

When is sick too sick for school?

→ School is better with you, even if you're a little under the weather!



Send me to school if:

- I have a runny nose or just a little cough, but no other symptoms.
- I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.
- I haven't thrown up or had any diarrhea for 24 hours.

Keep me at home if:

- I have a temperature higher than 100 degrees even after taking medicine; keep me home until I am fever-free for 24 hours without medicine.
- I'm throwing up or have diarrhea.
- My eyes are pink and crusty.



Call the doctor if:

- I have a temperature higher than 100 degrees for more than two days.
- I've been throwing up or have diarrhea for more than two days.
- I've had the sniffles for more than a week, and I'm not getting better.
- I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using an inhaler).



REMINDER!

If you think your child may have COVID-19, please test them prior to sending them to school.