

# Districtwide Book Study for D20 Parents/Caregivers, Staff, and **HS Students**



## The Anxious Generation

### How the Great Rewiring of Childhood is Causing an Epidemic of Mental Illness

by Jonathan Haidt

#### Overview

Participants will read and engage in discussions around challenges confronting students, schools, and families regarding technology/social media, play, and interdependence. Opportunities to apply the learning within the school, home, and community environments will be embedded throughout the book study.

**Financial support will be available for a limited number of participants who need assistance with buying a book for this book study;** ASD20 Staff can earn **18 Professional Learning contact hours** upon completion.

#### Facilitators

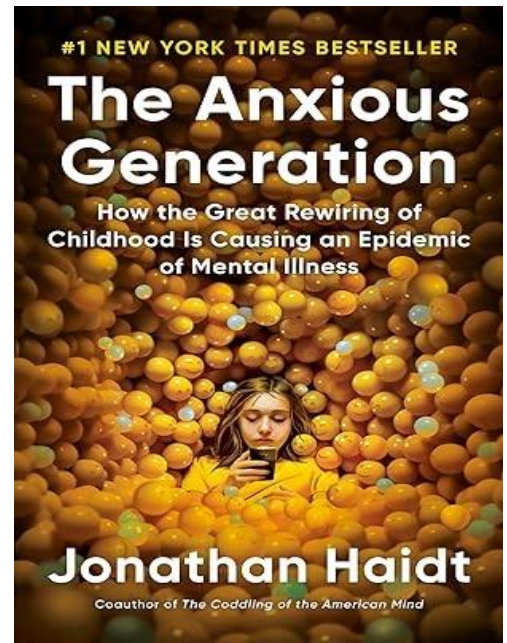
Jinger Haberer, Superintendent  
Dr. Susan Field, Asst. Superintendent for Learning Services  
Dr. Jeremy Koselak, Director for Professional Learning

#### Start/End Date

Start Date: November 4, 2024  
End Date: January 13, 2025

#### Hybrid Sessions

Nov 4, 2024 .... 4:30-6 pm ..... Part 1 & 2... EAC or [MS Teams Link Session 1](#)  
Dec 2, 2024 .... 4:30-6 pm ..... Part 3 ..... EAC or [MS Teams Link Session 2](#)  
Jan 13, 2025 ... 4:30-6 pm ..... Part 4 ..... EAC or [MS Teams Link Session 3](#)



#### How to Register

**D20 Parents and Students**, please use the QR Code Below, or this link:  
<https://forms.office.com/r/n1KTxNkjKr>



**D20 Staff** can register directly:  
<https://asd20.truenorthlogic.com/ia/empari/learning2/registration/presentRegistrationDetails/35970>

Registration Opens: 10/4/2024  
Registration Closes: 11/1/2024