



Hello!

My name is Ty Beshiri, and I'm the new recreation supervisor at the Bensenville Park District. I've been a soccer coach for many years, and I have a lot of experience coaching both here in the U.S. and in Europe. I hold the highest USSF A license, which is the top certification for soccer coaches in the U.S. I've also been professionally certified in Belgium with the prestigious Anderlecht Club in Brussels.

Some of my coaching experiences include:

- Five years at Chicago Fire Academy, helping young players develop their skills.
- Assistant Coach at North Central College.
- Currently coaching at Downers Grove Roadrunners FC.

I'm now starting an exciting new soccer program in Bensenville for players of all ages and skill levels! I'm passionate about helping players develop their soccer skills and teaching them the values of teamwork, discipline, and having fun.

Ty Beshiri, Recreation Supervisor

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Bensenville Sports CONFERENCE

Why Soccer is Amazing

Let's dive into why playing soccer can be such a great experience for everyone!

1. It's Fun and Exciting!

- Soccer is a fast-paced game where anything can happen. You're always moving, always thinking and always working with your teammates.
- There's nothing like the feeling of scoring a goal, making a great pass or pulling off an awesome move!

2. It Keeps You Fit and Healthy

- Soccer is a great way to stay active. You run a lot, which helps build stamina and improve cardiovascular health.
- It helps develop coordination, balance and flexibility as you move, kick, pass and dribble the ball.

3. You Learn Important Life Skills

- **Teamwork:** Soccer is a team sport, so you'll learn how to work with others to achieve common goals.
- **Discipline and Focus:** It takes practice to master the fundamentals, and staying focused during games is key to success.
- **Problem-Solving:** During games, you'll need to think on your feet and make quick decisions, which helps with decision-making skills in other parts of life.

4. It's a Global Game

- Soccer is played and loved all around the world. It's a game that connects people, no matter where they're from. By playing soccer, you're part of a global community of players!

My goal as a coach is to make sure you not only become a better soccer player but also have fun and enjoy the journey. Here's how I do it:

- I always make sure to create a positive environment where players feel comfortable to learn, grow, and make mistakes. Mistakes are part of learning! I also stress the importance of team spirit—soccer is a team game, and supporting your teammates is key to success.

Join the Bensenville Soccer Program!

I'm so excited to be starting a new soccer program in Bensenville. Whether a beginner or playing for years, there's a place for you to grow, learn and have fun. The Bensenville Park District program will offer:

- Training for all ages and skill levels, from young beginners to more experienced players;
 - A focus on both skill development and teamwork; and
 - An environment where everyone can improve at their own pace and enjoy the game.

Soccer is more than just a game—it's a way to stay active, build friendships and develop important life skills. I'm here to help guide you on your soccer journey, whether you want to become the next soccer star or just have fun with your friends.

I can't wait to see you on the field!