

**The original value meal
& still a fantastic deal!**

___K-2nd___ ___3rd-8th___

\$3.75 \$4.25

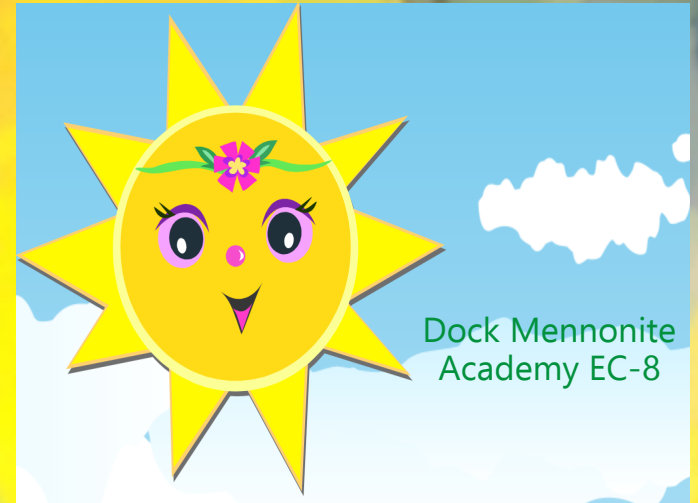
Questions about lunch? Please Email or call
William Lorah, wslorah@dock.org or 215-362-2676
ext.212

Dock Mennonite Academy EC- 8

October 7th- October 18th

Lunch Menu

Milk: 1%, FF, or FF Chocolate
All items are served on WG Breads, Wraps, or Buns
This Institution is an equal opportunity provider



Monday, October 7	Tuesday, October 8	Wednesday, October 9	Thursday, October 10	Friday, October 11
<p>Main Entrée: French Toast Sticks With Sausage</p> <p>Second option: Ham and Cheese Sandwich</p> <p>Sides: Side Salad, Steamed Seasoned Corn, Carrot Sticks, Sliced Apples, and Mandarin Oranges</p> <p>Beverages: Milk, juice, or Water</p>	<p>Main Entrée: Fajita Bowl-Grilled Chicken or Bean over Rice with Toppings</p> <p>Second Option: Hummus, Vegetables, and Pita Plate</p> <p>Sides: Carrot Sticks, Side Salad, Sliced Pears, Steamed Cauliflower, and Grapes</p> <p>Beverages: Milk, juice, or Water</p>	<p>Main Entrée: Ham and Cheese Hoagie with Chips</p> <p>Second option: Tuna Hoagie</p> <p>Sides: Side Salad, Steamed Green Peas, Sliced Peaches, and Apple Sauce</p> <p>Beverages: Milk, juice, or Water</p>	<p>Main Entrée: Chicken Tenders and Fries</p> <p>Second Option: Garden Salad topped with Turkey, Ham, and American Cheese</p> <p>Sides: Carrot Sticks, Steamed Broccoli, Side Salad, Sliced Apples, and Grapes</p> <p>Beverages: Milk, juice, or Water</p>	<p>Main Entrée: Big Daddy's Pizza Slice</p> <p>Second Option: BBQ Rib Patty Sandwich</p> <p>Sides: Steamed Green Beans, Side Salad, Sliced Apples, and Grapes</p> <p>Beverages: Milk, juice, or Water</p>
Monday, October 14	Tuesday, October 15	Wednesday, October 16	Thursday, October 17	Friday, October 18
<p>Main Entrée: Pizza-boli with Dipping Sauce</p> <p>Second Option: Cheese Mozzarella Sticks with Dipping Sauce</p> <p>Sides: Side Salad, Steamed Cauliflower, Carrot Sticks, Sliced Apples, and Pineapple chunks</p> <p>Beverages: Milk, juice, or Water</p>	<p>Main Entrée: Taco Beef or Bean with Corn Shells and Toppings</p> <p>Second Option: Turkey Club Sandwich</p> <p>Sides: Carrot Sticks, Steamed Seasoned Baby Carrots, Sliced Apples, and Pineapple Chunks</p> <p>Beverages: Milk, juice, or Water</p>	<p>Main Entrée: Three Cheese Macaroni and Cheese</p> <p>Second Option: Mediterranean Plate- Falafel, Veggies, Pita, Hummus, and Tzatziki</p> <p>Sides: Carrot Sticks, Steamed Seasoned Corn, Pineapple Chunks, and Grapes</p> <p>Beverages: Milk, juice, or Water</p>	<p>Early Dismissal Parent – Teacher Conferences EC8 Campus</p>  <p>DOCK MENNONITE ACADEMY</p>	<p>School Closed</p>  <p>DOCK MENNONITE ACADEMY</p>