://www.sunflowerradiance.com/

Temple University Child and Adolescent Anxiety Disorders Clinic
Weiss Hall-1701 North 13th Street
Philadelphia, PA 19122
(215) 204-7165
www.childanxiety.org

Thriveworks
*In-person counseling, online counseling services, and telepsychiatry
600 North Jackson Street
Media, PA
(610) 577-1991
Accepts many insurance plans, does not take MA
https://thriveworks.com/media-counseling/accepted-insurance/
https://thriveworks.com/media-counseling/

The Wellness Center Counseling Services
*Sliding Scale Fees Available
Grace Lutheran Church
2191 W. Chester Pike
Broomall, PA
(484) 423-4484
https://www.gracebroomall.org/mental-health-services
(Beth Toler- (404) 822-3954-btoler71@gmail.com-contact person who assists with questions regarding counseling services)

Cynthia R Young, LCSW
42 East Front Street
Media, PA 19063
(484) 441-3292
https://www.psychologytoday.com/us/therapists/cynthia-r-young-media-pa/479181

Alison Zisser, Ph.D.
PCIT Therapist and Level I Trainer
Department of Child and Adolescent Psychiatry and Behavioral Sciences
The Children's Hospital of Philadelphia
3440 Market St., Suite 200
Philadelphia, PA 19104
(800) TRY-CHOP (1-800-879-2467)
Parent Child Interaction Therapy (PCIT) is an evidence-based treatment for young children with emotional and behavioral disorders that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns. Children and their caregivers are seen together in PCIT. Most of the session time is spent coaching caregivers in the application of specific therapy skills.

LGBTQIA+ Youth Mental Health Services

Arrive Therapy
*Gender counseling, LGBTQ counseling, Trans Counseling, Trans support group
30 S. Valley Road
Suite 102
Paoli, PA 19301
(484) 615-3155
www.arrivetherapy.com

Attic Youth Center
255 South 16th Street
Philadelphia, PA 19102
(215) 545-4331
www.atticyouthcenter.org

Child and Family Focus
Weekly Youth Pride Resource Group: This group is a support group/resource sharing group for LGBTQ+ youth and allies living in Delaware County. The group meets weekly every Wednesday evening from 6:30-7:30pm via Zoom
For questions, please email: **preventionatchildandfamilyfocus.org**

CBT Center for Anxiety & OCD (CCAO)
*Transgender & Non-binary Teen (ages 14-18) and Pre-teen (ages 10-13) Groups
* For additonal group information, contact Dr. Naomi Brinton at nbrinton@cbtcenterofanxiety.com or complete survey at https://qfreeaccountssjc1.az1.qualtrics.com/jfe/form/SV_9Nc1eE5uEHGNeKy
Chesley Office Campus
107 Chesley Drive, #2
Media, PA 19063
(610) 529-1875
www.cbtcenterforanxiety.com

Child and Family Focus-Unity Circle
*Evidence-Based support group for LGBTQIA2S+ high school youth, ages 14-18, that celebrates unique lived experiences and counteracts racial & social forces that impede growth
*Tuesdays &Thursdays at 5:30-7:00 PM
*Multiple meeting formats available
Questions? Email: prevention@childandfamilyfocus.org

CHOP-Specialty Care
Gender and Sexuality Development Program
3550 Market Street
Philadelphia, PA 19104
(267) 426-5980
https://www.chop.edu/centers-programs/gender-and-sexuality-development-program

Jeanette Herrington, LSW
*OP services for children 13 years and older
*specializes in anxiety, depression, trauma, LGBTQ+
5561 Pennell Road
Media, PA 19063
(484) 275-0035
jeanetteherrington@jessicaburman.com

Dr. Tiffini Lanza
(215) 859-0322
www.maveriquetherapeuticservices.org

Main Line Counseling and Wellness Center
*Virtual LGBTQ+ group therapy for teens, ages 13-17
*Aetna and Cigna accepted, $65/group
600 Haverford Road, Suite 201
Haverford, PA 19041
(610) 664-2524
http://www.mlcwellness.com/

Mazzoni Center (health and wellness services in LGBTQ focused environment)
1348 Nainbridge Street
Philadelphia, PA 19147
(215) 563-0652
https://www.mazzonicenter.org/

Papillon-Gender Wellness Center
Dr. Maureen Osborne (works with LGBTQ+ clients)
Paoli Psych. Services
412 E. King Street
Malvern, PA
(215) 693-1199
https://www.drchristinemcginn.com/services/counseling/osborne.php

Phoenix Center for Experiential Trauma Therapy
*LGBTQIA group: The Power of Community to heal trauma
524 N. Providence Road
Media, PA 19063
*Please email Lewis@phoenixtraumacenter.com or contact intake line at (484) 440-9416 for more information
https://www.phoenixtraumacenter.com/

U.D.T.J Youth Community Center-BIPOC and LGBTQ+ support services (new as of 2/24)
*14 years and older can go to center without parent
*MH services, Housing resources, Peer-support groups, Hygiene products, & supply closet
115 Fairfield Ave., 2nd floor, Upper Darby, PA 19082
(717) 918-7014
https://udtj.org/

Walnut Psychotherapy Center
1429 Walnut Street, Suite 1300
Philadelphia, PA 19103
(215) 563-7863
www.walnutpsychotherapycenter.com

Debra Weigl, LCSW (works with LGBTQ+ clients)
205 North Monroe Street
Media, PA 19063
(610) 608-4376

Medical Assistance Providers

Aviva Mental Health Services
*Accept Keystone First but not United Health
*Med management available
*Languages: French, Hindi, Spanish
320 MacDade Blvd Suite 205
Collingdale, PA 19023
(610) 522-4506
https://avivamhs.com/

Child Guidance Resource Center
*Extended Assessment, Wraparound, and Community Based Services2000 Old West Chester Pike
Havertown, PA 19083
*OP services may be limited if child/family has both MA and private insurance
(484) 454-8700 ext. 1120 Intake (Walk-in appointments available on Mon-Fri from 9am-2pm)
https://www.cgrc.org/

Child and Family Focus
*Respite care, CPI, TIP and HIFI (*no OP therapy services provided in Delco*)
450 Parkway Ave. Suite 208
Broomall, PA 19008
(610) 325-3131
www.childandfamilyfocus.org

Council for Relationships in Wynnewood
*Accept MA
*sliding scale with master level/post grad students.
300 E Lancaster Ave.
Wynnewood, PA 19096
(215) 382-6680
https://councilforrelationships.org/

Cynthia Conan
*accepts Medicaid
205 N Monroe St. Media, PA 19063
(610) 891-1273

Devereux Advanced Behavioral Health
444 Devereux Drive
Villanova, PA 19085
(800) 345-1292
https://www.devereux.org/site/SPageServer/?pagename=penn_devereux_community_services_admissions

Elwyn
*Wrap Around Services
111 Elwyn Road
Elwyn, PA 19063
(610) 891-2000
https://www.elwyn.org/

Family & Community Service of Delaware County
*Accepts clients 7 years and older
* Accepts Medicaid if it's the client's only medical provider in Delco. Sliding scale with proof of income.
600 North Olive Street
Media, PA 19063
(610) 566-7540
https://www.fcsdc.org/

Fountain Mental Health, Inc.
*24 month wait for Autism Spectrum Services
*Accepts commercial and MA insurance
*Med management available. ADHD eval/testing
17 Regency Plaza
Glen Mills
(215) 639-3185
https://fountainhealthinc.com/glen-mills-office/

Gemma Services (formerly The Village)
452 S. Roberts Rd.
Rosemont, PA 19010
(610) 525-5400
https://gemmaservices.org/

Greater Philadelphia Health Action, Inc.
*Psych eval and med management offered within 2 weeks
*Open on evenings every Tuesday
*Telehealth offered
1489 Baltimore Pike, Bldg. 100, Suite 300
Springfield, PA
(484) 472-7430
https://gphainc.org/locations/find-a-location-near-you/#gpha-spectrum-behavioral-services

Holcomb Behavioral Health Systems-Chimes
225 S. 69th Street
Upper Darby, PA 19082
(610) 352-8943
https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/

Life Path, Inc
*1 month + wait for therapy
*Telehealth offered
401 Pilgrim Lane Suite 100
Drexel Hill, PA
(610) 566-5029
https://lifepath.org/

Lower Merion Counseling Services-RHD
*Can provide counseling services to uninsured—Accepts MA (no CHIP)
850 Lancaster Avenue, 2nd floor
Bryn Mawr, PA 19010
(610) 520-1510
https://www.rhd.org/LMCMS/

Merakey (formerly NHS)
*Community Based Services
800 Chester Pike,
Sharon Hill, PA 19079
(610) 534-3636
https://www.merakey.org/

Office of Behavioral Health
20 S. 69th Street, 3rd Floor
Upper Darby, PA 19082
(610) 713-2365
www.delcohsa.org
**Refer to the OBH directory for a complete list of behavioral healthcare programs and services provided to children and adolescents of Delaware County.*
http://www.delcohsa.org/mh_children/childrens_directory.pdf

RHD – Lower Merion Counseling
*Intake and med management available almost immediately
*Weekly check-ins offered while waiting for therapy
*Telehealth offered
850 W Lancaster Ave Fl 2
Bryn Mawr, PA
(610) 520-1510
https://www.rhd.org/program/lower-merion-counseling-and-mobile-services/

Serenity Behavioral Health
*Mental Health & Substance use therapy for teens and young adults, ages 14-30
*Now Accepts Medical Assistance and PA CHIP
145 N. Eagle Rd.
Havertown, PA 19083
(610) 446-1861
https://www.youthserenity.com/

Parent Support Groups

Adolescent & Young Adult Advocates
* Most major insurances accepted
* Provide Outpatient therapy services and Intensive Outpatient Program (IOP) for individuals ages 14-18
* Provide parent and family support groups
1062 E. Lancaster Ave. #5
Bryn Mawr, PA 19010
(610) 322-6034
https://www.adolescentadvocates.com/

Arrive Therapy-Parent Support Group for Parents of Trans Children/Teens
30 S. Valley Road
Suite 102
Paoli, PA 19301
(484) 615-3155
www.arrivetherapy.com

Because I Love You: B.I.L.Y
Upper Darby PA
(888) 443-4481
www.becauseiloveyou.org

CBT Center for Anxiety & OCD (CCAO)
*Family OCD Support Group and PANS/PANDAS Support Group
Chesley Office Campus
107 Chesley Drive, #2
Media, PA 19063
(610) 529-1875
www.cbtcenterforanxiety.com

Child and Family Art Therapy Center
1600 Haverford Rd., Suite G-101
Havertown, PA 19041
(610) 649-1080 ext. 1
https://www.childandfamilyarttherapycenter.com/

Child and Family Focus
Monthly Caregiver Resource Group-This group is a monthly resource sharing group for caregivers of youth living in Delco that meets once a month on the first Monday of every month via Zoom from 6-7pm. For questions, please email **preventionatchildandfamilyfocus.org**

CGRC-Strengthening Families Program
Free Evidence-based program for families with children ages 10-14
7-session, virtual, evidence-based parenting skills and life skills program designed for families.
(484) 454-8700, lschneller@cgrc.org
http://www.cgrc.org

Cornerstone Therapy and Wellness
*Parenting Groups, couple therapy
435 Devon Park Drive, STE 300
Wayne, PA 19087
(610) 616-5935
https://cornerstonetherapy.com/group-therapy/

DCIU Family Center Parenting Classes
Offer FREE 4-week positive parenting workshop
Topics include: single/shared parenting, child development, positive discipline, self-care, health and nutrition, newborn care
Delaware County Family Center
(610) 532-2811
https://www.dciu.org/Page/4691

Delaware County Family Center-Mercy Fitzgerald Campus
St. Bernard Hall, 2nd Floor
1515 Lansdowne Ave.
Darby, PA 19023
(610) 532–2811
https://www.dciu.org/Page/4691

Harbor (Home for Anxiety, Repetitive Behaviors, OCD, and Related Disorders)
*Parent Workshops
10 E. Athens Ave., STE 204C
Ardmore, PA 19003
https://harborpa.com/

Holcomb Behavioral Health Systems-Chimes
225 S. 69th Street
Upper Darby, PA 19082
(610) 352-8943
https://chimes.org/about/chimes-family/holcomb-behavioral-health-systems/

Main Line Therapy Solutions
*Parenting workshops-Parenting Children (ages 6-13 yrs. old) With Difficult Behaviors
600 Haverford Rd.
Suite G104
Haverford, PA 19041
(610) 649-6344
https://mainlinetherapysolutions.com/our-services/current-groups/

Steps4Hope
*Support group for parents who have lost a child to addiction
Pam Moules
(610) 247-1920
355 St. John's Circle
Phoenixville, PA 19460
https://www.steps4hope.org/

Serenity Behavioral Health
*Bi-weekly Parent Support Groups
145 N. Eagle Rd.
Havertown, PA 19083
(610) 446-1861
https://www.youthserenity.com/youth-behavioral-health-services/#outpatient

Partial Hospitalization Programs (PHP)/Intensive Outpatient Programs

Adolescent & Young Adult Advocates
* Most major insurances accepted
* Provide Outpatient therapy services and Intensive Outpatient Program (IOP) for individuals ages 14-18
* Provide parent and family support groups
1062 E. Lancaster Ave. #5
Bryn Mawr, PA 19010
(610) 322-6034
https://www.adolescentadvocates.com/

Center for Families
*OP Mental Health Services, IOP, PHP, and Teen D&A treatment
*PHP (Nourish Program) in West Chester location for Mental Health Symptoms accompanied by Disordered Eating Behaviors
*Treat individuals ages 13-18 years old
101 Phoenixville Pike
Malvern, PA 19355
(610) 894-6011
www.centerforfamilies.com

Charlie Health
*Virtual Intensive Outpatient Program (IOP)
*Now accepting TriCare insurance
(866) 484-8218
https://www.charliehealth.com/
https://www.charliehealth.com/intensive-outpatient-iop

Complete Mind Care
*Provide psychotherapy, med management, Teen IOP (ages 13-18)
*Accepts most insurance plans
(215) 297-6726
https://www.completemindcareofpa.com/

Embark
* Provide personalized partial hospitalization programs (PHP) and intensive outpatient programs (IOP) for individuals 12 years and older
1031 Old Cassat Road, Suite 100
Berwyn, PA 19312
(484) 327-5613
https://www.embarkbh.com/locations/embark-at-main-line/

The Horsham Clinic
* Provide personalized partial hospitalization programs (PHP) for ages 5 and older
800 Parkway Drive, Suite A
Broomall, PA 19008
(800) 237-4447
https://horshamclinic.com/programs-services/

The Light Program
* Provide personalized partial hospitalization programs (PHP) and intensive outpatient programs (IOP) for individuals 12 years and older
- IOP (ages 14-18) at The Light Program at Havertown location
- IOP (ages 14-18) at The Light Program for LGBTQIA+ youth at Havertown location
- PHP (ages 12-18) at The Light Program at Havertown and Phoenixville location

- PHP (ages 14-18) at The Light Program at Havertown location
- IOP/PHP (ages 14-18) at The Light Program at Paoli Location

(866) 861-9906
https://thelightprogram.pyramidhealthcarepa.com/

Mirmont Outpatient Center-Main Line Health
* Provide personalized partial hospitalization programs (PHP) and intensive outpatient programs (IOP) for individuals 14 years and older
600 Abbott Drive
Broomall, PA 19008
(888) 227-3898
https://www.mainlinehealth.org/locations/mirmont-outpatient-center-broomall

Mirmont Treatment Center's Adolescent Co-occurring IOP
*IOP or dual diagnoses-emphasis on treating mental health as well as developing relapse prevention skills

- Program offered 3 days a week (Monday, Tuesday and Thursday from 3:45pm-6:45pm)
- Ages 14-18
- Transportation may be provided within a certain vicinity of the office location
- April Washington, LSW-IOP therapist

Central Intake (888) 227-3898
https://www.mainlinehealth.org/conditions-and-treatments/treatments/mirmont-mental-health-intensive-outpatient-program

Nami-Main Line PA Support Groups
*Support groups for family members of loved ones who have a mental illness
*Free support groups for families who are assisting other families who are living with mental health challenges
*Free peer support group for adults living with mental illness
https://namimainlinepa.org/support/support-groups/

Roger's Behavioral Health
*Provide personalized partial hospitalization programs (PHP) and intensive outpatient programs (IOP) for children and teens

- PHP for children 10 and older with OCD and anxiety
- PHP for children 12 and older with depression, bipolar disorder, or other mood disorders.

*Rogers does not accept Medicaid/Medicare in Philadelphia
1 Winding Drive
Philadelphia, PA 19131
(800) 767-4411
www.rogersbh.org

Row Psychiatric Services
40 Lloyd Avenue
Malvern, PA 19355
IOP for school aged children ages 5-13 years old
*Accept a variety of insurances including CHIP and Medicaid
(610) 999-1908
https://rowpsychiatricservices.com/

Sanare Today (OP and IOP program to tweens, ages 8-13)
1010 West Chester Pike, Suite 303
Havertown, PA 19083
(610) 344-9600
https://sanaretoday.com
https://sanaretoday.com/child-tween-iop

Serenity Behavioral Health
*Intensive Outpatient Program (IOP) for ages 14-17 in Havertown location
*Medical Assistance accepted
145 N. Eagle Rd.
Havertown, PA 19083
(610) 446-1861
https://www.youthserenity.com/

Wisteria Program-Malvern Behavioral Health
*18 years and older Acute Inpatient Psychiatric Program for members of the LGBTQ+ Community
Malvern Health Inc.
Two Valley Square
512 E. Township Line Road, Suite 115
Blue Bell, Pa. 19422
Admissions: (610) 480-8919
https://www.malvernhealthinc.com/malvern-behavioral-health-opens-new-unit-for-the-lgbtq-community/

Prevention, Treatment, & Training Resources for Victims of Sexual Abuse

Delaware County Victim Assistance Center
24 hour hotline: (610) 566-4342
http://www.delcovictimassistance.org/

Delco Hart (Delaware County Healing and Resolving Trauma)
*Affiliated with Joseph J. Peters Institute: https://jjpi.phmc.org/about-us/history and Family Support Line https://jjpi.phmc.org/services/community-partnerships

Family Support Line
Children's Advocacy Center
100 West 6th Street Media, PA 19063
(610) 268-9145
www.familysupportline.org

Psychiatrists/Psychiatric Nurse Practitioners

Child Guidance Resource Center
2000 Old West Chester Pike
Havertown, PA 19083
(484) 454-8700 ext.1120-Intake
https://www.cgrc.org/

Dr. Lisa Goldstein, Child Psychiatrist
Bryn Mawr, PA
(610) 527-8444
https://lisagoldsteinmd.com/
**Works with private insurance companies for reimbursement*

Dr. James Hetznecker
Adolescent and Pediatric Psychiatry
950 E. Haverford Road, Suite 302
Bryn Mawr, PA 19010
(610) 527-4642
http://www.gruenbergandsummers.com/hetznecker

Dr. Khin Khin
Crozer Health
*Dr. Khin is fluent in Chinese
(610) 619-8707

LifeStance Health (formerly Delaware County Professional Services)
2010 West Chester Pike, Suite 314
Havertown, PA 19083
(610) 892-3800
https://lifestance.com/

Dr. Amy Macintyre
Adolescent Psychiatry & Pediatric Psychiatry
925 W. Lancaster Avenue, Suite 210
Bryn Mawr, PA 19010
(610) 667-1781

The Main Line Center for the Family (Dr. John Williams)
901 Glenbrook Avenue
Bryn Mawr, PA 19010
(610) 880-0110
http://www.mainlinefamily.com/

Dr. Patel
Springfield Psychological
Adolescent Psychiatrist
1489 Baltimore Pike, Building 200, Suite 250
(Enter off Wallingford Rd.)
Springfield, PA 19064
(610) 544-2110
https://springpsych.com/portfolio/patel-ushama-md/

Psych Choices of the Delaware Valley, LLC
Marple Commons-2002 Sproul Road, 3rd Floor
Broomall, PA 19008
(610) 626-8085
https://psychchoices.com

Humangshe Rathinakumar, Psy D
Adolescent Psychiatrist (ages 14+)
Mirmont Outpatient Center
Offices in Broomall and Exton
(888) 227-3898

Springfield Psychological Associates
920 West Chester Pike
Havertown, PA 19083
(610) 544-2110 x. 156
https://springpsych.com/

Dr. Meghan Starner, Child, Adolescent, and Adult Psychiatrist
**Works with private insurance companies for reimbursement*
551 W. Lancaster Ave
Haverford, PA
(484) 401-6421
https://www.starnermd.com/

Dr. Thomas Wind
1040 N. Providence Rd
Media, PA 19063
(610) 891-7705
https://www.drthomaswind.com/

Social Skills Services

Bryn Mawr Psychological Associates
14 S. Bryn Mawr Ave., Suite 205
Bryn Mawr, PA 19010
(610) 525-4828
https://www.brynmawrpsych.com/

Child and Family Art Therapy Center
***Offers arts-based social skills groups ("Art of Friendship")
600 Haverford Rd., Suite G-101
Havertown, PA 19041
(610) 649- 1080 Ext. 1
https://www.childandfamilyarttherapycenter.com/

Child and Family Focus
*Provide family-based services, wraparound, therapeutic Foster Care and Free Respite care for families with children between the ages of 3-21 with a mental health diagnosis, receive Medical Assistance, and are currently receiving mental health services.
450 Park Way Drive
Suite 208
Broomall, PA 19008
Phone: (610) 325-3131
https://www.childandfamilyfocus.org/
Respite Care Information-
www.childandfamilyfocus.org/services/respite-care/

Child Guidance Resource Center
CREATE-program for children and young adults with autism
2000 Old West Chester Pike
Havertown, PA 19083
(484) 454-8700
https://cgrc.org/services/8/create-
www.cgrc.org

Elwyn
111 Elwyn Road
Elwyn, PA 19063
(610) 891-2000
https://www.elwyn.org/

MusicWorks
*Provide music therapy services for individuals 1-99
2050 West Chester Pike
Suite 115
Havertown, PA 19083
(610) 449-9669
https://musicworkswonders.org/

The Anxiety and Agoraphobia Treatment Center
112 Bala Avenue
Bala Cynwyd, PA 19004
(610) 667-6490
https://aatcphila.com/

Theraplay
600 Reed Road, Suite 101
Broomall, PA 19008
(610) 356-1991
http://www.theraplayinc.com

Trauma Based Therapy Services

All of you Therapy
Trauma therapy and attachment focused counseling
1518 Walnut Street
Suite 401
Philadelphia, PA 19102
(267) 996-9964
https://allofyoutherapy.net/

The Center for Pastoral Counseling
** An interfaith private practice/sliding scale*
212 W. Springfield Rd.
Springfield, PA 19064
(484) 436-4035
http://www.centerforpastoralcounseling.com/

Sam Daniels, LCSW
*practices from a neurodiversity-affirming lens. Specializes in trauma (subspecialty in sexual abuse & assault), autism, intellectual disabilities, depression, mood disorders, anxiety, ADHD, & school stressors
https://mlcwellness.com/sam-daniels

Kelly Hatton
*specializes in eating disorders/trauma
2510 Township Line Road, 2nd floor
Havertown, PA 19083
(302) 605-6702

Hello Therapy-Max Greenspan, LCSW
*Focus on Trauma and Trauma-Focused Therapy (TF-CBT)
*Experience working with kids diagnosed with ADHD
*Private practice is fully virtual
*Out of network provider, but can provide superbill to submit to insurance companies
(267) 570-3902
https://hello-therapy.net/max-greenspan-lcsw

Main Line Counseling and Wellness Center
600 Haverford Rd., Suite 201
Haverford, PA 19041
(610) 664-2524
https://www.mlcwellness.com/index.html

Phoenix Center for Experiential Trauma Therapy
**Specialized treatment for trauma, loss and addiction*
524 N. Providence Road
Media, PA 19063
(484) 440-9416
https://www.phoenixtraumacenter.com/

Missy Sellitto Kleinz, LPC
Stardust Therapy
*Online therapy for teen and young adult women
*Fee for service-No insurance accepted
https://www.stardusttherapy.net/

Shannon Thomas, LPC
17 Bishop Hollow Road, Suite D
Newtown Square, PA 19073
shannonthomaslpc@gmail.com
(484) 978-8913
www.shannonthomaslpc.com

Jennifer Toof, LPC
Havertown, PA
(610) 314-0717
www.traumainformedllc.com

Wraparound/Intensive Behavioral Health Services (IBHS) and ABA Services

ABA Centers of America
*Provide in home/community and clinic-based ABA services for children and youth with autism, with locations in Bala Cynwyd, Wayne, and Langhorne
Monica Fielder, M.S.Ed.-Clinical Outreach Coordinator| ICBD Holdings LLC
Email: mfielder@abacenters.com
10 Presidential Boulevard, Bala Cynwyd, PA
Admissions: (855) 777-6480
https://www.abacenters.com/

Behavior and Counseling Center
*Michael Clemente, LPC
OP therapy, CBT, & Applied Behavior Analysis (ABA)* services, telehealth counseling available
(215) 452-6274
www.behaviorandcounselingcenter.com

Bethanna-Behavioral Health Rehabilitation Services
Eligibility: Children and youth ages 2 to 21 who are enrolled with Community Behavioral Health or Magellan Behavioral Health in Philadelphia, Bucks, Montgomery, and Delaware Counties.
1030 Second Street Pike
Southampton, PA 18966
(800) 394-6500
https://www.bethanna.org/services/behavioral/behavioral-health-rehabilitation-services-bhrs/

Child and Family Focus
High-Fidelity Wraparound Services - Broomall
*Service children 21 years and younger who are covered by Medical Assistance in either Montgomery or Delaware County
450 Park Drive, Suite 208

Broomall, PA 19008
(610) 650-7750
https://www.childandfamilyfocus.org/services/intensive-behavioral-health-services-ibhs/

Child Guidance Resource Center
CREATE-program for children and young adults with autism
2000 Old West Chester Pike
Havertown, PA 19083
(484) 454-8700
https://cgrc.org/services/8/create-
www.cgrc.org

Devereux Foundation
419 Avenue of the States, Suite 301
Chester, PA 19013
www.devereux.org

Elwyn, Inc.
111 Elwyn Road
Elwyn, PA 19063
(610) 891-7007
www.elwyn.org

Gemma Services
6517 Chester Ave, Philadelphia, PA 19142
(215) 730-2240
https://gemmaservices.org

Helping Hands Family (Fomerly ABA2DAY Behavior Services)
3744 West Chester Pike
Newtown Square, PA 19073
(484) 965-9966
https://hhfamily.com/

Holcomb Behavioral Health Systems
225 S. 69th Street
Upper Darby, PA 19082
(610) 352-8943
www.holcombbhs.org

Home and Community Services at CCIU
200 Eagle Road Suite 4
Wayne, PA 19087
(610) 254-2460

Little Treasures Therapy
Applied Behavior Analysis (ABA)
Jeffrey Schaetzle M.Ed., BCBA, LBS
45E City Avenue #2132, Bala Cynwyd, PA 19004
(609) 331-9043
https://www.littletreasurestherapy.com/

Northern Children
5301 Ridge Avenue, Philadelphia, PA 19128
(215) 482-1423
https://northernchildren.org/

Pennsylvania Mentor
*Wraparound Services. The program specializes in working with children with Autism.
450 Parkway Drive
Suite 204
Broomall, PA 19008
Emily Treat, Program Director
(610) 353-5332
https://www.pa-mentor.com/who-we-serve/children-and-families/behavioral-health-rehabilitation-services/