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Superintendent of Schools

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Bus Dispatcher

Remsen Central School District

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DANIEL O'BRYAN
Jr./Sr. High School Principal

GARY WINGHART JR.
Elementary Principal

FAY HARPER
CSE Chairperson/School Psychologist

Dear Parents/Guardians,

Cold Weather is finally approaching! Our students, in grades PreK-6, have the opportunity to enjoy supervised outdoor activities, during Physical Education and Recess. We feel this is a healthy part of your child's daily education and your child looks forward to going outside daily. We monitor throughout the day for possible inclement weather that will cause classes to remain inside, however this decision can change several times a day. Therefore, it is very important that your child is always prepared.

In order to provide this opportunity for your child, please be sure that they are properly dressed. **Warm clothing including: coats, snow pants, boots, hats and gloves are required.** A change of clothing is encouraged to keep in the classroom in case their under layer gets wet while outside. **Unlike future years, the health office is unable to allow students to borrow outside clothing. If you are having trouble attaining the proper winter clothing for your child, please reach out to the health office and we can assist in that to the best of our abilities.**

If your child has health reasons that require them to remain indoors, I ask that you make your request in writing, **daily**, to the classroom teacher. If more than **2** requests are made for your child to remain indoors, a doctor's note **must** be provided.

Furthermore, with cold weather comes the possibility for lice to search for new "homes". The Health Office will complete head checks as needed, however, please check your child's hair at home as a preventative measure. Please continue to remind your child(ren) we do not share hats or hair supplies at school. Make sure to wash your child's hats regularly, and for long hair - keep up as much as possible!

NYS Tool-Kit **Required** reasons to keep your child home (**any one or more symptoms**):

- ☐ Temperature of 100.0°F or greater
- ☐ New and persistent/uncontrolled cough
- ☐ Shortness of breath and/or difficulty breathing
- ☐ Fatigue
- ☐ Muscle or body aches
- ☐ Headache
- ☐ Sore throat
- ☐ Congestion or Runny Nose
- ☐ Nausea or Diarrhea
- ☐ New or sudden loss of taste or smell
- ☐ Sores around the nose or mouth that might be bacterial or viral infection, or a rash in various stages of unknown origin accompanied by fever

Alternative Medical Diagnosis or Negative COVID Test Results Required prior to return to school.

Thank you for your cooperation and time. I hope you have a **happy** and **healthy** winter season.

Sincerely,

Autumn Fasolino R.N.

Elementary School Nurse

Board of Education

Mary Lou Allen, President

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