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## 10/22 Newsletter

1 message

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Lisa Sindermann <lsindermann@tvusd.us>

Fri, Oct 22, 2021 at 6:00 PM

A banner with a dark background and a central orange rectangle. The orange rectangle contains the text "RVHS Newsletter" in a white serif font. Below the title, the date "FRIDAY, OCTOBER 22ND, 2021" is written in a white sans-serif font, flanked by two horizontal lines.

# RVHS Newsletter

FRIDAY, OCTOBER 22ND, 2021

## MESSAGE FROM THE PRINCIPAL

Hello Rancho families!



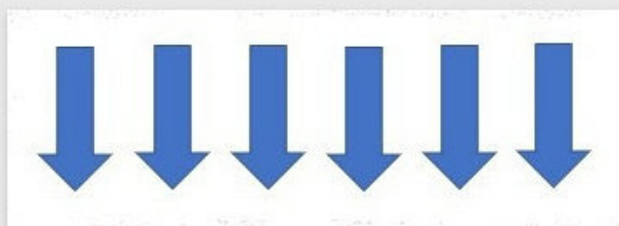
Progress reports posted in the Parent/Student Portal for Infinite Campus this week. For many students and parents this may have been a wake up call. As much as our teachers want to help students be successful, they are not going to lower the bar of expectations. All of our students are incredibly capable, and we are here to assist them. It is never too late to get started.

Through discussion with teachers as well as classroom observations, it is clear that students who attend regularly and participate in classroom activities have a very high success rate. Those students who struggle to pass classes typically fall into one of two groups: students who are chronically absent or students who attend, but do not participate in class activities.

The latter group tends to be extremely distracted by their cell phones. Playing games, texting and social media are all very addictive for teenagers. RVHS expects that cell phones should be put away and earbuds removed from ears during direct instruction and classroom discussions. When students are working independently, they may listen to their music, but should not be using cell phones to access anything that is not related to the classroom assignment. We value giving students choice and responsibility in their education, but if cell phone usage continues to be an issue, we may need to ban their usage and visibility in classrooms.

Think different. Be different.

Tim Dignan



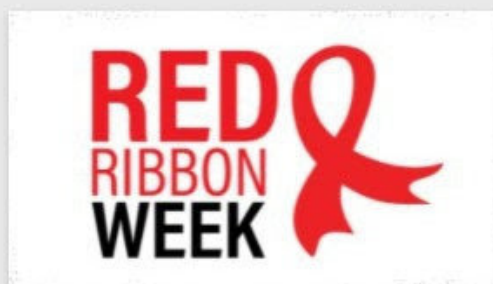
**\*\*\*MONDAY OCT.25TH START TIME\*\*\***

**8:30AM!!!!**



## RANCHO REBOOT

This Monday only October 25th is our Rancho Reboot Day!!  
Start time is at 8:30am. **Please report to your coaching class!!**



## RED RIBBON SPIRIT WEEK MENTAL HEALTH/SELF CARE

**\*\*\*\*\*OCTOBER 25TH - OCTOBER 29TH\*\*\*\*\***

**Monday 25th** - JERSEY DAY to show you love to exercise your body

**Tuesday 26th** - DREAM CAREER Dress in your dream career attire. College and Career day  
(Assembly schedule)

**Wednesday 27th** - PAJAMA DAY to show you take good care of yourself by getting enough  
sleep.

**Thursday 28th** - COLOR DAY -Black(grounded), White(calm), Blue(peace)

**Friday 29th** - SUPERHERO DAY -Be brave by looking out for others and yourself.

Costumes okay- NO Weapons, NO Full-face masks

**\*\*\*\*\*The Compassion Challenge- During Lunch\*\*\*\*\***



## HEALTH AND SAFETY

- Please make sure your student is bringing a mask to wear at school.
- [Report an exposure or test result here](#)
- Keep your student at home if you are waiting on test results.
- Students who are ill will be evaluated in the Transition Room
- Frequent handwashing and use of sanitizer is strongly encouraged throughout the day.





TEMECULA VALLEY UNIFIED SCHOOL  
DISTRICT  
FAMILY UNIVERSITY

OCTOBER 28, 2021

# CREATING A RESTORATIVE HOME ENVIRONMENT



Presented by The Empowerment Center  
Teresse Lewis LCSW  
Tiffany Baker, Gallup Certified Strengths  
Coach

Pre-Registration is required so that we  
may share the resources and materials  
used in the presentation.

**TO REGISTER FOR CREATING A RESTORATIVE  
HOME ENVIRONMENT**

Click the box above to Register



## ATTENDANCE MATTERS!

- Report Your Student's Absence To:  
951-294-6302





## DAILY HEALTH SCREENINGS QR CODE

Click the box above for the QR code.

### TVUSD STUDENT COVID TESTING

TVUSD is now offering FREE Covid Testing for students who attend TVUSD schools. Testing is not available for parents/guardians or siblings not enrolled in TVUSD schools.

Testing is by appointment only:  
To schedule an appointment please call 951-294-6050 Monday-Friday between the hours of 8am-5pm. Appointment scheduling is not available on weekends or holidays.  
Student ID number is required for testing.

**HOURS:**  
**MONDAY 6AM-8AM**  
**TUESDAYS 3PM-6PM**  
**WEDNESDAY 1PM-6PM**  
**THURSDAY 3PM-6PM**  
**FRIDAY 3PM-6PM**



Testing will begin on 10/11/21 and will be held outside of building 13 at the district office:



31350 Rancho Vista Rd  
Temecula, CA 92592

Please follow the signs for testing. Please park in the designated parking spots for Covid testing during your assigned appointment time. (Spaces are numbered)



## STUDENTS OF THE WEEK

## MIA CALHOUN

Mia is a ray of sunshine! She sparkles with enthusiasm and a love for life! Mia comes to class with a positive attitude, participates in class, and is engaged in her learning. She is kind, respectful, and an absolute pleasure to have in class!



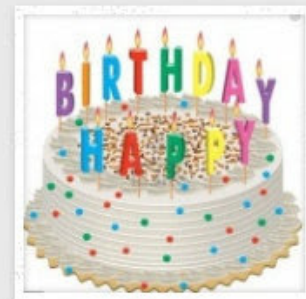
## ELIAS SANDEFFER

Elias is demonstrating a commendable level of effort and an impressive aptitude in the STEM class. This, coupled with his daily work ethic, deserves recognition.



## HAPPY BIRTHDAY!!!!!!

Joshua Pearson — 10/23  
Gerric Donahoe — 10/23  
Christena Simmons — 10/25  
Ifredo Ugalde— 10/25  
Fabian Abarca — 10/29  
Brandon Tomas Lopez — 10/30



**TVUSD FAMILY UNIVERSITY --BULLYING DEFINED**

Click the box above.

**FREE AND REDUCED LUNCH APPLICATION FLYER**

Click the box above.

**SCHEDULE AN APPOINTMENT WITH OUR  
COUNSELOR MR.QUINTANA**

Click the box above to make an appointment

**AB167 GRADE CHANGE APPLICATION SCHOOL  
YEAR 2020/21**

Click the box above to access the form.

**CREDIT CALENDAR-CREDIT #3 ENDS ON OCT 27TH**

RVHS CREDIT CALENDAR Sem 1 2021-22. Click the button above.

**STUDENT WELLNESS CHECK**

Struggling with mental health or social-emotional issues? Click the button above.

## MASKS/VIRUS TRANSMISSION MITIGATION STRATEGIES

Click the button above to see the district's strategies.

## TECHNOLOGY USE AND LIABILITY AGREEMENT

Click the button above for information on the required use agreement.

## NUTRITION SERVICES

Click the button above.

## DROP OFF/ PICK-UP AND STUDENT PARKING

Click the button above.

### MS. GINA --RVHS SOCIAL WORKER

We know teen years can be difficult to navigate. Many of our teens struggle in their transition to adulthood and our goal is to assist in this transition. Ms. Gina, the Licensed Clinical Social Worker is here to meet the social emotional needs of our students through workshops, individual and group support. We also work in conjunction with Hill Drug & Alcohol Treatment to provide education and support related to substance abuse.

You can reach Ms. Gina at the following:

[rsiez@tvusd.us](mailto:rsiez@tvusd.us)

Office 951-695-7320 ext. 237





## LISA SINDERMANN

Facebook

Secretary To Principal Tim Dignan and  
Assistant Principal Tim Mann

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