

**PATCHOGUE-MEDFORD UFSD**  
**WELLNESS COMMITTEE MEETING**



**AGENDA MINUTES**

**April 20, 2021**

**Present:** Nicole Ciminiello, Gerry Lake, Caitlyn Klindworth, Sara Turnasella

**Absent:** JoAnne Durovich, Daniel Erwin, Ryan Cox, Denise Bassin, Theresa Deleva, Kourtney Beavis, Margherita Proscia, Nicolette Trankina, Gabriella Koch, Michael Russell

**Note taker:** Nicole Ciminiello

	<b>DISCUSSION</b>	<b>FOLLOW-UP</b>
1.	Welcome/Introductions- Nicole welcomed everyone to the third Wellness Committee meeting of the 2020-2021 school year	
2.	Cornell Cooperative Follow Up- Gerry stated that both classes went very well considering it was all virtual. Gerry held classes for Barton and Bay elementary first graders. Bay was done by class and Barton was done by combining all classes together. Gerry said both went smoothly and the students were all engaged. Each class was 30 minutes in length.	Nicole asked if Gerry would be interested in trying to set up classes for the Fall and Spring next year. Gerry said that could work. Nicole thought working with the first graders is a good idea since the older students receive some health class push ins.

	<b>DISCUSSION</b>	<b>FOLLOW-UP</b>
3.	Virtual Exercise Event-	Nicole will have to follow up with Kourtney Beavis since she did not wind up being on the call to gather more information about this event. Kourtney is the Executive Director for the Patchogue-Medford Youth and Community Services.
4.	News Article- “Children get their healthiest meals from school, study reveals”. Nicole thanked Dan Erwin for sending this article because it’s important to know that when the students are eating in school that they are getting nutritional meals which is very important for their health.	
5.	Family Center- To be discussed at the next Wellness Committee Meeting	Nicole will follow up with Margherita Proscia in hopes that she will be able to speak about all the wonderful things that the Family Center does for the Patchogue-Medford community. Margherita got caught up in a meeting and couldn’t attend at the last minute.
6.	Other	Sara informed the committee that starting next week she will be doing zoom classes with Nancy Poulis’ classes at the Middle School as well as Sue Piro’s classes at the High School. Sara will report back at the next committee meeting to inform us how everything went.
7.	Meeting was adjourned at 4:15 P.M. Nicole will send out meeting credentials for either end of May or early June.	