

Are you helping care for a loved one over the age of 60?



FREE CLASSES for family caregivers!

CARE PATHWAYS Can Help

- FREE program delivered in a series of 11 workshops
- FREE respite while in class may be available
- FREE support & referrals to community resources

Get answers about Dementia, Alzheimer's, Parkinson's, Communicating Effectively, Managing Stress, Legal Issues, Grief, How to Care for an Older Adult & much more...

Funding is provided by the Riverside University Health System - Behavioral Health through the Mental Health Services Act.

Call today for
more information
or to register

(951) 237-9576

Classes

Start in

October 2024